Spring 2022 Brochure
Take a Mini Course and Learn Something New

Early Registration:
March 7th - March 28th
($10 off regular fees.
multiple session courses only)

Regular Registration:
March 29th – two days before
the start of the course

Register online:
www.nbo.universitytickets.com

minicourses@u.northwestern.edu
minicourses.northwestern.edu
minicourses
minicourses_nu
## Course Overview

### Workshops

#### Creative Arts

<table>
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### Workshop Registration Information

- **Mondays** and **Tuesdays** sessions are from 6:00 – 8:00 p.m.
- **Wednesdays** sessions are from 6:00 – 7:00 p.m.
- **Saturdays** sessions are from 10:00 a.m. – 12:00 p.m.
- **Thursdays** sessions are from 3:00 – 5:00 p.m.
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**Note:** Please check the specific dates and times for each workshop to ensure you select the correct one.
Workshops

Creative Arts

Basic Sewing – Pillows
Saturday, April 30th | 1:00 - 4:00 p.m.
Instructor: Adam Lazar
Fee: NU $37, Public $47

Develop important skills such as threading the machine, choosing the right stitch and needle for your fabric, and plenty of other tips and tricks. You’ll leave this class with a completed pillow and the knowledge to start and complete your own projects independently.

Basic Sewing – Shopping Tote
Saturday, May 7th | 1:00 - 4:00 p.m.
Instructor: Adam Lazar
Fee: NU $37, Public $47

Develop important skills such as threading the machine, choosing the right stitch and needle for your fabric, and plenty of other tips and tricks. You’ll leave this class with a completed tote and the knowledge to start and complete your own projects independently.

Basic Sewing - Zippered Pouch
Saturday, May 14th | 1:00 - 4:00 p.m.
Instructor: Adam Lazar
Fee: NU $37, Public $47

In this workshop, we’ll learn how to sew a zipper with stops, add binding to hide raw edges, and create a handle. You’ll leave this class with a completed tote and the knowledge to start and complete your own projects independently.

Knitting in the Round: Fingerless Mittens
Saturday, April 30th | 1:00 - 4:00 p.m.
Instructor: Anne Howard
Fee: NU $37, Public $47

Learn to knit in the round using double-pointed needles. Fingerless mittens are a great introduction to this kind of knitting. In this workshop, you will begin a pair of mittens that you will be able to take home and finish. For students who know how to knit and purl.

Wheel Throwing One Day Workshop
Sec A: Saturday, April 23rd (Date Night Special) | 3:30 - 5:30 p.m.
Fee: NU $90, Public $100 (for 2 people)

Sec B: Saturday, May 7th | 3:30 - 5:30 p.m.
Fee: NU $47, Public $57

Instructor: Sylvia Tan

Come join us for a two-hour workshop where you’ll learn the fundamental steps of throwing. Participants will get to throw as much as they can, but will only be choosing one piece to keep. Participants will get to choose from 4 different glaze colors to match their perfect creation. No experience is required!

Enchanted Teapot
Saturday, April 24th | 11:00 a.m. - 1:30 p.m.
Instructor: Debra Blade
Fee: NU $47, Public $57

This workshop will teach decorative glaze techniques and focus on floral patterns. The instructor will also provide a brief history of teapots. Each student will receive an English-style teapot to decorate.

Miniature Painting
Saturday, May 14th | 2:00 - 5:00 p.m.
Instructor: Chris Li and Quinton Nickum
Fee: NU $37, Public $47

Ever wanted to paint your dragon, monster slayer, or intergalactic bounty hunter?* In this workshop, you’ll learn the basics of painting miniature figures, covering important beginner techniques like layering, washing, and thinning your paints. No previous painting experience is required - and best of all, you’ll leave the workshop with your own painted mini!

*Supplies are included. Registration closes on April 23.

Food and Drinks

Baking Basics — Scrumptious Scones (virtual)
Thursday, May 5th | 7:00 - 8:30 p.m.
Instructor: Paula Evans
Fee: NU $37, Public $47

In this workshop, you will learn the secrets to making delicious scones from the comfort of your own kitchen. With a great recipe and step-by-step instructions, you’ll be amazed at how easy it is to make scones that rival anything you can buy. We will explore both sweet and savory flavor options.

