# Mentorship Agreement Template

The purpose of this template is to assist you in documenting mutually agreed upon goals and parameters that will serve as the foundation for your mentoring relationships. While mentors and mentees may find mentorship agreements to be useful, they are optional. This template is expected to be altered to meet individual needs.

1. **Goals** (what you hope to achieve as a result of this relationship; e.g., gain perspective relative to skills necessary for success in academia, explore new career opportunities/alternatives, obtain knowledge of organizational culture, networking, leadership skill development, etc.):

2. **Steps to achieving goals** as stated above (e.g., meeting regularly, manuscripts/grants, collaborating on research projects, steps to achieving independence, etc.):

3. Meeting frequency (frequency, duration, and location of meetings):

4. **Confidentiality**: Any sensitive issues that we discuss will be held in the strictest of confidence. Issues that are off limits for discussion include:

5. Plan for **evaluating relationship effectiveness** (e.g., bi-annual review of mentorship meeting minutes, goals, and outcomes/accomplishments):

6. **Relationship termination clause**: In the event that either party finds the mentoring relationship unproductive and requests that it be terminated, we agree to honor that individual's decision without question or blame.

7. **Duration**: This mentorship relationship will continue as long as both parties feel comfortable with its productivity or until:

Mentee's Signature:	Date:	
Mentor's Signature:	Date:	

## **Compacts: Mentee**

### This compact outlines the parameters of our work together on this research project.

Mentee:

Mentor:

Our major goals are:

- Research project goals:
- Mentee's personal and/or professional goals:
- Mentor's personal and/or professional goals:

Our shared vision of success in this research project is:

We agree to work on this project for at least ( ) quarters.

The mentee will work at least ( ) hours per week on the project during the academic year,

and ( ) hours per week in the summer.

- The mentee will propose their weekly schedule to the mentor by the ( ) week of the quarter.
- If the mentee must deviate from this schedule (e.g., study for an upcoming exam), the mentee will communicate this to the mentor at least (
   ) [weeks/days/hours] before the change occurs.

On a daily basis, our primary means of communication will be through: face-to-face / phone / email / instant messaging / other:

We will meet one-on-one to discuss our progress and goals for at least ( ) minutes ( ) time(s) per month.

- It will be the **mentee's/mentor's** responsibility to schedule these meetings (circle).
- In preparation for these meetings, the mentee will:

Adapted from Branchaw, J.L., Pfund, C., and Rediske, R. (2010), Entering Research: A Facilitator's Manual: Workshops for Students Beginning in Science, W.H. Freeman & Company.

• In preparation for these meetings, the mentor will:

At these meetings, the mentor will provide feedback on the mentee's performance and specific suggestions for how to improve or progress to the next level of responsibility through (circle): written evaluation / verbal evaluation / other:

The mentor will train the mentee on new techniques and procedures using the following (e.g., written directions, hands-on demonstration, verbal direction as mentee does procedure, etc.):

If the mentee gets stuck while working on the project (e.g., has questions or needs help with a technique or data analysis), the procedure will be:

The standard operating procedures for working in our research group, which all members must follow and the mentee agrees to follow, include (e.g., wash your own glassware, attend weekly lab meeting, reorder supplies when you use the last of something, etc.):

Other issues not addressed above that are important to our work together:

By signing, we agree to these goals, expectations, and working parameters for this research project.

Mentee's Signature:	Date:
Mentor's Signature:	Date

## Grant Mentee Compact

## THE BROAD GOALS OF MY RESEARCH PROGRAM

As part of my job as a professor, I am expected to write grants and initiate research that will make tangible contributions to science, the academic community and society. You will be helping me carry out this research. It is imperative we carry out good scientific method and conduct ourselves in an ethical way. We must always keep in mind the ultimate goal of our research is publication in scientific journals. Dissemination of the knowledge we gain is critical to the advancement of our field. I also value outreach and informal science education, both in the classroom and while engaging with the public. I expect you to participate in this component of our lab mission while you are a part of the lab group.

### WHAT I EXPECT FROM YOU

Another part of my job as a professor is to train and advise students. I must contribute to your professional development and progress in your degree. I will help you set goals and hopefully achieve them. However, I cannot do the work for you. In general, I expect you to:

- Learn how to plan, design, and conduct high-quality scientific research.
- Learn how present and document your scientific findings.
- Be honest, ethical, and enthusiastic.
- Be engaged with the research group and at least two programs on campus.
- Treat your lab-mates, lab funds, equipment, and microbes with respect.
- Take advantage of professional development opportunities.
- Obtain your degree.
- Work hard don't give up!

