

MAKE IT A NIGHT TO REMEMBER

# BLACK OUT OR “BROWN OUT”?

IT'S ALL THE SAME.

If you drink too much too fast, you can **forget** some or even all of the night. And no matter what you call it, brown outs are just a type of **black out**. Forgetting any portion of the night/event due to alcohol is a sign your BAC was too high. Whether you forget all or part of the night, both are unsafe.

*Want to learn more or  
explore additional resources?  
Scan the QR Code*

