CONTENTS
NORTHWESTERN CAREER ADVANCEMENT
PAGE 4-5

RESIDENTIAL SERVICES
PAGE 6-7

THE OFF-CAMPUS LIFE OFFICE
PAGE 8

THE OFFICE OF SUSTAINABILITY
PAGE 9-10

ONE BOOK ONE NORTHWESTERN
PAGE 10-11

STUDENT ENRICHMENT SERVICES
PAGE 11

SHEIL CATHOLIC CENTER
PAGE 12

NORTHWESTERN HILLEL
PAGE 13

ATHLETICS
PAGE 14

UPCOMING EVENTS
SATURDAY, FEBRUARY 6 | 6:00 P.M.
Sheil's Mardi Gras at the Hilton Orrington Hotel: Our largest fundraiser and a great way for students, parents and friends of Sheil to party before Lent and help Sheil continue its mission.

MONDAY, FEBRUARY 8 | 1:00 – 4:00 P.M.
Associated Student Government (ASG) Housing Fair at the Norris University Center.

TUESDAY, FEBRUARY 23 | 6:30 P.M.
Sheil Catholic Center's Fireside Chat with Archbishop Blase Cupich

ATHLETIC HOME GAMES
SUNDAY, FEBRUARY 7 | 2:00 P.M.
Women's Basketball vs. Minnesota

SATURDAY, FEBRUARY 13 | 7:00 P.M.
Men's Basketball vs. Illinois

SUNDAY, FEBRUARY 14 | 3:00 P.M.
Women's Basketball vs. Maryland

WEDNESDAY, FEBRUARY 1 | 7:00 P.M.
Women's Basketball vs. Penn State

FRIDAY, FEBRUARY 19 | 7:00 P.M.
Wrestling vs. Duke

TUESDAY, FEBRUARY 23 | 5:30 P.M. (SENIOR DAY)
Women's Basketball vs. Michigan

SATURDAY, FEBRUARY 27 | 1:00 P.M.
Men's Basketball vs. Rutgers

SUNDAY, MARCH 6 | 1:00 P.M. (SENIOR DAY)
Men's Basketball vs. Nebraska
Greetings from the Office of New Student and Family Programs!

As 2016 begins, those of us in NSFP have been doing what we do best – welcoming new and current students! In January, we had the opportunity to welcome our first-year and transfer students who started their Northwestern careers this winter. We also welcomed the 2016 Wildcat Welcome Board of Directors, a group of 10 outstanding Northwestern juniors who collaborate in the planning, coordination, and execution of the programs and activities associated with NSFP, as well as our new Family Liaison, Connor Lantz. Connor is a junior who helps oversee the Family Ambassador program, in which he coordinates the training and organization of student leaders to serve as guides for Parent and Family Orientation and Family Weekend. Finally, we will soon welcome a new group of 200 Peer Advisers (PAs) and 30 Family Ambassadors (FAs) who volunteer their time to serve all new students and Northwestern families all year long.

The University as a whole is welcoming the first members of Northwestern’s class of 2020, the students who were accepted early decision in December. In May, we will have the chance to welcome the rest of our new Wildcats. As the class begins to take shape, we are already planning Wildcat Welcome, Parent and Family Orientation, Family Weekend, and a host of other experiences for the students and families joining our community. To the new parents and families: welcome! To those of you who have been “around the lakefill,” thank you for continuing this journey with us.

All across campus, our partners are providing a welcoming space of their own. In this issue of Wildcat Family Focus, you will have the chance to read about some of the opportunities for students facilitated by Northwestern Career Advancement, winter break trips through Northwestern Hillel and the Sheil Catholic Center, important information for students living on or off campus next year, and more.

Finally, this year, the Wildcat Family Focus will make the transition from a monthly publication to a quarterly publication. As a result of this change, you can expect a slightly longer newsletter once per quarter; it will include updates and announcements from our campus partners, photos from noteworthy Northwestern events, and information about upcoming dates to remember. In addition, please keep in mind that NSFP staff members are happy and excited to communicate with you at any time. If you have questions, need guidance, or simply are in search of a place to start, do not hesitate to contact us at (847) 467-3988 or family@northwestern.edu.

Our 2016 is off to a fantastic start (especially since winter temps have been mild this year)! Staff and student leaders alike are energized and ready to make an impact; thank you for being our partners in making students’ Northwestern experiences productive, enriching and fun!

