From the Office of the Provost

Dear Northwestern faculty members,

Our office is committed to equipping you with the tools you need to do your best work. Offering workshops on such topics as leadership, time management, and faculty wellness, we aim to support excellence in all that you do.

The Faculty Leadership Program, now in its second year, is open by invitation to department chairs; program, center, and institute directors; division chiefs; and other faculty leaders. Our office also provides programs for all faculty on career development, research communications, and wellness.

You will receive an email about each program with more detailed information and sign-up instructions.

Kathleen Hagerty
Associate Provost for Faculty

Faculty Wellness Program

Open to all faculty. Workshops are presented by Richard Carroll, associate professor of psychiatry and director of the Faculty Wellness Program, and representatives from Humana.

MANAGING STRESS AND PREVENTING FACULTY BURNOUT
November 12, 2019
Noon–1:30 p.m.
Evanston
November 19, 2019
Noon–1:30 p.m.
Chicago

This workshop focuses on the signs and causes of faculty burnout, presents effective strategies to address and prevent it, and provides information on resources available to Northwestern faculty.

MANAGING STRESS AS A CAREGIVER
Winter and spring dates to be announced
Noon–1:30 p.m.
Evanston and Chicago

The time and energy involved in juggling professional and caregiving responsibilities can be challenging to manage. This seminar provides tips to make caregiving less stressful and information about eldercare benefits and resources available to faculty.

Faculty Development and Leadership Programs
2019–20
Supporting faculty excellence and career success
DIFFICULT CONVERSATIONS: WHAT CAN ACADEMIC LEADERS LEARN FROM DOCTOR–PATIENT COMMUNICATION? February 11, 2020 9 a.m.–11:30 a.m. Evanston
A virtual panel discussion with experts in medicine to share insights and strategies for handling difficult conversations, and to demonstrate the impact of bias.

CREATING AND LEADING A COLLEGIATE DEPARTMENT OR UNIT March 4, 2020 Noon–1:30 p.m. Evanston
Learn to navigate, guide, and intervene in various department and unit scenarios. Office of Equity staff lead an interactive skill-building session on creating and leading a department that fosters a culture of access, belonging, and accountability.

THINKING OUTSIDE THE BOX April 7, 2020 Noon–1:30 p.m. Evanston
Liz Gerber, associate professor at the McCormick School of Engineering, presents a fast-paced workshop exposing academic leaders to design thinking, inspiring new approaches to tackle challenging leadership challenges.

EVERY QUARTER NEEDS A PLAN January 24, 2020 9 a.m.–4 p.m. Evanston
Junior faculty identify personal and professional goals, create a strategic plan to accomplish them, and identify the types of community, support, and accountability necessary for the most productive and balanced quarter or semester ever. Presented by Rachel McAleenan of the National Center for Faculty Development and Diversity.

Media Engagement Programs

OPENING SOCIAL MEDIA WORKSHOP October 10, 2020 9–11:30 a.m. Evanston
Learn how to create a strong personal brand, build a social media strategy, and how to think bigger about what you know in the public domain.

Every quarter needs a plan. For questions about leadership, career development, and communication and media programs, email joan.mjohnson@northwestern.edu. For questions about the Faculty Wellness Program, contact Richard Carroll at rcarroll@nm.org or 312-695-2233.