DEAR WILDCAT PARENTS AND FAMILY MEMBERS,

On behalf of the whole Northwestern community, I express my heartfelt best wishes for the 2021–22 academic year and beyond. We expect that your Wildcat family pride will be great from the start, and our wish is that it lasts long after your student marches in Commencement ceremonies.

This fall the newest Wildcats embark on a journey—symbolically launched by the March through the Arch—that will affect their adult years in profound ways. All of us at Northwestern are committed to making that journey rewarding and fulfilling. As Wildcat family members, we depend on you to help support this journey.

Whether this is the first or the fourth time you are sending a child to college, you and your family will have questions about the roles you and the University are expected to play. The goals of this Parent and Family Guide are to address some of those questions and to acquaint you more fully with our community.

As parents and as higher education professionals, my colleagues and I know that families can gain a valuable perspective on the University and its mission through active engagement. We encourage you to be involved members of the Northwestern family and to make the most of the relationships you gain here.

Wildcat families trust University administrators, staff, and faculty to make the Northwestern experience a vital touchstone in every student’s life. I am confident that together we can build a solid foundation for your student’s success and create possibilities now that will bring lifelong rewards.

Best Regards & Go ’Cats!

Patricia F. Hilkert
Coordinator of Family Engagement
Office of the Dean of Students
Understanding transition theory is one way to understand and be helpful throughout your student’s transition to college. With a strong support system and a few coping strategies, students are likely to have a successful transition.

Schlossberg’s (1984) transition theory proposes that students in transition are affected by three central sets of variables: individual perceptions of the transition, the environments of the situation (both before and after the transition), and personal characteristics of the person experiencing the transition. The theory categorizes transitions by type, context, and impact. Although each student’s transition is unique, for most students, the transition to college is high impact, or very significant.

Additionally, Schlossberg’s transition theory refers to the four S’s of transition: situation, self, support, and strategies. These factors determine a student’s ability to cope with any adjustment, especially one as significant as the transition during the first year of college.

Every student experiences transition differently. For some students, the academic pressures of life at Northwestern may prove the biggest obstacle. For others, homesickness and changes in the social environment surrounding them will cause more anxiety. Others still may experience phases completely different than those mentioned here. While there are patterns, there is not one single correct way to navigate transition.

Regardless of the ways in which your student experiences transition, you can provide support simply by listening, offering encouragement, and reminding your student that change is difficult. Experiencing the ups and downs of the transition to college is not only acceptable, but it is also necessary and normal! Be patient with your students, and remind your students to be patient with themselves.
University Resources at-a-Glance

This guide includes detailed information about many offices and resources on campus available to assist students. Below is a list of the most frequently contacted offices and websites. Northwestern’s websites provide a wealth of information; we encourage you to encourage your student to first advocate for themselves by using the information below.

MOST FREQUENTLY CONTACTED

Financial Aid (federal, state, and institutional need-based aid programs and outside scholarships)
• https://undergradaid.northwestern.edu
• undergradaid@u.northwestern.edu
• (847) 491-7400

Health Insurance (NU-SHIP/general health insurance questions)
• https://northwestern.edu/student-insurance
• student.insurance@northwestern.edu
• (847) 491-3621

Health Services (routine care & medical assistance)
• https://www.northwestern.edu/healthservice-evanston/
• hims@northwestern.edu
• (847) 491-8100

Residential Services (living on-campus)
• https://Northwestern.edu/living
• housing@northwestern.edu
• (847) 467-HOME (4663)

Student Finance (tuition, fees, 9PAY)
• https://www.northwestern.edu/sfs/
• studentaccounts-ev@northwestern.edu
• (847) 491-5334
**OTHER HELPFUL RESOURCES**

<table>
<thead>
<tr>
<th>Academic Support and Learning Advancement (tutoring, academic help)</th>
<th>Dean of Students Office (medical leave of absence, NUHelp, general student assistance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• <a href="https://www.northwestern.edu/academic-support-learning/">https://www.northwestern.edu/academic-support-learning/</a></td>
<td>• <a href="https://www.northwestern.edu/studentaffairs/dos/">https://www.northwestern.edu/studentaffairs/dos/</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Academic Advising Offices (advising information for each school)</th>
<th>Family Engagement (parent &amp; family e-mail list &amp; University communication with families)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• <a href="https://www.northwestern.edu/undergraduate-advising/advising-offices/index.html">https://www.northwestern.edu/undergraduate-advising/advising-offices/index.html</a></td>
<td>• <a href="https://www.northwestern.edu/studentaffairs/dos/families/index.html">https://www.northwestern.edu/studentaffairs/dos/families/index.html</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AccessibleNU (assists students with various disabilities)</th>
<th>International Student &amp; Scholar Services (assistance and resources for international students)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• <a href="https://www.northwestern.edu/accessiblenu/">https://www.northwestern.edu/accessiblenu/</a></td>
<td>• <a href="https://www.northwestern.edu/international/">https://www.northwestern.edu/international/</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Career Advancement (career advising, internships, resumes, interviewing)</th>
<th>Multicultural Student Affairs (helps support LGBTQIA+ and/BIPOC students)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• <a href="https://www.northwestern.edu/careers/">https://www.northwestern.edu/careers/</a></td>
<td>• <a href="https://www.northwestern.edu/msa/">https://www.northwestern.edu/msa/</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Counseling and Psychological Services (short-term individual counseling and other on-campus programs/services to support mental health)</th>
<th>Student Enrichment Services (helps support lower income and/or first-generation students)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• <a href="https://www.northwestern.edu/counseling/">https://www.northwestern.edu/counseling/</a></td>
<td>• <a href="https://www.northwestern.edu/enrichment/">https://www.northwestern.edu/enrichment/</a></td>
</tr>
</tbody>
</table>
A NOTE ABOUT THE COVID-19 PANDEMIC

The COVID-19 pandemic is a dynamic and ever-evolving situation. As such, Northwestern University will continue to adjust our approach following guidance from medical and public health experts. For more information on expectations and guidelines, please consult Northwestern’s COVID-19 website at HTTPS://WWW.NORTHWESTERN.EDU/Coronavirus-COVID-19-Updates/ which remains the primary source for information about the University’s response and includes updated answers to frequently asked questions (FAQs).

As part of their registration process, students should report their vaccination status through Northwestern’s COVID-19 Vaccination Form if they are fully vaccinated or if they need to request an exception.
Academics

All six of Northwestern’s undergraduate schools share a common priority—undergraduate teaching and learning—but the campus culture is decentralized, with each school setting the number and type of requirements for its specific degree programs, and with its faculty determining the curricula and approving new programs and courses. In every school, however, there are general education requirements as well as intensive coursework within a major. Cross-school collaboration among faculty and students is common and valued. The scholars and accomplished professionals who make up the faculty integrate their research and professional experience into classroom instruction. As a result, students are exposed to the latest perspectives and engage with professionals excited about their work. Each school also encourages independent student research or creative work with faculty. Field study, internship, and off-campus research opportunities are available during both the regular academic year and throughout the summer. Northwestern also encourages study abroad. Early planning should allow most students, regardless of school or major, to study abroad and still graduate within four years.