Best Regards and As Always, Go ‘Cats!

Patricia F. Hilkert
Director of New Student and Family Programs
Winter quarter started off with a whirlwind of activity for Northwestern Career Advancement (NCA): the two-day Winter Internship & Job Fair on January 12 and 13 brought more than 120 employers to campus and representatives from dozens of companies and organizations visited Northwestern to host information sessions for students. The rest of winter quarter and the beginning of spring quarter offer more opportunities for your students to connect with employers and alumni, practice professional skills and explore different industries, including:

**Career Fairs**

The Energy & Sustainability Fair (Hosted by NCA, NESC and ISEN): Wednesday, February 17, from 12:00 p.m. to 3:00 p.m. in Norris Center, Louis Room

The Global Health Resource Fair (Hosted by IPD/Global Health Studies, NCA and others): Monday, March 7, from 11:00 a.m. to 2:00 p.m. in Norris Center

Startup Fair (Hosted by NCA, Kellogg, EPIC, and others): Wednesday, March 30, from 12:00 p.m. to 4:00 p.m. in Norris Center, Louis Room

**Internship & Job Opportunities**

More than 1,000 internship and job opportunities in all industries are available in CareerCat – Northwestern's central platform for career activities – right now. We encourage your students to keep their profiles up to date, select their career interests, and set up a job search agent to find opportunities in their fields of interest.
Opportunities in CareerCat are also shared regularly on our @JobsforCats Twitter account.

**First-Year Focus**

Practice Speaking with Alumni: Meet & Mingle: Tuesday, February 9 (for first-year undergraduate students).

Find details and RSVP in CareerCat (Events > Workshops)

**Industry-Specific Programs**


Find details and RSVP in CareerCat (Events > Workshops)

**Alumni-Student Career Events**

Learn about opportunities for your student to connect with Northwestern alumni year-round through programs coordinated by NCA and the Northwestern Alumni Association on NCA’s new “Connect with Alumni” webpage.

Upcoming opportunities include:

- Northwestern Externship Program (NEXT): Registration ends Sunday, February 7, for this spring program.
- **Winter Alumni-Student Mock Interview Program:** Tuesday, February 16 (registration now open).
- **Dinner with 12 – Industry:** Friday, February 26, and Sunday, February 28 (registration now open).

**Summer Internship Grant Program**

The Summer Internship Grant Program (SIGP) provides a stipend of at least $3,000 to undergraduate students participating in unpaid internships this summer and offers career development support from Northwestern Career Advancement. Undergraduate students must be enrolled for at least fall quarter of the following academic year to apply. The application period runs from Monday, February 15, through Tuesday, April 5. Learn more on the SIGP website.

We hope to see your students at one of these events or programs, and we encourage your students to meet with their career counselor or adviser at any time to talk about their career goals, explore options, develop a job or internship strategy, and more!
Housing Selection

Housing Selection for the 2016-2017 academic year is officially in motion! All current residents who choose to remain on campus for the next academic year must participate in the housing selection process. To reserve a room for next year, students must complete the Housing Contract Terms and Conditions between February 1 and February 26. Room selection and residential college placement will follow in March and April. For more details about the housing selection process, visit the Residential Services website.

There are many benefits to living on campus, including proximity to friends, gyms, the library, class, and more. Free laundry, cable TV, maintenance, and endless opportunities for social engagement are additional perks. Perhaps even more important for students' college experience are the opportunities for faculty engagement, academic programming, and academic support in all residential spaces, including traditional residence halls. Campus is truly Where College Happens.

Housing Master Plan Renovation Updates

560 Lincoln, the first of five new residence halls in Northwestern's Housing Master Plan, broke ground in November and is currently under construction on the north side of campus. Crews put up fencing around the site and are working on laying the groundwork for the building. Progress can be viewed in real time by watching the live video webcam. Recently, a second site was identified to build a new residence hall. Located east of 1835 Hinman and north of Jones Residential College, 1830 Sheridan is scheduled to open for fall 2019.

Other construction projects currently underway include the renovation of Goodrich House, 1838 Chicago (formerly home to Public Affairs Residential College or PARC), and Shepard Hall (formerly home to Shepard Residential College). These buildings are closed for the academic year, but are on track to reopen for fall 2016. Shepard Residential College and PARC are now permanently housed in the newly renovated South Mid-Quad and North Mid-Quad buildings.

