

# Courier

November 2018

NORTHWESTERN UNIVERSITY CIRCLE

## MESSAGE FROM THE PRESIDENT

**Welcome, new and old members, to the 2018-2019 year of Northwestern University Circle!**

It is hard to believe that we are already in the middle of fall. I prefer the cooler weather, though, and especially enjoy taking walks around campus at this time of the year when the trees are displaying their vibrant colors. And of course, the appearance of the campus keeps changing with the addition of new buildings.

In early October, Circle members had the opportunity to visit the recently completed Walter Athletics Center on the north end of campus. Marcus Attles, associate athletics director for facilities & operations, served as a wonderful tour guide. We were impressed by the stunning architecture of the building and enjoyed spectacular views of Lake Michigan and the skyline of Chicago.

Other social Circle activities this year will include outings to various area restaurants. It is always pleasant to spend an evening in the company of other Circle members while enjoying delicious food. Keep an eye out for listserv emails announcing these dinners and other activities.

November, of course, means that it is almost time for our annual Adopt-a-Family project for the NU Settlement. In the past, Circle members have always been very generous with



monetary donations and shopping for gifts for the selected families. Margaret Schatz has kindly offered to host the wrapping party again this year. I hope many of you will be able to come and help wrap and pack the gifts and enjoy tasty desserts. Look for more detailed information about the Adopt-a-Family project inside this newsletter.

I am always awed by the productivity and generosity of the quilters of Circle's Piecemakers group. They have finished an impressive number of quilts this past year and have donated 37 quilts to Evanston's YWCA and Teen Baby Nursery.

Many thanks also to the generosity of the many Circle members who have donated to the scholarship fund and made it possible for three Northwestern employees to receive a scholarship this year. I enjoyed meeting the recipients at the spring luncheon in May and learning about their inspiring educational and professional careers.

Before closing, I would also like to thank the board members and interest group chairs for all their support and service. It is very much appreciated.

*Elisabeth Malthouse*

[elisabethmalthouse@gmail.com](mailto:elisabethmalthouse@gmail.com) 773-465-8411



### IT'S NOT TOO LATE TO RENEW YOUR CIRCLE MEMBERSHIP!

Please send your check for \$25.00 payable to  
University Circle to

Jean Wilson, 644 Arbor Lane, Glenview, IL 60025.

Questions? Call Jean at 847-724-9413. Thank you!

Executive board members for 2018-2019: Left to right, Pat Ulmer, Jean Wilson, Sally Sprowl, Gay Menges, Jane Dowding, Jane Dampfs, Jean Corvine, Margaret Schatz, Debbie Crimmins, and Elisabeth Malthouse. Not pictured, Mary Alayne Schwartz, Sylvia Taflove, Diane Unger.

[www.northwestern.edu/university-circle](http://www.northwestern.edu/university-circle)



## MISSION

The mission of University Circle is to provide opportunities for Northwestern University women to participate in service, scholarship, and social activities that enhance the University community.

## MEMBERSHIP

If you know of a woman who is interested in becoming part of University Circle, please bring her along to a special interest group or general membership program. You may also contact Margaret Schatz at 847-475-2365 and she will happily send membership information out by mail. You can find membership information on the University Circle web site:

[www.northwestern.edu/university-circle](http://www.northwestern.edu/university-circle)

## BOARD MEETINGS

University Circle Board meetings are held at noon on the third Thursday of most months, on the Evanston Campus. All members are welcome. Meetings typically last one hour and are always lively and fun. Please contact the president if you plan to attend and/or if you have an item for the agenda.

