Mini Courses
Winter 2022 Brochure
Take a Mini Course and Learn Something New

Early Registration:
Nov 22nd - Dec 26th
($10 off regular fees for multiple session courses only)

Regular Registration:
December 27th – January 16th

Register online:
www.nbo.universitytickets.com

minicourses.northwestern.edu
minicourses@u.northwestern.edu
@minicourses_nu
minicourses
# Course Overview

## Workshops

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Creative Arts

Basic Sewing — Cloth Face Mask
Saturday, Jan 22nd | 1:00 - 4:00 p.m.
Instructor: Adam Lazar
Registration: NU $37, Public $47

Protect yourself and others with a washable and reusable cloth mask that you sew yourself! In this class, you’ll learn to cut fabric from pattern pieces, combine multiple pieces to form the project, and add elastic to complete the piece. You’ll leave this class with a completed mask and the knowledge to start and complete your own projects independently.

Basic Sewing — Triangle Zippered Pouch
Saturday, Jan 29th | 1:00 - 4:00 p.m.
Instructor: Adam Lazar
Registration: NU $37, Public $47

How do you sew a pouch into a triangle? Join us and we’ll find out! Create a fun and unique zippered pouch to use as a gift, to hide sweet treats in, or to keep your essentials organized! In this workshop, we’ll learn how to sew a zipper with stops, add binding to hide raw edges, and create a handle. You’ll leave this class with a completed tote and the knowledge to start and complete your own projects independently.

Basic Sewing — Shopping Tote
Saturday, Feb 5th | 1:00 - 4:00 p.m.
Instructor: Adam Lazar
Registration: NU $37, Public $47

Stash your stuff in style with a tote that you sew yourself! Develop important skills such as threading the sewing machine, choosing the right stitch and needle for your fabric and plenty of tips and tricks to make your sewing project fun and successful. You’ll leave this class with a completed tote and the knowledge to start and complete your own projects independently.

Knitting I (Beginner)
Saturday, Jan 29th | 1:00 - 4:00 p.m.
Instructor: Anne Howard
Registration: NU $37, Public $47

Pick up a meditative and creative hobby in just three hours! Learn the basics of knitting and develop a pattern for your first project. Appropriate for all ages.

Knitting II (Intermediate)
Saturday, Feb 12th | 1:00 - 4:00 p.m.
Instructor: Anne Howard
Registration: NU $37, Public $47

After reviewing knitting basics, learn how to combine knitting and purling to follow patterns and complete projects. For students who have completed Basic Knitting 1 or who already know the knit stitch. This class is for all ages.

Wheel Throwing Date Night
Sec A: Saturday, Jan 29th | 4:00 - 6:00 p.m.
Sec B: Saturday, Feb 5th | 4:00 - 6:00 p.m.
Sec C: Saturday, Feb 12th | 4:00 - 6:00 p.m.
Instructor: Sylvia Tan
Registration: NU $47, Public $57

Come to learn how to throw on a wheel with a friend or a significant other. Participants will receive instructions from our experienced teachers to make a simple piece of art. Please understand that wheel throwing is a skill that takes months to master; we hope you’ll have fun learning the basics and not get too caught up on leaving with a successful piece. Each person may select a piece to glaze and take home. The two-hour time slot includes a 20 – 30 minute clean-up time at the end of the workshop.

Food and Drinks

Baking Basics — Biscuits Making (virtual)
Wednesday, Jan 26th | 7:00 - 8:30 p.m.
Instructor: Paula Evans
Registration: NU $37, Public $47

Flaky, fluffy and steaming hot, making biscuits from scratch isn’t rocket science (no offense, rocket scientists), but it does involve a little “baking science”. In this workshop, you will learn several types of biscuits, and you’ll be guided through whipping up a batch of your very own.

*Recipes prepared in this course include gluten and dairy and may not be suitable for those who are allergic to these ingredients.
**Special Baking utensil kit is available on loan for use during the class. Email the Mini Course program at minicourses@northwestern.edu to request a kit.
***All students must purchase food ingredients. List will be provided after registering.