Significant improvements to Goodrich House, 1838 Chicago, and Shepard include:

- Demolishing closed-in spaces to open up room for flexible community spaces such as:
  - Performance spaces
  - Quiet study rooms
  - Pantry space
  - Lecture seating
  - Computer rooms
  - Office areas
  - Tutoring spaces
- Replacing flooring, fixtures, paint and furniture in all bedrooms and corridors
- Renovating all bathroom spaces
- Air conditioning
- Accessible entrances
- Creating accessible 2-bedroom, 1-bath suites on the first floor of all buildings
- Building two new faculty apartments in Shepard Hall and Goodrich House with bedroom, study, kitchen and living areas in the basement

These extensive renovations will create multifunctional campus spaces that integrate social and academic venues while preserving green spaces. These vital campus spaces will continue to be improved over the next ten years as part of the Housing Master Plan and will help enrich the entire residential experience.

Visit the Residential Services website for the latest on the Housing Master Plan.
RAI Brings Academic Support into the Residence Halls

All students who live on campus benefit from an ever-growing array of programs to enhance their Northwestern education. The Office of Residential Academic Initiatives collaborates with campus partners to bring students academic guidance and support where they want it and when they need it. In addition to our ongoing programs, we are introducing a few new initiatives this quarter. Learn more about the programs offered below:

Ongoing/Quarterly Programs

• Math, chemistry, and physics tutoring: Experienced undergraduate peer tutors are available in the Math, Chemistry, and Physics Resource Rooms, which offer a residential satellite location on Sundays and Wednesdays. Students can drop in for help with assignments or study help.

• Weekly Peer-Led Undergraduate Study (PLUS): Drop-in study sessions every Sunday (starting in week five) for large introductory courses. Experienced peer leaders are available to help with course questions or writing projects. Students can drop by for solo-study time, group work, or one-on-one assistance, while fueling up with free snacks and drinks.

• Math exam review study tables: Staff from introductory calculus courses help students prepare for their exams over a free Sunday brunch.

New this Quarter

• LinkedIn workshops: A series of workshops in residential settings designed to help students better manage their LinkedIn profiles, led by Northwestern Career Advancement staff members. Student Affairs Marketing will take free profile headshots for students who attend!

• Language tables: Students can stop by new language tables in Allison dining hall throughout the quarter to improve language skills and meet new people. This new program is a collaboration with the faculty members in the Buffett Institute’s Forum for Languages and Cultures.

• Office of Undergraduate Research workshops: A variety of workshops and info sessions are being held to help undergraduate students prepare for possible research opportunities and learn about developing and funding their independent projects.

Other campus-wide initiatives include pre-med advising in residential spaces, “Coming Soon to a Classroom Near You,” and final exam late night breakfasts. To learn more about these various residential academic support opportunities, visit the Residential Services website.
THE OFF-CAMPUS LIFE OFFICE

The Off-Campus Life office would like to wish all parents and families a Happy New Year. Off-Campus Life is the first point of contact for students moving and living off campus. We provide students with city and university resources and information about managing their affairs off campus.

The Associated Student Government will be holding a Housing Fair on Monday, February 8, from 1:00 p.m. to 4:00 p.m. at the Norris University Center. Landlords, furniture companies, city housing officials, and the Off-Campus Life staff will be present to answer questions regarding off-campus living. Please encourage your students to join us if they are considering moving off campus.

As winter chills and snow continue throughout this season, we would also like to remind your students that every rental building owner or operator that furnishes heat for tenants is required to maintain the room temperature at or above 68°F (20°C) between September 15 and June 1. Temperatures must be taken 3 feet from an exterior wall and 3 feet above the floor. If your student living off campus is experiencing cold conditions, please have them contact the City’s Building and Inspections Services Division, 311, or (847) 448-4311 during business hours of 8:00 a.m. to 5:00 p.m. Monday through Friday.

To assist your student in moving off campus, Off-Campus Life has created a series of step-by-step, downloadable guides based on common situations that Northwestern students may face as they start to think about moving out. These “how to” guides have been designed to give students a brief overview. However, for more detailed information about student rights, responsibilities, and the many resources provided by the municipalities of Evanston, Chicago-metro, and Northwestern, please refer to Off-Campus Life’s website.