ACADEMIC INTEGRITY

Upon arrival at Northwestern, your student belongs to a community of scholars who respect individual achievement and have a fundamental commitment to academic integrity. A statement about academic integrity appears on the University provost’s website at NORTHWESTERN.EDU/PROVOST/STUDENTS/INTEGRITY, and is available as a brochure in the dean’s office of each school. It gives examples of violations which include plagiarism, cheating, fabrication of data, etc., and describes the sanctions that may be imposed following a
violation (grade reduction, letter of reprimand, suspension, denial of honors, or permanent exclusion from Northwestern). Students charged with violations may not change their registration in a course in which a charge is pending or a finding of a violation has been made.

**ACADEMIC ADVISING AND PLACEMENT**

All new students choose their courses after consulting with an academic adviser. In addition to planning for course registration during advising sessions, students and their advisers take time to think carefully about academic interests and the breadth of opportunity at Northwestern. Placement tests in fields such as foreign languages, chemistry, and math are offered online and should be taken before the start of Wildcat Welcome. Some students may enter with Advanced Placement or International Baccalaureate credit or with credit for completing college courses; such credits allow a student to begin with more advanced courses.

**COURSE REGISTRATION**

New first-year students register for fall classes just before Wildcat Welcome, after they and their advisers have agreed on a course schedule. Course descriptions appear in the online *Undergraduate Catalog*, and quarterly class listings appear on CAESAR, the University’s student information portal at [NORTHWESTERN.EDU/CAESAR](http://NORTHWESTERN.EDU/CAESAR).

**ACADEMIC STANDING**

Decisions about academic standing are the responsibility of the faculty of the school in which your student is registered. Academic probation constitutes notice of unsatisfactory performance and may be imposed when a student is not maintaining minimum standards for graduation. Academic probation is intended to be helpful, rather than punitive, and is not reflected on a student’s permanent academic record. The *Undergraduate Catalog* – found on the registrar’s website at [REGISTRAR.NORTHWESTERN.EDU](http://REGISTRAR.NORTHWESTERN.EDU) identifies some circumstances that might lead to probation.

Students may be dismissed for academic deficiencies when their academic records do not improve significantly during the probation period. (See the online *Undergraduate
Catalog for some circumstances that may lead to dismissal.) The cumulative academic record is considered in every case involving academic dismissal. As a matter of general policy, the probationary period for a first-year student may be extended to the third quarter of residence at Northwestern if that appears to be in the best interests of the student and of the University, but not if the student’s record clearly discloses lack of aptitude or flagrant neglect of work.

UNDERGRADUATE REGISTRATION REQUIREMENT

The Undergraduate Registration Requirement applies to undergraduate students seeking a bachelor’s degree, and the requirement must be met in addition to the degree requirements established by the various school faculties. The URR is predicated on the principle that when a student receives a bachelor’s degree from Northwestern, the majority of the student’s academic work is completed at the University. Students should know all provisions of the URR; questions about their interpretation or permissible URR variances may be directed to the Office of the Registrar at (847) 491-5234 or NU-REGISTRAR@NORTHWESTERN.EDU, and more information can be found on the website at REGISTRAR.NORTHWESTERN.EDU

GRADERS

The following system is used in computing the grade point average (GPA):

<table>
<thead>
<tr>
<th>Grade</th>
<th>GPA</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>4.0</td>
</tr>
<tr>
<td>A–</td>
<td>3.7</td>
</tr>
<tr>
<td>B+</td>
<td>3.3</td>
</tr>
<tr>
<td>B</td>
<td>3.0</td>
</tr>
<tr>
<td>B–</td>
<td>2.7</td>
</tr>
<tr>
<td>C</td>
<td>2.0</td>
</tr>
<tr>
<td>C–</td>
<td>1.7</td>
</tr>
<tr>
<td>D</td>
<td>1.0</td>
</tr>
<tr>
<td>F</td>
<td>0.0</td>
</tr>
</tbody>
</table>

X 0.0 Failed to earn credit; missed final exam
Y 0.0 Failed to earn credit; work incomplete

Notations ignored in computing the GPA:
P Pass with credit
N No grade, no credit
K In progress
S Satisfactory (noncredit course)
U Unsatisfactory (noncredit course)
W Withdrawn by permission

If an X or Y is to be changed and credit established, the deficiencies must be made up before the end of the following quarter of attendance.
Examinations

Professors may schedule exams anytime during the quarter, with midterms most often occurring in the third through the fifth weeks; final exams are scheduled at the times indicated in the quarterly class schedule. Permission to be absent from the final examination is given by the instructor and the dean only for cause beyond the student’s control, and is usually secured before the exam date.

Dean's List

The quarterly GPA required for inclusion on a dean’s list varies by school, and ranges from 3.7 to 4.0. Students may inquire in their dean’s office for more information.
Family Educational Rights and Privacy Act (FERPA)

Some first-time Wildcat parents and families whose natural impulse is to provide close oversight and protection find it hard to let their students spread new wings and take flight... and occasionally lose altitude and/or fall to earth! But parents and families who come to their student’s rescue at the first sign of distress deny their child valuable life lessons about facing challenges and recovering from mistakes.

It is normal for families to wonder how first-year classes are going and to be curious about grades. The best way to get answers is to ask your student directly, phrasing questions pointedly but without prying. Instead of saying, “How’s everything going?” a family member might ask, “What do you like most about Northwestern so far? Has anything surprised you? What are your biggest challenges?”

Asking your students is, in fact, typically your only means of finding out about their academic performance. If you contact Northwestern staff to request information about your student’s grades or compliance with the University’s expectations, you will be overstepping bounds set by FERPA, the 1974 Family Educational Rights and Privacy Act. FERPA defines exactly what information in the records – such as grades, enrollment status, and billing for tuition and fees – Northwestern may share with third parties, including parents. In compliance with FERPA, the University does not mail home grade reports; students are solely responsible for disclosing their grades to their family members. Students may download their quarterly grade reports or request they be mailed to them or to their family’s address. For a detailed explanation of FERPA, see registrar.northwestern.edu.

Transferring Between Schools

A student who wishes to transfer from one Northwestern undergraduate school to another must follow guidelines set by the University and by the school. Detailed instructions are available at registrar.northwestern.edu.

Transferring Course Credit

Before taking courses at another institution in the summer or during the regular academic year, a student already enrolled at Northwestern must receive approval to transfer
credits. Transfer policies and the form to obtain approval are available at registrar.northwestern.edu.

WITHDRAWING FROM NORTHWESTERN

After registering for classes in any quarter, students who wish to withdraw from the University must immediately file a withdrawal form, obtainable from the Registrar’s Office or the dean’s office of each school. Students who have withdrawn from the University and wish to reenter must file an application to do so a minimum of six weeks before reentry. The policy regarding withdrawing from individual courses is available at registrar.northwestern.edu.

