OPEN TO THE PUBLIC

WINTER 2016
NORRIS
ARTS & RECREATION GUIDE

ARTica
Engage in hands-on art projects – get happy, get crafty!

PAGE 2

Mini Courses
Educate the mind, relax the body, and release your inner artist.

PAGE 4

Dittmar Gallery
Enrich your NU experience through exposure to local and national artists.

PAGE 10

REGISTER BY DEC. 31 TO SAVE $8 ON MINI COURSES!
Get Happy, Get Crafty!
Welcome to Norris Center’s underground craft shop! Come in to make buttons, paint a banner, or use our laminating, screen printing, bookbinding, and sewing equipment. There’s plenty to do, whether you’re with a student group or on your own!

WINTER ACTIVITIES

Snuggle Up With A Bowl
Personalize bisqueware including a selection of more than 8 bowls, featuring the snuggle bowl. Mugs, plates, and piggies are also available. Cost includes bisque, glaze, and firing. Prices: $7-$12
January 4 - February 26

Art From the Heart
Valentine’s Day romance on a budget! Personalize a bisque heart mug or heart-shaped plate for only $7. Paint a frame, glass or make sweetheart buttons for $1 each.
January 11- February 14

Smart Therapy
Take a study break and get creative and crafty. Take time to enjoy free activities like adult coloring books, markers, paper, paints, and more.
March 1 - 18

Empty Bowls
Join us in the ceramics studio for free pottery sessions in preparation for the upcoming Empty Bowls Luncheon in the spring. No experience required.
Friday, January 8; 6:00-9:00 p.m.
Friday, February 5; 6:00-9:00 p.m.

CONTACT US

ONLINE
artica.northwestern.edu

PHONE
847.491.2344

EMAIL
norris-artica-studios@northwestern.edu

ARTica MEMBERSHIPS
Requires prior enrollment in a Norris Mini Course or written consent from the current artist in residence.

Ceramics Quarterly Membership
$55 NU (Student, staff, faculty)
$105 Non-NU

Ceramics 3-Day Project Membership
$25 NU (Student, staff, faculty)
$45 Non-NU
ICE SKATE RENTAL
Do you like to ice skate or want to just give it a try? Visit Norris Outdoors, in the Underground of Norris Center, to rent ice skates this winter! Use your ice skates at Millennium Park or Norris Ice Rink.
STUDENTS: $3 | STAFF: $5

GAME ROOM
Is it too cold to hang out with friends outside? Join us in the Game Room this winter for some indoor fun! The Game Room in the Norris Underground offers students, staff, and community members the opportunity to hang out with friends and play games. The Game Room has pool tables, foosball, and air hockey for anyone to use! We also have plenty of gaming consoles for all ages — from the Wii U and Nintendo 64 to PlayStation 4 and Xbox One. We are open 12:30 p.m. - 11 p.m. throughout winter quarter.

For more activities, check out the Mini Courses and Mini Workshops listings on pages 4 and 8!
ARTS & CRAFTS
All supplies are included for these courses.

**Sketchbook 1: Graphite & Charcoal**  
(Stephanie Lupu)  
This sketchbook course provides a solid technical understanding of drawing. Students will learn an appreciation for materials and methods through lessons in composition, value, line quality, perspective, and still life observation.  
Tuesdays: January 12 – February 16; 6:00–8:00 p.m.  
Fee: $99 NU / $109 Public

**Sketchbook 2: Mixed Media on Paper**  
(Stephanie Lupu)  
Great ideas typically begin in sketchbooks, and in this class, our instructor shows you how to take the techniques you’ve been practicing and combine them to make larger, frameable artwork. The finished example Stephanie demonstrates combines watercolor, collage, line drawing, and more.  
Tuesdays: January 12 – February 16; 8:00–10:00 p.m.  
Fee: $99 NU / $109 Public

**Exploring Watercolor**  
(Ingrid Albrecht)  
This six-week course is an introduction to watercolor painting. Students will receive a lesson and demonstration by Ingrid at the beginning of each class session. This course will emphasize the importance of using light, medium, and dark values, learning the elements and principles of design, color theory, and many other exciting painting techniques coupled with the importance of painting with emotion!  
Mondays: January 11 – February 15; 6:00–8:00 p.m.  
Fee: $109 NU / $119 Public

