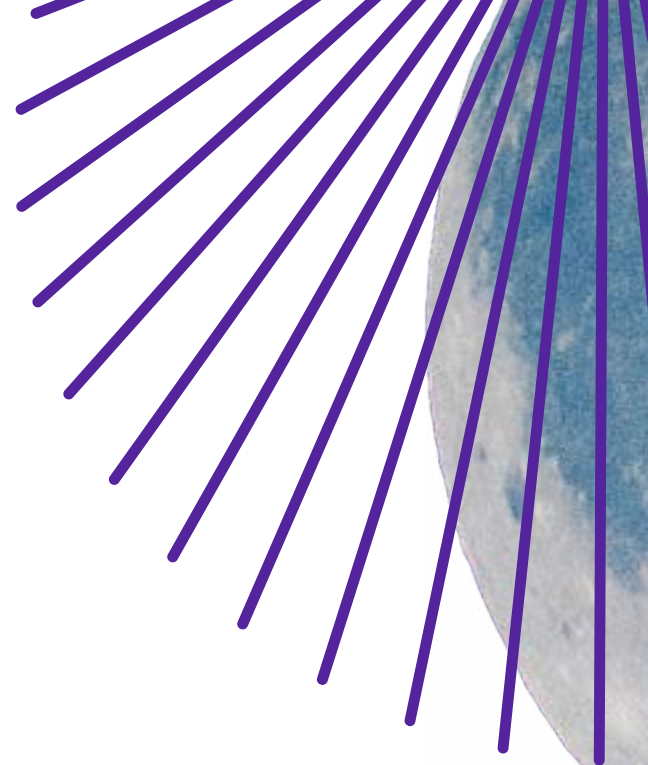
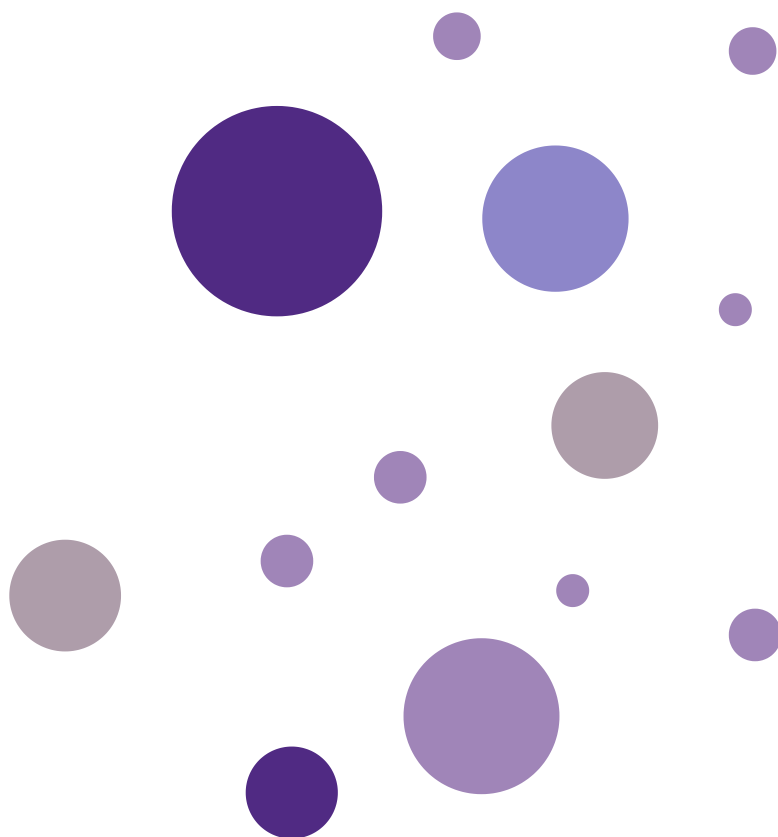




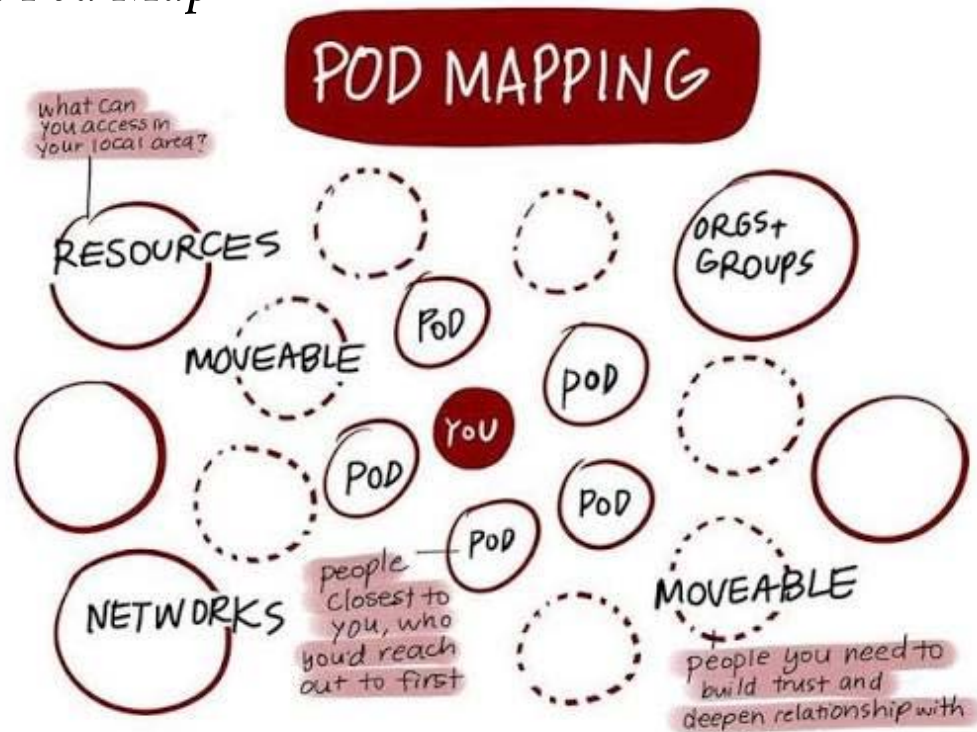
Unearthing Our Resources

POD MAPPING

Developed by Mia Mingus



How to use a Pod Map



- 1) Write your name in the middle grey circle.
- 2) The surrounding bold-outlined circles are your pod. Write the names of the people who are in your pod. We encourage people to write the names of actual individuals, instead of things such as “my church group” or “my neighbors.”
- 3) The dotted lines surrounding your pod are people who are “movable.” They are people that could be moved in to your pod, but need a little more work.
- 4) The larger circles at the edge of the page are for networks, communities or groups that could be resources for you.

Your pod(s) may shift over time, as your needs or relationships shift or as people’s geographic location shift. We encourage people to have conversations with their pod people about pods and transformative justice, as well as to actively grow the number of people in their pod and support each other in doing so. Growing one’s pod is not easy and may take time. In pod work, we measure our successes by the quality of our relationships with one another and we invest in the time it takes to build things like trust, respect, vulnerability, accountability, care and love. We see building our pods as a concrete way to prepare and build resources that will help our communities thrive.

POD MAPPING

