



# Northwestern University

**Public Events**  
September 2021

*Subscribe* to this publication by emailing Shayla Butler at [shayla.butler@northwestern.edu](mailto:shayla.butler@northwestern.edu)

# Table of Contents

## Overview

Highlighted Events .....3

## Northwestern Events

### Arts

Art Exhibitions .....6

Speakers and Presentations ..... 7

### Living

Leisure and Social .....8

*Norris Mini Courses* ..... 8

*Around Campus*..... 11

*Northwestern Music Academy* ..... 12

*Norris Outdoors* ..... 12

Religious Services ..... 13

### Sports, Health, and Wellness

Wildcat Athletics ..... 14

Recreation ..... 16

Evanston Campus Map and Parking Information

Northwestern | NEIGHBORHOOD AND  
COMMUNITY RELATIONS

### **Neighborhood and Community Relations**

1800 Sherman Ave., Suite 7-100

Evanston, IL 60208

[www.northwestern.edu/communityrelations](http://www.northwestern.edu/communityrelations)

### **Dave Davis**

Executive Director

[dave.davis@northwestern.edu](mailto:dave.davis@northwestern.edu)

847-491-8434

**To receive this publication electronically  
every month, please email Shayla Butler at  
[shayla.butler@northwestern.edu](mailto:shayla.butler@northwestern.edu)**

# Highlighted Events

September 2021

## Kits, Cats and Kids Block Party

When: Thursday, 9/9/21, 4:30 – 7:30 PM (CT)

Where: Evanston Township High School Band Field (Dodge Ave & Lake St)

Cost: Free

Enjoy games, arts and crafts, family-friendly activities, music, the ETHS and NU marching bands, a rousing pep rally, and plenty of great dining options. Come hungry to dine at a variety of food trucks serving savory and sweet fare at the event!



## Northwestern Football vs. Indiana State (Evanston Day!)

When: Saturday, 9/11/21, 11:00 AM (CT)

Where: Ryan Field (1501 Central St., Evanston, IL 60208)

Cost: \$20-40

Contact: Northwestern Athletics, 888-467-8775

We celebrate Evanston as the 'Cats face Indiana State University's Sycamores. Join the crowd early for face-painting, giveaways, Willie the Wildcat, and our marching band. Then, cheer on the 'Cats as they come roaring into the 2021!



## Who Says, Who Shows, What Counts: Thinking About History with The Block's Collection

When: Wednesday, 9/22/21 (weekday), 12:00PM-8:00PM CT

Where: Block Museum of Art, 40 Arts Circle Drive, Evanston, IL 60208

Cost: Free

Contact: Lindsay Bosch, Lindsay.bosch@northwestern.edu

How do artists, artworks, and museums shape and challenge our understanding of the past? In 2020-2021 Northwestern University's Block Museum of Art celebrates its 40th anniversary. Leading up to this milestone, The Block introduced a major initiative to acquire works of art that encourage critical thinking about the representation of history. This initiative and The Block's anniversary celebration culminates with *Who Says, Who Shows, What Counts: Thinking about History with The Block's Collection*, an exhibition inviting visitors to think critically about how artists, artworks, and museums engage with narratives of the past.

## Evanston MashUp

When: Wednesday 9/29/21, 6:00 – 9:00 PM (CT)

Where: Palmhouse, 619 Howard St, Evanston IL

Cost (Early Bird/Regular): \$100/\$125

Contact: 847-328-1500, info@evchamber.com

To celebrate making it through a very difficult year, join us and hundreds of other Evanstonians at an event that brings us all together: MashUp 2021: Welcome Back Evanston!

Brought to you by The Evanston Chamber of Commerce, The City of Evanston, and Northwestern University, MashUp is an evening of connecting, sharing stories, meeting friends old and new, all while savoring some amazing eats from many of Evanston's leading restaurateurs, celebrating all things Evanston, and enjoying some local music.



### Norris Center Mini Courses

These weekly recurrent mini courses are great to attend with friends to learn a new skill! Courses contain both virtual and in-person options, and free to sign up for. The program lasts from Monday, 10/11/21 to Wednesday, 12/2/21. For more information, please contact the Mini Courses Department at [minicourses@u.northwestern.edu](mailto:minicourses@u.northwestern.edu) or 847-467-7112. Register online at Norris Box Office. Early registration opens from August 23<sup>rd</sup> to September 20<sup>th</sup> (\$10 off regular fees for multiple session courses only), and regular registration starts September 21<sup>st</sup>. Classes are open to everyone, but enrollment is selected on a first come first enrolled basis! Find more information [here](#).



### Design + Innovation for Social Change (DISC)

Contact: [disc@u.northwestern.edu](mailto:disc@u.northwestern.edu)

DISC is a student club at Northwestern that aims to employ technology as a means of making tangible progress for social good in the community. In the past year, we worked on projects for the Levy Senior Center Foundation and World Relief Chicago to enhance the platforms and technologies of these social-impact-oriented organizations.

DISC is currently looking for new tech-related projects to take on for the upcoming year. We will work on projects from January until the end of our school year, in the middle of June. If you don't believe your project can be completed in time, we would be more than happy to work with you for more than one year if more work needs to be done! This service would be completely free. Please feel free to reach out with any potential projects of questions.

### NU Recreation Group Exercise Classes

Where: *In-Person and Online*

Cost: *Free*

Stay fit and active even during the pandemic, from the comfort and safety of your home! Northwestern Recreation is offering virtual and in-person group exercise classes this winter. Classes like cardio, strength, yoga, ZUMBA, HIIT, Kickboxing, and BODYPUMP are online, and a list of instructors and times can be found [here](#). Registration is required and may be done on the website. More information is included in the Recreation chapter of this Events Listing.





# Arts

## Art Exhibitions



### Sky Hopinka: Cloudless Blue Egress of Summer

When: Wednesday, 9/22/21 (weekday), 12:00PM-8:00PM CT  
Where: Block Museum of Art, 40 Arts Circle Drive, Evanston, IL 60208  
Cost: Free  
Contact: Lindsay Bosch, Lindsay.bosch@northwestern.edu

*Cloudless Blue Egress of Summer*, a two-channel video installation by the artist Sky Hopinka (Ho-Chunk/Pechanga, born 1984, Ferndale, WA), offers an immersive and elusive reckoning with histories of colonial violence and Indigenous resistance. The thirteen-minute work examines the history of the Castillo de San Marcos, the oldest fort in the continental United States. Finished in 1695, the structure was known as Fort Marion when it held Native Americans captive throughout the Seminole Wars of the 19th century. In the 1870s, Cheyenne, Kiowa, Comanche, Arapaho, and Caddo Indian prisoners were transported to the fort, where prison supervisor Richard Henry Pratt developed educational techniques designed to “Americanize” his captives. The U.S. boarding school system that grew out of these experiments imposed a regime of compulsory assimilation on generations of Indigenous children, a practice of cultural genocide that intentionally divided families and deprived communities of their linguistic and cultural heritage.



