

norris mini courses

**Registration Starts
August 26th**

**Register by
September 16th
and SAVE \$10**

**Take a Mini
Course and Learn
Something New**



**Fall
2024**

Northwestern | STUDENT AFFAIRS
Norris University Center

COURSE CALENDAR

ONE DAY WORKSHOPS

MONDAYS

6:00 - 8:00 p.m.	Sweater Weather Buttons Workshop	November 11 th
6:00 - 8:00 p.m.	Best of Modern Cocktail	October 21 st
6:00 - 8:00 p.m.	Food and Wine Pairing	October 14 th

TUESDAYS

6:00 - 8:00 p.m.	Seasonal and Holiday Ornament Workshop	November 12 th
6:00 - 7:30 p.m.	Food and Wine Pairing	November 5 th

SATURDAYS

1:00 - 4:00 p.m.	Beginning Cross-Stitching	October 26 th
11:00 a.m. - 1:00 p.m.	Wheel Throwing One Day Workshop	October 12 th , 26 th , and November 9 th

MULTI-SESSION COURSES

MONDAYS

6:00 - 8:00 p.m.	A Creative Approach to Watercolor	October 7 th - November 11 th
5:30 - 8:00 p.m.	Wheel Throwing I (Beginner) - A	September 30 th - November 4 th
6:00 - 7:30 p.m.	Introduction to Contemporary Dance	October 7 th - November 11 th
6:00 - 8:00 p.m.	American Sign Language I (Beginner) - online course	September 30 th - November 18 th
6:00 - 8:00 p.m.	Financial Literacy	October 7 th - November 18 th
6:30 - 8:00 p.m.	Introduction to Live Sound	October 7 th - November 11 th

TUESDAYS

6:00 - 7:30 p.m.	Pocket Billiards for Beginners	October 8 th - November 12 th
6:00 - 8:00 p.m.	Introduction to Ceramic Jewelry	October 1 st - November 5 th
6:00 - 8:00 p.m.	Learn to Play Ancient Board Games	October 8 th - November 12 th
6:00 - 8:00 p.m.	Introduction to Digital Drawing	October 8 th - November 12 th

WEDNESDAYS

3:00 - 5:30 p.m.	Wheel Throwing I (Beginner) - B	October 2 nd - November 6 th
6:00 - 6:50 p.m.	Introduction to Swing Dancing	October 9 th - November 13 th
6:00 - 8:00 p.m.	Women Self Defense	October 30 th & November 6 th
6:00 - 8:00 p.m.	Crochet for Beginners	October 9 th - November 13 th
6:00 - 8:30 p.m.	Wheel Throwing I (Beginner) - C	October 2 nd - November 6 th
7:00 - 7:50 p.m.	Introduction to Waltz/Polka	October 9 th - November 13 th
7:00 - 8:30 p.m.	Tai Chi	October 9 th - November 13 th

THURSDAYS

3:00 - 5:30 p.m.	Wheel Throwing I (Beginner) - D	October 3 rd - November 7 th
6:00 - 7:30 p.m.	Wine Appreciation	October 10 th - November 7 th
6:00 - 8:00 p.m.	Basic Calligraphy	October 10 th - November 14 th
6:00 - 8:00 p.m.	Public Speaking: How to Speak with Confidence and Impact	October 3 rd - November 7 th
6:00 - 8:30 p.m.	Wheel Throwing II (Intermediate) - A	October 3 rd - November 14 th
7:45 - 9:15 p.m.	Fall Wines	October 10 th - November 7 th

FRIDAYS

3:00 - 5:30 p.m.	Wheel Throwing II (Intermediate) - B	October 4 th - November 15 th
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SATURDAYS

11:00 a.m. - 1:00 p.m.	Coffee How You Like It	October 12 th - November 2 nd
1:00 - 4:00 p.m.	Introduction to Knitting	October 19 th and 26 th

WORKSHOPS

CREATIVE ARTS

Beginning Cross-Stitching

Saturday, October 26th | 1:00 - 4:00 p.m.