## IN THIS ISSUE

Message from the President	1
Circle Board	1
Renew Your Circle Membership	1
Circle Information & Board	2
Adopt-a-Family Holiday Project:	3
Project Supports Settlement Families	3
Ways to Contribute	3
Holiday Wrapping Party	3
Spring Luncheon	4
Lakefront Athletics Facilities	5
Circle's Piecemaker Quilting:	
Summer Stitching	6
Mission Accomplished	7
Share Your Table for Thanksgiving	8
Upcoming Circle Events	8

Newsletter Design:  
Julie Winsberg juliebw@gmail.com

## CIRCLE EXECUTIVE BOARD 2018-2019

### PRESIDENT

Elisabeth Malthouse 773-465-8411 [elisabethmalthouse@gmail.com](mailto:elisabethmalthouse@gmail.com)

### VICE-PRESIDENTS FOR PROGRAMS

Jane Dampts	847-256-5170	<a href="mailto:j-dampts@northwestern.edu">j-dampts@northwestern.edu</a>
Jane Dowding	847-446-0302	<a href="mailto:janedowding@yahoo.com">janedowding@yahoo.com</a>
Mary Schwartz	847-251-5197	<a href="mailto:mks859@ameritech.net">mks859@ameritech.net</a>
Sally Sprowl	847-420-7036	<a href="mailto:sallysprowl@hotmail.com">sallysprowl@hotmail.com</a>

### VICE-PRESIDENTS FOR MEMBERSHIP

Margaret Schatz	847-475-2365	<a href="mailto:mesharbor@gmail.com">mesharbor@gmail.com</a>
Jean Wilson	847-724-9413	<a href="mailto:wilsonjean2@gmail.com">wilsonjean2@gmail.com</a>

### RECORDING SECRETARY

Jean Corvine	847-251-1965	<a href="mailto:jeanmzc@aol.com">jeanmzc@aol.com</a>
--------------	--------------	--

### CORRESPONDING SECRETARY

Sylvia Taflove	847-674-0597	<a href="mailto:taflove1@comcast.net">taflove1@comcast.net</a>
----------------	--------------	--

### TREASURER

Pat Ulmer	847-491-6117	<a href="mailto:pat.ulmer@gmail.com">pat.ulmer@gmail.com</a>
-----------	--------------	--

### DIRECTORY CHAIR

Jane Dowding	847-446-0302	<a href="mailto:janedowding@yahoo.com">janedowding@yahoo.com</a>
--------------	--------------	--

### COURIER EDITOR

Diane Unger	847-446-0196	<a href="mailto:d.h.unger@comcast.net">d.h.unger@comcast.net</a>
-------------	--------------	--

### WEB SITE/LISTSERV CHAIR

Debbie Crimmins	847-864-3908	<a href="mailto:d-crimmins@northwestern.edu">d-crimmins@northwestern.edu</a>
-----------------	--------------	--

### LABEL CHAIR

Jane Dowding	847-446-0302	<a href="mailto:janedowding@yahoo.com">janedowding@yahoo.com</a>
--------------	--------------	--

### ARCHIVIST

Eleanor Prince	847-251-4339	<a href="mailto:eprince03@aol.com">eprince03@aol.com</a>
----------------	--------------	--

### IMMEDIATE PAST-PRESIDENTS

Jane Dowding	847-446-0302	<a href="mailto:janedowding@yahoo.com">janedowding@yahoo.com</a>
Trink Newman	847-864-1402	<a href="mailto:tnewman@northwestern.edu">tnewman@northwestern.edu</a>

### EX-OFFICIO

Mimi Schapiro

## INTEREST GROUP & PROJECT CONTACTS

Ethnic Dining	Catherine Launay
Spanish Conversation	Elisabeth Malthouse
Piecemakers Quilters	Margaret Schatz
	Lonnie Dunlap
Scholarship	Gay Menges
Northwestern Settlement	Margaret Schatz
	Carol Nielsen
	Pat Ulmer
Social Service	Glenda Mockros
International Women	Joan Fragen

For information about other interest groups, please contact the president.

# 2018 ADOPT-A-FAMILY HOLIDAY PROJECT

## SUPPORTING SETTLEMENT FAMILIES

Northwestern University Circle's 2018 Adopt-a-Family Holiday Project will again gift five NU Settlement families with Christmas gifts and gift cards. Although the program will be conducted similarly to past year's, there are some changes being made to simplify it and adapt it to our group.

