# HOW TO BUDGET AND STICK TO IT

### WHY BUDGET

 When you first move off-campus, learning how to manage your money is one of the most important life lessons anyone learns in college and is vital to having a great off-campus student experience

## **HOW TO BEGIN**

- Develop your own system or download a Monthly Budget Spreadsheet from our website
- Check out Northwestern Financial Wellness to learn the basics of credit, managing student loans, and more

#### **EVERY DOLLAR COUNTS**

- Identify your sources of money and how much you have to spend monthly
- Track exactly where your money is going each month. Remember celebration seasons, special occasions, personal purchases
- List essential needs like food costs, rent, transportation, and textbooks
- Set a minimum amount of savings, and how much you will add to it monthly
- Do not buy on impulse, but do allot money for nonessential wants

### WAYS TO SAVE

- Visit the <u>WildCARD website</u> (also in the Map feature of the NUhelp App) to find businesses with student discounts
- Rent or buy used textbooks or e-books using online retailers
- Visit Norris Bookstore and Beck's Book Store
- Check SustainNU, the Salvation Army and other secondhand stores in the area
- Repair, don't replace. Request maintenance from your landlord, depending on your lease
- Purchase tools and follow YouTube/general tutorials, or ask handy friends
- Purchase or sell items from cookware to furniture to clothes using the NU Free and For Sale Facebook group
- Take advantage of free campus entertainment. Check out the PlanItPurple and Arts Circle calendars

#### WAYS TO EARN

- Apply for work-study jobs at the <u>NU library</u>, Norris Center, NU Dining and many others
- Check out Job Search resources at **NU Career Advancement**
- Volunteer for research studies that pay per hour

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