Instructor: Rebekah Sigman

Fee: NU \$39, Public \$49

Students will be introduced to the principles of cross-stitching (supplies, technique, and pattern reading) as well as the endless ways this craft can be customized. This workshop will focus on students reading a cross-stitch pattern and completing a cross-stitch project from beginning to end. We will begin the workshop with an overview of cross-stitching and viewing completed projects and end the workshop by introducing students to the process of creating their own patterns.

**Supplies are included.*

Seasonal and Holiday Ornament Workshop

Tuesday, November 12th | 6:00 - 8:00 p.m.

Instructor: Patty Marfise-Patt

Fee: NU \$49, Public \$59

Let's get festive and create one-of-a-kind holiday ornaments and decorations for yourself or as gifts for others. Learn how to transform slabs of clay into beautiful pieces using simple shape cutters.

**Supplies are included.*

Sweater Weather Buttons Workshop

Monday, November 11th | 6:00 - 8:00 p.m.

Instructor: Patty Marfise-Patt

Fee: NU \$49, Public \$59

It is sweater season! Come attend this workshop and make 10 ceramics buttons to use or for gift giving in the holiday season! Buttons can be added as statement accents to clothing or used as jewelry!

**Supplies are included.*

Wheel Throwing One Day Workshop

Sec A: Saturday, October 12th | 11:00 - 1:00 p.m.

Instructor: Chantal Chuba

Sec B: Saturday, October 26th | 11:00 - 1:00 p.m.

Instructor: Patty Marfise-Patt

Section C: Saturday, November 9th | 11:00 - 1:00 p.m.

Instructor: Elizabeth Fowler

Fee: NU \$49, Public \$59

Want to dip your hands in a little clay? Come join us for a two-hour workshop where you'll learn the fundamental steps of throwing. Participants will get to throw as much as they can, but will only be choosing one piece to keep. Participants will get to choose from 4 different glaze colors to match their perfect creation. Projects will be available for pick up two weeks from the workshop's completion. No experience is required!

**Supplies are included.*

DRINKS

Cocktails and Cupcakes

Monday, October 21st | 6:00 - 8:00 p.m.

Instructor: Lexi McKean

Fee: NU \$49, Public \$59

Learn 3 easy-to-make classic cocktails like the French 75 and a Margarita, and pair them with some sweet cupcakes.

**You must be 21 and over to enroll in this course.*

Food and Wine Pairing

Wednesday, October 14th | 6:00 - 8:00 p.m.

Instructor: Lexi McKean

Fee: NU \$49, Public \$59

Come and enjoy a guided wine tasting by pairing whites and reds with cheese and chocolates.

**You must be 21 and over to enroll in this course.*

Rare American Whiskey Seminar

Tuesday, November 5th | 6:00 - 7:30 p.m.

Instructor: Mark Gruber

Fee: NU \$49, Public \$59

The Whiskey Seminar, a limited one-time workshop will cover several of the world's great whiskeys: Bourbon, Rye, and Single Malt Scotch. The history, personalities and lore, distillation, and aging will be discussed. Cocktail recipes will be shared. Tasting samples of each whiskey will be available for attendees.



CREATIVE ARTS

All supplies included

A Creative Approach to Watercolor

Mondays, October 7th – November 11th | 6:00 - 8:00 p.m.

Instructor: Ingrid Albrecht

Fee: NU \$139, Public \$149

Have you ever wanted to create a dramatic painting in watercolor? Then this is the course for you! For 6 weeks, Ingrid will guide participants through basic learning steps of brush control, various washes, color theory, the importance of value (those light and dark shapes), and creating exciting shapes not boring ones. Added to this list are some special tips that Ingrid will share to bring excitement to watercolor painting. There will be no fear of the blank paper and students will wish that the course was longer. At the end of each session, the participants learn from each other during a class critique.