There will not be a separate mailing, describing the project, except to those who do not use e-mail. All information, including the family descriptions, will be on the website that is created for gift sign-ups. Information can also be found elsewhere on this page.

Jessica Flores, Settlement's director of board relations and innovation, had this to say about this year's project:

*"We really see a need for gifts for youth between the ages of 13 and 16. This year we have included youth as we felt that through our middle school, we have a large population that were being left out. It would be great if we could get support in this category with maybe gift cards for AMC Theater, Subway, Amazon, to name a few places."*

In support of this request, there will be a gift selection section added to the online gift chart for purchase of youth gift cards. Watch for the Listserv message with the link to the online gift chart coming to your inbox in early November.

Thank you to the many generous Circle members who make working on this project a pleasure.

Sincerely,  
Jane Dowding, Carol Nielsen, Margaret Schatz and Pat Ulmer,  
Adopt-a-Family Holiday Project Chairs



## HOW TO CONTRIBUTE

**GIFT DONATIONS** Shop for items requested by the Settlement families. A Listserv message with a link to the online gift chart will be e-mailed to Circle members in early November. The gift chart is organized by category to make shopping for related items easier. Please consider buying additional gifts of the same type. You may be reimbursed for these, if you wish, by sending receipts to Pat Ulmer, 2021 Noyes Street, Evanston, IL 60201.

Sign up on the chart or contact Carol Nielsen and let her know what you are willing to purchase (847-869-1177 or [carolsnielsen2100@gmail.com](mailto:carolsnielsen2100@gmail.com)). Also, consider shopping online and having gifts sent to Margaret Schatz, 2426 Central Park Avenue, Evanston, IL 60201.

An e-mail reminder containing the link to the gift chart will be sent weekly. **Please sign up for gift purchases by Monday, December 3.**

**FINANCIAL DONATIONS** We welcome donations of money to be used for food and other gift cards and to pay for gifts which are not donated. Any money left over is donated to one of Settlement's Funds. Make your check payable to *University Circle* and mail it to Pat Ulmer, 2021 Noyes Street, Evanston, IL 60201. Note on the check that it is for Settlement Holiday Fund.

**WRAPPING PARTY** Please take your gifts or have them delivered to the home of Margaret Schatz by Tuesday, December 11, when Margaret will host the wrapping party. Margaret's address is 2426 Central Park Avenue, Evanston, IL 60201. See below for more information about the wrapping party.

## HOLIDAY WRAPPING PARTY - DECEMBER 11TH!

Did you know that one of our members is a baker extraordinaire? Circle president Elisabeth Malthouse, who does enjoy the cooking shows, baked an Austrian Walnut Torte for last year's wrapping party. The guests swooned over this absolutely delicious cake and she has promised to bring dessert to this year's event. Will it be the torte or another cake? Come to the Wrapping Party to find out and enjoy!

The Wrapping Party will be held starting at **7:00 pm on Tuesday, December 11**, at the home of Margaret Schatz, 2426 Central Park Avenue, Evanston. Please let Margaret know if you plan to attend (847-475-2365 or [mesharbor@gmail.com](mailto:mesharbor@gmail.com)).

Feel free to bring cookies if you want to help with refreshments and participate in the cookie exchange.

## SPRING LUNCHEON FEATURES SCHOLARSHIP WINNERS AND DEAN

University Circle's spring luncheon and annual meeting is a perennial favorite of members, and this year's was no exception. Members gathered at noon on May 11 in the Lake Room at Norris University Center and were warmly welcomed by Circle President Elisabeth Malthouse. Jane Dowding, chair of the Nominating Committee, announced the slate of candidates: Margaret Schatz and Jean Wilson, vice-presidents for membership; Pat Ulmer, treasurer; and Jean Corvine, recording secretary. All were elected by acclamation.