### YOU WILL TAKE OWNERSHIP OVER YOUR EDUCATIONAL EXPERIENCE

- Acknowledge you have the primary responsibility for the successful completion of your degree. This includes commitment to your work in classrooms and the laboratory. You should maintain a high level of professionalism, self-motivation, engagement, scientific curiosity, and ethical standards.
- Ensure you meet regularly with me and provide me with updates on the progress and results of your activities and experiments. Make sure you also use this time to communicate new ideas you have about your work and challenges you are facing.
   Remember: I cannot address or advise about issues you do not bring to my attention.

From Prof. Trina McMahon, University of Wisconsin-Madison

- Be knowledgeable of the policies, deadlines, and requirements of the Graduate Program, the Graduate School, and the University. Comply with all institutional policies, including academic program milestones, laboratory practices and rules related to chemical safety, biosafety, and fieldwork.
- · Actively cultivate your professional development. UW-Madison has outstanding resources in place to support professional development for students. I expect you to take full advantage of these resources, since part of becoming a successful engineer or scientist involves more than just doing academic research. You are expected to make continued progress in your development as a teacher, as an ambassador to the general public representing the university and your discipline, with respect to your networking skills, and as an engaged member of broader professional organizations. The graduate school has a regular seminar series related to professional development. The Delta program offers formalized training in the integration of research, teaching, and learning. All graduate degree programs require attendance at a weekly seminar. Various organizations on campus engage in science outreach and informal education activities. Attendance at conferences and workshops will also provide professional development opportunities. When you attend a conference, I expect you to seek out these opportunities to make the most of your attendance. You should become a member of one or more professional societies, such as the Water Environmental Federation, the American Society for Microbiology, or the American Society for Limnology and Oceanography.

#### YOU WILL BE A TEAM PLAYER

- Attend and actively participate in all group meetings, as well as seminars that are
  part of your educational program. Participation in group meetings does not mean
  only presenting your own work but providing support to others in the lab through
  shared insight. You should refrain from using your computer or phone during research
  meetings. Even if you are using the device to augment discussion, it is disrespectful to
  the larger group to have your attention distracted by the device. Do your part to create a
  climate of engagement and mutual respect.
- Strive to be the very best lab citizen. Take part in shared laboratory responsibilities
  and use laboratory resources carefully and frugally. Maintain a safe and clean laboratory
  space where data and research participant confidentiality are protected. Be respectful
  to, tolerant of, and work collegially with all laboratory colleagues. Respect individual
  differences in values, personalities, work styles, and theoretical perspectives.
- **Be a good collaborator.** Engage in collaborations within and beyond our workgroup. Collaborations are more than just publishing papers together. They demand effective and frequent communication, mutual respect, trust, and shared goals. Effective collaboration is an extremely important component of the mission of our lab.

- Leave no trace. As part of our collaborations with the Center for Limnology and other research groups, you will often be using equipment that does not belong to our lab. I ask you respect this equipment and treat it even more carefully than our own equipment. Always return it as soon as possible in the same condition you found it. If something breaks, tell me right away so that we can arrange to fix or replace it. Don't panic over broken equipment. Mistakes happen. But it is not acceptable to return something broken or damaged without taking the steps necessary to fix it.
- Acknowledge the efforts of collaborators. This includes other members of the lab as well as those outside the lab.

#### YOU WILL DEVELOP RESEARCH SKILLS

- Take advantage of your opportunity to work at a world-class university by developing and refining stellar research skills. I expect that you will learn how to plan, design and conduct high-quality research.
- Challenge yourself by presenting your work at meetings and seminars as early as you can and by preparing scientific articles that effectively present your work to others in the field. The "currency" in science is published papers: they drive a lot of what we do. And because our lab is supported by taxpayer dollars, we have an obligation to complete and disseminate our findings. I will push you to publish your research as you move through your training program, not only at the end. Students pursuing a master's degree will be expected to author or make major contributions to at least one journal paper submission. Students pursuing a doctoral degree will be expected to be lead author on at least two journal paper submissions, preferably three or four.
- Keep up with the literature so you can have a hand in guiding your own research. Block at least one hour per week to peruse current tables of contents for journals or do literature searches. Participate in journal clubs. Better yet, organize one!
- Maintain detailed, organized, and accurate laboratory records. Be aware your notes, records, and all tangible research data are my property as the lab director. When you leave the lab, I encourage you to take copies of your data with you. One full set of all data must stay in the lab, with appropriate and accessible documentation. Regularly back up your computer data to the server.
- Be responsive to advice and constructive criticism. The feedback you get from me, your colleagues, your committee members and your course instructors is intended to improve your scientific work.