Basic Calligraphy

Thursdays, October 10th – November 14th | 6:00 - 8:00 p.m.

Instructor: Ujvala Gujar

Fee: NU \$89, Public \$99

Interested in creating your own one of a kind jewelry? Come spend six weeks learning the basics of working with porcelain to create earrings and pendants! Create your individualized plan and see your plan come to life!
*Supplies are included.

Crochet for Beginners

Wednesdays, October 9th – November 13th | 6:00 - 8:00 p.m.

Instructor: Ujvala Gujar

Fee: NU \$89, Public \$99

Crochet for Beginners will introduce you to the basic crochet stitches and their chart symbols. You will learn how to work both flat and in the round, providing you with a good foundation for future projects. Participants will leave the course with 1 - 2 completed projects. No experience is required.

Introduction to Digital Drawing

Tuesdays, October 8th - November 12th | 6:00 - 8:00 p.m.

Instructor: Robert Apolinar

Fee: NU \$69, Public \$79

An introduction into Digital Art. We will cover different topics from the different kinds of software/apps to the kinds of tablets/styluses used in making digital art. We will cover how to open a new file, what are layers, what are the kinds of brushes, how to save your work. You are required to bring your own digital drawing device and stylus

Introduction to Knitting

Saturdays, October 19th and October 26th | 1:00 - 4:00 p.m.

Instructor: Anne Howard

Fee: NU \$69, Public \$79

Knitting is a calming, creative, and portable art that lets you design things in just the right color and size. If you'd like to make useful handmade items while you watch tv, ride the bus, or listen to a lecture; if you need a creative outlet; or if you're looking for a meditative daily activity, then knitting is for you. In this two-session class, students will learn the four basic elements of knitting (plus a few extras) and will learn how to choose a pattern and yarn for their first project.

Introduction to Ceramic Jewelry

Tuesdays, October 1st – November 5th | 6:00 - 8:00 p.m.

Instructor: Patty Marfise-Patt

Fee: NU \$139, Public \$149

Interested in creating your own one of a kind jewelry? Come spend six weeks learning the basics of working with porcelain to create earrings and pendants! Create your individualized plan and see your plan come to life!

Wheel Throwing I (Beginner)

Sec A: Mondays, September 30th – November 4th | 5:30 - 8:00 p.m.

Instructor: Patty Marfise-Patt

Sec B: Wednesdays, October 2nd – November 6th | 3:00 - 5:30 p.m.

Instructor: Elizabeth Fowler

Sec C: Wednesdays, October 2nd – November 6th | 6:00 - 8:30 p.m.

Instructor: Elizabeth Fowler

Sec D: Thursdays, October 3rd – November 7th | 3:00 - 5:30 p.m.

Instructor: Chantal Chuba

Fee: NU \$139, Public \$149

Students will be introduced to the basic principles of making functional ceramic art. In this course, students will begin with the process of wheel throwing with detailed instruction on how to throw a cylinder, bowl, and much more. The kinesthetic process of pottery will be explored through developing technical skills on the wheel as well as understanding the function of various forms developed throughout the history of ceramics. Learn how to make functional work that you can use at home as foodware for yourself, friends, or family. This course is for students who have never worked with clay before and is the perfect introduction to wheel throwing.

Wheel Throwing II (Intermediate)

Sec A: Thursdays, October 3rd – November 14th | 6:00 - 8:30 p.m.

Instructor: Tomoyasu Nakano

Sec B: Fridays, October 4th – November 15th | 3:00 - 5:30 p.m.

Instructor: Chantal Chuba

Fee: NU \$149, Public \$159

Wheel Throwing II is for students who have completed at least one wheel throwing course in the past. In this course, Students will learn how to throw a large range of functional work and explore complex ways of decorating and glazing. From mugs and bowls, to large vases, plates, and coffee pour-overs, this course is perfect for those who are looking to improve their throwing techniques and aesthetics. This course aims to improve the student's confidence in their abilities and to connect the larger community within the studio.