Following the buffet lunch Gay Menges, chair of University Circle's Scholarship Committee, introduced and interviewed the scholarship winners: Megan Murphy-Belcaster, Alejandra Povedano, and Melissa Rutherford.



Circle members Tiffany Tuck (left) and Maria Poeppelmeier (right) greet Dean Margaret McCarthy (center).

Megan talked about her work as a research technician in the Department of Microbiology-Immunology and her path to medical school. That path includes the Advanced Biology Certificate she is pursuing at the School of Professional Studies (SPS). Her interest in becoming a doctor intensified during her pregnancy and the birth of her daughter as she experienced the impact a doctor can have on a patient. As a physician, she will help and guide women as they become mothers themselves.

Alejandra also talked about medical studies. Her work in the Pre-Nursing Certificate Program at SPS will lead to nursing school and eventual work as an emergency room nurse where she can use her critical thinking skills and compassion as a caregiver, advocate, and a source of strength during difficult times. Taking care of a critically ill family member was a turning point in her journey to nursing. Alejandra works full-time as an administrative assistant at NU's Department of Preventive Medicine.

Melissa is making a total career change. She is studying predictive analytics after a successful career as a theatrical scenic artist for many Chicago theaters. The birth of her son and the changed schedules led her to a scenic art position at Northwestern where she started exploring other career possibilities. She is drawn to



Scholarship winner Melissa Rutherford (seated left) and Circle members (left to right) Pat Ulmer, Joan Fragen, Jane Dowding and Sally Sprowl.

data science and data visualization because of its combination of analytical thinking and storytelling.

Our scholarship winners' experiences as full-time Northwestern employees and students at SPS underscore the high levels of professionalism and relevant courses of study at SPS as outlined by featured speaker Margaret McCarthy, associate dean of student and alumni services for SPS. Far from the "evening school" of yesteryear, today's SPS is very much part of the contemporary world, with courses ranging from graduate degrees in fields like information design to finishing undergraduate degrees and certificate programs in preparation for advanced study. Members of the enthusiastic audience had many questions for Dean McCarthy. Her answers emphasized the vibrant and growing impact SPS is having for students who meet the challenges of working and studying simultaneously.

Special thanks to all those responsible for the event: Scholarship Committee members Jane Dampts, Sally Dobroski, Lonnie Dunlap, Gay Menges and Jean Wilson; and Program Committee members Jane Dowding, Jane Dampts, Mary Alayne Schwartz and Sally Sprowl.



Left to right: Mary Ellen Van Ness and Margaret Schatz visit with scholarship winner Megan Murphy-Belcaster and her husband Jack Belcaster.

# A LOOK AT #B1GCATS NEW LAKEFRONT ATHLETICS FACILITIES

—by Sally Sprowl

On October 4th, 20 members and friends of Northwestern University Circle had the opportunity to visit the new Walter Athletics Center and the Ryan Fieldhouse, both of which overlook Lake Michigan on the Evanston campus. Led by Associate Athletic Director for Facilities and Operations Marcus Attles, we had a very informative tour of these outstanding facilities. Marcus initially took us to Wilson Field in the Ryan Fieldhouse where we saw an indoor—but regulation size—football field; not only is the field available for football practice, but other sports, such as lacrosse, can be practiced there. In fact, we saw women lacrosse players while we were touring the area. Northwestern also holds large events on the field, when specially designed flooring is installed over the artificial turf. At one end of Wilson Field is a room for weight training, and off the other end is the Family Atrium where athletes, their family members and friends can gather.

In hallways, we saw what Marcus called “fueling stations,” spots where the athletes can grab snacks. On the third floor, we visited the cardio workout room. Then we walked through the Center’s very impressive sports medicine facility, which has medical personnel who are associated with Northwestern Medicine. The Center has the latest equipment for sports rehabilitation, including four rehab pools and an on-site MRI. Also on-site is a cafeteria and places for studying.