### Who Says, Who Shows, What Counts: Thinking About History with The Block's Collection

When: Wednesday, 9/22/21 (weekday), 12:00PM-8:00PM CT  
Where: Block Museum of Art, 40 Arts Circle Drive, Evanston, IL 60208  
Cost: Free  
Contact: Lindsay Bosch, Lindsay.bosch@northwestern.edu

How do artists, artworks, and museums shape and challenge our understanding of the past? In 2020-2021 Northwestern University's Block Museum of Art celebrates its 40th anniversary. Leading up to this milestone, The Block introduced a major initiative to acquire works of art that encourage critical thinking about the representation of history. This initiative and The Block's anniversary celebration culminates with *Who Says, Who Shows, What Counts: Thinking about History with The Block's Collection*, an exhibition inviting visitors to think critically about how artists, artworks, and museums engage with narratives of the past.



# Speaker and Presentations



## **Freight Transportation & Logistics – Accelerating First to Last Mile**

*When:* Monday, 9/20/21-9/22/21, 8:00 AM – 4:30 PM (CT)

*Where:* Chambers Hall, Lower Level, 600 Foster St., Evanston, IL 60208

*Contact:* Andrea Cehaic, 847-491-7287, tcinfo@northwestern.edu

As the economy continues its rebound from the pandemic and its impacts, global supply chains and domestic and international freight movement remain under pressure to meet consumer and commercial demands. Northwestern faculty and industry experts aim to provide practical insights for managing through the rebound and associated uncertainty, while planning for future unknowns in the next normal in an essential three-day Executive Education program.

NUTC's Freight Transportation & Logistics three-day Executive Education program has a proven track record of delivering current and forward-looking insight and actionable knowledge into North American/global transportation and supply chains. From domestic transportation (intermodal, parcel and last mile delivery, rail, third-party logistics, trucking, warehousing), to international transportation (air cargo, ocean shipping, ports, sourcing), the program provides an unmatched view into how freight moves. Attendees will get a first-hand look at domestic and international logistics and supply chain trends, and learn how to leverage freight management technology and data analytics for greater efficiency and resilience. This program is specifically designed for early- to mid-level transportation managers, at both carriers and shippers, to deepen their overall knowledge of the freight transportation ecosystem. Registration required.

## **Alzheimer's Disease Seminar Series: Lisa Barnes, PhD, Neuropsychologist, Rush Alzheimer's Disease**

*When:* Thursday, 9/30/21, 12:00 – 1:00 PM (CT)

*Where:* McGaw Pavilion, Daniel Hale Williams Auditorium, 240 E. Huron, Chicago, IL 60611

*Contact:* Lisa Rawlani, 312-503-5767, lmr@northwestern.edu

Lisa L. Barnes, PhD, the Alla V. and Solomon Jesmer Professor of Gerontology and Geriatric Medicine, is a cognitive neuropsychologist in the Rush Alzheimer's

Disease Center. Her work is focused on the epidemiology of aging and racial differences in chronic diseases of aging. Dr. Barnes received her PhD in biopsychology from the University of Michigan and completed a 3-year NIH post-doctoral fellowship in cognitive neuroscience at the University of California, Davis. She is the Principal Investigator of three community-based cohort studies of older African Americans, and the Director of the Rush Center of Excellence on Disparities in HIV and Aging (CEDHA). Dr. Barnes is internationally recognized for her contributions to minority aging and minority health. She has published extensively on cognitive aging in older African Americans and has received numerous awards and honors for her work in minority communities.

# Leisure and Social

## Kits, Cats and Kids Block Party

*When:* Thursday, 9/9/21, 4:30 – 7:30 PM (CT)

*Where:* Evanston Township High School Band Field (Dodge Ave & Lake St)

*Cost:* Free

Enjoy games, arts and crafts, family-friendly activities, music, the ETHS and NU marching bands, a rousing pep rally, and plenty of great dining options. Come hungry to dine at a variety of food trucks serving savory and sweet fare at the event!



## Northwestern Football vs. Indiana State (Evanston Day!)

*When:* Saturday, 9/11/21, 11:00 AM (CT)

*Where:* Ryan Field (1501 Central St., Evanston, IL 60208)

*Cost:* \$20-40

*Contact:* Northwestern Athletics, 888-467-8775

We celebrate Evanston as the 'Cats face Indiana State University's Sycamores. Join the crowd early for face-painting, giveaways, Willie the Wildcat, and our marching band. Then, cheer on the 'Cats as they come roaring into the 2021!



## Evanston MashUp

*When:* Wednesday 9/29/21, 6:00 – 9:00 PM (CT)

*Where:* Palmhouse, 619 Howard St, Evanston IL

*Cost (Early Bird/Regular):* \$100/\$125

*Contact:* 847-328-1500, info@evchamber.com

To celebrate making it through a very difficult year, join us and hundreds of other Evanstonians at an event that brings us all together: MashUp 2021: Welcome Back Evanston!

Brought to you by The Evanston Chamber of Commerce, The City of Evanston, and Northwestern University, MashUp is an evening of connecting, sharing stories, meeting friends old and new, all while savoring some amazing eats from many of Evanston's leading restaurateurs, celebrating all things Evanston, and enjoying some local music.



## Norris University Center Mini Courses

These **weekly** recurrent mini courses are great to attend with friends to learn a new skill! Courses contain both virtual and in-person options, and free to sign up for. The program lasts from Monday, 10/11/21 to Wednesday, 12/2/21. For more information, please contact the Mini Courses Department at [minicourses@u.northwestern.edu](mailto:minicourses@u.northwestern.edu) or 847-467-7112.

Register online at Norris Box Office. Early registration opens from August 23<sup>rd</sup> to September 20<sup>th</sup> (\$10 off regular fees for multiple session courses only), and regular registration starts September 21<sup>st</sup>. Classes are open to everyone, but enrollment is selected on a first come first enrolled basis! Find more information [here](#).

