Welcome to Northwestern!

Stay tuned!
Webinar will begin at 3:00 p.m. CST.
Patti Hilkert, Director

Connor Lantz, Family Liaison

Josh McKenzie, Associate Director

Mayra Garces, Assistant Director
Agenda

- Upcoming deadlines
- Wildcat Welcome details
  - Move-in
  - Shipping
  - Parent & Family Orientation
- Important resources for your student
- Your student’s transition to college & how to help
- Your questions

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Student To-Do List

ASAP
• Transfer prescriptions to a local pharmacy
• Read this year’s OBON: The Signal and the Noise

September 1
• Fall tuition and fees due
• Complete Agent of Change
• Complete AlcoholEdu
• Request a land-line phone (if desired)
Student To-Do List

October 1: Health Insurance Selection
  • Accessible through Caesar
  • If you do not opt out of health insurance, you are automatically enrolled in Northwestern’s plan

October 3: Deadline to change meal plan
  • Page 10 of Purple Prep for more information about meal plans
  • Northwestern Dining: dining.northwestern.edu
  • Allergies: diet-food@northwestern.edu
Shipping to Campus

• Northwestern has partnered with University and Student Services (USS) Ship-to-Your-Room program: northwestern.edu/living

• Do NOT send packages that will arrive to campus before move-in day. Residential Services will not accept these package deliveries.
  • USS must RECEIVE items by August 31 to be placed in time for move-in
Move-In Day

- Visit the Residential Services website for most detailed information: northwestern.edu/living
- Download Move-In Guide
- Move-in Permit
  - Move-in time
  - Unloading zone
  - Check-in location
  - Don’t forget to print it!
- Parking!

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PFO at a glance

Monday, September 12

8:00 a.m. – 4:00 p.m.
Move-In and Wildcat Welcome check-in

4:00 p.m. – 5:00 p.m.
Parent & Family Welcome from President Schapiro

5:30 p.m. – 6:15 p.m.
Academic Dean’s Welcome for Families

6:00 p.m. – 8:00 p.m.
President’s Reception for Parents and Families

8:00 p.m. – 9:30 p.m.
“A Year in the Life” Family Ambassadors skits and panel
PFO at a glance

Tuesday, September 13

9:00 am – 10:00 am
March through the Arch

10:30 a.m. – Noon
Dean of Students Session for Families

1:30 p.m. – 3:30 p.m.
Campus Tours

2:00 p.m. – 4:00 p.m.
Parent and Family Resource Fair

4:00 p.m. – 5:00 p.m.
Northwestern Neighbors Regional Receptions
Your Questions
Your Questions

• Where should I park when on campus?
  • North and South Parking Garages

• Dining Plans
  • Meal Plan starts with lunch on Move-In day
  • Representatives from Dining Services will be available during PFO

• When do we say goodbye?
  • Prior to the President’s Welcome on Monday
  • After March through the Arch or at the end of PFO on Tuesday
Your Questions

• Residential Living
  • Suggested items to bring -
    http://www.northwestern.edu/living/housing-options/things-to-bring/index.html
  • Contact Residential Services at
    housing@northwestern.edu

• When should my student buy textbooks?
  • Students will register on Thursday and can purchase textbooks after
  • Most students do not have all textbooks first few days of class
Resources For You

Where do I start?

• Dean of Students Office
• New Student & Family Programs (that’s us!)
• NU Help App & Website -
  http://www.northwestern.edu/nuhelp/
Resources For You

- Health Service & Northwestern Pharmacy
- Counseling and Psychological Services (CAPS)
- Health Promotion and Wellness (HPaW)
  - CARE
  - Alcohol & other drug education

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Resources For You

- Campus Life
- Religious Life
  - Register your affiliation on the website
- Northwestern Career Advancement (NCA)
- Residential Services
- Northwestern Dining
- Northwestern Information Technology
- U.S. Bank
A Big Transition
Common First Year Challenges

• 10 Things Your Student May Experience:
  – Early-summer anticipation
  – Midsummer anxiety
  – Early-fall panic
  – The honeymoon
  – The honeymoon’s over
  – The grass is always greener
  – You can’t go home again
  – Coping behaviors
  – Realization
  – Putting it together
Key Points To Remember

• Allow your student to figure out how to fit in.
• Remember that this is a time of transition.
• Your student might fail at something.
• Attempt regular communication, but don’t force it.
• Expect some tough times.
Save the Date!

International Student Orientation: September 8 - 12

Move-In: Monday, September 12

Parent and Family Orientation: September 12 - 13

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Save the Date!

Wildcat Welcome: September 12 - 19

First day of classes: Tuesday, September 20

Family Weekend: November 4 - 6

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Family Weekend

• Friday, November 4 – Sunday, November 6
• Register online: northwestern.edu/orientation/families
• Full schedule available online October 3
• Book accommodations soon if you plan to attend
• All future communications will be via e-mail

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Join our e-mail list!

If you would like to add or remove someone to or from our parent and family e-mail list, visit NSFP’s website and enter your information: northwestern.edu/orientation/families
Other questions?

phone: (847) 467-3988
e-mail: family@northwestern.edu

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