*Recipes prepared in this course include gluten and dairy
**Special Baking utensil kit is available on loan for use during the class. Email the Mini Course program at minicourses@northwestern.edu to request a kit.
***All students must purchase food ingredients. List will be provided after registering.

Teaching Kitchen: Plant-based cooking
Wednesday, April 20th | 6:00 - 7:00 p.m.
Instructor: Compass
Fee: NU $30, Public $40

Chefs will demonstrate how to use proper cooking techniques to serve vegetables at the center of the plate.

Teaching Kitchen: Risotto
Thursday, May 26th | 6:00 - 7:00 p.m.
Instructor: Compass
Fee: NU $30, Public $40

Chefs will demonstrate proper risotto techniques and prepare spring pea risotto.
Tea History and Tasting
Saturday, May 14th | 1:30 - 4:30 p.m.
Instructor: McKenna Troy
Fee: NU $37, Public $47

Through tastings and stories, we’ll explore varieties within the four main categories of tea - black, green, oolong, and white, as well as discuss and taste some herbal teas too. You’ll leave this course with a wealth of knowledge on tea history and a foundation for building the refined pallet of a tea connoisseur!

Best of Modern Cocktails*
Sec A: Tuesday, April 26th | 7:45 - 9:45 p.m.
Sec B: Tuesday, May 10th | 7:45 - 9:45 p.m.
Instructor: Mark Gruber
Fee: NU $47, Public $57

Hosting a cocktail party? Can’t decide what to order at the bar? Mixology masters lead this lecture-style course giving the colorful history of different base liquors. Students will taste the cocktails and observe the demonstrations of barware and mixing techniques. Recipes will be shared with the students and cocktail lore will be sprinkled throughout for a humorous and informative class.
Base Liquors:
Sec A: Whiskey and tequila.
Sec B: Whiskey, gin, vodka, and rum
*You must be 21 and over to enroll in this course.

Coffee 101
Saturday, May 7th | 10:00 a.m. – 12:00 p.m.
Instructor: Sam Lowe
Fee: NU $37, Public $47

This course will dive into the origin of coffee and farming practices, complete with a coffee tasting, and a brew method tutorial, led by Backlot Coffee’s sourcer and roaster, Sam.

Special Interest

ABC Bike Check
Sec A: Saturday, April 16th | 11:00 - 1:00 p.m.
Sec B: Saturday, April 23rd | 11:00 - 1:00 p.m.
Sec C: Saturday, April 30th | 11:00 - 1:00 p.m.
Instructor: Froilan Luna
Fee: NU $37, Public $47

Students will be applying proper air pressure and familiarizing themselves with wheel, tire, and inner tube removal, along with re-installation of those components. Participants will understand proper brake lever and brake caliper maintenance along with proper cable and housing inspection. Lastly, participants will understand how to inspect chains for wear, and familiarize themselves with shifter, cable, and housing systems.
*Participants are required to bring their own working bicycle

Composting 101 (virtual)
Thursday, April 14th | 6:00 - 7:00 p.m.
Instructor: University of Illinois Extension
Fee: Free (courtesy of University of Illinois Extension.)

During this University of Illinois Extension Master Naturalist/Gardener presentation, you will learn how to set up a composting system at home, and some practical tips how what you can and cannot compost.

Sustainable Vegetable Gardening (virtual)
Thursday, April 21st | 6:00 - 7:00 p.m.
Instructor: University of Illinois Extension
Registration: Free (courtesy of University of Illinois Extension.)

Growing Great Vegetables will offer participants the opportunity to learn from and engage with Illinois Extension Master Gardeners/ Naturalists, and receive helpful research-based hints and tips for a successful vegetable and ornamental growing season.
## Creative Arts

### Exploring Watercolor
**Mondays, April 11th – May 16th (6 Sessions) | 6:00 - 8:00 p.m.**
Instructor: Ingrid Albrecht  
Fee: NU $127, Public $137

Exploring watercolor takes you from A - Z in understanding watercolor painting, from overcoming the “fear” of the white paper, to using some "tricks" to achieving exciting results. YES...you CAN correct in watercolor painting!