### Creative Arts

#### **A Creative Approach to Watercolor**

*When:* Mondays, 10/11/21-11/15/21, 6:00 – 8:00 PM (CT)

*Where:* ARTica Classroom

*Cost (NU/Public):* \$117/\$127

Have you ever wanted to create a dramatic painting in watercolor? Then this is the course for you! For 6 weeks, Ingrid will guide participants through basic learning steps of brush control, various washes, color theory, the importance of value (those light and dark shapes) and creating exciting shapes not boring ones. Added to this list are some special tips that Ingrid will share to bring excitement to watercolor painting. There will be no fear of the blank paper and students will wish that the course was longer. At the end of each session, the participants learn from each other during a class critique.

#### **Drawing and Color Theory**

*When:* Tuesdays, 10/12/21-11/16/21, 6:00 – 8:00 PM (CT)

*Where:* ARTica Classroom  
*Cost (NU/Public):* \$117/\$127

This course will teach basic drawing techniques and the application of color, focusing on learning the color wheel and creating art that really pops!

### **Anime and Manga Drawing**

*When:* Saturdays, 10/16/21-11/20/21, 1:00 – 2:15 PM (CT)  
*Where:* Online  
*Cost (NU/Public):* \$87/\$97

In this class, students will learn to draw characters' faces and eyes, expressions, bodies and basic proportions along with hands and feet.

### **Introduction to Wheel Throwing**

*When:* Session A: Tuesdays, 10/12/21-11/16/21, 6:00 – 8:00 PM (CT)  
Session B: Wednesdays, 10/13/21-11/17/21, 6:00 – 8:00 PM (CT)  
*Where:* ARTica Ceramic Studio  
*Cost (NU/Public):* \$127/\$137

Students will be introduced to the basic principles of constructing functional vessels using the wheel and understanding the tactile nature of clay as an art medium. This course will teach students the process of wheel throwing through learning how to wedge clay, how to construct cylinders on the wheel, and using colorants through glazing techniques. The kinesthetic process of pottery will be explored through developing technical skills on the wheel as well as understanding the function of various forms developed throughout the history of ceramics. Learn how to make functional work that you can use at home as foodware for yourself, friends, or family.

### **Intermediate/Advanced Wheel Throwing**

*When:* Thursday, 10/14/21-11/18/21, 6:00 – 8:00 PM (CT)  
*Where:* ARTica Ceramic Studio  
*Cost (NU/Public):* \$127/\$137

In this course, students will learn to perfect their ceramic techniques through intermediate and advanced tips and tricks. Students will learn how to throw a range of functional work and explore ways of decorating and glazing. Students will be expected to address their work creatively- in hopes to create and sustain a ceramic practice and portfolio. The goal of this course is to bring confidence to budding ceramic artists through strengthening throwing skills and finding community within the studio.

\*Prerequisites: have taken a beginner's wheel throwing class

### **Whimsical Hand-building**

*When:* Saturdays, 10/16/21-11/20/21, 1:00 – 3:00 PM (CT)  
*Where:* ARTica Ceramic Studio  
*Cost (NU/Public):* \$127/\$137

In this course, students will explore beginning hand building techniques. Such as coil building and slab building. This course will specifically focus on making vessels

that are whimsical, creative, and functional. Students are encouraged to find their artistic voice with prompts that invigorate the mind and push creative boundaries.

### **Hand-building at Home**

*When:* Saturdays, 10/16/21-11/20/21, 3:00 – 4:30 PM (CT)  
*Where:* Online  
*Cost (NU/Public):* \$127/\$137

In this course, students will be introduced to clay as an art-making material and learn the basic processes involved to create functional objects such as cups, bowls, and plates. Students will engage in learning how to make pinch pots, coil build objects, and slab rolling forms in order to understand the nature of clay and how to respond to the material. Students will also learn how to add colorants by glazing their work and will have their pieces fired by the end of the session to bring home and use as their own foodware.

### **Introduction to Cartoon Storytelling**

*When:* Tuesdays, 10/19/21-11/23/21, 6:00 – 7:30 PM (CT)  
*Where:* Chicago Room  
*Cost (NU/Public):* \$77/\$87

This course is for anyone who has an interest in expression themselves through cartoons and those interested in cartoons as an art form. This class is about realizing the potential of becoming a cartoonist no matter what your skill level. This course is intended to introduce students to the possibilities.

## **Food and Drink**

### **Baking Basics – Cake and Cookies**

*When:* Mondays, 10/11/21-11/15/21, 7:00 – 8:30 PM (CT)  
*Where:* Online  
*Cost (NU/Public):* \$47/\$57

Do you want to bake from scratch, but don't know where to start? Or are you a more practiced baker looking to step up your game? Led by an experienced home baker, this virtual course brings the learning experience right into your own kitchen. Over the course of four weeks, you will learn baking fundamentals as well as lots of tips and tricks. Working step-by-step with the instructor, you'll put those skills to use making and baking some delicious treats.

### **Wine Appreciation**

*When:* Section A: Thursdays, 10/14/21-11/11/21, 6:00 – 7:30 PM (CT)  
Section B: Thursdays, 10/14/21-11/11/21, 7:45 – 9:15 PM (CT)  
*Where:* Wildcat Room  
*Cost (NU/Public):* \$117/127

Welcome to the world of wine! Whether you're new to wine or an old hand, there is always something new in the wine world. During each class, students will learn to taste and describe wines just like the professionals. Viticultural areas in California, France, and the Southern Hemisphere are always featured along with new

discoveries. Wine and food matches are heavily emphasized. Finally, a night of sparkling and dessert wines ends the five-week course.

### **Mixology**

*When:* Tuesdays, 10/12/21-11/9/21, 6:00 – 7:30 PM (CT)

*Where:* Louis Room North

*Cost (NU/Public):* \$117/\$127

Hosting a cocktail party? Can't decide what to order at the bar? Mixology masters lead this lecture-style course giving the colorful history of the major spirit categories. Students will receive recipes and see drink-mixing techniques demonstrated. You'll learn everything you need to know to improve your creations. Students are encouraged to taste the cocktails mixed by the minicourse assistants.

### **Movement and Wellness**

#### **Tai Chi**

*When:* Wednesdays, 10/13/21-11/17/21, 7:00 – 8:30 PM (CT)

*Where:* Lake Room

*Cost (NU/Public):* \$77/\$87

Tai Chi is a non-combat martial art, which helps cultivate mental focus, builds the protective energy Qi in your lungs, creating a powerful immune defense against external pathogens. Take this course with Inna Melnikov, Doctor of Acupuncture and Chinese Medicine with over 25 years of experience.