#### YOU WILL WORK TO MEET DEADLINES

- Strive to meet deadlines: this is the only way to manage your progress. Deadlines can be managed in a number of ways, but I expect you to do your best to maintain these goals. We will establish mutually agreed upon deadlines for each phase of your work during one-on-one meetings at the beginning of each term. For graduate students, there is a balance between time spent in class and time spent on research and perhaps on outreach and teaching. As long as you are meeting expectations, you can largely set your own schedule. It is your responsibility to talk with me if you are having difficulty completing your work, and I will consider your progress unsatisfactory if I need to follow up with you about completion of your lab or coursework.
- Be mindful of the constraints on my time. When we set a deadline, I will block off time to read and respond to your work. If I do not receive your materials, I will move your project to the end of my queue. Allow a minimum of one week prior to submission deadlines for me to read and respond to short materials, such as conference abstracts. Allow me three weeks to work on manuscripts or grant proposals. Please do not assume I can read materials within a day or two, especially when I'm traveling.

#### YOU WILL COMMUNICATE CLEARLY

- Remember all of us are "new" at various points in our careers. If you feel uncertain, overwhelmed, or want additional support, please overtly ask for it. I welcome these conversations and view them as necessary.
- Let me know your preference with style of communication or schedule of meetings. If there is something about my mentoring style that is proving difficult for you, please tell me so you can give me an opportunity to find an approach that works for you. No single style works for everyone; no one style is expected to work all the time. Do not cancel meetings with me if you feel you have not made adequate progress on your research; these might be the most critical times to meet with a mentor.
- **Be prompt.** Respond promptly (in most cases, within 48 hours) to emails from anyone in our lab group and show up on time and prepared for meetings. If you need time to gather information in response to an email, please acknowledge receipt of the message and indicate when you will be able to provide the requested information.

- Discuss policies on work hours, sick leave, and vacation with me directly. Consult with me and notify fellow lab members in advance of any planned absences. Graduate students can expect to work an average of 50 hours per week in the lab; postdocs and staff at least 40 hours per week. I expect most lab members will not exceed two weeks of personal travel away from the lab in any given year. Most research participants are available during university holidays, so all travel plans, even at major holidays, must be approved by me before any firm plans are made. I believe work- life balance and vacation time are essential for creative thinking and good health and encourage you to take regular vacations. However, be are there will necessarily be epochs especially early in your training when more effort will need to be devoted to work and it may not be ideal to schedule time away. This includes the field season for students/postdocs working on the lakes.
- Discuss policies on authorship and attendance at professional meetings with me before beginning any projects to ensure we are in agreement. I expect you to submit relevant research results in a timely manner. Barring unusual circumstances, it is my policy students are first author on all work for which they took the lead on data collection and preparation of the initial draft of the manuscript.
- Help other students with their projects and mentor/train other students. This is a valuable experience! Undergraduates working in the lab should be encouraged to contribute to the writing of manuscripts. If you wish to add other individuals as authors to your papers, please discuss this with me early on and before discussing the situation with the potential coauthors.

#### WHAT YOU SHOULD EXPECT FROM ME

- I will work tirelessly for the good of the lab group; the success of every member of our group is my top priority, no matter their personal strengths and weaknesses, or career goals.
- I will be available for regular meetings and conversations. My busy schedule requires we plan in advance for meetings to discuss your research and any professional or personal concerns you have. Although I will try to be available as much as possible for "drop-in business," keep in mind I am often running to teach a class or to a faculty meeting and will have limited time.
- I will help you navigate your graduate program of study. As stated previously, you are responsible for keeping up with deadlines and being knowledgeable about requirements for your specific program. However, I am available to help interpret those requirements, select appropriate course work, and select committee members for your oral exams.

