

***Only the Mountains* Film Reflection Guide**

As an educational institution, Northwestern is committed to discovering and discussing difficult aspects of its past. The University is undertaking several steps to engage this history and to work towards the present and future wellbeing of Cheyenne and Arapaho people and of the Indigenous peoples on whose ancestral homelands the University sits. This film, commissioned by Northwestern University, is part of that effort seeking to gain deeper insight into that history by hearing directly the voices of descendants of the Sand Creek Massacre survivors.

While this film will help us gain a deeper understanding into the history of the Sand Creek Massacre and its impact even today, it contains graphic content around violence and genocide, which may be triggering. Revisiting this history, whether it's your first time learning about it or not, can be incredibly difficult. So, we encourage you to take care of yourselves and your well-being as you engage with the content presented in this film. Below are some questions that you can use to guide your reflection of the film and its contents.

Reflection Questions:

What did you see, hear?

How did it make you feel? Where do you feel it in your body?

Why is this important? What does this personally mean for you?

Considering the many roles and relationships you have (human-being, family member, student or staff or faculty, community member), what does honoring this history look like for you?