### **Dance and Music**

#### **Beginning Guitar**

*When:* Tuesdays, 10/12/21-11/23/21, 5:30 – 6:30 PM (CT)

*Where:* Lake Room

*Cost (NU/Public):* \$127/\$137

Students will learn the fundamentals of guitar—basic chords, scales, improvisation, simple riffs, and more. \*Guitars are not provided. Guitars can be rented at Guitar Works in Evanston.

#### **Intermediate Guitar**

*When:* Tuesdays, 10/12/21-11/23/21, 6:45 – 7:45 PM (CT)

*Where:* Lake Room

*Cost (NU/Public):* \$127/\$137

Students will go beyond the fundamentals of the guitar to learn more advanced chords and shapes, patterns, scales, more challenging songs, and other music theory concepts. \*Guitars are not provided. Guitars can be rented at Guitar Works in Evanston.

#### **Beginning Hip-Hop**

*When:* Monday, 10/11/21-11/15/21, 7:00 – 8:00 PM (CT)

*Where:* McCormick Auditorium

*Cost (NU/Public):* \$77/\$87

This class will focus on the techniques of Hip Hop (street/urban) dance styles, through introduction of fundamental vocabularies of specific dances. Students will develop proficiency of a few core techniques that are seen across a wide variety of Hip-Hop Dance styles.

### **Dance and Music**

#### **American Sign Language I**

*When:* Monday, 10/11/21-11/29/21, 6:00 – 7:30 PM (CT)

*Where:* Online

*Cost (NU/Public):* \$87/\$97

This course introduces the basics of American Sign Language. American Sign Language (ASL) is quickly becoming one of the most widely used languages in the United States. This class will explore basic sign vocabulary and basic grammatical structures such as English to ASL and ASL to English. This class will cover basic Sign Language and a basic introduction to the world of Deaf Cultures.

#### **Pocket Billiards for Beginners**

*When:* Tuesdays, 10/12/21-11/16/21, 6:00 – 7:30 PM (CT)

*Where:* Game Room

*Cost (NU/Public):* \$77/\$87

These lessons are tailored to players who range from beginner level to advanced. You will learn topics ranging from mastering fundamentals to difficult shots and game strategies. Space is extremely limited in this in-person class.

#### **The Basics of Chess**

*When:* Tuesdays, 10/12/21-11/16/21, 6:00 – 8:00 PM (CT)

*Where:* Rock Room

*Cost (NU/Public):* \$77/\$87

These lessons are tailored to players who range from beginner level to advanced. You will learn topics ranging from mastering fundamentals to difficult shots and game strategies. Space is extremely limited in this in-person class.

#### **Podcasting for Beginnings – DIY Production at Home**

*When:* Wednesday, 10/13/21-11/10/21, 6:00 – 7:30 PM (CT)

*Where:* Online

*Cost (NU/Public):* \$67/\$77

Podcasting is easy and can be done at home with simple tools. This course will help you to produce your own podcast projects. Learn how to prepare, host, record, edit, mix and distribute your podcast. No high-end audio equipment or prior experience is needed.

#### **Creative Writing**

*When:* Thursdays, 10/14/21-11/18/21, 6:00 – 7:30 PM (CT)

Where: Online

Cost (NU/Public): \$67/\$77

Learn how to position yourself to generate ideas for original personal stories with characters that are believable and relatable. We will look at understanding the psychology of our plots and characters to help better understand the world we create.

### Around Campus

#### Design + Innovation for Social Change (DISC)

Contact: [disc@u.northwestern.edu](mailto:disc@u.northwestern.edu)

DISC is a student club at Northwestern that aims to employ technology as a means of making tangible progress for social good in the community. In the past year, we worked on projects for the Levy Senior Center Foundation and World Relief Chicago to enhance the platforms and technologies of these social-impact-oriented organizations.

DISC is currently looking for new tech-related projects to take on for the upcoming year. We will work on projects from January until the end of our school year, in the middle of June. If you don't believe your project can be completed in time, we would be more than happy to work with you for more than one year if more work needs to be done! This service would be completely free. Please feel free to reach out with any potential projects or questions.

#### NU China Care Playgroup/Mentorship Events

When: Saturdays (Date TBD)

Where: Online

Contact: Grace Liu, [graceliu2023@u.northwestern.edu](mailto:graceliu2023@u.northwestern.edu)

China Care is an independent, student-run Northwestern service club dedicated to supporting and contributing to the lives of Chinese children in the Chicagoland area. However, **all families** interested in learning about Chinese culture are encouraged to partake in the events. China Care club members host playgroups (events that consist of a variety of cultural activities (cooking lessons, arts-and-crafts, games) and educational lessons based on different aspects of Chinese culture, ranging from Chinese history to Asian foods. China Care families are also encouraged to apply for a college mentor for their child through the NU China Care



Mentorship Program. Please visit the China Care website to learn more about the organization or email Grace to sign up for the China Care listserv—where you will receive regular newsletter updates of upcoming events.

#### Community Council for International Students (CCIS)

Where: The International Office, 630 Dartmouth Place, Evanston

Contact: Norman Axelrad, [normaxe29@gmail.com](mailto:normaxe29@gmail.com), 847-673-6727

Sylvia Alvino, [sylalvino@yahoo.com](mailto:sylalvino@yahoo.com), 847-328-7516

CCIS is continuously looking for local volunteers who may be alums, neighbors, retired, or merely interested in meeting young people from other countries. CCIS has a series of personalized informal cultural immersion programs provided by local volunteers who meet with Northwestern University international graduate students, visiting scholars, post-doctoral fellows, and their families. We are also looking for a few good volunteers with business experience in areas including marketing, writing, photography, public relations, planning, and technology to support our ongoing activities. Apply at <https://tinyurl.com/ccisvolunteer>

#### The Alumnae of Northwestern University

The Alumnae offers intellectually stimulating, noncredit courses to the public at a modest cost. Each year more than 3,000 people enroll in these courses, taught virtually during COVID-19 by renowned University faculty.

For more information about upcoming courses, visit The Alumnae website [www.nualumnae.org](http://www.nualumnae.org).

