Religious & Spiritual Life is currently seeking an interested candidate for a Graduate Assistant focused on programmatic initiatives encompassing the spiritual development and spiritual wellbeing of students as an integral component of the Northwestern experience. Religious & Spiritual Life works within the structure of Student Engagement in the Division of Student Affairs.

The position entails promoting and facilitating current programming reflecting a broad-based approach to spirituality including mindfulness initiatives. Examples of recent programs include Wildcat Welcome, Wildcat Wellness, Civic Love, Happy(ness) Hour, 40 Days of Spiritual Wellbeing and Spiritual Ecology. Working directly with RSL Staff, the assistant will will engage in all aspects of programming including innovation, curriculum design, recruitment, marketing, communication including social media, administration, facilitation, event planning, and assessment. In addition, an intern would receive direct training in specific areas of interest dependent on their own skill but may include small group dialogue facilitation, meditation teaching, and Mindfulness-Based Stress Reduction (MBSR).

A successful candidate should demonstrate skills in communication and writing, a vested interest in the particular work of Religious & Spiritual Life, willingness to explore their own spiritual identity, a prioritization of self-reflection and discernment, and a deep appreciation to learn through trial and error. It is important to note that no religious identity or affiliation is required.

Availability is flexible and may include evening and/or weekend hours.

- Assisting in planning, promoting and facilitating current co-curricular programming including, but not limited to, Civic Love, Suite Spot, 40 Days of Spiritual Wellbeing and Spiritual Ecology.
- Developing and maintaining strategic initiatives of ongoing assessment (informal & formal) within Religious & Spiritual Life especially in capturing demographic materials for the Student Engagement Database
- Assisting in daily activities and responsibilities of Religious & Spiritual Life
- Assisting in web and social media presence and general marketing including limited graphic design
- Learning to navigate institutional landscapes and seeking out collaborations while developing complimentary professional competencies.
- Participating in regular meetings and planning groups of Religious & Spiritual Life
- Seeking opportunities for professional development and growth especially in finding congruence with values, beliefs, and ethics as related to the pursuit of their graduate studies.
- Other duties/projects as assigned.

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