GRADUATION AND HONORS

Undergraduates must file a degree application one calendar year before their anticipated graduation. Students in the Robert R. McCormick School of Engineering and Applied Science must file with the school’s Undergraduate Engineering Office; students in the other schools file with the Office of the Registrar. An annual University Commencement is held in June, and each school also hosts its own graduation convocation. Graduation honors are determined by grades in all work at Northwestern. Students in the highest five percent of their undergraduate school class are awarded degrees summa cum laude; those in the next eight percent, magna cum laude; and those in the next 12 percent, cum laude. Graduation honors are not announced before Commencement, and the GPA cutoffs for each level of honors based on the stated percentages are not made public. Graduating seniors who have demonstrated outstanding talent in connection with a research project or work of an integrative nature may receive departmental honors. Students are nominated by their departments, and the school’s faculty members make the final decisions. Students are selected for membership in certain honorary societies for superior scholarship or other outstanding achievements. The annual Commencement program announces new members of Phi Beta Kappa (arts and sciences); Zeta Phi Eta (communication); Eta Kappa Nu, Kappa Theta Epsilon, Omega Chi Epsilon, Pi Tau Sigma, Tau Beta Pi (engineering); Kappa Tau Alpha (journalism); and Pi Kappa Lambda (music).
Northwestern Life

ACADEMIC SUPPORT & LEARNING ADVANCEMENT

NORTHWESTERN.EDU/ASLA

Academic Support & Learning Advancement (ASLA) helps Northwestern undergraduates reach their academic potential. ASLA offers peer-facilitated study groups for more than 30 courses, drop-in peer tutoring throughout the week, individual and group peer academic coaching, individual consultations with staff, and an array of workshops and other resources. Trained peer leaders provide approachable, comfortable settings for learning. Students can participate at locations across campus and can find schedules and sign-up information on the ASLA website.

CAMPUS SAFETY

NORTHWESTERN.EDU/SAFETY-SECURITY/

Northwestern’s Department of Safety & Security (DSS) is committed to meeting the safety needs of our community and building relationships with community members to enhance service delivery. Northwestern University Police (University Police), Transportation and Parking, Emergency Management, and Security Systems and Technical Services are all departments within DSS.

University Police is a full-service department with State of Illinois certified peace officers and provides safety and security services to both our Evanston and Chicago campuses. The University Police departments, on both campuses, are open 24 hours a day, every day of the year and may be reached for non-emergencies at (847) 491-3456. Numerous readily accessible indoor and outdoor emergency phones also connect directly with University Police. The Behavioral Consultation Team (BCT) is a multidisciplinary team that reviews reports of concerning and threatening behavior on our campuses and is comprised of representatives from departments across the University, including University Police, the Dean of Students Office, Office of Human Resources, Counseling and Psychological Services (CAPS), Office of Equity, Office of the Provost, Residential Life, and the Office of General Counsel. Concerning
behaviors can be reported directly or anonymously through the Wildcats Aware Concerning Behavior Reporting Form at HTTPS://CM.MAXIENT.COM/REPORTINGFORM.

The DSS website is host to safety and security resources that our students, parents, and other community members can reference. Information regarding emergency procedures, shuttle routes, crime statistics, current crime trends, and the University’s Annual Security Report is accessible on the DSS website. Community members can also check the DSS website for information on how to request a safety presentation, receive a free bicycle helmet and light once they register their bike, and reclaim found property.

Personal property awareness is important as theft of unsecured, unattended property is the most frequently reported crime on campuses. However, our campuses, like all others, are not immune to other types of criminal activity. Through our crime prevention strategies, transportation options, security technology, and emergency planning, we equip students, faculty, and staff with tools they can use to maximize their safety.

We encourage students and parents to contact University Police if they have any questions or concerns related to safety and security throughout campus. We can be reached at (847)-491-3456.

CAMPUS LIFE

NORTHWESTERN.EDU/CAMPUSLIFE

Campus Life facilitates transformative experiences with students to explore their potential, engage in community, and contribute to a more just and equitable world. Students who engage in programs, activities and services provided by Campus Life will [or will be able to]...

• Identify personal interests, values, strengths, and identities and use these attributes to positively shape their communities at Northwestern and beyond.

• Hone leadership and relationship-building skills and apply them to strengthen their organizations and communities at Northwestern and beyond.

• Articulate how their co-curricular involvement integrates with their personal and professional goals.
Fraternity & Sorority Life

Northwestern’s fraternity and sorority community is composed of 37 organizations, including 6 that are historically African American, 8 that are culturally based, and 20 that are housed on campus. Students who join fraternities and sororities benefit from experiences in community service and philanthropy, scholastic support, social outlets, and leadership development while on campus, and are offered the opportunity to learn and benefit from a network of lifelong members. Those involved in these organizations also have the chance to interact with administrators and other student leaders across campus while working on collaborative initiatives.

Leadership Development & Community Engagement

Leadership & Community Engagement pursues justice & equity through students’ leadership development and engagement in the community. We develop sustained partnerships on campus and in the community that advance student learning, transformation, and commitment for a just, equitable, and sustainable world. Connect with us to get involved in social change efforts with Evanston or Chicago non-profits and
K-12 schools, or to support your student organization’s leadership development.

**Student Organizations & Activities**

**NORTHWESTERN.EDU/STUDENTORGs** Student Organizations and Activities engages students in involvement opportunities to build a stronger sense of belonging and community at Northwestern. We support, advise, and train student leaders in nearly 500 registered student organizations and facilitate on and off-campus programming and entertainment. Students can find a full listing of registered student organizations through Wildcat Connection, which is available at [NORTHWESTERN.CAMPUSLABS.COM/ENGAGE](http://NORTHWESTERN.CAMPUSLABS.COM/ENGAGE), and departmentally led programs available at [WILDCATCONNECTION.NORTHWESTERN.EDU](http://WILDCATCONNECTION.NORTHWESTERN.EDU)

**Counseling and Psychological Services**

**NORTHWESTERN.EDU/COUNSELING**

While college is an exciting time of growth and development for students. Many also experience emotional or mental health challenges at some point during their educations. Counseling can be a safe, supportive, and objective way for students to obtain support and assistance with these challenges. Northwestern’s Counseling and Psychological Services (CAPS) offers brief mental health services that include initial assessment consultations, short term one-on-one counseling, group therapy, psychiatric and medication consultation, educational programming on variety of mental health related topics, and crisis consultation and intervention. CAPS offers supportive referral services for students whose needs require longer-term or specialized services that are beyond the scope of what can be provided on campus. Services provided at CAPS is confidential and is documented separately from the student’s educational record. Access to information about a student’s use of CAPS is limited to CAPS staff. Information is disclosed to a third party (including parents/family, faculty, University administrators) only with a student’s written permission or when other limited legal circumstances compel us to. Students are eligible for CAPS services at no cost. Psychiatric services are offered only when a student is in on-going counseling at CAPS. A therapist is on call 24/7 year-round for emergencies. For an appointment, further information, or assistance in after-hours emergencies, students should contact CAPS at (847) 491-2151 or visit the CAPS webpage for
additional information: [WWW.NORTHWESTERN.EDU/COUNSELING/](http://WWW.NORTHWESTERN.EDU/COUNSELING/).

**DEAN OF STUDENTS**

The Dean of Students Office is the central resource for student life issues and comprises multiple departments and programs: AccessibleNU, Family Engagement, Health Promotion and Wellness, Center for Awareness, Response and Education, NUhelp, Off-Campus Life, Student Assistance and Support Services, and Office of Community Standards. Undergraduates, graduate students, parents, alumni, faculty, and staff who have any questions or concerns regarding student life may contact the Dean’s office at [DOS@NORTHWESTERN.EDU](mailto:DOS@NORTHWESTERN.EDU) or (847) 491-8430.