#### Purple Pantry

When: Thursdays (weekly), 11:00 AM to 2:00 PM (Central)

Where: Sheil Catholic Center, 2110 Sheridan Rd., Evanston

Individuals experiencing difficulty accessing food can schedule individual appointments for use of the pantry both during and outside the designated time. The Purple Pantry is intended to be as barrier-free as possible, so it accommodates individuals with vegetarian, vegan, gluten-free, kosher, and halal dietary needs. Appointments for use of the pantry are required. For questions, to schedule an individual appointment, or to suggest produce to meet your dietary restriction, please email [purplepantry@northwestern.edu](mailto:purplepantry@northwestern.edu).

**Northwestern Music Academy**  
**[Learn more online](#)**



For more than 70 years, Northwestern University's Music Academy in Evanston has provided music instruction to children and adult students from surrounding communities and the greater Chicago and Northwest Indiana area.

Most Academy instructors also teach in the Henry and Leigh Bienen School of Music and hold masters and doctoral degrees in music teaching and performance. The Academy often serves as a teaching laboratory for college students enrolled in pedagogy courses and is a member of the National Guild of Community Schools of the Arts.

**Kindermusik** (newborn to age 6)

*Dates: Term starts Sept 25, 2021 and ends Jan 22, 2022*

*Cost: \$300-355 (15-week class and home materials)*

This 45-minute class is a lovely way for young children and parents to interact. Multi-level activities that are appropriate for each stage of a child's development give lap babies, crawlers, and walkers a chance to explore music, touch, sound, and movement. Home materials including a CD, a book related to the theme of the unit, and an instrument provide additional ideas for sharing the class experience at home.

**Other Courses**

(offered virtually Fall Quarter)

**Piano and Organ**

The Music Academy Piano Division offers pre-piano class, which serves as an introduction to more formal piano instruction: keyboard instruction in two tracks for students ages 6 to 18, and instruction for adults. Pre-piano serves as an introduction to more formal piano instruction. Keyboard instruction for children begins with pre-staff music and expands to landmark-based intervallic reading. After the first year of study, most children participate in the Illinois State Music Teacher's Association curriculum assessment, where they demonstrate skills and receive certificates and pins for participation.

**Strings**

The String Division offers private lessons in violin, viola, and cello, with goals of both providing musical instruction and instilling a love of music and of learning music. The division believes that all children can learn to their potential when placed in an environment that includes clear instruction, an involved parent, and regular opportunities to listen to and perform.

**Voice** (Adults)

The Music Academy has canceled chorus rehearsals and voice classes for fall 2021.

**Norris Outdoors**



Norris University Center offers a wide range of equipment available to rent for your outdoor adventures including:

- camping equipment (tents, backpacks, etc.)
- grills and stoves sports gear (Frisbees, volleyball and net, etc.)

Visit Norris Outdoors for package deals and a full list of equipment. The office is open Monday to Sunday, 12:30 – 6:00 PM, or at 847-491-2345. They can also be found at [www.northwestern.edu/norris/arts-and-recreation/norrisoutdoors](http://www.northwestern.edu/norris/arts-and-recreation/norrisoutdoors) or on Facebook and Twitter. Items must be requested at least 5 days in advance.

# Religious Services

Northwestern is proud to have a vibrant community embracing diverse religious beliefs. We have regular services on campus as well as events for religious observances. For general inquiries, contact the Office of Religious and Spiritual Life at 847-491-7256 located at 1870 Sheridan Rd. on our Evanston campus.

## Christian – Nondenominational

University Bible Fellowship hosts nondenominational Christian worship service on Sundays from 11:00AM–1:00 PM Central. Join the UBF community on Facebook Live for fellowship, singing, prayer, and preaching. Click [here](#) for more information about registration.

## Christian – Protestant

Christian worship in a broad Protestant tradition is held most Sundays of the academic year at 11:00 AM – 12:00 PM virtually. Click [here](#) for more information about registration.

## Christian – Catholic

Daily Mass is celebrated Mondays to Fridays at 5:00–5:30 PM, On Sundays, Masses are held at 9:00–10:00 AM, 11:00AM–12:00PM, and 5:00–6:00PM. Services are posted to the YouTube channel and you can watch and participate at a time convenient for you. Visit <http://www.sheil.northwestern.edu/> for a complete list of events.

## Jewish

The Fiedler Hillel leads virtual Reform and Conservative Shabbat services every Friday evening from 6:00 – 6:45 PM. A full list of events is at [www.northwesternhillel.org](http://www.northwesternhillel.org)

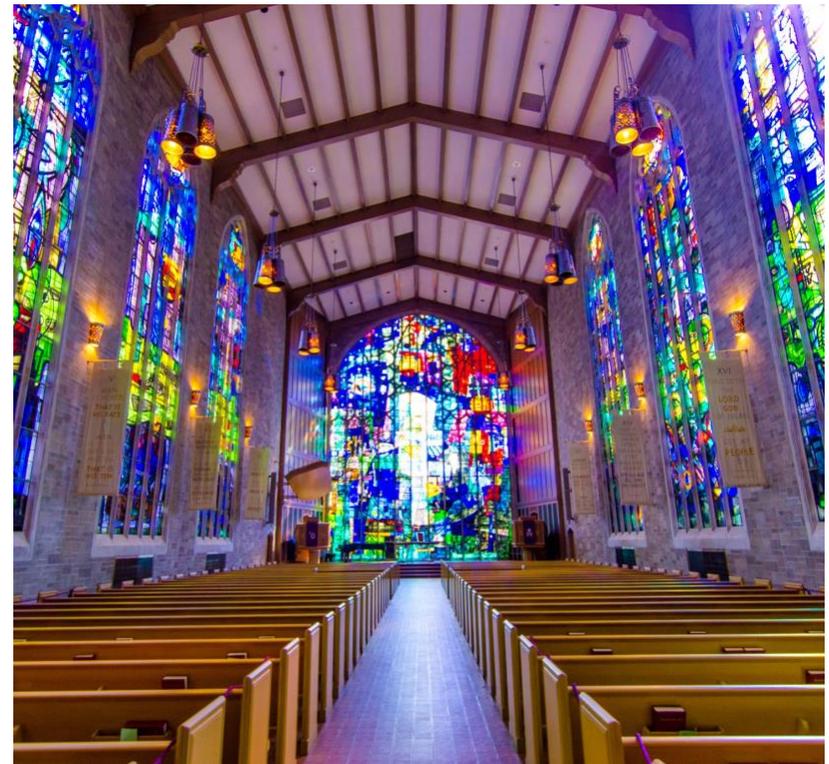
**Northwestern**  
**Hillel**

## Spirituality

Northwestern also offers opportunities for the community to engage in interfaith fellowship or spiritual exploration.