### Charcoal Drawing on Large Format
**Tuesdays, April 12th – May 17th (6 Sessions) | 6:00 - 8:00 p.m.**
Instructor: Stephanie Lupu  
Fee: NU $127, Public $137

In this course, students will learn how to draw on a large format of newspaper print using charcoal.

### Dark Room Photography
**Thursdays, April 14th – May 19th (6 Sessions) | 5:30 - 7:30 p.m.**
Instructor: Craig Neeson  
Fee: NU $127, Public $137

This course is designed for newcomers to analog photography who wish to learn basic darkroom techniques, including black & white film development, making contact sheets, and printing with an enlarger.

### Introduction to Sculpture
**Tuesdays, April 12th – May 17th (6 Sessions) | 3:00 - 5:00 p.m.**
Instructor: Rachel Ward  
Fee: NU $127, Public $137

Students will be learning basic and intermediate handbuilding skills, including but not limited to, Kurinuki, Slab Building, Coiling, and Solid building. Using these along with sgraffito, inlay, and Mishima techniques, demonstrations will be given to show you how to transform the surface of your creations with your own designs.

### Wheel Throwing I (Beginner)
**Sec A: Mondays, April 11th – May 16th (6 Sessions) | 5:30 - 8:00 p.m.**
Instructor: Tomoyasu Nakano  
Fee: NU $127, Public $137

This course will teach students how to wedge clay, how to construct cylinders on the wheel, and using colorants through glazing techniques. The kinesthetic process of pottery will be explored through developing technical skills on the wheel as well as understanding the function of various forms developed throughout the history of ceramics.

### Wheel Throwing II (Intermediate)
**Sec B: Tuesdays, April 12th – May 17th (6 Sessions) | 12:00 - 2:30 p.m.**
Instructor: Tomoyasu Nakano  
Fee: NU $127, Public $137

Sec C: Tuesdays, April 12th – May 17th (6 Sessions) | 5:30 - 8:00 p.m.  
Instructor: Justin Elue

Sec D: Wednesdays, April 13th – May 18th (6 Sessions) | 5:30 - 8:00 p.m.  
Instructor: Tomoyasu Nakano

Fee: NU $127, Public $137

Students will learn how to throw a range of functional work and explore ways of decorating and glazing. The goal of this course is to bring confidence to budding ceramic artists through strengthening throwing skills and finding community within the studio. 

*Prerequisites: have taken a beginner’s wheel throwing class
Ballroom Basics (Beginner)
Thursdays, April 14th – May 19th (6 Sessions) | 6:00 - 7:30 p.m.
Instructor: Millie Rivera
Fee: NU $77, Public $87

The course in the evenings would be an introduction to ballroom dance and would explore the different styles as well as physically demonstrating steps and arm movements which will increase social dancing awareness.

Tai Chi
Wednesdays, April 13th – May 25th (6 Sessions, no class on May 18th) | 7:00 - 8:30 p.m.
Instructor: Inna Melnikov
Fee: NU $77, Public $87

Tai Chi is a non-combat martial art, which helps cultivate mental focus, builds the protective energy Qi in your lungs, creating a powerful immune defense against external pathogens. Take this course with Inna Melnikov, Doctor of Acupuncture and Chinese Medicine with over 25 years of experience.

American Sign Language I (Beginner) (virtual)
Mondays, Apr 4th – May 25th (8 Sessions) | 6:15 - 7:45 p.m.
Instructor: Peter Wujcik
Fee: NU $87, Public $97

This class will explore basic sign vocabulary and grammatical structures such as English to ASL and ASL to English. Additionally, the class will cover basic introduction to the world of Deaf Culture.

American Sign Language II (Intermediate) (virtual)
Mondays, Apr 4th – May 25th (8 Sessions) | 4:30 - 6:00 p.m.
Instructor: Peter Wujcik
Fee: NU $87, Public $97

This class will explore basic sign vocabulary and basic grammatical structures such as English to ASL and ASL to English but expanding more intense skills. Additionally, the class will cover basic introduction to the world of Deaf Culture.