**Accessible NU**

[NORTHWESTERN.EDU/ACCESSIBLENU](http://NORTHWESTERN.EDU/ACCESSIBLENU)

AccessibleNU (ANU) supports and empowers students with disabilities by collaborating with the Northwestern community to ensure equal access to fully participate in the academic learning environment. ANU also works to raise campus-wide awareness on issues of access, thus enriching the experience of the University community as a whole. While not required, registering with ANU is recommended for any student who has a physical disability, a chronic health condition, a psychological condition, a learning or attention disorder, or other such condition as ANU is the proper channel for requesting accommodations if and when needed. For more information, visit the website or contact ANU at [847] 467-5530 or [ACCESSIBLENU@NORTHWESTERN.EDU](mailto:ACCESSIBLENU@NORTHWESTERN.EDU).

**Center For Awareness, Response, and Education (CARE)**

[NORTHWESTERN.EDU/CARE](http://NORTHWESTERN.EDU/CARE)

The mission of CARE is to create a culture of healthy sexuality at Northwestern where sexual violence, relationship violence, and stalking are not tolerated. CARE promotes this mission through confidential advocacy and support services and prevention education. CARE’s confidential support and advocacy services for students impacted by sexual violence can provide a space to process, ask questions, safety plan, or learn more about the impact of trauma; CARE advocates can also act as an advisor through the Title IX process. CARE’s prevention education work aims to promote a public health model of sexual violence prevention through trainings on consent, bystander intervention, supporting survivors, and healthy masculinity. These trainings may be done by CARE staff or trained students in two peer education groups, SHAPE and MARS.
**Family Engagement**

[HTTPS://BIT.LY/PARENTSANDFAMILIES](HTTPS://BIT.LY/PARENTSANDFAMILIES)

The Dean of Students Office and area of Family Engagement works with family members of all undergraduate students to ensure we create a supportive environment to aid in student learning and development. Family Engagement communicates on behalf of the University with Wildcat parents and families the entire time your student is an undergraduate at Northwestern. Family Engagement also coordinates and oversees Parent and Family Orientation, Family Weekend, and the NU Family Advisory Council (NUFAC). We also send an e-mail called the Wildcat Family Recap to parents and families twice per month which provides University updates. Finally, Family Engagement is home to approximately 40 student leadership positions including the Family Coordinators and Family Ambassadors who work closely with the Family Engagement professorial staff. Family Engagement facilitates year-round leadership training and professional development for these student leaders.

**Off-Campus Life**

[ NORTHWESTERN.EDU/OFFCAMPUS](NORTHWESTERN.EDU/OFFCAMPUS)

The Off-Campus Life office is the first point of contact for students moving and living off-campus. The Off-Campus Life office has one constituency group: Northwestern students. This office works with multiple stakeholders to communicate, coordinate, and refer regarding issues of students’ rights, responsibilities, and resources.

**Health Promotion and Wellness**

[ NORTHWESTERN.EDU/HPAW](NORTHWESTERN.EDU/HPAW)

Health Promotion and Wellness (HPaW) works with campus and community partners to create a healthy and safe environment for all Northwestern students. HPaW supports the academic and personal success of students by providing outreach, education, and services that address health and wellbeing using the Eight Dimensions of Wellness framework. HPaW professional staff and graduate student interns deliver trainings and outreach programs on numerous health topics, including alcohol and other drug misuse prevention, stress management, sleep, building resilience, and more. HPaW offers free wellness coaching to students interested in working on goals related to healthy eating, physical activity, sleep, time management, and stress management. Students who wish to learn more about their own alcohol or drug use may choose to seek
out BASICS (Brief Alcohol Screening and Intervention for College Students), a confidential and nonjudgmental exploration with a trained provider. HPaW’s peer education group, Wildcats Advancing Total Campus Health (WATCH), offers opportunities for students to engage with and educate their peers on a variety of wellness topics. ResilientNU, a student/staff led program, runs five-week small group cohorts each quarter. Participants learn evidence-based strategies to increase wellness, manage stress, and improve balance. HPaW also manages the WELLNESS AT NORTHWESTERN and ALCOHOL AND OTHER DRUG RESOURCES websites. More information about HPaW programs and services can be found under the HPaW tab on the Wellness at Northwestern website.

Student Assistance and Support Services

NORTHWESTERN.EDU/NUHELP

Most students enter Northwestern prepared to manage the everyday stresses of college life. But when unforeseen life events — unexpected illness or injury, a personal or family crisis — or other major disruptions interfere with their academic, extracurricular, or social success, students may turn to the Student Assistance and Support Services (SASS) team for help. SASS fosters students’ well-being by providing referrals and facilitating access to a well-coordinated network of campus and community resources. Through the online portal, NUhelp, students can report any concerns regarding their own or another student’s well-being, explore health and wellness program offerings, and find sources of academic assistance specific to their school. To make an appointment with one of the Deans in the SASS program, please call 847-491-4582.

Office of Community Standards

The Office of Student Conduct (OSC) serves as the primary resource for resolving and addressing alleged student violations of Northwestern’s policies, expectations, and standards. The OSC upholds the standards and policies outlined in the Student Code of Conduct through providing education and training to the University community and conducting the University Hearing and Appeals System (UHAS). The purpose of UHAS is to cultivate student integrity, civility, respect, and accountability. Additionally, UHAS provides equitable and effective means for resolving situations in which a student(s) or student group(s) may have violated a non-academic standard or policy of the University.
A student may report a concern by speaking directly to an OSC staff member at Scott Hall. Electronic reports may be submitted to the OSC here: [bit.ly/nu.student ConductReports](https://bit.ly/nu.student ConductReports). A student may also contact Northwestern University Police or Residential Life staff to report a concern. OSC staff will follow up on all reports to gain additional information or clarifications, and to answer questions from the reporter.

Once reported, an alleged violation of policy, expectations, or standards, will typically be resolved through UHAS’s formal student conduct process. Most allegations are resolved through administrative hearings with an individual case resolution coordinator assigned by the OSC. More severe incidents that may result in a student’s separation from Northwestern are resolved through either administrative hearings with two hearings officers, or a panel made up of trained faculty, staff, and students. Students and families can read the complete procedures on the OSC website.

Parents and families with questions may contact the OSC at (847) 491-4582 or [student-conduct@northwestern.edu](mailto:student-conduct@northwestern.edu)

**Alcohol and Other Drugs (AOD)**

Northwestern’s community believes that its members share responsibility
for promoting healthy behavior. This includes setting expectations around alcohol and illegal drug that minimizes the risks and harms from substance use or abuse. Northwestern follows state and federal law that prohibits the unlawful use, possession, or distribution of alcohol and illicit drugs by University students. As a result, students under the age of 21 may not possess or consume alcohol, and students over 21 are prohibited from providing alcohol to those under the legal drinking age. No student may use, possess, or distribute illegal drugs or controlled substances.

The priorities of an academic environment mean that some of the expectations regarding alcohol and drug usage exceed those of the law. For instance, those who are underage may not be in the presence of alcohol while in the University’s residence halls. Severe intoxication, meaning the use of substances that result in disruptive behaviors or concern for one’s well-being, is prohibited, and this policy similarly exceeds Illinois and federal law. The full range of alcohol and other drug policies are available at bit.ly/NU-StudentHandbook. Students are strongly encouraged to review the policies to have a complete understanding of the expectations incumbent upon them as members of the Northwestern community.

