

## **Coffee Talk**





## for domestic & international students & scholars

## Fall 2025

welcoming space for domestic and international students and scholars who are interested in learning more about global perspectives.

When: Biweekly on Wednesdays from 3:00 pm to 4:00 pm of Sept 17th, Oct 1st, Oct 15th, Oct 29th, Nov 12th, 2025.

Where: OISS (630 Dartmouth PL, Conference Room) OR ZOOM

Scan QR code to register and for the Zoom link



Topics include: self-care, adjusting to Northwestern, academics, global friendships and relationships, managing stress and anxiety, loneliness, bilingual/polyglot identity, missing home, work-life alance, festivals and celebrations, practicing communicating in English, and building connections.

Hosted by CAPS & OISS.

Contact Dr. Manisha Rustagi for more details: manisha.rustagi@northwestern.edu