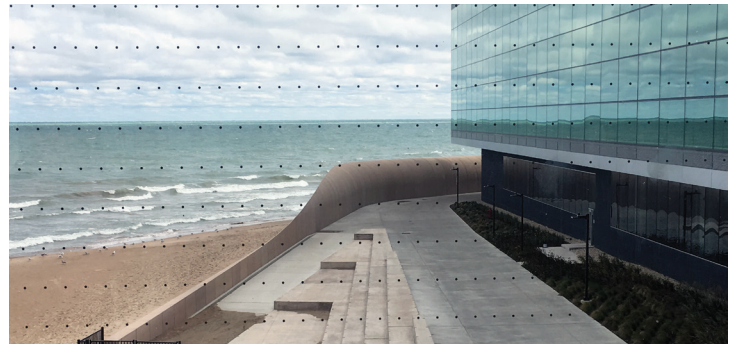
However, Northwestern is not only interested in grooming talented athletes for their years at the University. The Walter Athletics Center also serves athletes for life beyond college, through the Northwestern Training for Life program. This academic and career program offers tutoring services,



Marcus Attles (with raised arm) points out features of Ryan Fieldhouse to Circle members and guests.



Circle members (left to right) Maria Poeppelmeier, Margaret Schatz, Bert Mount, Jane Dowding and Jean Wilson gather for the tour.



A view of Lake Michigan from inside the Walter Athletics Center. The grid pattern is designed to keep birds from flying into the glass window.

interviewing practice, resume preparation, access to a computer room and more. Overall, the Walter Athletics Center has a ratio of one staff person for every two athletes, insuring the best in sports and life opportunities for NU’s athletes.

After our very special tour, we adjourned to lunch at the Kellogg Global Hub—another outstanding building on campus and one Circle toured in the fall of 2017.

## Remembering Our Circle Friends

*The NU Circle family is deeply saddened to learn of the passing of these members and friends.*

**Margaret (Pat) Hastings** Pat’s ability to remember and play on the piano whatever she heard, and in any key, complemented her Northwestern PhD in psychology. Her work focused on helping those with needs from childhood to the aged. Pat developed a volunteer support group for the mental health department at Evanston Hospital, served as executive director of the Illinois Commission on Mental Health and Aging, and created a master’s program in aging management at UIC. Her husband Bob of almost 60 years continues as a supporter of NU Circle. Our condolences to him and their family.

**Marietta Paynter** on April 23, 2018. Marietta was a beloved member of NU Circle, serving tirelessly for years on the board, as well as coordinating the massive effort of its members to provide knitted scarves, mittens, and afghans to the NU Settlement community in Chicago. Her contributions to NU Circle and the Northwestern community are enormous, and she will be sorely missed and long remembered.

**Hugh Larimer** on June 26, 2018. Hugh was the spouse of NU Circle member Fran Larimer. Our hearts and support are with Fran at this tough time.

**Pat Terando** on July 9, 2018. Pat was involved in Circle for many years, serving several terms as its secretary. She worked in the journalism school at Northwestern, and her late husband Don was also at Northwestern as a research accountant. Our hearts are with Pat’s family as we all mourn her loss.

**Claude Lucchesi** on October 25, 2018. Claude was the husband of Circle member Ruth Lucchesi and a lecturer and director of the Analytical Services Laboratory in the Department of Chemistry at Northwestern University for many decades. Ruth and Claude celebrated their 64th wedding anniversary on October 24. Our condolences to Ruth and her family.

## SUMMER STITCHING

— by Margaret Schatz

A summer morning, a sunny location, coffee and quilting all came together last July when Piecemakers gathered in Diane Unger's condominium community room to make flannel baby quilts.

Lonna Horwitz gave instructions for the quilts and members chose from an assortment of flannel fabrics that were displayed on tables. How can choosing fabric combinations, measuring, cutting and sewing be so much fun and so productive? Within a couple of hours, several baby quilt tops had been completed, and over the next couple of months the quilts were finished. Last month 12 flannel blankets were delivered to the Teen Baby Nursery, a program of the Infant Welfare Society of Evanston, located in the Family Focus building at 2010 Dewey Avenue in Evanston. Just in time to keep 12 babies warm in the months to come.



