

Welcome to Coffee Talk FALL 2023!

All NU students and scholars from both campuses are welcome to attend!



This is a community support space tailored for international students, international scholars, those who have international experiences, and/or those who are interested in international students' experiences.

Coffee Talk is a welcoming space where attendees can:

- ❖ Connect and interact with other international students on-campus over coffee, tea, snacks, and fun games.
- ❖ Share and exchange stories around study-abroad experiences.
- ❖ Support each other in navigating friendships, cross-cultural adjustment to academics and living in the US, overcome imposter syndrome, homesickness, relationships, career, stress and anxiety, and other relevant topics.
- ❖ Grow self-confidence and cultivate a sense of belonging on campus.
- ❖ **Celebrate the pride and resilience of international students.**
- ❖ And take a break from studies!

CAPS and OISS will provide tea, coffee, and snacks for all in-person attendees.

Time: Every other Friday, 3:00-4:00PM

Dates: Sept 29th, Oct 13th, Oct 27th, and Nov 10th, 2023

Location: Each meeting will be **hybrid:** In-person at OISS **OR** Zoom

Please scan the following QR code to register for Coffee Talk Meetings updates and reminders:



Location: In-person

Office of International Students & Scholar Services (OISS)

630 Dartmouth Place

Evanston, IL 60208

Location: Zoom

LINK: this is a recurring link for Fall 2023 Coffee Talk Meetings

<https://northwestern-restricted.zoom.us/j/92373335942?pwd=cDRMUVUwRHhTeDNSTWdsYzJ3aXlLZz09>

Please note that attendees need to connect from a private space to protect the confidentiality of this support space, please try to attend the full meeting if able to.

Facilitators: Jennifer Mazzetti, Psy.D. and Manisha Rustagi, Ph.D.

For questions and inquiries please contact: Dr. Manisha Rustagi, manisha.rustagi@northwestern.edu