## Observances

- September 6-8: Rosh Hashanah (Judaism)
- September 9: Tzom Gedaliah (Judaism)
- September 15-16: Yom Kippur (Judaism)
- September 20-27: Sukkot (Judaism)
- September 21-29: Mabon (Pagan and Wiccan)
- September 27-28: Arba'een (Islam)
- September 27-29: Shemini Atzeret (Judaism)
- September 28: Simchat Torah (Judaism)



# Northwestern Wildcat Athletics

The Northwestern Wildcats are Chicago's Big Ten team. Come cheer on the Wildcats at home or on the road.

Sports in season this summer and fall are:

- field hockey – women's
- football – men's
- soccer – men's
- soccer – women's
- volleyball – women's

There are two easy ways to purchase tickets, listed below. Tickets are typically mailed two to three weeks prior to a home event unless the will call delivery method is selected.

- Online at [www.nusports.com](http://www.nusports.com)
- Calling or visiting the ticket office at 888-467-8775, Monday to Fridays from 9:00 AM – 5:00 PM

You can also email the office at [cat-tix@northwestern.edu](mailto:cat-tix@northwestern.edu) and follow them on Twitter using the handle @NU\_Tickets.



## Field Hockey

Tickets are typically \$7 for adults, \$3 per person for groups of 15 or more, and \$5 for youth. Home games are at the Lanny and Sharon Martin Stadium, 2235 Campus Drive, Evanston.



Date and Time	Game
9/3, 5:00 PM	Duke
9/5, 10:00 AM	Boston College
9/7, 11:00 AM	@ Liberty (Lynchburg, VA)
9/10, 12:00 PM	Kent State
9/12, 12:00 PM	Maine
9/17, 7:00 PM	@ UC Davis (Davis, CA)
9/19, 2:00 PM	@ UC Berkeley (Berkeley, CA)
9/24, 3:00 PM	Rutgers
9/30, 5:00 PM	@ Maryland College Park

## Football

Home games are at Ryan Field, and the arena opens three hours before kickoff. Please go online at [www.nusports.com](http://www.nusports.com) or call the ticket office at 888-467-8775 to ask about tickets.



Wildcat fans can purchase single-game tickets to Northwestern's seven regular-season contests immediately on Tuesday by calling 888-GO-PURPLE (888-467-8775) or at [NUSports.com](http://NUSports.com). Season tickets, the only way to guarantee the best seats at Ryan Field, are currently on sale here.

Groups of 15 or more can buy group tickets.

Date and Time	Game
9/3, 8:00 PM	Michigan State
9/11, 11:00 AM	Indiana State University
9/18, 3:00 PM	@ Duke
9/25, TBD	Ohio



### **Soccer – Men’s**



Tickets are typically \$7 for adults, \$3 per person for groups of 15 or more, and \$5 for youth. Home games are at the Lanny and Sharon Martin Stadium, 2235 Campus Drive, Evanston.

Date and Time	Game
9/3, 7:00 PM	@ Loyola
9/6, 4:30 PM	Kansas City
9/9, 7:00 PM	Utah Valley
9/12, 5:00 PM	@ Xavier (Cincinnati, OH)
9/17, 5:00 PM	@ Penn State
9/21, 7:00 PM	Indiana
9/26, 12:00 PM	@ Michigan
9/29, 7:00 PM	DePaul

9/17, 7:00 PM  
9/18, 12:00 PM  
9/18, 8:00 PM  
9/22, TBA  
9/25, TBA

UIC  
DePaul  
Loyola  
Nebraska  
Illinois

### **Soccer – Women’s**

Tickets are typically \$7 for adults, \$3 per person for groups of 15 or more, and \$5 for youth. Home games are at the Lanny and Sharon Martin Stadium, 2235 Campus Drive, Evanston.



Date and Time	Game
9/2, 6:00 PM	@ North Carolina
9/2, 1:00 PM	Kent State
9/9, 6:00 PM	@ Illinois State
9/12, 3:00 PM	DePaul
9/23, TBA	@ Penn State
9/26, TBA	@ Maryland College Park
9/30, 7:00 PM	Illinois

### **Volleyball – Women’s**

Tickets are typically \$7 for adults, \$3 per person for groups of 15 or more, and \$5 for youth. Home games take place at the Welsh-Ryan Arena.

Date and Time	Game
9/3, 11:00 AM	@ New Mexico State
9/3, 8:00 PM	@ UTEP
9/4, 12:00 PM	Arizona
9/10, 1:00 PM	Missouri
9/10, 8:00 PM	@ Wyoming
9/11, 12:00 PM	UCSB

# Recreation

Northwestern Recreation offers opportunities to discover and maintain a healthy lifestyle to members of our community through a diverse array of recreational activities. A full list of activities can be found online at [www.nurecreation.com](http://www.nurecreation.com). For general questions, call 847-491-4303.

## Facilities

Membership to Northwestern Recreation offers access to a well-equipped facility with knowledgeable staff to assist you.

In addition to the highlighted offerings in this guide, the 95,000 square foot Henry Crown Sports Pavilion, Norris Aquatics Center, and Combe Tennis Center have space and amenities for all types of exercise, including: space to play team sports like basketball courts, group exercise, cardiovascular equipment, strength and weight-training equipment, an Olympic-sized pool, and a wellness suite for fitness assessments and massage.

On top of the benefits from membership to Northwestern Recreation, there are even more ways to be healthy. Additional fees apply for personal training, private courses, massage, and the pro shop.

## Location and Hours

The Henry Crown Sports Pavilion, which links to other facilities in Northwestern Recreation, is at 2311 Campus Drive, Evanston. Ample parking is available at the North Campus Parking Garage.

Hours for Henry Crown Sports Pavilion (hours during academic breaks differ, and hours for the pool and other areas vary):

Monday – Friday            6:00 AM – 9:00 PM  
 Saturday – Sunday        8:00 AM – 6:00 PM

## Membership

Community members, Northwestern employees, and university alumni are invited to join. There is a one-time registration fee per household of \$100.

