



NORTHWESTERN
UNIVERSITY

University Academic Advising Center

Worksheet for Applicants to Health Professions Schools

This form is intended as a worksheet only. Upon completing this form, e-mail it to recfile-premed@northwestern.edu and Robin Rosenstein will create the file for you. ****NOTE:** This form is a .pdf and is write-protected. Either copy and paste the worksheet as a .doc or simply provide your answers to the worksheet on a separate word document and email to the address above.

Name: _____ Age: _____
 First Middle Last

Social Security No: _____ Birthdate: _____

Gender: _____ NU Graduation Yr. _____

Current Northwestern Mailing Address: _____

Permanent Address: _____

Current Telephone: _____ Permanent Telephone: _____

Cell Phone _____ Primary e-mail address: _____

School Type (Medical, Dental, etc): _____

Will you waive access to the letters in your file? _____

1. *List any special honors, awards, or recognition you have received in academic and extracurricular pursuits. Please restrict your response to six typed lines.*

2. *To what extent, if any, have you been financially self-supporting while in college? Please restrict your response to three typed lines.*

3. *List extracurricular activities in which you have taken an active role. Please restrict your response to six typed lines.*



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- 4. *Please describe any special qualities/characteristics you possess that would give the recommender a more complete picture of you as an applicant.* Please restrict your response to six typed lines.

Recommenders

Recommenders should know you well, be familiar with the field of study you are pursuing, and be able to evaluate the quality of your work. In addition to faculty, you might consider supervisors, academic advisers, coaches, or research directors. Please refer to the handout, "Guidelines for Selecting Recommenders," for more information.

List the names of your recommenders below. Please list only those individuals who have already agreed to write a letter of recommendation on your behalf. Additional recommenders can always be added later. You will be restricted to a maximum of six letters through this service. If you have chosen a recommender outside the Northwestern community, you must also provide his/her address, title, and organization/business name.

Name	Department
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Essay

Describe the circumstances in your life that have led to the aspiration to pursue a health profession. This response should be 1-2 pages in length.

Note: The intention of this essay is to give your recommenders more information about you in preparation for writing the letter. **Your essay is not sent to medical or health professions schools.** The recommender will also be rating you in four academic and character categories -- intellectual ability, industry and persistence, imagination and originality, and emotional stability.