**Prerequisites: have taken a beginner's wheel throwing class*



DRINKS

Coffee How You Like It

Saturdays, October 12th - November 2nd (4 sessions) | 11:00 a.m. - 1:00 p.m.

Instructor: Bradley Davey

Fee: NU \$89, Public \$99

In this course we will, first and foremost, drink a lot of coffee! Our goal is to help you develop preferences for coffee. To do that, we have to drink coffee! We'll consider questions like: What country of origin do I prefer? What flavors do I prefer? How can I prepare coffee to meet my preferences? This last question is where we will spend most of our time. Beginning on day 1 we'll sample different brewing methods. And we'll experiment with them to bring out different flavors in coffee. We'll then learn to manipulate a few key variables to produce cups of coffee that are perfect for our preferences. Along the way we'll learn a little about the history of coffee, explore where coffee is grown, and how it is processed. But our central tasks will be these: to brew and drink lots of coffee to develop and meet preferences

Wine Appreciation*

Thursdays, October 10th - November 7th | 6:00 - 7:30 p.m.

Instructor: Mark Gruber

Fee: NU \$139, Public \$149

Welcome to the world of wine appreciation! Whether you're a novice or a seasoned enthusiast, there's always something new to explore in the realm of wine. In this lecture-based series, students will learn the art of tasting and describing wines with professional finesse. Each session delves into the regions of California, France, and the Southern Hemisphere, highlighting both renowned and emerging wines. The program culminates in a special evening dedicated to sparkling and dessert wines, providing a delightful conclusion to the five-week journey.

**You must be 21 and over to enroll in this course.*

Fall Wines*

Thursdays, October 10th - November 7th | 7:45 - 9:15 p.m.

Instructor: Mark Gruber

Fee: NU \$139, Public \$149

A smaller class which will concentrate on wines for enjoyment in the autumn and during the holidays. Students will learn about wines by tasting and discussing grape varieties, vintages, wine storage, and wine and food complements. The course comes with a complimentary sampling of the wines.

**Bring two (2) wine glasses to each class. We do not provide or store your wine glasses.*

***You must be 21 and over to enroll in this course.*

LANGUAGE

American Sign Language I (Beginner) - online course

Mondays, September 30th - November 18th | 6:00 - 8:00 p.m.

Instructor: Peter Wujcik

Fee: NU \$89, Public \$99

This course introduces the basics of American Sign Language. American Sign Language (ASL) is quickly becoming one of the most widely used languages in the United States. This class will explore basic sign vocabulary and basic grammatical structures such as English to ASL and ASL to English. This class will cover basic Sign Language and a basic introduction to the world of Deaf Cultures.



MOVEMENT

Introduction to Contemporary Dance

Mondays, October 7th – November 11th | 6:00 - 7:30 p.m.

Instructor: Grace Phillion

Fee: NU \$69, Public \$79

Come explore creative movement styles and find your own expression through dance! This class is geared towards beginners who want to find new ways of moving and expressing themselves. Students should be prepared to move on the floor and can wear whatever they feel comfortable dancing in.

Introduction to Waltz/Polka

Wednesdays, October 9th – November 13th | 7:00 - 7:50 p.m.

Instructor: Cate Curtis

Fee: NU \$59, Public \$69

Once known as a scandalous dance, in 1853 Blackwood's Magazine complained about the waltz, writing that "No father of a family...can rejoice in seeing his daughter's waist spanned by the arm of some deboshed dragoon." In this class, you will be introduced to the history and basics of waltz/polka. We will focus on partner dancing, with an emphasis on the social aspects of the dance. By the end of the course, you will be able to recognize 3/4 timing and perform the essential steps of waltz/polka with a partner. All levels are welcome and no dance experience or partner is required.

Introduction to Swing Dancing

Wednesdays, October 9th – November 13th | 6:00 - 6:50 p.m.