Type	Annual	Monthly	Day passes before 3 pm	Day passes after 3 pm and weekends
Individual	\$500	\$52	\$12	\$18
Spouse	\$500	\$52	\$12	\$18

Child (each)	\$260	\$32	\$9 \$0 (under 6)	\$16 \$0 (under 6)
--------------	-------	------	----------------------	-----------------------

Rates for Northwestern faculty, staff, and their families:

Type	Annual	Monthly	Day passes before 3 pm	Day passes after 3 pm and weekends
Employee	\$400	\$44	\$9	\$16
Employee spouse	\$400	\$44	\$9	\$16
Employee child	\$260	\$32	\$9 \$0 (under 6)	\$16 \$0 (under 6)

Join Northwestern Recreation online at [www.nurecreation.com/membership](http://www.nurecreation.com/membership), by calling the membership office at 847-491-4303, or in person. Children 15 years old and under must be accompanied by a parent, and the child rate only applies if the parent is also a member. Complimentary trial memberships for one week are available upon request. Payment is accepted by cash, check, or credit card.

## Complimentary Pass

We are delighted to offer the opportunity to request a complimentary pass. The trial membership pass provides access to recreation facilities, including the Norris Aquatics Center, and programs, including Group Exercise classes. Beach access is also provided (May – September, weather permitting). This offer is open to first time users. Visit [nurecreation.com/freetrial](http://nurecreation.com/freetrial) for free trial pass guidelines.

## Open Recreational Tennis

- *Indoor Courts* – The Combe Tennis Center provides six indoor courts located within the Henry Crown Sports Pavilion Complex (see aforementioned Location and Hours).
- *Outdoor Courts* – Fifteen outdoor courts are available at the [Vandy Christie Tennis Center](#). Courts are available for recreational play on a first-come, first-served basis late spring through fall. Courts close for the season in late October.
- *Daily Court Reservations* – Reservations are only available for Northwestern faculty and staff and Northwestern students welcomed back to campus.
- *Permanent Court Time Reservations* – Not available at this time.

## Swimming

Contact: Ed Martig, [e-martig@northwestern.edu](mailto:e-martig@northwestern.edu)

The Norris Aquatics Center offers a comprehensive program of fitness, instruction, recreational activities, diving, scuba, and life-saving courses. Membership to Northwestern Recreation is not required for aquatics programs. Find more information or register for programs at [www.nurecreation.com/aquatics](http://www.nurecreation.com/aquatics)

The pool is open every day for recreational swim. Lanes are available for laps or free swim. Hours when the pool is open are:

Weekdays	8:30 AM – 2:00 PM   4:30 – 8:30 PM
Saturday	9:30 AM – 5:30 PM
Sunday	8:00 AM – 5:30 PM

## Special Offers

### **White Light Therapy**

White Light Therapy has returned to the Henry Crown Sports Pavilion Wellness Suite. This service is free for Northwestern students, Henry Crown Sports Pavilion members, and massage clients. To make an appointment or for more information, call 847-467-2607 or visit the [Henry Crown Sports Pavilion Wellness Suite](#). Click [here](#) for more information.

### **Massage Services**

Massage Therapy is one of the most effective ways to combat stress and enhance wellness. Our massage therapists will work with you to customize your experience and cater to your individual needs. Effective massage therapy techniques, such as Swedish, Deep Tissue, Sports, Hot Stone, Aromatherapy, and Reflexology, are available to students, members, and non-members. Click [here](#) for more information.

- **COVID Precautions:** All of our staff are fully aware of the current requirements. They are undertaking extreme health and safety procedures to ensure the highest possible hygiene standards are maintained throughout every aspect of our operation.

### ***Back to School, Back to You***

Class is back in session! Destress and release first-day jitters with a personalized, relaxing massage from Northwestern Massage Services. Our massage therapists help you combat stress, release tension, and enhance your overall well-being. Purchase in-person or by phone before October 16 to receive special welcome back discounts. Appointments are available and open to students, members, and non-members.

## The Breathing Class – Tap Into the Power of Breath

When: Tuesdays, 10/5/21-11/2/21, 12:00 – 1:00 PM (CT)

Cost (Students/Non-students): \$50/\$75

Breathing impacts all aspects of your well-being (from digestion to bone density!); most people do not breathe properly. In this class, you will learn how to spot dysfunctional breath patterns and learn how you can correct them. You will explore the biomechanics and biochemistry of breathing and engage in gentle movement to establish new healthy breathing habits. All interested participants will be able to register by phone or online beginning September 1 through October 15.

## Group Exercise Classes

Membership offers access to a variety of group exercise classes for free. Cardio, cycling, strength, yoga, and Pilates are online, while aqua fitness is at the Norris Aquatics Center. All virtual classes will be held via Zoom. Registration is required. For more specifics, please visit the NU Recreation website [here](#).

## Summer Quarter Schedule, 6/7/21-9/19/21

Time	Class	Location   Instructor
<b>Monday Classes</b>		
8:30 – 9:00 AM	ZUMBA Gold	Zoom   Sue
12:00 – 12:45 PM	Latin Dance	Studio 1AB   Ami
4:30 – 5:00 PM	Cardio Kickboxing	Zoom   Cerina
6:30 – 7:00 PM	Pilates Yoga Fusion	Studio 2   Julie S.
<b>Tuesday Classes</b>		
7:00 – 7:30 AM	Sunrise Yoga	Studio 2   Chelsea/Donna
12:30 – 1:00 PM	Mindful Yoga	Zoom   Katherine
5:00 – 5:45 PM	Strength and Core	Studio 1AB   Beth
5:30 – 6:00 PM	ZUMBA	Zoom   Symphony
6:30 – 7:00 PM	Pilates	Zoom   Deanna
<b>Wednesday Classes</b>		
12:30 – 1:00 AM	BODYPUMP™	Zoom   Bev
<b>Thursday Classes</b>		
9:00 – 9:45 AM	Pilates Yoga Fusion	Studio 2   Julie S.
12:00 – 1:00 PM	BODYPUMP	Studio 1AB   Bev/Stephanie/Paul
12:00 – 12:45 PM	Cycle Challenge	Mac Court   Vlad
5:30 – 6:00 PM	WERQ	Zoom   Spencer
<b>Friday Classes</b>		
12:00 PM – 12:45 PM	Strength and Core	Studio 1AB   Beth
12:30 – 1:00 PM	HIIT & Core	Zoom   Laura
5:30 – 6:00 PM	Mindful Yoga	Zoom   Katherine
<b>Saturday Classes</b>		
9:00 – 9:30 AM	BODYPUMP	Zoom   Bev
9:00 – 9:45 AM	Cycle Challenge	Mac Court   Tina Marie

Sunday Classes		
10:00 – 10:30 AM	Pilates	Zoom   Jenna
11:00 – 11:30 AM	ZUMBA	Zoom   Symphony