Kids Pinch Pot
Saturday, Jan 22nd | 3:00 - 5:30 p.m.
Instructor: Tomoyasu Nakano
Registration: NU $47, Public $57

Is your child searching for something creative to do? Are you stuck inside and losing your mind? Enroll your child in a Mini Course and your child can learn how to make beautiful pinch pots. They will be able to make one pinch pot and decorate it however they would like. With the instruction from our world-class teachers— anything is possible! No experience necessary! Pick from a choice of 3 colors and will glaze your work for you. Projects will be ready 2 weeks after the workshop date.

**Registration closes one day before the workshop date.**
Baking Basics — Scrumptious Scones (virtual)
Wednesday, Feb 9th | 7:00 - 8:30 p.m.
Instructor: Paula Evans
Registration: NU $37, Public $47

In this workshop, you will learn the secrets to making delicious scones from the comfort of your own kitchen. With a great recipe and step-by-step instructions, you’ll be amazed at how easy it is to make scones that rival anything you can buy.

Imagine the aroma of freshly baked blueberry, chocolate chip or bacon, cheddar & scallion scones coming from your own oven. We will explore both sweet and savory flavor options. When the class timer goes off, you’ll have some hot, buttery scones to enjoy then . . . or bake later.

*Recipes prepared in this course include gluten and dairy and may not be suitable for those who are allergic to these ingredients.
**Special Baking utensil kit is available on loan for use during the class. Email the Mini Course program at minicourses@northwestern.edu to request a kit.
***All students must purchase food ingredients. List will be provided after registering.

Teaching Kitchen: Sushi 101
Thursday, Jan 20th | 6:00 - 7:00 p.m.
Instructor: Compass
Regular registration: NU $30, Public $40

Attendees will learn how to prepare ingredients to make sushi. The chef will demonstrate proper techniques for sushi making. Tasting is included.

Teaching Kitchen: Pho and Ramen
Thursday, Feb 17th | 6:00 - 7:00 p.m.
Instructor: Compass
Regular registration: NU $30, Public $40

Warm noodle soup is great for the winter weather. Come and learn how to make a flavorful pho and ramen noodle soup. Tasting is included.

Best of Modern Cocktails*
Sec A: Tuesday, Jan 18th | 8:15 - 10:15 p.m.
Sec B: Tuesday, Jan 25th | 8:15 - 10:15 p.m.
Instructor: Kathleen and Mark Gruber
Registration: NU $47, Public $57

Hosting a cocktail party? Can’t decide what to order at the bar? Mixology masters lead this lecture-style course giving the colorful history of different base liquors. Students will taste the cocktails and observe the demonstrations of barware and mixing techniques. Recipes will be shared with the students and cocktail lore will be sprinkled throughout for a humorous and informative class.

Base Liquors:
Section A: Whiskey and tequila.
Section B: Whiskey, gin, vodka, and rum
*You must be 21 and over to enroll in this course.

Special Interest

Incorporating Native Plants into Your Landscape (virtual)
Tuesday, Feb 15th | 6:00 - 7:00 PM
Instructor: University of Illinois Extension
Registration: Free (courtesy of University of Illinois Extension.)

Join us and learn how to create an eco-friendly garden from Conservation@Home team in Cook County. They will share techniques to transform your landscape into a healthy and sustainable space with a focus on native plant selection as well as good design practices.
Still Lives and Color Theory
Tuesdays, Jan 11th – Feb 15th (6 Sessions) | 6:00 - 8:00 p.m.
Instructor: Stephanie Lupu
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

This course will teach basic drawing techniques using chalk pastels and the application of color, focusing on learning the color wheel and applying skills to still life drawings and creating art that really pops!

Dark Room Photography
Wednesdays, Jan 12th – Feb 16th (6 Sessions) | 6:00 - 8:00 p.m.
Instructor: Craig Neeson
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

This course is designed for newcomers to analog photography who wish to learn basic darkroom techniques, including black & white film development, making contact sheets, and printing with an enlarger. Previous experience with 35mm cameras and darkrooms is not necessary.

Introduction to Sculpture
Tuesdays, Jan 11th – Feb 15th (6 Sessions) | 3:30 - 5:30 p.m.
Instructor: Rachel Ward
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

Have an itch to be creative? Overwhelmed with passion to make? This class is for you. Intro to Sculpture is a Ceramics Course dedicated to teaching students classic handbuilding techniques to sculpt whatever their mind desires. Whether it’s a mug, plate or even a hyper realistic squirrel caricature, this class will help you achieve your wildest sculptural dreams. Students will be learning basic and intermediate handbuilding skills, including but not limited to, Kurinuki, Slab Building, Coiling, and Solid building. Come join us for an afternoon filled with adventure, creativity, and fun.