If you have any questions or would like more information about off-campus living, please don’t hesitate to contact us at Off-Campus Life at offcampuslife@northwestern.edu or (847) 491-8430.
Students Take on Sustainability Challenges on Campus and Beyond

Northwestern students are involved in promoting more environmentally sustainable practices both individually and through student organizations. Here are the stories of some recent student efforts on campus and beyond:

Taking on Plastic Waste – Megan Renner (MEAS 2016)

Pura Playa is a project of the student group Engineers for a Sustainable World. The project aims to reduce plastic waste in our community. This fall, Pura Playa has continued our efforts to increase awareness of issues related to waste and recycling. We established a partnership with the Athletic Sustainability Committee, held a speaking event with residential hall GREEN House, and hosted multiple events at which we educated students about bottled water while giving away reusable water bottles.

One of our proudest accomplishments this year has been aiding in the process of phasing out bottled water at Northwestern. The Norris C-store has reduced its stock of bottled water by 50 percent, and we expect Norris to eliminate the sale of bottled water by the end of the academic year. We are currently building a bottled water display that will serve as an art piece and a reminder to students to reduce, reuse, and recycle.
Promoting Sustainable Food – Miranda Cawley (Medill 2016)

Real Food at NU is a student-led campaign aimed at shifting Northwestern’s food system toward more socially just and environmentally sustainable food, or “real food.” Real Food at NU administers the working group charged with helping Northwestern reach its 20 percent real food goal by 2020. As a part of this effort, the University recently began to source all of our produce from the Midwest Foods co-op, increasing our percentage of locally produced food.

This year we are also working to help students make informed choices by reading and understanding food labels. We held an event with Spoon Magazine at which we prepared and served meals with food that was past the shelf life on the labels, but still safe to eat. We filmed students’ reactions as we told them the food was expired, and educated them about food waste and the true meaning of food labels. At the end of the quarter, we plan to host a panel to further educate students about food labels.

Participating in Global Events – Christina Cilento (SESP 2017)

In December, I traveled to Paris to attend the UN’s climate change conference as a student journalist. I was one of three Northwestern students at the negotiations: my friends Scott Brown and Miranda Cawley filmed a documentary about Malaysian activists, which will be screened on campus in the spring. We spent our time talking to diplomats, students and community organizers, and eating dozens of crepes. We were thrilled to be at the negotiations and see the political process unfold.

I think the most inspirational part was seeing the power of the people who had come to Paris to pressure politicians for a strong climate agreement. As environmental activists on campus, we recognized the importance of community action and loved connecting with thousands of other students and activists. While I was overjoyed to be at the negotiations, I did leave Paris a bit underwhelmed at the agreement that came out of it. I believe stronger action needs to be taken to address climate change. I see student activism as a key influencer in pushing our leaders to make lasting change at Northwestern and beyond.
The following day, Karina Walters, a member of the Choctaw Nation of Oklahoma, spoke on *Living Relations: Dynamics in Cultivating Well-Being in Native Communities*. Walters is the Associate Dean for Research at the University of Washington School of Social Work and founder of the university-wide interdisciplinary Indigenous Wellness Research Institution. Presented by the Edith Kreeger Wolf Endowment in Weinberg College, both events were well attended by students, staff, faculty and members of the community.

The following week, Northwestern’s School of Education and Social Policy Research Assistant Professor Kai Orton (Inupiat, Nez Perce, and Canadian American) gave a talk on *Translating Nakinngaaqpit: Where are you from?* She reflected on the stories of Inuipiat and Nimiipuit elders that helped her to understand where the parts of ourselves come from and how they never leave us. The audience was captivated by Orton’s rich storytelling. After her presentation, she encouraged members of the audience to share their own histories and stories.

**STUDENT ENRICHMENT SERVICES**

As one of the newest programs in the Department of Student Affairs, Student Enrichment Services (SES) is making great strides as it finishes its inaugural year on campus. SES offers a home for students who come from low-income families and/or are first-generation college students. The main goal of SES is to work comprehensively with students to enhance their academic success, personal development, and professional growth.

Over the past year, Kourtney Cockrell, Director of SES, was focused on raising awareness for the low-income and first generation community on campus while providing support and information to help students access critical resources. SES now offers a laptop loaner program, gives students free access to normally expensive winter gear, offers a peer mentorship program, and provides emergency funds to support students who incur unexpected costs due to emergencies such as illnesses, theft, or need for temporary housing.