**Fall Quarter Schedule, 9/20/21-11/21/21**

Time	Class	Location   Instructor
<b>Monday Classes</b>		
9:00 – 10:00 AM	Aqua Fitness	Pool   Malcolm
12:00 – 1:00 PM	Vinyasa Flow	Studio 2   John
12:00 – 1:00 PM	BODYPUMP	Studio 1AB   Stephanie
5:30 – 6:30 PM	ZUMBA	Studio 1AB   Symphony
5:30 – 6:30 PM	Pilates	Studio 2   Deanna
7:00 – 8:00 PM	Mindful Yoga	Studio 2   Katherine
<b>Tuesday Classes</b>		
6:15 – 7:00 AM	Cycle Challenge	TBD   Beth
7:00 – 8:00 AM	Sunrise Yoga	Studio 2   Donna
12:00 – 1:00PM	Pilates Yoga Fusion	Studio 2   Julie S.
12:10 – 12:50 PM	Cycle Express	TBD   Vladimir
5:30 – 6:30 PM	Ashtanga Yoga	Studio 2   Julie R.
5:30 – 6:30 PM	BODYPUMP	Studio 1AB   Laura
7:00 – 8:00 PM	Vinyasa Flow	Studio 2   Chelsea
<b>Wednesday Classes</b>		
6:15 – 7:00 AM	BODYPUMP	Studio 1AB   Paul
7:00 – 8:00 AM	Pilates	Studio 2   Deanna
9:00 – 10:00 AM	Aqua Fitness	Pool   Julie S.
12:00 – 1:00 PM	Vinyasa Flow	Studio 2   Donna
12:00 – 1:00 PM	BODYPUMP	Studio 1AB   Bev
5:30 – 6:30 PM	ZUMBA	Studio 1AB   Symphony
5:30 – 6:30 PM	Pilates Barre	Studio 2   Jenna
7:00 – 8:00 PM	Ashtanga Yoga	Studio 2   Margaret
<b>Thursday Classes</b>		
6:15 – 7:00 AM	Cycle Challenge	TBD   Beth
7:00 – 8:00 AM	Sunrise Yoga	Studio 2   Donna
12:00 – 1:00 PM	Pilates Yoga Fusion	Studio 2   Julie S.
12:10 – 12:50 PM	Cycle Express	TBD   Vladimir
5:30 – 6:30 PM	Vinyasa Flow	Studio 2   Lisa
5:30 – 6:30 PM	BODYPUMP	Studio 1AB   Paul
7:00 – 8:00 PM	WERQ	Studio 1AB   Spencer
<b>Friday Classes</b>		
9:00 – 10:00 AM	Aqua Fitness	Pool   Malcolm
12:00 – 1:00 PM	Vinyasa Flow	Studio 2   Chelsea
12:00 – 1:00 PM	Strength & Core	Studio 1AB   Beth

5:30 – 6:30 PM	Mindful Yoga	Studio 2   Katherine
<b>Saturday Classes</b>		
8:15 – 9:15 AM	Cycle Challenge	TBD   Tina-Marie
9:30 – 10:30 AM	Yoga Basics	Studio 2   Margaret
9:30 – 10:30 AM	BODYPUMP	Studio 1AB   Bev/Maria
11:00 AM – 12:00 PM	Vinyasa Flow	Studio 2   John
<b>Sunday Classes</b>		
11:00 AM – 12:00 PM	Hatha Yoga	Studio 2   Katherine
12:00 – 1:00 PM	BODYPUMP	Studio 1AB   Rachele

# Parking

## Evanston

### **Evanston Campus Parking Services**

1841 Sheridan Rd., Evanston  
847-491-3319  
parking@northwestern.edu  
www.northwestern.edu/up/parking  
Open Monday-Friday, 8:00 AM – 4:00 PM

Permits are required to park in all lots on the Evanston campus every Monday through Friday from 8:00 AM to 4:00 PM. No permits are required to park on the Evanston campus after 4:00 PM or on weekends, though reserved spaces require permits at all times.

The cost of a guest permit is \$8.25 for a non-refundable, all-day pass. Visitors and guests may purchase a visitor permit at the Parking Services Office (see above for address) or at pay stations located in the North and South Parking Garages.

While there are many scattered parking lots on campus, the largest for guests include:

#### To the North

- North Campus Parking Garage (has a parking pay station): 2311 N. Campus Drive
- LARC Drive: North Campus Drive
- Noyes/Haven/Sheridan Lot: Haven Street & Sheridan Rd.

#### To the South

- South Campus Parking Garage (has a parking pay station and it is next to the parking office): 1847 Campus Drive
- South Beach Structure: 1 Arts Circle Drive
- Locy and Fisk Lot: 1850 Campus Drive
- 619 Emerson Lot
- 515 Clark Street
- 1801/1813 Hinman

#### To the West

- 1940 Sheridan Road (Engelhart)
- 2020 Ridge North Lot (University Police)
- 1948 Ridge Lot (University Police)
- ITEC Lot: University Place & Oak Avenue

## Chicago

### **Chicago Campus Transportation and Parking**

710 N. Lakeshore Dr., Abbott Hall Room 100, Chicago  
312-503-1103  
chicagoparking@northwestern.edu  
www.northwestern.edu/transportation-parking  
Open Monday-Friday, 8:00 AM – 5:00 PM

There is no free parking available on the Chicago campus but there are several options available for guests.

Public garages or Northwestern garages open to the public include:

- 275 E. Chestnut Street
- 222 E. Huron Street
- 710 N. Lake Shore Drive
- 680 N. Lake Shore Drive
- 259 E. Erie Street
- 321 E. Erie Street
- 441 E. Ontario Street

If you are going to the Chicago campus as the guest of a department, volunteer, participant in a study, or as a hospital patient, you can also contact the organizer of your event to inquire about potential discounted parking validations or passes.



# Northwestern University

## **Neighborhood and Community Relations**

1800 Sherman Ave., Suite 7-100

Evanston, IL 60208

[www.northwestern.edu/communityrelations](http://www.northwestern.edu/communityrelations)

## **Dave Davis**

Executive Director

[dave.davis@northwestern.edu](mailto:dave.davis@northwestern.edu)

847-467-5762

**To receive this publication electronically every month, please email Shayla Butler at [shayla.butler@northwestern.edu](mailto:shayla.butler@northwestern.edu)**

*Back cover image:* A window into a university for all seasons. Spring and architecture, summer and the Weber Arch, fall outside the Main Library, and Deering Library under a blanket of snow.



Northwestern University