

## Training Matrix | Environmental Health and Safety

Name: \_\_\_\_\_ Job Title: \_\_\_\_\_ Year: \_\_\_\_\_

This matrix outlines the required and recommended environmental, health, and safety training for your job. Online training and registration for in-person training offered by Environmental Health and Safety can be found on [myHR Learn](#). Courses that are automatically assigned in myHR Learn are denoted with an asterisk.

Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Asbestos	29 CFR 1910.1001	<a href="#">In-Person</a> required initially and annually thereafter for anyone with potential exposure	
Back Injury Prevention		<a href="#">Online*</a> required for all initially and periodically thereafter	
Behavior-Based Safety		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Bloodborne Pathogens	29 CFR 1910.1030	<a href="#">Online*</a> required for all initially and annually thereafter	
Cold Stress in the Workplace		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Combustible Dust in the Workplace		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Compressed Gas	29 CFR 1910.101	<a href="#">Online*</a> required for all initially and periodically thereafter	
Confined Spaces: Awareness	29 CFR 1910.146	<a href="#">Online*</a> required for all initially and periodically thereafter	
Control of Hazardous Energy (Lockout/Tagout)	29 CFR 1910.147	<a href="#">Online*</a> required for all initially, conditionally (i.e., change in work assignment, machines/equipment, or LOTO procedure), and periodically thereafter	
Electrical	29 CFR 1910 Subpart S	<a href="#">Online*</a> required for all initially and periodically thereafter	
Emergency Evacuations	29 CFR 1910.38	<a href="#">Online*</a> required for all initially and annually thereafter; <a href="#">Online Warden (CH)</a> or <a href="#">Online Warden (EV)</a> recommended for all initially and annually thereafter; In-Person <sup>1</sup> fire drills required at specific buildings annually and recommended at the rest annually	
Fall Protection: Awareness	29 CFR 1910.28	<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Fire Extinguishers	29 CFR 1910.157	<a href="#">Online*</a> required for all initially and annually thereafter; <a href="#">In-Person</a> , hands-on required for all who perform hot work and recommended for all initially and annually thereafter	
First Aid and CPR/AED	29 CFR 1910.151	In-Person <sup>2</sup> recommended for all (at department's discretion) initially and every other year thereafter	
Flammable and Combustible Liquids	29 CFR 1910.39	<a href="#">Online*</a> recommended for all initially and periodically thereafter	

<sup>1</sup> Contact [Environmental Health and Safety](#) to schedule in-person fire drills.

<sup>2</sup> Available from multiple sources, including [Research Safety](#).

# Northwestern

Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Hand and Power Tools	29 CFR 1910 Subpart I	<a href="#">Online*</a> required for all initially, when there's a change in equipment, and periodically thereafter	
Hazard Communication	29 CFR 1910.1200	<a href="#">Online*</a> required for all initially, when there's a new hazard, and annually thereafter	
Heat Illness Prevention		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Incident Investigation		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Industrial Ergonomics		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Job Hazard Analysis		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Ladders	29 CFR 1910.23	<a href="#">Online*</a> required for all initially and annually thereafter	
Machine Guarding	29 CFR 1910 Subpart O	<a href="#">Online*</a> required for all initially and annually thereafter	
Mobile Elevated Work Platforms (MEWPs)	29 CFR 1910 Subpart F	<a href="#">Online*</a> recommended initially and every 3 years thereafter	
Mold and Mildew Awareness		<a href="#">Online*</a> required for all initially and periodically thereafter	
Occupational Noise Exposure	29 CFR 1910.95	<a href="#">Online*</a> required for all initially and annually thereafter	
Office Ergonomics		<a href="#">Online*</a> recommended for all initially and periodically thereafter	
OSHA 10-Hour General Industry	29 CFR 1910	<a href="#">In-Person</a> recommended for all initially	
Overhead and Gantry Cranes and Hoists	29 CFR 1910.179	<a href="#">Online*</a> recommended for all initially and regularly thereafter	
Pallet Jacks	29 CFR 1910.178	<a href="#">Online*</a> and recommended initially and every 3 years thereafter	
Pedestrian Safety Around Forklifts	29 CFR 1910.178	<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Personal Protective Equipment	29 CFR 1910 Subpart I	<a href="#">Online*</a> required for all initially, when there's a change in PPE use, and periodically thereafter	
Powered Industrial Trucks (PITs)	29 CFR 1910.178	<a href="#">Online*</a> and recommended initially and periodically thereafter	
Respirable Crystalline Silica (RCS)	29 CFR 1910.1053	<a href="#">Online*</a> required for all with potential exposure initially and periodically thereafter, and recommended for all others initially and periodically thereafter	
Resource Conservation and Recovery Act	40 CFR 239-282	<a href="#">Online*</a> required for all initially and annually thereafter	

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Course	Regulatory Authority	Recommended or Required/Frequency	Completion Date
Respiratory Protection	29 CFR 1910.134	<a href="#">Online*</a> required for all initially and annually thereafter; In-Person <sup>3</sup> required for all who wear a respirator initially, any time there's a new hazard, annually thereafter	
Scaffolds	29 CFR 1910.28 refers to 29 CFR 1926.451	<a href="#">Online*</a> required for all initially and periodically thereafter	
Slips, Trips, and Falls	29 CFR 1910.22	<a href="#">Online*</a> recommended for all initially and periodically thereafter	
Welding, Cutting, and Brazing (Hot Work)	29 CFR 1910 Subpart Q	<a href="#">Online*</a> required for all initially and periodically thereafter	

<sup>3</sup> Contact [Environmental Health and Safety](#) to schedule a medical evaluation and/or respirator-specific training/fit testing.