Instructor: Cate Curtis

Fee: NU \$59, Public \$69

Since its earliest beginnings in 1920s Harlem, swing has been a popular social dance known for its energetic movement and upbeat tempos. This class will introduce you to the history and basic movements of swing dance. We will focus on both solo and partner dancing, with an emphasis on the social aspects of the dance. By the end of the course you will be able to identify swing music, execute swing's rhythmic steps, and dance with a partner. All levels are welcome and no dance experience is required.

Sensual Movement Series (Choreo, Chair, Twerk and Heels)

Monday, October 7th - November 11th (6 sessions, no class on October 28th) | 7:30 - 9:00 p.m.

Instructor: Brittany Jenkins

Fee: NU \$69, Public \$79

The sensual series is designed to get students into their bodies and out of their heads! It's a fun way to exercise, increase body awareness, learn a new set of dance skills (no previous experience required), and embrace the beauty of sensual movement! This is an all-gender format with so many fun ways to get moving including learning the basics of sensual dance, choreography, some twerking, optional heels, and chair dance. It's open and accessible to everyone!

Tai Chi

Wednesdays, October 9th – November 13th | 7:00 - 8:30 p.m.

Instructor: Inna Melnikov

Fee: NU \$69, Public \$79

Come learn Tai Chi, a non-combat martial art, that helps cultivate mental focus and builds protective energy. This course will introduce the skills and philosophy of ancient Chinese martial arts. This traditional spiritual and physical practice cultivates spirit, energy, physical and mental strength, focus, and memory. Great ideas have an opportunity to emerge during the calm meditative state it provides. Join the Tai Qi class conducted by the Doctor of Acupuncture and Chinese Medicine Inna Melnikov, who has taught Tai Qi at Norris for over 15 years.

Women Self Defense

Wednesday, October 30th & November 6th | 6:00 - 8:00 p.m.

Instructor: Margaret Lo

Fee: NU \$39, Public \$49

Students will learn basic self-defense techniques in an encouraging environment. Instructor Margaret Lo is a Shotokan karate instructor with many years of experience who is also certified to teach self-defense by RAD Systems, <http://rad-systems.com/>. The classes will address the psychological underpinnings of self-defense as well as basic escapes and strikes.



SPECIAL INTEREST

Learn to Play Ancient Board Games

Tuesdays, October 8th - November 12th | 6:00 - 8:00 p.m.

Instructor: Nicholas Winters

Fee: NU \$79, Public \$89

Learn to play games that are thousands of years old! In this course, we will learn the rules, strategies, and gameplay of ancient board games from Egypt, Greece, Rome, India, and Mesopotamia. We will play the games in class, and even learn to make our own game boards! In the short lecture portions of the course, we will discuss the history of board games and how ancient games have been recovered and reconstructed, as well as some basics of game theory.

Pocket Billiards for Beginners

Tuesdays, October 8th - November 12th | 6:00 - 7:30 p.m.

Instructor: Larry Schwartz

Fee: NU \$69, Public \$79

These lessons are tailored to players who range from beginner level to advanced. You will learn topics ranging from mastering fundamentals to difficult shots and game strategies.

Financial Literacy

Mondays, October 7th - November 18th, & Thursday, October 4th (no class October 14th and 21st) | 6:00 - 8:00 p.m.

Instructor: Andy Pasternak

Fee: NU \$69, Public \$79

Back by popular demand! Understanding how to manage your personal finances is critical for achieving your life goals, attaining financial security, and providing the flexibility over time to pursue your dreams. There is no better time than early in adulthood to learn about personal finance and to begin deploying these lessons in your financial life. This 6 week course covers topics such as compensation, taxes, budgeting, credit, insurance and investing and will involve a mix of presentation, group exercises and guest speakers. Come start your personal financial literacy journey now! Given weekday evening class schedule, pizza dinner will be provided.

Introduction to Live Sound

Monday, October 7th - November 11th | 5:30 - 8:30 p.m.

