HOW MUCH ARE YOU REALLY DRINKING?

IT MIGHT BE MORE THAN YOU THINK.

12 oz Beer (5% ABV) --> 🍻
12 oz “Double IPA” Beer (7.5% ABV) --> 🍻
1.5 oz Shot of Liquor --> 🍸
Mixed Drink --> ???

Want to learn more or explore additional resources? Scan QR Code