Cockrell has many goals for SES as it continues to grow and develop. She hopes to soon provide financial literacy and financial wellness programing, as well as offer career development specific to low-income and first-generation students through a partnership with Northwestern Career Advancement. She is also working on scaling up staff so that SES can have a greater impact, and aims to shift the Northwestern culture to be truly inclusive around the first-generation and low-income experience.

Cockrell encourages families to fill out their FAFSA applications this month, and emphasizes that Illinois families should apply early in order to gain priority access to the Illinois Monetary Award Program (MAP Grant). Be on the look out for great things coming out of SES and, if you qualify for its services, make sure to take advantage of all the wonderful opportunities the office can offer.
Winter in Evanston has been described as a “character builder.” We have definitely experienced that this winter, and Sheil Catholic Center has provided various opportunities for students to grow in character and spirituality. Over winter break, some of our students went on a 10-day mission trip to Nicaragua to work with the Fabretto Foundation, and others participated in an almost-silent retreat and lived the life of Cistercian monks for two days, including getting up at 3:30 in the morning for prayer. You may not know that the Sheil Catholic Center does not close during breaks. On Christmas Eve, we welcomed our regular families, several alumni, and quite a few students who live in the area to the three masses. Father Kevin and our downtown campus minister accompanied the football team to the Outback Bowl and presided at mass with the team and the alumni who were in Florida.

When winter quarter started, we were ready for students, offering mini-seminars in the Sacramental Life and the Theology of Good and Evil, as well as the usual social events, movie nights, and prayer opportunities like Taize Prayer and Adoration. With the start of Lent, the ever-popular Fish Frydays begin, and we will welcome between 60 and 100 students and friends for fried fish, tater tots, mac and cheese, and salad. In keeping with the Jubilee Year of Mercy, we will also encourage students to practice one of the corporal or spiritual works of mercy each week. Please remember, parents are always welcome to visit and share in Catholic life at Northwestern.
Wildcats Around the World
This year, Northwestern Hillel launched the Northwestern Israel Leadership Initiative (NILI), a group of 13 fellows who committed to a year of learning and personal growth to inspire and enable them to understand, appreciate, and support Israel more deeply on the college campus and beyond. Over winter break, the fellows traveled to Israel with Executive Director Michael Simon to participate in the Hartman Institute’s iEngage Student Seminar, where they joined 80 students from six other universities exploring a values-based approach to the complexity of Israel through the guidance of world-class scholars and practitioners. Prior to arriving at Hartman, the NILI fellows participated in a four-day retreat in the Negev desert where they explored their Jewish identity and got to know each other more deeply.

During winter break, nearly 30 Northwestern students also traveled to Israel with Campus Rabbi Brandon Bernstein and Israel Fellow Simcha Masala for a free ten-day trip with Taglit-Birthright. The students traversed the Golan Heights and danced in Jerusalem, floated in the Dead Sea and climbed Masada. After exploring the ancient city of Jerusalem, the students slept in the tents of Kfar HaNokdim in the desert, where they were treated to Bedouin hospitality and delicious food, and woke up to camel rides! Other highlights from the trip included a visit to the Israel Sports Center for the Disabled in Ramat Gan, where the tour included an opportunity for many students to try basketball in wheelchairs.

Winter Quarter, Already On a Roll!
The first week back from winter break, Hillel Exec launched its first ever buddy program, called JFAM. JFAM was created to help foster community and help students make new friends to explore Chicago, enjoy coming to Shabbat dinner, and grab coffee with. Over 40 new “buddies” and their mentors met for the inaugural event this week and the program has already received great reviews!

We're also thrilled to have just celebrated the 5th Annual Abel & Judy Friedman NU Mega-Shabbat dinner that took place on Friday, January 22. Several organizations on campus again united to produce a Shabbat experience that brought together more than 500 members of the Northwestern community. Thank you to everyone that helped make the event possible and the students, faculty, and community members that joined us in this most memorable evening.
ATHLETICS

Wildcats continue Big Ten play

The Northwestern men's and women's basketball teams continue their Big Ten play. The women's team upset #5 Ohio State at Welsh-Ryan Arena on January 14. The men's team is led by sophomore point guard Bryant McIntosh, who is among the conference leaders in points and assists per game. Both programs still have some great home games remaining as they close out Big Ten regular season play, so come on out and support your Wildcats.