Instructor: Anthony Smith

Fee: NU \$69, Public \$79

Understanding live sound and event technology is a valuable tool for those living in the world of performance theater. Take a Mini Course and learn the basic principles of operating sound event technology. The course will teach students how to set up a speaker system and understand the basic principles of acoustics, and electricity management within all aspects of events. This course is ideal for students involved with theater and performance arts. Please note that the final hour of class is intended for hands-on practice with equipment. Students may leave early if needed.

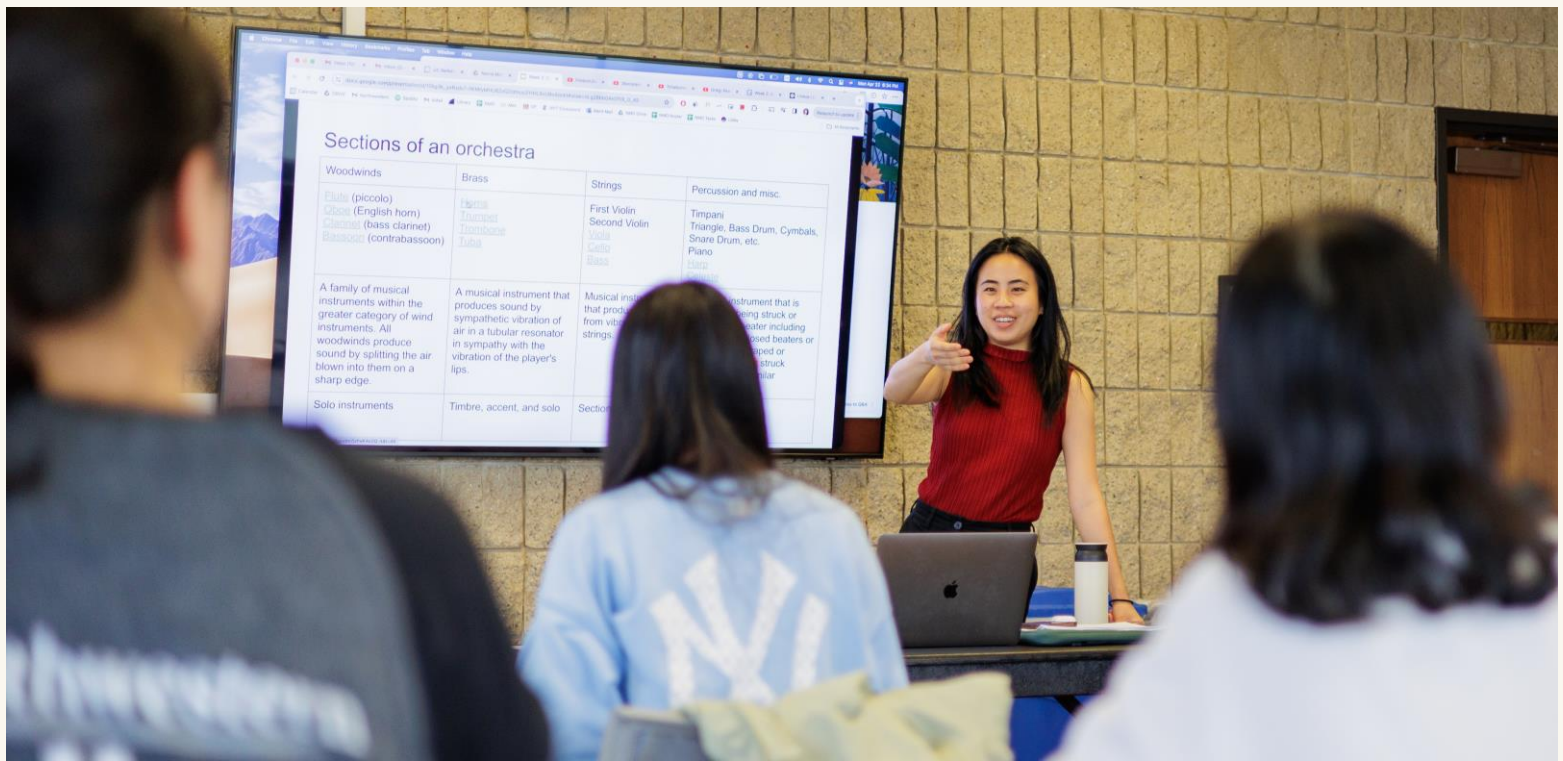
Public Speaking: How to Speak with Confidence and Impact

Thursdays, October 3rd - November 7th | 6:00 - 8:00 p.m.

