

## Training Matrix | Facilities Custodial

Name: \_\_\_\_\_ Job Title: \_\_\_\_\_ Year: \_\_\_\_\_

This matrix outlines the required and recommended environmental, health, and safety training for your job. Online training and registration for in-person training offered by Environmental Health and Safety can be found on [myHR Learn](#). Courses that are automatically assigned in myHR Learn are denoted with an asterisk.

| Course                                       | Regulatory Authority  | Recommended or Required/Frequency   | Completion Date |
|--|-----------------------|---|-----------------|
| Asbestos                                     | 29 CFR 1910.1001      | <a href="#">In-Person</a> required initially and annually thereafter  |                 |
| Back Injury Prevention                       |                       | <a href="#">Online*</a> required for all initially and periodically thereafter  |                 |
| Behavior-Based Safety                        |                       | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |
| Bloodborne Pathogens                         | 29 CFR 1910.1030      | <a href="#">Online*</a> required for all initially and then periodically thereafter   |                 |
| Cold Stress in the Workplace                 |                       | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |
| Confined Spaces: Awareness                   | 29 CFR 1910.146       | <a href="#">Online*</a> required for all initially and periodically thereafter  |                 |
| Control of Hazardous Energy (Lockout/Tagout) | 29 CFR 1910.147       | <a href="#">Online*</a> required for all initially, conditionally (i.e., change in work assignment, machines/equipment, or LOTO procedure), and periodically thereafter   |                 |
| Electrical                                   | 29 CFR 1910 Subpart S | <a href="#">Online*</a> required for all initially and periodically thereafter  |                 |
| Emergency Evacuations                        | 29 CFR 1910.38        | <a href="#">Online*</a> required for all initially and annually thereafter; In-Person <sup>1</sup> fire drills required at specific buildings annually and recommended at all others annually; In-Person <sup>2</sup> ad hoc training is available upon request |                 |
| Fall Protection: Awareness                   | 29 CFR 1910.28        | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |
| Fire Extinguishers                           | 29 CFR 1910.157       | <a href="#">Online*</a> required for all initially and annually thereafter; <a href="#">In-Person</a> , hands-on recommended for all initially and annually thereafter  |                 |
| First Aid and CPR/AED                        | 29 CFR 1910.151       | In-Person <sup>3</sup> recommended for all (at department's discretion) initially and every other year thereafter   |                 |
| Flammable and Combustible Liquids            | 29 CFR 1910.39        | <a href="#">Online*</a> required for all initially and periodically thereafter  |                 |
| Hazard Communication                         | 29 CFR 1910.1200      | <a href="#">Online*</a> required for all initially, when there's a new hazard, and annually thereafter; <a href="#">In-Person</a> required for Hazard Communication Coordinators initially and annually thereafter  |                 |

<sup>1</sup> Contact [Environmental Health and Safety](#) to schedule in-person fire drills.

<sup>2</sup> Contact [Environmental Health and Safety](#) to schedule in-person ad hoc training.

<sup>3</sup> Available from multiple sources, including [Research Safety](#).

# Northwestern

| Course                                 | Regulatory Authority  | Recommended or Required/Frequency   | Completion Date |
|--|-----------------------|---|-----------------|
| Heat Illness Prevention                |                       | <a href="#">Online*</a> required for all initially and periodically thereafter  |                 |
| Incident Investigation                 |                       | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |
| Industrial Ergonomics                  |                       | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |
| Job Hazard Analysis                    |                       | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |
| Ladders                                | 29 CFR 1910.23        | <a href="#">Online*</a> required for all who use ladders initially and annually thereafter  |                 |
| Machine Guarding                       | 29 CFR 1910 Subpart O | <a href="#">Online*</a> recommended for all initially and annually thereafter   |                 |
| Mold and Mildew Awareness              |                       | <a href="#">Online*</a> required for all initially and periodically thereafter  |                 |
| Occupational Noise Exposure            | 29 CFR 1910.95        | <a href="#">Online*</a> recommended for all initially and annually thereafter   |                 |
| OSHA 10-Hour General Industry          | 29 CFR 1910           | <a href="#">In-Person</a> recommended for all initially   |                 |
| Pallet Jacks                           | 29 CFR 1910.178       | <a href="#">Online</a> and In-Person <sup>4</sup> required for all who operate a pallet jack initially and every 3 years thereafter   |                 |
| Personal Protective Equipment          | 29 CFR 1910 Subpart I | <a href="#">Online*</a> required for all initially, when there's a change in PPE use, and periodically thereafter   |                 |
| Resource Conservation and Recovery Act | 40 CFR 239-282        | <a href="#">Online*</a> required for all initially and annually thereafter; <a href="#">In-Person</a> required for all who coordinate hazardous waste pick-up sites initially and annually thereafter       |                 |
| Respiratory Protection                 | 29 CFR 1910.134       | <a href="#">Online*</a> required for all initially and annually thereafter; In-Person <sup>5</sup> required for all who wear a respirator initially, any time there's a new hazard, and annually thereafter |                 |
| Slips, Trips, and Falls                | 29 CFR 1910.22        | <a href="#">Online*</a> recommended for all initially and periodically thereafter   |                 |

<sup>4</sup> Contact [Environmental Health and Safety](#) to schedule in-person training.

<sup>5</sup> Contact [Environmental Health and Safety](#) to schedule a medical evaluation and/or respirator-specific training/fit testing.