**Beginning Ceramics**  
(Wendy Miller and Bogdan Negru)  
Learn the fundamentals of wheel throwing on the pottery wheel to make and glaze your own cups, bowls, vases, and pitchers. Enjoy practicing what you learn whenever there is open studio.  
Section 1: Tuesdays: January 12 – February 16; 6:00–8:00 p.m.  
Section 2: Wednesdays: January 13 – February 17; 3:00–5:00 p.m.  
Section 3: Saturdays: January 16 – February 20; 2:00–4:00 p.m.  
Fee: $99 NU / $109 Public

**Intermediate Ceramics**  
(Wendy Miller)  
This class is for students who want to review and practice their throwing skills. The focus will be on making taller and larger works and incorporating hand building techniques. Previous Ceramics experience is required.  
Wednesdays: January 13 – February 17; 6:00–8:00 p.m.  
Fee: $99 NU / $109 Public

**Advanced/Raku Ceramics**  
(Wendy Miller)  
This class is for experienced potters who can consistently center and pull a cylinder. This course focuses on larger forms and handbuilding. Previous ceramics experience required.  
Thursdays: January 14 – February 18; 6:30–8:30 p.m.  
Fee: $99 NU / $109 Public

**Knitting 123: Beginning of Knitting**  
(Anne Howard)  
Meditative and creative, knitting creates beautiful, practical, and unique items. Students in this class will learn the basics of knitting and more.  
Thursdays: January 14 – February 11; 7:30–9:00 p.m.  
Fee: $99 NU / $109 Public
DANCE

Ballroom Dance
(Randy Hooker)
Learn a wide array of moves for the dance floor. This class is an introduction to many dance styles, including waltz, jitterbug, foxtrot, cha-cha, mambo, and tango. Couple enrollment is recommended.
Tuesdays: January 12 – February 16; 6:00–7:30 p.m.
Fee: $89 NU Couple / $99 Public Couple

Belly UP! Belly Dance Workout
(Samantha Wolf)
Enjoy a vigorous workout while learning Middle Eastern Belly Dance moves. Strengthen, tone, and stretch your body; develop a new dance vocabulary, better posture, and coordination.
Tuesdays: January 12 – February 16; 6:00–7:30 p.m.
Fee: $69 NU / $79 Public

Hip-Hop Dance
(Austin Lim)
This class introduces students to various styles that are part of the growing hip-hop dance movement. In addition to teaching dance steps and moves, the class explores the history and future of hip-hop.
Mondays: January 18 – March 7; 6:00–7:30 p.m.
Fee: $89 NU / $99 Public

Intermediate/Advanced Hip-Hop Choreography
(Austin Lim)
This intermediate/advanced course focuses more on the learning and performance of hip-hop choreography as well as an emphasis on freestyle elements. Prior dance experience of any sort is recommended.
Mondays: January 18 – March 7; 7:30–9:00 p.m.
Fee: $89 NU / $99 Public

Latin Rhythm & Salsa
(Randy Hooker)
Experience the dips, breaks, and turns that make Latin dance hot. Gain an in-depth knowledge of this fun genre by focusing on dances such as mambo, merengue, tango, and more. Couple enrollment is recommended.
Tuesdays: January 12 – February 16; 7:30–9:00 p.m.
Fee: $89 NU Couple / $99 Public Couple

WINE O’CLOCK
(Mark Gruber)
A follow up to the Wine Appreciation class. Wine O’Clock will help you develop a deeper knowledge of wines by introducing students to newer and rarer labels. This class includes wine tasting, grape variety, vintages, wine storage, and wine/food complements. Your course comes with a complimentary sampling of the wines. Please bring two wine glasses to class.
Thursdays: February 11 – March 10; 9:15–10:30 p.m.
Fee: $99 NU / $109 Public

DIGITAL CANVAS

Photoshop & Photo Editing
(Lauren Payne)
Learn basic elements of photo finishing and editing techniques, as well as the fundamentals of Adobe Photoshop via in-class photo editing projects. Basic computer literacy is required.
Wednesdays: January 13 – February 17; 6:30–8:30 p.m.
Fee: $99 NU / $109 Public

Digital Video Editing
(Steven Fischer)
Learn the basics of video editing. This course introduces students to the role of the editor as storyteller, the history of editing and the fundamentals of editing as an art and craft. This course includes hands-on work with Premiere Pro.
Mondays: January 11 – February 22; No class on January 18; 6:00–7:30 p.m.
Fee: $98 NU / $108 Public

FOOD & DRINK

You must be 21 or older to attend any Drink Class. Valid photo IDs are required to enter each class.