Instructor: Tom Rosenak

Fee: NU \$69, Public \$79

In this class, we will learn how to develop the skills and the confidence needed to make clear, professional, and persuasive presentations to audiences of any size. In addition to the emphasis on physical delivery skills, other important topics include analyzing the audience, organizing the content, using visuals to support the message, and handling questions and objections. Some topics covered include organizing your thoughts for persuasion, audience analysis, physical delivery skills congruent to your style and message, detractors and enhancers, delivering effective presentations, physical delivery skills, and overcoming resistance and Q&A.



SUBSIDY SUPPORT

Applications for subsidies are **open on Monday, February 19th**. If you are seeking a spot and/or subsidy for one of the ceramics courses, please submit your application no later than 9am on Friday, February 23rd. Your application will be reviewed and notified before registration opens on Monday, February 26th

The Norris Mini Course subsidy program is designed to provide financial aid to those who are interested in enrolling but are facing financial barriers. Anyone interested in enrolling in a Norris Mini Course may apply to the subsidy program.

Subsidies are given from \$10 - \$30 and Mini Courses does not require any proof of income in order to qualify for one. We have a finite funding course, so we rely on an honor system to ensure that funding is granted to those who need it.

If you are approved for one, the subsidy is applied to the registration fee on an unregistered course. Subsidies are not given on courses that students have registered for and are requesting a subsidy portion refund.

Limitations

Subsidies may not be used towards 1 Session Courses and any Drink courses

Subsidies are not granted to students who have already registered for a course

Subsidies may not be used in combination with any other discount

Subsidy, if approved, is good for 1 course per person per quarter

Withdrawal and Refund

Withdrawal fees and policies are applicable on all subsidy assistance registrations

How to Apply

Undergraduate, Graduate, and Professional Students – [SES One Form](#)

1. The SES One Form is a two-step process.
2. Complete the Basic Profile.
3. Complete the Mini Courses Subsidy Fund application.

Faculty, staff, and community members – [Click here for the online application](#)

If you are granted a subsidy, you are responsible for registering for the course. Please email minicourses@u.northwestern.edu if you have any questions.

WITHDRAWAL AND REFUNDS POLICY

- Withdrawal and Refund policy applies to both multi-session and 1-2 session courses.
- No fees will be charged if you request a refund within 24 hours of your purchase. You must submit the online refund request form within 24 hours of your purchase. We will request that you purchase the \$5.00 convenience fee if it is beyond the 24 hours.
- All courses and workshops require a 5-business day notice before the start of the course for a full refund. This means that if your course is scheduled on Wednesday, you must submit the online refund request form the Wednesday before the start of the course.
 1. To request a full refund, both steps must be completed. It may take up to 10 business days for the money to return to your account.
 1. The completion of the online refund request form
 2. The purchase of the \$5.00 convenience fee. (only if the request form is submitted after 24 hours)
- If your request for a refund does not meet the 5-business day requirement, no refund will be given. If you purchased the \$5.00 convenience fee, that fee WILL NOT be refunded.
- The Mini Courses Program does not issue full or partial refunds for lack of attendance or indifference to the course curriculum.

VACCINATION AND MASKING POLICY

All Northwestern members must follow [Northwestern's vaccination's requirements](#).

Community members will need to provide proof of vaccination if attending an in-person class.

All in-person students must follow [Northwestern's face coverings and masking policy](#).