Wheel Throwing I (Beginner)
Sec A: Mondays, Jan 10th – Feb 21st (6 Sessions, no class on Jan 17th) | 5:30 - 8:00 p.m.
Sec B: Tuesdays, Jan 11th – Feb 15th (6 Sessions) | 5:30 - 8:00 p.m.
Sec C: Wednesdays, Jan 12th – Feb 16th (6 Sessions) | 5:30 - 8:00 p.m.
Instructor: Tomoyasu Nakano
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

Students will be introduced to the basic principles of constructing functional vessels using the wheel and understanding the tactile nature of clay as an art medium. This course will teach students the process of wheel throwing through learning how to wedge clay, how to construct cylinders on the wheel, and using colorants through glazing techniques. The kinesthetic process of pottery will be explored through developing technical skills on the wheel as well as understanding the function of various forms developed throughout the history of ceramics. Learn how to make functional work that you can use at home as foodware for yourself, friends, or family.

Wheel Throwing II (Intermediate)
Thursdays, Jan 13th – Feb 17th (6 Sessions) | 5:30 - 8:00 p.m.
Instructor: Rachel Ward
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

In this course, students will learn to perfect their ceramic techniques through intermediate and advanced tips and tricks. Students will learn how to throw a range of functional work and explore ways of decorating and glazing. Students will be expected to address their work creatively- in hopes to create and sustain a ceramic practice and portfolio. The goal of this course is to bring confidence to budding ceramic artists through strengthening throwing skills and finding community within the studio.
*Prerequisites: have taken a beginner’s wheel throwing class

Exploring Watercolor Monotype
Mondays, Jan 10th – Feb 21st (6 Sessions, no class on January 17th) | 6:00 - 8:00 p.m.
Instructor: Ingrid Albrecht
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

ENERGY, IMPROVISATION, IMPULSE, GESTURE and CHANCE are ALL characteristics of this printing process, as stated by William Jung. During this 6-week class, consisting of 12 hours, participants will learn the Monotype printing process in ink and watercolor using the Additive, Subtractive, and the freestyle processes. Students will also learn how to use the two mediums together for exciting results. This is a popular class that promises a lot of creative FUN and some outstanding results.
Basics

Jan

Ingredients of Baking and Wines

Over the course of six weeks, you will learn baking fundamentals as well as lots of tips and tricks. Working step-by-step with the instructor, you’ll put those skills to use making and baking some delicious treats.

*Baking utensil kit is available on loan for use during the class. Email the Mini Course program at minicourses@northwestern.edu to request a kit.

**All students must purchase food ingredients. List will be provided after registering.

Tai Chi

Wednesdays, Jan 19th – Mar 23rd (6 Sessions) | 7:00 – 8:30 p.m.
Instructor: Inna Melnikov
Regular registration: NU $77, Public $87

Tai Chi is a non-combat martial art, which helps cultivate mental focus, builds the protective energy Qi in your lungs, creating a powerful immune defense against external pathogens. Take this course with Inna Melnikov, Doctor of Acupuncture and Chinese Medicine with over 25 years of experience.

Ballroom Basics (Beginner)

Tuesdays, Jan 25th – Mar 8th (6 Sessions, no class on Feb 22nd) | 6:30 - 8:00 p.m.
Instructor: Millie Rivera
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

The course in the evenings would be an introduction to ballroom dance and would explore the different styles as well as physically demonstrating steps and arm movements which will increase social dancing awareness.

Baking Basics - Cake and Cookies (virtual)

Mondays, Jan 10th – Feb 21st (6 Sessions, no class on Jan 17th) | 7:00 - 8:30 p.m.
Instructor: Paula Evans
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

Do you want to bake from scratch, but don’t know where to start? Or are you a more practiced baker looking to step up your game? Led by an experienced home baker, this virtual course brings the learning experience right into your own kitchen. Over the course of six weeks, you will learn baking fundamentals as well as lots of tips and tricks. Working step-by-step with the instructor, you’ll put those skills to use making and baking some delicious treats.