Wine Appreciation
(Mark Gruber)
Develop a working knowledge of six wines per class. This class includes wine tasting, grape variety, vintages, wine storage, and wine/food complements. Your course comes with a complimentary sampling of the wines. Please bring two wine glasses to class.
Section A: Tuesdays: February 9 – March 8; 7:30–9:00 p.m.
Section B: Thursdays: February 11 – March 10; 7:30–9:00 p.m.
Fee: $99 NU / $109 Public

Mixology
(Mark Gruber)
Whether you’re looking to host a cocktail party or trying to expand your drink repertoire beyond rum and coke, this mixology course will teach you what you need to know. Tasting is encouraged.
Tuesdays: February 9 – March 8; 9:15–10:30 p.m.
Fee: $98 NU / $108 Public
LANGUAGES

English as a Second Language
(Irene Sakk)
This beginner’s course will continue to provide English language instruction and conversational practice for pre-intermediate/intermediate English adults. Students will become more familiar with grammar structures and vocabulary of the English language through reading, writing, listening, and speaking. This course will also focus on the cultural component of English language learning.
Wednesdays: January 13 – February 17; 6:00–7:30 p.m.
Fee: $69 NU / $79 Public

French: Beginner
(TBA)
Take on this beautiful language in a relaxed setting. Whether you are picking up French for the first time, or coming back after years away, this class is for you!
Wednesdays: January 13 – February 17; 6:30–7:00 p.m.
Fee: $69 NU / $79 Public

Beginning Korean
(Yun Kim)
Get started learning Korean. Learn to read and write characters, as well as speak Korean! There are no textbooks and no prerequisites.
Tuesdays: January 12 – February 16; 6:00–7:30 p.m.
Fee: $69 NU / $79 Public

Spanish: Beginner
(Azucona Granja)
You'll be speaking Spanish in no time! This beginner's course covers the fundamental rules of the language in a fun, creative manner. $10 book fee is optional.
Mondays: January 18 – February 22; 6:00–7:30 p.m.
Fee: $69 NU / $79 Public

Spanish: Intermediate
(Azucona Granja)
This intermediate course expands on the fundamental rules of the language learned in Spanish: Beginner.
Mondays: January 18 – February 22; 7:30–9:00 p.m.
Fee: $69 NU / $79 Public

Beginning Arabic
(TBA)
This course serves as an introduction to written and spoken Modern Standard Arabic. Students will develop basic skills through games, exercises, and conversation. By the end of the term, students should be able to identify, write, and pronounce Arabic letters; be comfortable with simple greetings; be able to express themselves through basic questions and statements; and have gained vocabulary like colors, animals, and food.
Mondays: January 18 – February 22; 7:30–9:00 p.m.
Fee: $69 NU / $79 Public

MIND & BODY

Nighttime Yoga
(Tristan Krohn)
This six-week course allows students to explore the physical and mental benefits of yoga. Students will learn breathing techniques, yoga postures, and proper alignment. This series provides a playful, supportive, and safe environment for students to build a strong foundational yoga practice. Please bring your own yoga mat.
Mondays: January 18 – February 22; 6:00–7:00 p.m.
Fee: $69 NU / $79 Public

Yang-Style Tai Chi Quang
(Yi Yang)
Tai Chi is both a physical and mental exercise, incorporating the Chinese concepts of yin and yang. Benefits from practicing Tai Chi include spiritual meditation, fitness, preventing stress, aging and related illnesses, lifetime activities and self-defense skills. Yang Luchan was one of the best Gong Fu Masters 160 years ago in China and Yang-style Tai Chi was practiced by Chinese Imperial families to help princes and princesses learn Martial arts and live healthier. Tai Chi practice today is a form of martial arts as a beautiful, choreographed “dancing.”
Sundays: January 17 – February 14, 11:00–11:50 a.m.
Fee: $69 NU / $79 Public
MUSIC & GAMES

Cue Lessons 101: Beginning Billiards
(Larry Schwartz)
Learn the basics to making different types of shots, cue ball control, defensive strategies, practice methods, and more. This class is interactive and involves plenty of hands-on practice.
Tuesdays: January 12 – February 23; No class on January 26; 6:00–8:00 p.m.
Fee: NU: $69 / $79 Public

Introduction to Guitar
(Tommi Zender)
Play and sing familiar songs in a laid-back group setting. Learn first position chords with the left hand and strumming patterns with the right. In week six, we’ll play a gig for your guests. Guitars are not provided. Visit Guitar Works on Evanston’s Main Street to rent a guitar!
Mondays: January 18 – February 22; 6:00–7:30 p.m.
Fee: $89 NU / $99 Public