Arabic I (Beginner)
Saturdays, Apr 16th – May 21st (6 Sessions) | 1:00 – 3:00 p.m.
Instructor: Maha Amin
Fee: NU $77, Public $87

Learn how the Arabic Language work, with focus on understanding the concept of the language. You will learn topics such as: Introducing yourself in Arabic, understanding how to greet others, order food and drinks, and many other basic things.
Baking Basics - Crazy for Cookies
Wednesdays, April 13th - May 18th (6 Sessions) | 7:00 - 8:30 p.m.
Instructor: Paula Evans
Fee: NU $47, Public $57

In the class, you will learn the very basics of baking, including equipment, correct ingredient measuring, baking terms and techniques. You'll learn how to bake drop cookies, bar cookies, slice and bake cookies, sandwich cookies, and biscotti. Throughout the course, the instructor will sprinkle in some trivia, history, and lots of cookie baking tips and tricks. No prior baking experience is required.
*Recipes prepared in this course include gluten and dairy and may not be suitable for those who are allergic to these ingredients.
**Special Baking utensil kit is available on loan for use during the class. Email the Mini Course program at minicourses@northwestern.edu to request a kit.
***All students must purchase food ingredients. A list will be provided after registering.

Spring Wines from the New World
Thursdays, April 21st - May 19th (5 Sessions) | 7:45 - 9:15 p.m.
Instructor: Mark Gruber
Fee: NU $127, Public $137

This five-week mini course is a survey class of white, rose, and light red wines of the US West Coast, including California, Oregon, Washington State, South America including Chile and Argentina, Australia, New Zealand.
*You must be 21 and over to enroll in this course.

Wine Appreciation*
Sec A: Tuesdays, April 19th – May 24th (5 Sessions, no class on May 17th) | 6:00 – 7:30 p.m.
Sec B: Thursdays, April 21st – May 19th (5 Sessions) | 6:00 – 7:30 p.m.
Instructor: Mark Gruber
Fee: NU $127, Public $137

During each class, students will learn to taste and describe wines just like the professionals. Vinicultural areas in California, France, and the Southern Hemisphere are always featured along with new discoveries. Wine and food matches are heavily emphasized.
*You must be 21 and over to enroll in this course.

Applied Acting in Corporate Presentations
Mondays, April 18th – May 23rd (6 Sessions) | 6:00 - 7:30 p.m.
Instructor: Steven Fischer
Fee: NU $77, Public $87

Taught by a multi award-winning film director using acting exercises and improv games to bolster presentation skills in business. Nervous speaking to groups? Have a keynote to present? A sales pitch? We’ll address presence, movement, gesture, and voice to help presentations have impact.

Embodied Acting
Wednesdays, April 13th – May 25th (6 Sessions, no class on May 18th) | 6:30 – 8:00 p.m.
Instructor: Sarah Tolan-Mee
Fee: NU $77, Public $87

This workshop is for actors who wish to develop a regular practice to develop their creative process. Drawing especially from the work of Michael Chekhov, Moni Yakim, and Cecily Barry, we will address the various components of the actor’s task in order to build a comprehensive technique for rehearsal and performance. This workshop is designed to support actors across medium and genre, though we will spend some time addressing the necessary calibrations an actor makes to satisfy a medium’s demands.

Screenwriting
Tuesdays, April 19th – May 24th (6 Sessions) | 6:30 – 8:00 p.m.
Instructor: Katie Jefferis
Fee: NU $77, Public $87

Students will be introduced to the fundamentals of screenwriting and apply these tools in the creation of a short script, a web series pilot, or a feature film outline. Exercises in dramatic structure and character development will help students write in class with a focus on their final project.

Pocket Billiards for Beginners
Tuesdays, April 12th – May 17th (6 Sessions) | 6:00 - 7:30 p.m.
Instructor: Larry Schwartz
Fee: NU $77, Public $87

These lessons are tailored to players who range from beginner level to advanced. You will learn topics ranging from mastering fundamentals to difficult shots and game strategies. Space is extremely limited in this in person class.

Special Interest

Mini Courses Policies, FAQ, and Subsidy application can be found at minicourses.northwestern.edu