Northwestern considers violations of its alcohol and other drug (AOD) policies to be an opportunity to intervene and educate our students. To that end, students who are found responsible for a violation generally participate in educational programs such as BASICS - an individualized, educational, data-driven intervention program used widely at many colleges and universities. Disciplinary sanctions are also typically issued to students for AOD violations, such as a University warning Conduct Review, or University probation. Students may also be expected to complete educational sanctions such as research papers, community service hours, or reflection papers. Northwestern believes that our partnerships with parents and families are important. Therefore, in accordance with federal law, we inform parents of violations of the University policies pertaining to underage use of alcohol and other drugs.

**Amnesty through Responsible Action**

At Northwestern, the well-being of students is of primary importance, and students play a critical role in creating that community of care. Northwestern encourages students and student groups to ensure the well-being of others by taking responsible steps to seek assistance for individuals who are intoxicated/impaired (including themselves). The specific steps asked of students include:
1. **Call for help** from emergency services or Residential Life staff;
2. **Stay** with the person until released by responding staff or emergency personnel; and
3. **Cooperate** with all instructions and requests of responding staff or emergency personnel.

When this occurs, the University will honor that care by prioritizing educational and supportive responses. The University will not hold students or student groups who take such action (for themselves or for others), or for whom such action is taken, accountable for violations of the University’s alcohol or other drug (AOD) policies. Students may be held accountable for other, non-AOD, policy violations and driving under the influence. Students may also be required to participate in educational activities such as BASICS. More detailed information about the Amnesty through Responsible Action policy can be reviewed on the office’s website.

**CAMPUS INCLUSION AND COMMUNITY**

**NORTHWESTERN.EDU/INCLUSION**
Campus Inclusion and Community (CIC) works collaboratively with the University community to cultivate inclusive learning environments through the intentional engagement with difference. CIC pursues its mission by providing opportunities for dialogue, leadership development, identity exploration education, social justice training, and advocacy. CIC comprises three collaborative areas, focusing on education, engagement, and enrichment. CIC provides support for parents and families of students of color, LGBTQIA, first-generation, lower-income, and/or undocumented/DACA backgrounds.

**Multicultural Student Affairs**

**NORTHWESTERN.EDU/MSA**
Multicultural Student Affairs (MSA) enriches the cultural experience of Northwestern through educational programs and services focusing on leadership, community engagement, identity development, and identity expression. MSA provides service in three spaces on campus: the Gender and Sexuality Resource Center (Norris University Center, 3rd Floor), the Multicultural Center (1936 Sheridan) and The Black House (1914 Sheridan). In addition, MSA advises several student organizations, including the Asian Pacific American Coalition (APAC), For Members Only (FMO): Northwestern’s Black Student Alliance, the Native American and Indigenous Student Alliance (NAISA), and Rainbow Alliance.

**Social Justice Education**

**NORTHWESTERN.EDU/SOCIALJUSTICE**
SJE offers workshops and trainings for
students focused on topics of inclusion, identity development, and social justice. SJE sponsors the Peer Inclusion Educators (PIE), a student organization that facilitates social justice programming, and Sustained Dialogue, a student-facilitated program that encourages students to engage in conversations across lines of difference.

**Student Enrichment Services**

**NORTHWESTERN.EDU/ENRICHMENT**
Support for parents and families who have students that are the first to go to college, come from lower-income backgrounds, and/or undocumented/DACA backgrounds.

Through campus-wide partnerships and advocacy, SES strives to build an inclusive Northwestern community that is welcoming, supportive, and accessible for all students.

**EXTERNAL FELLOWSHIPS**

**NORTHWESTERN.EDU/FELLOWSHIPS**
Students may apply for external fellowships with help from the Office of Fellowships. The staff has expertise in identifying opportunities that fund language study, research, tuition support, and internships. These awards may include, but are not limited to, such major fellowships as Goldwater, Luce, Marshall, Rhodes, and Truman, as well as the Fulbright US Student Program, which funds research and study in 140 countries worldwide. Whether students are seeking an award as a first-year student or a recent alum, the Office of Fellowships is here to guide them through the initial search, applications, interviews, and more!

**FINANCIAL AID**

**UNDERGRADAID, NORTHWESTERN.EDU**
Grants, loans, and work-study opportunities are offered to undergraduate students enrolled at least half-time; aid eligibility is based on demonstrated financial need. Students must reapply for aid each year and will be emailed instructions for reapplication, during the winter term with decisions being released on a rolling basis throughout the spring and summer. In the event of dramatic changes in their financial circumstances, students, even those not currently receiving aid, should contact the Office of Undergraduate Financial Aid at **(847) 491-7400** or **UNDERGRADAID@U.NORTHWESTERN.EDU**.
HEALTH INSURANCE

NORTHWESTERN.EDU/STUDENT-INSURANCE

All degree-seeking* Northwestern students are required to have comprehensive health insurance that meets all of the University’s comparable coverage requirements. To this end, all insurance-eligible students are defaulted into the Northwestern University Student Health Insurance Plan (NU-SHIP) every year; the annual premium is billed to students’ accounts at the same time tuition and other fees are charged. Students must confirm or waive their NU-SHIP enrollment via the online Coverage Selection Form in CAESAR, during the applicable open enrollment period. Students whose first registration in the 2021-22 academic year occurs in Winter, Spring, or Summer quarter should review the Student Health Insurance website for their relevant open enrollment period. In keeping with a mandate set by the provost, Northwestern requires international students—students holding an F-1 or J-1 U.S. visa—to maintain enrollment in the NU-SHIP for the entire time they are pursuing their studies at Northwestern. Students who are covered under alternate insurance plans and wish to waive their NU-SHIP enrollment should review the University’s comparable coverage requirements to ensure their coverage provides all required benefits. Students (and their families) are encouraged to download the Comparable Coverage Checklist to determine if their plan qualifies to waive the NU-SHIP. Students who intend to use the NU-SHIP for their coverage should confirm their enrollment in CAESAR as soon as possible, to ensure access to all benefits at the start of the new plan year (Sept. 1). Students who do not confirm or waive their NU-SHIP coverage by the open enrollment deadline (for most students, midnight CDT on Oct. 1) will remain enrolled in the NU-SHIP for the 2021-22 plan, which runs Sept. 1, 2021 - August 31, 2022, and will be responsible for the $4,386 premium billed to their accounts. For additional information about 2021-22 NU-SHIP coverage, confirming or waiving NU-SHIP enrollment, or annual Northwestern insurance requirements, please see the Northwestern Student Insurance website. NORTHWESTERN LIFE PARENT & FAMILY GUIDE

For assistance navigating the on-line confirmation or waiver process; researching alternate plans on the marketplace; or questions related to insurance billing and claims, irrespective of insurance provider (NU-SHIP or private plans); contact the Northwestern Student Insurance office by email or by phone at 847.491.3621 (Evanston campus) or 312.503.1242 (Chicago campus).
CENTER FOR AWARENESS, RESPONSE, AND EDUCATION (CARE)

NORTHWESTERN.EDU/CARE
The mission of CARE is to create a culture of healthy sexuality at Northwestern where sexual violence, relationship violence, and stalking are not tolerated. CARE promotes this mission through confidential advocacy and support services and prevention education. CARE’s confidential support and advocacy services for students impacted by sexual violence can provide a space to process, ask questions, safety plan, or learn more about the impact of trauma; CARE advocates can also act as an advisor through the Title IX process. CARE’s prevention education work aims to promote a public health model of sexual violence prevention through trainings on consent, bystander intervention, supporting survivors, and healthy masculinity. These trainings may be done by CARE staff or trained students in two peer education groups, SHAPE and MARS.