- I will discuss data ownership and authorship policies regarding papers with you. These can create unnecessary conflict within the lab and among collaborators. It is important we communicate openly and regularly about them. Do not hesitate to voice concerns when you have them.
- I will be your advocate. If you have a problem, come and see me. I will do my best to help you solve it.
- I am committed to mentoring you, even after you leave my lab. I am committed to your education and training while you are in my lab, and to advising and guiding your career development – to the degree you wish – long after you leave. I will provide honest letters of evaluation for you when you request them.
- I will lead by example and facilitate your training in complementary skills needed to be a successful scientist, such as oral and written communication, grant writing, lab management and scientific professionalism. I will encourage you to seek opportunities in teaching, even if not required for your degree program. I will also strongly encourage you to gain practice in mentoring undergraduate and/or high school students, and to seek formal training in this activity through the Delta Program.
- I will encourage you to attend scientific/professional meetings and will make an
  effort to fund such activities. I will not cover all requests, but you can generally expect
  to attend at least one major conference per year, when you have material to present.
  Please use conferences as an opportunity to further your education, and not as a
  vacation. If you register for a conference, I expect you to attend the scientific sessions
  and participate in conference activities during the time you are there. Travel fellowships
  are available through the environmental engineering program, the Bacteriology
  Department, and the University if grant money is not available. I will help you identify
  and apply for these opportunities.
- I will strive to be supportive, equitable, accessible, encouraging, and respectful. I
  will try my best to understand your unique situation and mentor you accordingly. I am
  mindful each student comes from a different background and has different professional
  goals. It will help me if you keep me informed about your experiences and remember
  graduate school is a job with very high expectations. I view my role as fostering your
  professional confidence and encouraging your critical thinking, skepticism, and
  creativity. If my attempts to do this are not effective for you, I am open to talking with
  you about other ways to achieve these goals.

#### YEARLY EVALUATION

Each year we will sit down to discuss progress and goals. At that time, you should be sure to tell me if you are unhappy with any aspect of your experience as a graduate student here. Remember that I am your advocate, as well as your adviser. I will be able to help you with any problems you might have with other students, professors, or staff.

Similarly, we should discuss any concerns you have with respect to my role as your adviser. If you feel you need more guidance, tell me. If you feel I am interfering too much with your work, tell me. If you would like to meet with me more often, tell me. At the same time, I will tell you if I am satisfied with your progress, and if I think you are on track to graduate by your target date. It will be my responsibility to explain to you any deficiencies so you can take steps to fix them. This will be a good time for us to take care of any issues before they become major problems.

## **Expectations for Mentees**

- Send me weekly email updates on Fridays by 5pm describing briefly what you've been working on, what you plan to do the following week, and any questions or troubles you had. Important things to include: project you worked on, broken equipment, storage/equipment conflicts, if your data looked weird.
- Attend lab meeting. The entire lab assembles approximately once a week to discuss our research. Generally, the person leading lab meeting will distribute reading materials in advance. You should read these materials and come prepared to participate actively in discussion.
- **Be organized.** There is a lot of overlap in projects, and it is essential you keep track of all the samples in the way I specify. This includes updating spreadsheets and lab notebooks immediately.
- Read background information and protocols about our projects, and about our lab's research. This includes the protocol handout, the wiki, and related journal articles from the lab I've suggested. I'd love to discuss any journal article or protocol, so just say the word and we'll grab some coffee and chat.
- Be consistent with your lab schedule. Email/call me if you are going to be very late or unable to make your scheduled lab time.
- Be independent. I am periodically away, and I expect you to get things done well without me. Ask questions when I am around, and don't be afraid to try to do some detective work on your own if I am not. We have a helpful, experienced lab, so know folks other than me may be excellent resources.
- Respect the lab and your colleagues. Keep it neat and ask if you have questions on equipment use, cleaning, etc. It is very important that you tell me if a piece of equipment breaks. Do not be worried I will be angry. These things happen all the time in labs, and the important thing is I know it is broken and can arrange to have it fixed.
- Let me know if you need anything from me as a mentor, or if you have questions. Be up-front and I will do the same.
- I have an "open door" policy. Let me know if you are having troubles or concerns you want to talk about with me, work-related or not. My phone number is xxx-xxx.

From Prof. Trina McMahon, University of Wisconsin-Madison

# **Research Experience: Expectations**

**Objective:** Students will articulate their motivations and goals for doing research, what they bring to the experience, and what they aim to learn from the experience.

• Why do you want to do research?

• What are your academic and personal goals for your research experience?

• What values, experiences, and/or perspectives will you bring to your research team?

• What is your greatest concern about doing research?

• What most excites you about doing research?

Adapted from Branchaw, J.L., Pfund, C., and Rediske, R. (2010), Entering Research: A Facilitator's Manual: Workshops for Students Beginning in Science, W.H. Freeman & Company.

# **Research Experience: Reflections**

**Objective:** Students will reflect on what they have learned and the goals they achieved during their research experience.

• Was your research experience what you expected it to be? Why or why not?

• What academic and personal goals did you achieve in your research experience? How do they compare to the goals you outlined at the beginning of your experience?

• What values, experiences and/or perspectives did you contribute to your research team? Were you able to contribute in ways you did not predict? How?

• How did you overcome your greatest concern about doing research? What was the most challenging aspect of your research experience?

• What was the best part about your research experience? Are you planning to continue doing research? Why or why not?

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