

Training Matrix | Laboratory Supply Services

Name: _____ Job Title: _____ Year: _____

This matrix outlines the required and recommended environmental, health, and safety training for your job. Online training and registration for in-person training offered by Environmental Health and Safety can be found on [myHR Learn](#). Courses that are automatically assigned in myHR Learn are denoted with an asterisk.

Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Back Injury Prevention		Online* required for all initially and periodically thereafter	
Behavior-Based Safety		Online* recommended for all initially and periodically thereafter	
Bloodborne Pathogens	29 CFR 1910.1030	Online* required if First Aid/CPR certified initially and annually thereafter, and recommended for all others initially and then periodically thereafter	
Cold Stress in the Workplace		Online* recommended for all initially and periodically thereafter	
Compressed Gas	29 CFR 1910.101	Online* required for all who use compressed gas initially and periodically thereafter	
Electrical	29 CFR 1910 Subpart S	Online* recommended for all initially and periodically thereafter	
Emergency Evacuations	29 CFR 1910.38	Online* required for all initially and annually thereafter; Online Warden (CH) or Online Warden (EV) required for designated wardens initially and annually thereafter, and recommended for all others initially and annually thereafter; In-Person ¹ fire drills required at specific buildings annually and recommended at all others annually; In-Person ² ad hoc training is available upon request	
Fire Extinguishers	29 CFR 1910.157	Online* required for all initially and annually thereafter; In-Person , hands-on recommended for all initially and annually thereafter	
First Aid and CPR/AED	29 CFR 1910.151	In-Person ³ recommended for all (at department's discretion) initially and every other year thereafter	
Flammable and Combustible Liquids	29 CFR 1910.39	Online* required for all initially and periodically thereafter	
Hazard Communication	29 CFR 1910.1200	Online* required for all initially, when there's a new hazard, and annually thereafter; In-Person required for Hazard Communication Coordinators initially and annually thereafter	
Heat Illness Prevention		Online* recommended for all initially and periodically thereafter	
Industrial Ergonomics		Online* recommended for all initially and periodically thereafter	

¹ Contact [Environmental Health and Safety](#) to schedule in-person fire drills.

² Contact [Environmental Health and Safety](#) to schedule in-person ad hoc training.

³ Available from multiple sources, including [Research Safety](#).

Northwestern

Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Laboratory Safety Awareness	29 CFR 1910.1450	Online ⁴ required for all initially, and a refresher is required every 2 years thereafter	
Office Ergonomics		Online* recommended for all initially and periodically thereafter	
Pallet Jacks	29 CFR 1910.178	Online* and In-Person ⁵ required for all who operate a pallet jack initially and every 3 years thereafter	
Pedestrian Safety Around Forklifts	29 CFR 1910.178	Online* recommended for all initially and periodically thereafter	
Personal Protective Equipment	29 CFR 1910 Subpart I	Online* required for all initially, when there's a change in PPE use, and periodically thereafter	
Powered Industrial Trucks (PITs)	29 CFR 1910.178	Online* and In-Person ⁶ required for all who operate a PIT initially and every 3 years thereafter; Online recommended for all others who work in close proximity to PITs initially and periodically thereafter	
Resource Conservation and Recovery Act	40 CFR 239-282	Online recommended for supervisors initially and annually thereafter	
Slips, Trips, and Falls	29 CFR 1910.22	Online* required for all initially and periodically thereafter	

⁴ Contact [Research Safety](#) for details.

⁵ Contact [Environmental Health and Safety](#) to schedule in-person training.

⁶ Contact [Environmental Health and Safety](#) to schedule in-person training.