

GET Prepared

Be personally prepared for an unplanned emergency or disaster; keep an emergency kit at your desk, in your car, and at home.

First Aid:

- 2 Gauze Sponge, 2"x2", Twin Pack, Sterile
- 2 Gauze Sponge, 4"x4", Twin Pack, Sterile
- 2 ABD Pad, 5"x9", Sterile
- 2 Latex Gloves and Finger Splints
- 2 Gauze Roll, 3", Sterile
- Bandages: Butterfly, Triangular, 1"x3", Adhesive
- 1 Tape, Clear, 1/2"x10 yards
- 6 Antiseptic Wipes, BZK
- 3 Ointment, 1/32 oz., Tri-antibac
- 1 First Aid Guide
- 1 Tweezers, Plastic
- 1 Scissors, Plastic w/SS Tips

Food & Water:

- 1 Foodbar, 3600 Calories
- 1 Water, Aqua Blox, 8.45 oz. (12)

Sanitation:

- 3 Bag, Infectious Waste
- 2 Tissue Pack
- 12 Towelettes, Premoistened
- 1 Toothbrush & Paste Set
- Personal Hygiene Items

Light, Warmth & Communication:

- 1 Blanket, Mylar-type
- 1 Lightstick, 12-hour
- 1 Flashlight, Standard with D-Cell Batteries
- 1 Radio, AM/FM with Batteries
- 1 Whistle

Miscellaneous:

- 1 Gloves, Leather Palm, Pair
- 1 Mask, Dust
- Copies of Home and Car keys
- Extra Clothing
- Prescription Medicines
- Emergency Contact and "to do" List

First Aid:

- 2 Gauze Sponge, 2"x2", Twin Pack, Sterile
- 2 Gauze Sponge, 4"x4", Twin Pack, Sterile
- 2 ABD Pad, 5"x9", Sterile
- 2 Gloves and Finger Splints
- 2 Gauze Roll, 3", Sterile
- Bandages: Butterfly, Triangular, 1"x3", Adhesive
- 1 Tape, Clear, 1/2"x10 yards
- 6 Antiseptic Wipes, BZK
- 3 Ointment, 1/32 oz., Tri-antibac
- 1 First Aid Guide
- 1 Tweezers, Plastic
- 1 Scissors, Plastic w/SS Tips

Food & Water:

- 2 Foodbar, 3600 Calories
- 1 Water, Aqua Blox, 8.45 oz. (12)

Sanitation:

- 6 Bag, Infectious Waste
- 2 Tissue Pack
- 24 Towelettes, Premoistened
- 2 Toothbrush & Paste Set
- Personal Hygiene Items

Light, Warmth & Communication:

- 2 Blanket, Mylar-type
- 2 Lightstick, 12-hour
- 1 Flashlight, Standard with D-Cell Batteries
- 1 Radio, AM/FM with Batteries
- 1 Whistle

Miscellaneous:

- 1 Gloves, Leather Palm, Pair
- 2 Mask, Dust
- Copies of home and car keys
- Extra Clothing
- Prescription Medicines
- Emergency Contact and "to do" List

First Aid:

- 12 Wipes, Antiseptic
- 6 Ointment, Antibiotic, 1/32 oz.
- 4 Dressings, ABD pads, Sterile, 5" x 9"
- 8 Sponges, Gauze, Sterile, 2" x 2", (4 twin-packs)
- 4 Sponges, Gauze, Sterile, 4" x 4", (2 twin-packs)
- 4 Bandages, Gauze, Non-sterile, 3" x 4.1 yds.
- 20+ Bandages: Butterfly, Triangular, 1" x 3" Adhesive
- 1 Tape, 1/2" x 10 yds.
- 1 Tweezers, Scissors, Cold Pack & Mylar-type Blanket
- 2 Gloves and Finger Splints

Food & Water:

- 4 Foodbars, 3600 calories, 5-year shelf life
- 27 Water, Aqua Blox, 8.45 oz., 5-year shelf life
- 1 Water Purification Tablets, Bottle/50
- 1 Water Container, Collapsible, 5-gallon

Light, Warmth & Communication:

- 4 Blankets, Mylar-type (additional blanket in first aid kit)
- 1 Candle, 50-hour & Box of 20 Matches (wind/waterproof)
- 1 Flashlight, Anglehead with D-Cell Batteries
- 2 Lightsticks, 12-hour green
- 1 Radio, AM/FM with batteries
- 1 Whistle & Tarp, 8' x 10'

Sanitation:

- Liquid Soap & Toilet Chemicals (2-oz.)
- 148 Towelettes, premoistened
- 3 Bags, large plastic with ties
- 12 Bags, infectious waste with ties
- 4 Toothbrush, paste sets
- 4 Toilet Paper & Personal Hygiene Items

Personal Protection & Miscellaneous:

- 2 Dust masks, 1 Pocket Knife
- 1 Can opener, manual (3-in-one style)
- 1 Rope, 1/4" x 50', polypropylene
- Copies of Home and Car Keys, Extra Clothing
- Prescription Medicines
- Emergency Contact and "to do" List

At the office ... 1 Person
3 Days

In the car ... 2 Persons
3 Days

At home ... 4 Persons
3 Days