HEALTH SERVICE

NORTHWESTERN.EDU/HEALTH SERVICE-EVANSTON
Located in Searle Hall on the Evanston campus, the Northwestern University Health Service for students is staffed by primary care and sports medicine physicians, nurse practitioners, and a clinic support staff consisting of nurses, medical assistants and athletic trainers. The Health Service is a contemporary ambulatory care facility with a pharmacy, laboratory, and radiology department on site. Students registered in degree programs are eligible to use the Health Service with no charge for office visits and telehealth visits. See the Health Service website for more information.

OFFICE OF INTERNATIONAL STUDENT AND SCHOLAR SERVICES (OISS)

NORTHWESTERN.EDU/INTERNATIONAL
Northwestern is home to approximately 5,000 international students from more than 100 countries. The mission of the Office of International Student and Scholar Services is to enrich the academic and cultural experiences of those students, as well as those of international visitors, employees, and families. The OISS advises students on the student immigration process, summer and fall orientations including online orientation courses and webinars on housing and health insurance, transition to college life, and integration into the University community, and offers weekly walk-in hours, fall orientations, and a wide range of programming throughout the academic year.
NEW STUDENT EXPERIENCE

WWW.NORTHWESTERN.EDU/NEWSTUDENT

The New Student Experience office (NSE) is responsible for pre-arrival communication, Wildcat Welcome, and continued support throughout the first year that helps students acclimate to life at Northwestern. NSE is also home to approximately 250 student leadership positions including the Wildcat Welcome Board of Directors and Peer Advisers who work closely with the NSE professional staff all year. NSE facilitates year-round leadership training and professional development for these student leaders.

NORRIS UNIVERSITY CENTER

NORTHWESTERN.EDU/NORRIS

With its variety of services, resources, and meeting spaces, Norris University Center is an essential element of community and leadership at Northwestern. It is the headquarters of the Campus Life office, Fraternity and Sorority Life, and numerous student organizations that provide leadership opportunities for students. Each quarter, Norris also offers Mini Courses that are fun, educational, and open to everyone. The Game Room, ARTica Studios, and Norris Outdoors provide space and resources for many forms of recreation, including the latest high-tech gaming systems, art supplies, and outdoor equipment for rent. Among the range of meal and snack sources at Norris are Dunkin’ Donuts, Starbucks, Mod Pizza, Wildcat Deli, Viet Nom Nom, Roots and Seeds, The Market, and Patty². Other in-house amenities include a printing station, a prayer and meditation room, and a full-service U.S. Bank. The Norris Bookstore sells textbooks, campus gear, and is an Apple-authorized campus store, offering Apple products and other user support services.

NORTHWESTERN CAREER ADVANCEMENT
NORTHWESTERN.EDU/CAREERS

Northwestern Career Advancement (NCA) provides a full spectrum of career counseling and advising services, workshops, programming, and special events for undergraduate and graduate students. It aims to help students translate their Northwestern education into professional opportunities, including successful job and internship searches and graduate/law school admission. Services include: career counseling and career assessments; internship and job-search advising and resources, including industry and company information, application material review, mock interviewing, and advice on
salary negotiations. In addition Handshake, our online system, provides more than 50,000 internship and job postings. NCA also hosts career fairs, information sessions and interviewing.

**RENTAL AND FAMILY GUIDE**

**RELIGIOUS AND SPIRITUAL LIFE**

**NORTHWESTERN.EDU/RELIGIOUS-LIFE**

Religious and Spiritual Life provides programs, staff, and spaces to help students explore meaning and purpose, grow in their religious or spiritual traditions, practice social justice, and create community. We welcome all people, regardless of religious, spiritual, or secular background. We are here for you if are seeking resources in a particular faith tradition, craving more depth in your daily life, or needing a caring presence in a difficult moment. We help students:

1. **Connect**
   - with peers who share their spiritual, religious, or non-religious identity
   - with peers from different spiritual, religious, and non-religious backgrounds with peers who share your student’s love of music and performance through our ensembles
   - with other resources on campus for different aspects of wellbeing including mindfulness and meditation

2. **Support**
   - student wellbeing through individual and confidential appointments with a chaplain
   - your student’s spiritual exploration and specific religious practices and holidays
   - offer use of Alice Millar Chapel, Vail Chapel, Parkes Hall (Muslim Prayer Space, Multi-Belief and Meditation Space) and other gathering spaces on campus a desire to engage in social justice and advocacy work

3. **Develop**
   - explore and reflect on your student’s sense of belonging, meaning, and purpose
   - leadership skills to build bridges between people who hold diverse and inter-sectional identities
   - learn practices and habits to enhance spiritual wellbeing and self-care
   - professional skills in event management, programming, planning, and performance through our student worker program

**RESIDENTIAL SERVICES**

**NORTHWESTERN.EDU/LIVING**

Residential Services is committed to meeting the needs of students for whom the Evanston campus is home: the 4,200 undergraduates who occupy University
housing. Live-in student staff and elected student boards provide support and programming to promote community and to encourage each student’s growth and development. A professional full-time Resident Director oversees the administration of a larger area comprised of smaller units. Faculty-in-Residence and Faculty Chairs also provide programming and connections for students living in residential communities and residential colleges, respectively. Support for students is available 24/7 through neighborhood desks and a network of student and professional staff who serve on duty.

**NORTHWESTERN DINING**

**DINEONCAMPUS.COM/NORTHWESTERN** Inclusive dining is the hallmark of Northwestern University’s innovative campus dining program. Unlimited, all-you-care-to-eat dining is offered in four residential dining locations: Allison Residential Community, Elder Residential Community, Foster-Walker Complex, and Sargent Hall. Residents of halls without on-site dining services may eat in any of these. Eating at the dining commons in your neighborhood is encouraged! Hours of operation vary but are focused on providing options throughout the day and evening hours, with late night dining extending to midnight in some locations. Northwestern Dining has a dedicated Pure Eats Dining Hall in Foster Walker Complex East as well as Pure Eats stations throughout campus. Pure Eats focuses on providing options for those with celiac and does not use any foods containing the top 8 allergens. There is an on-site Campus Dietitian for all nutritional counseling needs as well as help for those with allergies or celiac. The dietitian can always be reached at DIETITIAN@NORTHWESTERN.EDU. For those with other special dietary needs, we offer Kosher and Halal options at all dining commons, including certified Kosher stations at Allison and Elder Dining Hall. Vegan and Vegetarians can enjoy rotating daily selections at dedicated stations in all dining halls. Additionally, we have many retail locations on campus – including quick-service cafés, convenience stores like Lisa’s Cafe, and nationally known franchises such as Starbucks, MOD Pizza and Dunkin Donuts as well as local brands like Café Coralie, Asiana and Patty Squared by Amy Morton. Please see the website, DINING.NORTHWESTERN.EDU, for complete information about meal plans, menus, nutrition information, and more.
STUDENT FINANCE

NORTHWESTERN.EDU/SFS
The University’s Office of Student Finance is responsible for billing students and collecting tuition, fees, and room and board charges. Due dates are September 1 for fall quarter, January 1 for winter quarter, and April 1 for spring quarter. A University-run prepayment plan called 9PAY allows participants to spread the costs of tuition and fees for the academic year over nine monthly payments beginning in July. 9PAY applications are due June 1, and the only cost is a $50 application fee. Students may view their student account information and have access to eBill and ePay by logging into CAESAR, which is also where they can authorize third parties (such as parents) to view bills and make payments online.

