

THE SPA AT THE PENINSULA CHICAGO

Fitness Center

- The latest Life Fitness cardiovascular equipment featuring Individual LCD touchscreen entertainment consoles with more than 50 TV stations to choose from
- A variety of Cybex Eagle Machines and Free Motion Cables
- Precor AMT Motion Trainer and EFX Elliptical
- Power Plate accelerated vibration training
- Floor to ceiling windows offering spectacular views of Chicago's Magnificent Mile
- Eucalyptus steam room
- Full Amenity locker room



Pool

- Heated Half-Olympic-length indoor lap pool
- Outdoor sundeck overlooking the beautiful city landscape
- Exclusive spa menu offering health conscious cuisine
- Jacuzzi encased in floor to ceiling windows flooded with natural light
- ADA-compliant chair lift



SPA

- Eight (8) holistic inspired treatment rooms
- Serene nail suite
- Two (2) luxurious relaxation lounges, with a fireplace
- Two (2) beverage stations offering a variety of tea, coffee, flavored water and apples

Membership *Exclusive Membership Benefits*

- 20% discount on all spa treatments
- 10% discount on spa retail
- 10% discount at all restaurants (excluding the Bar)
- Complimentary Wi-Fi
- Discounted guest rooms and valet parking
- 24-hr concierge
- Sunday friends and family day
- Seven (7) complimentary guest passes per calendar year
- Complimentary access to over 30 weekly group exercise classes
- Full access to workout facilities and pool
- Complimentary workout attire includes shorts, t-shirts, shoes and socks
- Complimentary workout head phones
- Complimentary hairdryers, straightening irons and curling irons
- Complimentary plush towels, toiletries and amenities
- Personal training and swim lessons available
- Private lockers available
- Invitation to exclusive member events
- Charging privileges on spa services and dining