Guitar: Intermediate
(Tommi Zender)
If you have played before and know a dozen or so first position chords, this is the class for you. We’ll work on picking, strumming, singing, and reading tablature. For our final class, we’ll play a gig for your invited guests. Guitars are not provided. Visit Guitar Works on Evanston’s Main Street to rent a guitar!
Mondays: January 18 – February 22; 7:30–9:00 p.m.
Fee: $89 NU / $99 Public

WORDS & IMAGES

Public Speaking
(Megan Miskiewicz)
In this course, students will learn and practice the art of public speaking. We will study how to craft an extemporaneous speech with an equal emphasis on content and style. Each week the course will combine specific learning objectives with actual speaking practice.
Mondays: January 18 – February 22; 5:30–7:00 p.m.
Fee: $69 NU / $79 Public

Acting and Character Creation
(Steven Fischer)
This course is an introduction to acting to experience how performance, movement, body, voice, and more can be used to generate character performance ideas. The course will be used to help students create and build well-rounded characters for original stories they will produce in class. Characterization, delivery, timing, expression, motivation, body language, and posture will be studied through improvisation exercises, storytelling activities, observation studies, and by examining the work of master actors.
Thursdays: January 14 – February 18; 6:30–8:00 p.m.
Fee: $69 NU / $79 Public
MINI WORKSHOPS

Mini Workshops are $15
See special fee for Chocolate 101 and Whisk(ey)

Digital Photography
(Lauren Payne)
Whether you own a point-and-shoot or a more advanced DSLR, this class will give you a better grasp of your chosen tool and the skills to make it work for you. We will focus on core photographic concepts as well as some more advanced techniques. The course will include hands-on demonstrations with the camera as well as basic digital image editing techniques. We will discuss the creations of great photographers alongside your own creations in order to better understand what to look for in making compelling imagery.

Tuesday: February 2; 6:30–8:30 p.m.

Making Pho 101
(Northwestern Dining Staff)
Pho is a Vietnamese noodle soup consisting of broth, linguine-shaped rice noodles, a few herbs and meat. Learn to make this famous Vietnamese soup with our Northwestern Dining Chefs in this workshop!

Wednesday: January 20; 5:30–7 p.m.

Truffles
(Northwestern Dining Staff)
Back by popular demand – learn to make this favorite chocolate treat! Enjoy an up close and personal truffle-making lesson and walk away with your own homemade dessert!

Wednesday: January 27; 5:30–7:00 p.m.

My Little Teapot
(ARTica Studios)
Learn special majolica techniques in this workshop to personalize your very own teapot. Cost includes the teapot, glaze, and firing.

Saturday: January 23; 1:00–3:30 p.m.

Chocolate 101: When I Dip, You Dip, We Dip
(Northwestern Dining Staff)
Take your chocolate love a step further and learn how to dip your favorite foods. The Chocolate 101 workshop is a perfect way to learn and create chocolate-dipped fruits, bacon, and candies.

Thursday: February 11; 5:30–7:00 p.m.

Special Fee: $28 for couples

Intermediate Knitting
(Anne Howard)
Learn intermediate knitting skills, which include circular and cable knitting, learning new patterns, and chart reading. We will provide the needles and yarn for you to take home!

Wednesday: January 27; 6:00–8:00 p.m.

Watercolor City Landscape Painting Workshop
(ARTica Studios)
Learn how to paint the Chicago landscape in this two-hour watercolor workshop!

Wednesday: February 3; 6:00–8:00 p.m.

Sushi 101
(Northwestern Dining Staff)
Local sushi experts from Northwestern Dining demonstrate the art of sushi rolling. Note: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Thursday: March 3; 5:30–7:00 p.m.

Harmonica 101
(Rick Sherry)
Come out and have a great time learning how to play the harmonica so you can impress all your friends with your newly garnered musical ability. Please bring your own harmonica!

Wednesday: February 24; 8:00–9:30 p.m.

Whisk(ey) Me to Warm Weather
(Mark Gruber)
Did you ever dream of being a bartender? Of knowing how to create a killer cocktail? This course will show you how to make winter drinks that will knock your socks off – but don’t worry, they’ll keep you warm enough that you won’t mind. You must be 21 or older to attend this workshop. Valid photo IDs are required to enter.

Wednesday: February 10; 7:00-8:30 p.m.

Special Fee: $25

BUY A MINI WORKSHOP!

This quarter we will have Mini Workshops available for your departments, student organizations, or student groups. Please contact Nancy Cambron Perez at ncambonperez@northwestern.edu to schedule any of the following workshops. Please note that at least 6 individuals have to attend the workshop for it to be available to purchase.