Lonnie Dunlap and Tiffany Tuck join flannel pieces.



Stacks of flannel fabric to be cut and pieced into baby blankets.



Above: Piecemakers and their blankets: left to right, Tiffany Tuck, Debbie Crimmins, Margaret Schatz, Maria Poeppelmeier, Lonnie Dunlap, Diane Unger and Lonna Horwitz

Below: Pieced blanket made with love for baby and mom..



Above: Margaret, Lonna and Debbie with their completed projects.

Below: Baby blankets for Teen Baby Nursery (foreground) and quilts for YWCA Apartments (background).





YWCA Apartments resident with her Piecemakers quilt.

## MISSION ACCOMPLISHED

— by Margaret Schatz

Circle's Piecemaker Quilting group completed 25 quilts during the 2017-2018 program year and donated them to the YWCA Evanston/North Shore on September 17th. The quilts—ten twin, ten lap and five baby—were received by Hillary Douin, clinical services manager, and Trimmy Stamell, director of corporate and foundation relations.

The quilts were designated for the women and children residing in the 16-apartment community which the YWCA Evanston/North Shore opened in spring 2017 to provide long-term housing for survivors of domestic abuse.

The donation letter ended with the statement: *Our group of quilters live locally, and all are affiliated with NU. We love working on the quilts with the hope that they will be used and enjoyed.*

The photo on the left offers heartwarming evidence of their mission accomplished.



Star blocks set off with border of vintage vehicles.



Above: Quilts featuring fanciful turtles and lively triangles stir the imagination.

Below: Grid pattern quilt doubles as a mat for building a play town.



Above: Piecemakers Carol Nielsen (left) and Margaret Schatz (right) deliver quilts to YWCA Clinical Services Manager Hillary Douin (center).

Below: What do you see, stretched stars or hexagonal jewels?





## UNIVERSITY CIRCLE

Northwestern University  
633 Clark Street, Crown 2-154  
Evanston, IL 60208

[circle@northwestern.edu](mailto:circle@northwestern.edu)

[www.northwestern.edu/university-circle](http://www.northwestern.edu/university-circle)

*Courier November 2018*

## SHARE YOUR TABLE FOR THANKSGIVING 2018



The International Office (IO) at Northwestern University is proud to announce their tenth annual **"Share Your Table for Thanksgiving"** program!

In the spirit of the upcoming holiday season, the IO seeks community members in the Evanston/Chicago areas to host International and American (new this year) students, faculty, staff and their families for Thanksgiving dinner on November 22.

Participate in cultural exchange, make new friends, and introduce Northwestern's international community to the great American holiday of Thanksgiving!

To find testimonials, photos, and our FAQ one-pager for hosts, please visit [tinyurl.com/ydgm6vap](http://tinyurl.com/ydgm6vap).

**Questions?** Please contact Stephanie Cisneros at: [stephanie.cisneros@northwestern.edu](mailto:stephanie.cisneros@northwestern.edu) or 847-467-4025.

## UPCOMING CIRCLE EVENTS

### MONDAY, DECEMBER 3

Deadline to sign up for **Holiday Project** gift purchases.  
See page 3 for details.

### TUESDAY, DECEMBER 11 HOLIDAY PROJECT WRAPPING PARTY

See page 3 for details.

### BOARD MEETING SCHEDULE

The Executive Board is scheduled to meet on the following

**Thursdays from 12 NOON TO 1 PM**  
on the Evanston campus:

**November 15, 2018**

**January 17, 2019**

**March 21, 2019**

**February 21, 2019**

**April 18, 2019**

For location, please contact Elisabeth Malthouse.

Watch for news about these events and others sent via email or postal mail. Please visit our website

[northwestern.edu/university-circle](http://northwestern.edu/university-circle)

regularly to stay informed about the latest Circle news, upcoming programs and volunteer opportunities.