

Training Matrix | Project Managers

Name: _____ Job Title: _____ Year: _____

This matrix outlines the required and recommended environmental, health, and safety training for your job. Online training and registration for in-person training offered by Environmental Health and Safety can be found on [myHR Learn](#). Courses that are automatically assigned in myHR Learn are denoted with an asterisk.

Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Asbestos	29 CFR 1910.1001	Online required for all initially and periodically thereafter; In-Person (initial) required initially and In-Person (refresher) annually thereafter for anyone with potential exposure	
Back Injury Prevention		Online* required for all initially and periodically thereafter	
Behavior-Based Safety		Online* recommended for all initially and periodically thereafter	
Bloodborne Pathogens	29 CFR 1910.1030	Online* required if First Aid/CPR certified initially and annually thereafter, and recommended for all others initially and then periodically thereafter	
Cold Stress in the Workplace		Online* recommended for all initially and periodically thereafter	
Compressed Gas	29 CFR 1910.101	Online* required for all who use compressed gas initially and periodically thereafter	
Confined Spaces: Awareness	29 CFR 1910.146	Online* required for all initially and periodically thereafter	
Control of Hazardous Energy (Lockout/Tagout)	29 CFR 1910.147	Online* recommended for all initially and periodically thereafter	
Electrical	29 CFR 1910 Subpart S	Online* required for all initially and periodically thereafter	
Emergency Evacuations	29 CFR 1910.38	Online* required for all initially and annually thereafter; Online Warden (CH) or Online Warden (EV) required for designated wardens initially and annually thereafter, and recommended for all others initially and annually thereafter; In-Person ¹ fire drills required at specific buildings annually and recommended at all others annually; In-Person ² ad hoc training is available upon request	
Fall Protection: Awareness	29 CFR 1910.28	Online* recommended for all initially and periodically thereafter	
Fire Extinguishers	29 CFR 1910.157	Online* required for all initially and annually thereafter; In-Person , hands-on recommended for all initially and annually thereafter	
First Aid and CPR/AED	29 CFR 1910.151	In-Person ³ recommended for all (at department's discretion) initially and every other year thereafter	

¹ Contact [Environmental Health and Safety](#) to schedule in-person fire drills.

² Contact [Environmental Health and Safety](#) to schedule in-person ad hoc training.

³ Available from multiple sources, including [Research Safety](#).

Northwestern

Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Hazard Communication	29 CFR 1910.1200	Online* required for all initially, when there's a new hazard, and annually thereafter; In-Person required for Hazard Communication Coordinators initially and annually thereafter	
Heat Illness Prevention		Online* recommended for all initially and periodically thereafter	
Incident Investigation		Online* recommended for all initially and periodically thereafter	
Job Hazard Analysis		Online* recommended for all initially and periodically thereafter	
Ladders	29 CFR 1910.23	Online* required for all who use ladders initially and annually thereafter, and recommended for all initially and annually thereafter	
Mobile Elevated Work Platforms (MEWPs)	29 CFR 1910 Subpart F	Online* recommended for all initially and periodically thereafter	
Mold and Mildew Awareness		Online* required for all initially and periodically thereafter	
Office Ergonomics		Online* recommended for all initially and periodically thereafter	
OSHA 10-Hour General Industry	29 CFR 1910	In-Person recommended for all initially	
Overhead and Gantry Cranes and Hoists	29 CFR 1910.179	Online* recommended for all initially and periodically thereafter	
Personal Protective Equipment	29 CFR 1910 Subpart I	Online required for all initially, when there's a change in PPE use, and periodically thereafter	
Respirable Crystalline Silica (RCS)	29 CFR 1910.1053	Online required for all with potential exposure initially and periodically thereafter, recommended for all initially and periodically thereafter	
Respiratory Protection	29 CFR 1910.134	Online* required for all initially and annually thereafter; In-Person ⁴ required for all who wear a respirator initially, any time there's a new hazard, and annually thereafter	
Scaffolds	29 CFR 1910.28 refers to 29 CFR 1926.451	Online required for all initially and periodically thereafter	
Slips, Trips, and Falls	29 CFR 1910.22	Online recommended for all initially and periodically thereafter	
Welding, Cutting, and Brazing (Hot Work)	29 CFR 1910 Subpart Q	Online recommended for all initially and periodically thereafter	

⁴ Contact [Environmental Health and Safety](#) to schedule a medical evaluation and/or respirator-specific training/fit testing.