Drink & Draw: Local Brews
Buff up your art skills and sample beers brewed in Chicago or various wines in a relaxed setting. You must be 21 or older to attend this workshop. Valid photo IDs are required to enter.

Smartphone Photography
Want to make the most out of your smartphone camera? Want to become the next Instagram star? Learn how to take great portraits, landscapes, and action shots using your smartphone!

Cuisine Workshop
Buy a Cuisine Workshop hosted by Northwestern Dining Staff! Learn how to make truffles, soups, and many more winter-themed creations!

One-Night Masterpiece
Relax and recreate your own special painting from one of the greatest masterpieces. 16x20 canvas and paints are provided.
OPEN TO THE PUBLIC!

Early Registration: November 30 – December 31*
Regular Registration: January 1 – January 10
Late Registration: January 11 – January 15

*Register early, save $8!

HOW TO REGISTER

ONLINE
www.nbo.northwestern.edu

IN PERSON
Norris Box Office
(Norris Center Desk First Floor)
Cash, check, Visa, MasterCard, Discover, and Amex accepted

PHONE
847.491.2305
Call the Norris Box Office to pay via credit card

BOX OFFICE HOURS
Monday – Friday; 10:30 a.m.–6:00 p.m.

MINI COURSES OFFICE HOURS
847.467.7112
Monday – Thursday; 10:00 a.m.–5:00 p.m.

Information subject to change.

Full descriptions available at
www.minicourses.org

Participation is limited to ages 15+ unless otherwise noted.

LATE REGISTRATION
Beginning January 11, a late registration fee of $6.00 will be added to each course cost, so please be sure to sign up early! All registration closes January 15.

CLASS CANCELLATIONS
If a course is canceled, participants will be notified prior to the first class and will receive a full refund. To ensure that a class meets minimum enrollment, be sure to register early!

WITHDRAWAL POLICY*
Refunds may be given minus a $15.00 withdrawal fee. Students enrolled in the Mini Courses Program must withdraw more than 1 business day prior to the start of their course or no refund will be provided. The Mini Courses Program does not issue full or partial refunds for lack of attendance or indifference to the course curriculum. You may contact the Mini Courses office at minicourses@u.northwestern.edu.

*Mini Workshops not included.

Need financial aid to participate in Norris Mini Courses?
Apply for our new Mini Courses Subsidy Program! You could receive up to $30! Visit our website for information and restrictions.

FIND US ONLINE
www.minicourses.org

@minicourses
In Unnatural Growth, Ali Aschman presents animations, sculptures, and works on paper featuring fragmented body parts, braided hair transforming into gnarled roots and vines, naked bodies that sink and rise in various states of unraveling, and enigmatic clothed figures that tether and bind them. Aschman reflects on Daphne du Maurier’s “Rebecca” in the personification of nature as a violent and unruly force relative to the feminine narratorial perspective. The works in Unnatural Growth reflect the artist’s struggle with tropes in art and literature that oppressively tie women’s bodies to the natural world, but are nonetheless aesthetically seductive.

Exhibition: January 7 - February 10
Reception: January 7 | 4:30 - 6:30 p.m.
#BIK070 Space Black

Marcellous Lovelace

Exhibition: February 15 – March 20
The painted mixed media works of Marcellous Lovelace looks at ways to better describe the ongoing colonial corruption of the African Diaspora and the constant destruction of a people’s language, religion, forced drug usage, raping, pillage, apartheid, gentrification, and constant social destruction of Indigenous people all over the world. Works will be created on an ongoing study for the life of the art, and will explore the injustice that’s allowed by savage, opportunistic forced labor controllers that developed the genocide of all people of color through drug usage, colonial cash crop control, and the consistent experimentation on Indigenous people.

Reception: February 19 | 4:30 - 6:30 p.m.

GALLERIA

Find this pop-up gallery space which features new displays bi-weekly. For more information about the Galleria or to make a reservation go to dittmar.northwestern.edu.

Dittmar Gallery is located on the first floor of Norris University Center.
Showcase exhibit dates subject to change. Visit our website for up-to-date information.
dittmar.northwestern.edu | dittmargallery@u.northwestern.edu | 847.491.2348

/DittmarGallery @DittmarGallery
REGISTER FOR NORRIS MINI COURSES!

**Early Registration:** November 30 – December 31*
**Regular Registration:** January 1 – January 10
**Late Registration:** January 11 – January 15

See page 9 for details

*Register early, save $8!

FREE PARKING
after 4:00 p.m. Mon-Fri &
all day on weekends