TRANSPORTATION

Biking

NORTHWESTERN.EDU/TRANSPORTATION-PARKING/COMMUTER-OPTIONS/BICYCLE.HTML
The Evanston campus has 2½ miles of bicycle paths that connect to the city of Evanston’s bicycle paths. Bicycles stored on campus must be registered with University Police and kept in designated areas such as bicycle racks and bicycle storage rooms. Bicycles stored in unauthorized areas may be removed at the owner’s expense.

The University and City of Evanston have also partnered with Divvy to provide a bike share option. There are a number of stations on campus and throughout Evanston and Chicago. A discounted Annual Membership is available for students.

Car Sharing

HTTPS://WWW.ZIPCAR.COM/UNIVERSITIES/NORTHWESTERN-UNIVERSITY
Northwestern has partnered with Zipcar to offer students the convenience of car ownership without the hassle and expense of bringing a car to campus. Discounted memberships are available, which includes gas and insurance.
Parking Permits

WWW.NORTHWESTERN.EDU/TRANSPORTATION-PARKING/EVANSTON-PARKING/PERMITS/

Due to campus space constraints, the purchase of Northwestern’s $25 Ryan Field parking permit (valid for the whole year) is recommended for students who require off-street parking for extended periods. (Almost all of Evanston’s on-street parking near campus is for residents only or limited to two hours for visitors.) The Intercampus shuttle and CTA bus #201 provides service between the parking lot and the main Evanston campus for free. Ryan Field parking is limited to time periods of fewer than 5 consecutive days, and all vehicles must be removed from the lot on the days of home football games.

Safe Ride

NORTHWESTERN.EDU/SAFERIDE

Safe Ride provides students, faculty and staff with a safe and free alternative to walking alone after dark. Operating from 7 p.m. until 3 a.m. seven days a week when classes are in session, Safe Ride’s service is available on campus as well as in selected parts of Evanston. Rides are scheduled on a first-come, first-served basis and may be requested by phone call or via ride-sharing app.

Shuttles

SHUTTLE.NORTHWESTERN.EDU

Northwestern operates several shuttle buses during the academic year which are free for students and make stops on the Evanston and Chicago campuses, as well as nearby shopping centers. Shuttles can be tracked in real time using TransLoc either online or a smartphone app. TransLoc offers the location of the shuttle as well as predicted arrival time at stops.

Health Professions Advising

NORTHWESTERN.EDU/HPA

Northwestern’s Health Professions Advising (HPA) office supports students and alumni on their unique journeys toward a career in the health professions by providing guidance on their options and choices, and by contributing to building a health workforce that better reflects the diversity of our society.

Students are encouraged to develop plans aligned with their unique goals and interests on their journey toward a medical or other health professions program. HPA advisors offer one-on-one advising on topics including required coursework for health professions, application timelines, personal statements, clinical and non-clinical experiences, entrance exams (MCAT,
DAT, PCAT, GRE, etc.) and guiding students to develop a stronger application to a health profession program.

First-year pre-medical students must complete our webinar introducing HPA services and resources and the pre-med pathway, prior to receiving an advisor assignment. Students interested in other health professions should contact our office directly to seek an advisor assignment. HPA also offers workshops, information sessions, and other programs throughout the year to help students explore career options in the health professions. For example, we host quarterly Speaker Series events where diverse individuals discuss their career paths, identities, and important health issues in our communities.

For more information about our services, or to contact us, please visit our website: NORTHWESTERN.EDU/HPA.

NORTHWESTERN LIBRARIES

NORTHWESTERN.EDU/LIBRARY
With multiple locations serving all of Northwestern’s campuses, University Libraries provide a variety of spaces for quiet study and collaborative group work, including many with access to computers, printers, scanners, and specialized software. Library staff includes personal librarians and research specialists in more than 65 subjects, who offer consultations to help students navigate academic resources relevant to their research. The University Libraries are home to more than 7 million volumes including Northwestern’s renowned Herskovits Library of African Studies, Music Library, and Transportation Library, as well as access to articles through over 900 databases. Having this personal support is essential to finding what you need.

WILDCARD

NORTHWESTERN.EDU/WILDCARD
The Wildcard is the official identification card for Northwestern students. Safe, convenient, and easy to use, the Wildcard enables students to access their meal plan; ride University shuttles and use campus fitness facilities for free; get free or discounted admission to sports and other events on campus; check out library materials; use Cat Cash for purchases at convenience stores on campus; and get discounts at local businesses. When linked to a U.S. Bank account, a Wildcard may be used as an ATM/debit card.

WOMEN’S CENTER

NORTHWESTERN.EDU/WOMENSCENTER
The Women’s Center is committed to advancing gender equity and inclusion at Northwestern University and offers
a variety of supports and services for women and other gender minorities. We are a welcoming, safe, affirming and supportive environment to access campus and community-based resources for students, faculty and staff. The Center also engages the Northwestern community through education and programming that focuses on feminist, gender, and social justice issues.

THE WRITING PLACE

WRITING.NORTHWESTERN.EDU
The Writing Place, located in University Library North Tower, Second Floor, Room 2305, is a writing resource center. In-person and online appointments are available with peer writing consultants – students with superior writing skills who are trained to help their peers at all stages of the writing process, from narrowing a topic and formulating ideas to evaluating and revising rough drafts. All students are welcome to come to the Writing Place. Even strong writers benefit from talking about their writing with trained consultants.
Willie’s Wildcat Tips

STAYING UP TO SPEED

This booklet is your go-to guide for all the basics, but life at Northwestern is fast-paced and full, which means you may want to stay in touch throughout your student’s time at college. Here’s how!

Parent & Family E-mail List

If your student listed a parent or family e-mail address on their admission application, that e-mail was subscribed to the Parent & Family Email List. The University communicates with families through Family Engagement and this e-mail list. To subscribe additional e-mails, please go to HTTPS://WWW.NORTHWESTERN.EDU/STUDENTAFFAIRS/DOS/FAMILIES/FAMILY-COMMUNICATION.HTML

Wildcat Family Recap

By subscribing to the Parent & Family E-mail list, families will receive this informal, bi-monthly e-digest which provides recent University updates and information.

Social Media

Find the latest news and information at NORTHWESTERN.EDU. Some of Northwestern’s other official social media accounts include:

Northwestern’s Official Family Facebook Page - FACEBOOK.COM/NORTHWESTERNFAMILIES

Facebook - FACEBOOK.COM/NORTHWESTERN

Twitter - TWITTER.COM/NORTHWESTERN

YouTube - YOUTUBE.COM/NORTHWESTERN

Instagram - INSTAGRAM.COM/NORTHWESTERN

Family Weekend

Family Weekend 2021 will take place November 5 - 7. Undergraduate families are invited to participate in faculty lectures, campus tours, and Conversation with the President. Families can also spend quality time with their students while cheering on the Wildcats as they play football against Iowa. A tentative program schedule is available on the Family Engagement website at northwestern.edu/studentaffairs/dos/families(and the complete schedule will be posted in October. Registration will open in early October and be announced via the Parent and Family e-mail list.
The Lingo

As your student becomes immersed in the Northwestern community, you might hear some new words or phrases you don’t recognize. Here is a mini-
ture “cheat sheet” for some of the most common Wildcat lingo.