*Special Baking utensil kit is available on loan for use during the class. Email the Mini Course program at minicourses@northwestern.edu to request a kit.

**All students must purchase food ingredients. List will be provided after registering.

Wine Appreciation*

Sec A: Tuesdays, Jan 18th – Feb 15th (5 Sessions) | 6:30 - 8:00 p.m.
Sec B: Thursdays, Jan 20th – Feb 17th (5 Sessions) | 6:00 - 7:30 p.m.
Sec C: Thursdays, Jan 20th – Feb 17th (5 Sessions) | 7:45 - 9:15 p.m.
Instructor: Kathleen and Mark Gruber
Early Registration: NU $117, Public $127
Regular registration: NU $127, Public $137

Welcome to the world of wine! Whether you’re new to wine or an old hand, there is always something new in the wine world. During each class, students will learn to taste and describe wines just like the professionals. Vinicultural areas in California, France, and the Southern Hemisphere are always featured along with new discoveries. Wine and food matches are heavily emphasized. Finally, a night of sparkling and dessert wines ends the five-week course.

*You must be 21 and over to enroll in this course
American Sign Language (Beginner) (virtual)
Mondays, Jan 10th – Mar 7th (8 Sessions, no class on Jan 17th) | 6:00 - 7:30 p.m.
Instructor: Peter Wujick
Early Registration: NU $77, Public $87
Regular registration: NU $87, Public $97

This course introduces the basics of American Sign Language. American Sign Language (ASL) is quickly becoming one of the most widely used languages in the United States. This class will explore basic sign vocabulary and basic grammatical structures such as English to ASL and ASL to English. This class will cover basic Sign Language and a basic introduction to the world of Deaf Cultures.

English as a Second Language
Thursdays, Jan 20th – Feb 24th (6 Sessions) | 5:30 - 7:00 pm
Instructor: Allison Hahn
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

This multi-level ESL workshop is perfect for people who want English practice. Students will build language skills while talking about food and cooking! We will cover explaining foods in detail, how to share recipes, and talk about restaurants. This is a great opportunity for everyone to share their own experiences!

Arabic I (Beginner)
Mondays, Jan 24th – Feb 28th (6 Sessions) | 5:30 – 7:30 p.m.
Instructor: Maha Amin
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

Learn how the Arabic Language work, with focus on understanding the concept of the language. You will learn topics such as: Introducing yourself in Arabic, understanding how to greet others, order food and drinks, and many other basic things.

Journal Writing
Wednesdays, Jan 19th – Feb 23rd (6 Sessions) | 6:00 - 7:30 p.m.
Instructor: Steven Fischer
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

This course conditions participants to use observation and creative writing to document the times in which we live and how we interpret. We will also look at how storytellers around the world are using video journals to document life in the pandemic while examining famous (and not-so-famous) diaries throughout history including Samuel Pepys, Anne Frank, and Eleanor Coppola.

Applied Acting in Corporate Presentations
Mondays, Jan 24th – Feb 28th (6 Sessions) | 6:00 - 7:30 p.m.
Instructor: Steven Fischer
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

Taught by a multi award-winning film director using acting exercises and improv games to bolster presentation skills in business. Nervous speaking to groups? Have a keynote to present? A sales pitch? We’ll address presence, movement, gesture, and voice to help presentations have impact.

Stage Acting
Thursdays, Jan 20th – Mar 3rd (7 Sessions, last session is a performance for family and friends) | 6:00 – 8:00 p.m.
Instructor: Claudia Kinahan
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

This mixed-level acting workshop is perfect for beginners and more experienced students who would like to develop their acting craft. This six-week course will cover the foundations of stage acting through classes in character and ensemble building, improvisation, and scene study. It will culminate in a public showcase of your work for invited friends and family!

Pocket Billiards for Beginners
Tuesdays, Jan 11th – Feb 15th (6 Sessions) | 6:00 - 7:30 p.m.
Instructor: Larry Schwartz
Early Registration: NU $67, Public $77
Regular registration: NU $77, Public $87

These lessons are tailored to players who range from beginner level to advanced. You will learn topics ranging from mastering fundementals to difficult shots and game strategies. Space is extremely limited in this in person class.