Sexual and Relationship Violence Resources

24 Hour Hotlines

Chicago Metro Rape Crisis Hotline (YWCA): 888-293-2080

Chicago Domestic Violence Hotline: 877-863-6338

Evanston Domestic Violence Hotline (YWCA): 877-718-1868


National Suicide Hotline: 1-800-784-2433

Chicago Community Resources

Resilience
www.ourresilience.org
180 N. Michigan Ave, Suite 600,
Chicago, IL 312-443-9603
Resilience provides medical and legal advocacy, and counseling services (individual and group). Services are free and for survivors or friends/partners of survivors. Prevention education and crisis intervention/advocacy training also available.

Life Span
www.life-span.org
70 E. Lake Street Suite 600, Chicago, IL
312-408-1210
Life Span provides free counseling, advocacy and civil legal services for survivors of sexual and/or domestic violence, including representation on Civil No Contact Orders.

Howard Brown
https://howardbrown.org/service/in-power-the-sexual-harm-response-program/
4025 N. Sheridan Rd., Chicago IL
773-388-1600
Howard Brown’s In Power offers unique programming that addresses the needs of LGBTQ survivors and their families, including STI testing/treatment, case management, holistic health referrals, support groups, legal advocacy, and more. Howard Brown also offers counseling as well for survivors of intimate partner and sexual violence as well as general behavior health services. Income-based sliding scale is available for the uninsured/under-insured.

Center on Halsted
www.centeronhalsted.org
3656 N. Halsted Street Chicago, IL
773-472-6469
LGBTQ Violence Resource Line: 773-871-2273
Center on Halsted provides free or low-cost counseling services and specialize in working with LGBTQ+ individuals. Also provide a wide range of groups and referrals

Porchlight Counseling Services
www.porchlightcounseling.org
4753 N. Broadway Street, Suite 632, Chicago, IL
773-750-7077
nescobar@cls.w.org
Porchlight provides free counseling for college student survivors of sexual or domestic/dating violence.

KAN-WIN
www.kanwin.org
773-583-1392
773-583-0880 (24 hour emergency hotline in Korean or English)
KAN-WIN provides multi-lingual free counseling, legal advocacy (including assistance with protective orders) and immigration protection for Asian-American or Asian immigrant survivors of sexual and/or domestic violence.

Apna Ghar
http://www.apnaghar.org
4350 N Broadway Chicago, IL - 2nd Floor
773-883-4663
773-334-4663 (24 hour emergency hotline)
help@apnaghar.org
Apna Ghar provides holistic services and conducts advocacy across immigrant communities to end gender violence. Services include legal and immigration advocacy, emergency shelter, and counseling for survivors of domestic and sexual violence.
**Mujeres Latinas En Accion**
www.mujereslatingenasaccion.org
2124 W. 21st Place Chicago, IL
773-890-7676
312-738-5358 (24 hour emergency hotline in Spanish or English)
*Mujeres is a bilingual/bicultural agency that empowers Latinas with free counseling, court advocacy, immigration, and group support services around domestic and sexual violence.*

**YWCA Evanston/Northshore**
www.ywca-ens.org/domestic-violence-program
1215 Church Street Evanston, IL
847-864-8445
info@ywca-ens.org
*Counseling and support for survivors of dating/domestic violence, legal advocacy and shelter/long-term housing. Services available in Spanish.*

**YWCA Metropolitan Chicago**
www.ywcachicago.org
1 North LaSalle St, Ste. 1150, Chicago Il.
1-866-525-9922
*Provides support services for survivors of sexual violence, including medical & legal advocacy, counseling, and case management. Sexual assault education and training also available.*

**Center for Contextual Change**
www.centerforcontextualchange.org
9239 Gross Point Rd Skokie, IL
847-676-4447 x304
*Provides services for perpetrators of sexual and dating/domestic violence through individual and group counseling, as well as services for survivors. Has reduced fee and sliding scale options.*

**Additional Mental Health Resources**

**WomenCare Counseling**
www.womenscarecounseling.com
1740 Ridge Ave, Evanston IL
847-475-7003
*WomenCare provides individual and group therapy for survivors of trauma and those looking for support around other life challenges. WomenCare offers trauma informed therapy for children, teens, and adults of all genders and sexualities as well as relationship, couple, and family therapy. Workshops are also available for survivors and partners of survivors.*
Lifeworks Psychotherapy Center
lifeworkspsychotherapy.com
Locations in Skokie, Lakeview, and Central Loop
847-568-1100
Lifeworks provides knowledgeable, sex-positive therapy individually, relationship, and group for people of all identities. Lifeworks welcomes clients regardless of their sexual identities, preferences or practices, including LGBTQIA individuals, couples, and families, those who identify as “kinky” or practice BDSM, polyamorous/non-monogamous folks, sex workers, and religious & spiritual minorities.

National Queer and Trans Therapists of Color Network
ngttcn.com
The National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization that actively works to transform mental health for queer and trans people of color in North America. Website includes online resources and a directory of QToC therapists by geographic location.

Therapy for Black Girls
therapyforblackgirls.com
Therapy for Black Girls is an online space dedicated to encouraging the mental wellness of Black women and girls. Website includes a directory of black woman therapists by geographic location.

Therapy for Black Men
therapyforblackmen.org
Therapy for Black Men is an online resources for black men and masculine folks who are looking to improve their mental wellness. The site includes a blog, articles, and a directory of black therapists and coaches by geographic location.