**Bienen** = Henry and Leigh Bienen School of Music

**The Daily** = *The Daily Northwestern*, the student newspaper

**DM** = Dance Marathon, the 30-hour dancing extravaganza that raises funds for charity each year, usually held the first weekend in March

**Dillo Day** = Armadillo Day, an all-day event in late May that features live music, games, and other fun on the Lakefill

**Distro** = Distribution requirement, a course mandatory for degree completion

**FA** = Acronym for Family Ambassador, one of 36 students who assist with the execution of Parent and Family Orientation, Wildcat Welcome, and Family Weekend, and interact with family members throughout these programs

**Main** = The nickname for the University Library, the largest library on campus.

**McCormick** = McCormick School of Engineering

**Medill** = Medill School of Journalism, Media, and Integrated Marketing Communications

**Morty** = Morton Owen Schapiro, Northwestern University’s 17th president

**Norbucks** = The Starbucks on the first floor of Norris University Center

**PA** = Acronym for Peer Adviser, a student-mentor who supports a group of students within their school (their PA group) throughout their transition to Northwestern

**Plex** = Foster-Walker Complex, the largest student residence

**Reading week** = Week before final exams when Weinberg College of Arts and Sciences (WCAS) holds no classes

**The Rock** = Baraboo quartzite boulder near University Hall that students have repainted countless times since the 1950s

**SoC** = School of Communication

**SESP** = The School of Education and Social Policy, pronounced as “SESS-pee,” not “sesp”
**SPAC** = The informal name for the Henry Crown Sports Pavilion, the main recreation center on campus. The official name changed many years ago but many students still call it SPAC for some reason!

**Tech** = Short for the Technological Institute which is one of the largest academic buildings in the world.

**Weinberg** = Weinberg College of Arts and Sciences
SCHOOL SPIRIT

Fight Song

Go! U Northwestern!
Break right through that line.
With our colors flying,
We will cheer you all the time,
U! Rah! Rah!

Go! U Northwestern!
Fight for victory,
Spread far the fame of our fair name.
Go, Northwestern! Win that game!

(Yell) Go, Northwestern, go!
(Yell) Go, Northwestern, go!
Hit ’em hard! Hit ’em low!
Go, Northwestern, go!

Go! U Northwestern!
Break right through that line.
With our colors flying,
We will cheer you all the time,
U! Rah! Rah!

Go! U Northwestern!
Fight for victory,
Spread far the fame of our fair name.
Go, Northwestern! Win that game!

Words and music by Theodore Van Etten, class of 1913
Alma Mater

Hail to Alma Mater!
We will sing thy praise forever;
  All thy sons and daughters
Pledge thee victory and honor.
  Alma Mater, praise be thine,
May thy name forever shine!
Hail to Purple! Hail to White!
Hail to thee, Northwestern!

Words by Thomas Tyra, class of 1954

VISITING EVANSTON

For information on Evanston shops, restaurants, and hotels, visit DOWNTOWNEVANSTON.ORG
# Dates and Contacts

## FALL 2021

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue</td>
<td>September 21, 2021</td>
<td>Fall classes begin 8 a.m.</td>
</tr>
<tr>
<td>Fri - Sun</td>
<td>November 5–7, 2021</td>
<td>Family Weekend</td>
</tr>
<tr>
<td>Wed</td>
<td>November 24, 2021</td>
<td>Thanksgiving vacation begins 6 p.m.</td>
</tr>
<tr>
<td>Mon</td>
<td>November 29, 2021</td>
<td>Fall Classes resume 8 a.m.</td>
</tr>
<tr>
<td>Sat</td>
<td>December 4, 2021</td>
<td>Fall classes end</td>
</tr>
<tr>
<td>Mon</td>
<td>December 6, 2021</td>
<td>Fall examinations begin</td>
</tr>
<tr>
<td>Sat</td>
<td>December 11, 2021</td>
<td>Fall examinations end</td>
</tr>
<tr>
<td>Mon-Thurs</td>
<td>December 27–30, 2021</td>
<td>Winter Recess - University Closed</td>
</tr>
</tbody>
</table>

## WINTER 2022

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>January 3, 2022</td>
<td>Winter Classes begin 8 a.m.</td>
</tr>
<tr>
<td>Mon</td>
<td>January 17, 2022</td>
<td>Martin Luther King Jr. Day (no classes)</td>
</tr>
<tr>
<td>Sat</td>
<td>March 12, 2022</td>
<td>Winter Classes End</td>
</tr>
<tr>
<td>Mon</td>
<td>March 14, 2022</td>
<td>Winter Examinations Begin</td>
</tr>
<tr>
<td>Sat</td>
<td>March 19, 2021</td>
<td>Winter Examinations End</td>
</tr>
<tr>
<td>Sat</td>
<td>March 19, 2021</td>
<td>Spring Break Begins</td>
</tr>
<tr>
<td>Mon</td>
<td>March 28, 2021</td>
<td>Spring Break Ends</td>
</tr>
<tr>
<td>Date</td>
<td>Description</td>
<td>SPRING 2022</td>
</tr>
<tr>
<td>--------------</td>
<td>------------------------------------</td>
<td>---------------</td>
</tr>
<tr>
<td>Tue</td>
<td>March 29, 2022</td>
<td>Spring Classes Begin 8 a.m.</td>
</tr>
<tr>
<td>Mon</td>
<td>May 30, 2022</td>
<td>Memorial Day (no classes)</td>
</tr>
<tr>
<td>Sat</td>
<td>June 4, 2022</td>
<td>Spring classes end</td>
</tr>
<tr>
<td>Mon</td>
<td>June 6, 2022</td>
<td>Spring examinations begin</td>
</tr>
<tr>
<td>Sat</td>
<td>June 11, 2022</td>
<td>Spring examinations end</td>
</tr>
<tr>
<td>Mon</td>
<td>June 13, 2022</td>
<td>Commencement</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>SUMMER 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>June 20, 2022</td>
<td>Summer Classes Begin</td>
</tr>
<tr>
<td>Mon</td>
<td>July 4, 2022</td>
<td>Independence Day (no classes)</td>
</tr>
<tr>
<td>Sat</td>
<td>July 30, 2022</td>
<td>Six-week session ends</td>
</tr>
<tr>
<td>Sat</td>
<td>August 13, 2022</td>
<td>Eight-week session ends</td>
</tr>
<tr>
<td>Sat</td>
<td>August 27, 2022</td>
<td>Ten-week session ends</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>TUITION DUE DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter</td>
<td></td>
<td>January 1, 2022</td>
</tr>
<tr>
<td>Spring</td>
<td></td>
<td>April 1, 2022</td>
</tr>
<tr>
<td>Summer</td>
<td></td>
<td>June 1, 2022</td>
</tr>
</tbody>
</table>

For more information and to view the entire academic calendar, visit [REGISTRAR.NORTHWESTERN.EDU/CALENDARS](http://REGISTRAR.NORTHWESTERN.EDU/CALENDARS).
Notes
Northwestern | DEAN OF STUDENTS OFFICE | Family Engagement