Sciences Po & Universite Sorbonne Nouvelle – Paris 3 >

ART, LITERATURE, & CONTEMPORARY EUROPEAN THOUGHT EUROPEAN UNION STUDIES PUBLIC HEALTH IN EUROPE

PROGRAM HANDBOOK 2019



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Program Information

Program Team

There are a number of different partners and players that make important contributions to your academic, cultural, and personal experience in France.



Michael Loriaux

Program Director, Art, Literature, and Contemporary European Thought, and Course Coordinator, POLI SCI 364-SA: French Politics, Culture, and Society

Michael Loriaux is a Professor in the Department of Political Science at Northwestern University. Professor Loriaux studies European unification from the perspectives of political economy and critical theory. His books include *France After Hegemony: International Change and Financial Reform* (Cornell, 1991), *Capital Ungoverned* (co-authored: Cornell,

1997), European Union and the Deconstruction of the Rhineland Frontier (Cambridge, 2008; winner of the Charles Taylor Prize for best book employing interpretive methods), and Europe Anti-Power (Routledge, Interventions, 2016). He has begun work on a new book of cultural history entitled To Be With: Phenomenology, European Union, and Vatican II. He cofounded and directs the French Interdisciplinary Group, and advises students involved in Northwestern's various French partnership programs, including the dual PhD programs with Sciences Po, Paris Sorbonne Nouvelle, l'École Normale Supérieure, l'École des Hautes Études en Sciences Sociales, and the Graduate Institute of International and Development Studies, Geneva.¹

As Program Director, Professor Loriaux is responsible for orienting students to the Art, Literature, and Contemporary European Thought (ALCET) program, including the schedule, academic expectations, cultural adjustment, and safety and security. Professor Loriaux serves as both an **academic and cultural resource** to all NU in Paris students. He can also help you connect your study abroad experience to your plans at Northwestern. Lastly, Professor Loriaux is a **secondary in-country emergency contact** for ALCET students.



Francesco Saraceno

Program Director, European Union Studies

Francesco Saraceno is a senior economist at the French Observatory on Economic Conditions (OFCE, *Observatoire Français des Conjonctures Économiques*) Sciences Po. He holds Ph.Ds in economics from Columbia University and La Sapienza University of Rome. His main research interests include the relationship between inequality and macroeconomic performance, European macroeconomic policies, and the interaction between structural reforms and fiscal and monetary policies. He is in charge

¹ http://www.polisci.northwestern.edu/people/core-faculty/michael-loriaux.html

of the concentration in economics for the Master in European Affairs at Sciences-Po Paris, where he teaches international and European macroeconomics. He also teaches for the Master of Public Affairs. He was born in Rome, Italy.²

As Program Director, Professor Saraceno is responsible for orienting students to the European Union Studies program, including the schedule, academic expectations, cultural adjustment, and safety and security. He serves as an **academic adviser** and **local expert**, responsible for managing the program courses and curriculum and serving as an academic resource to connect ideas, generate questions, provide additional information, and facilitate discussion around program themes. Lastly, Professor Saraceno is a **secondary in-country emergency contact** for European Union Studies students.



Bruno Palier

Program Director, Public Health in Europe

Bruno Palier is CNRS Research Director at Sciences Po, Centre d'études européennes. He has a Ph.D. in Political Science and is a former student of Ecole Normale Superieure. His research interest is welfare state reforms, from both a French and a comparative perspective. He is currently co-leading projects on the world politics of social investment and on Growth and Welfare in Global Capitalism. Between 2007 and 2011, he was the scientific coordinator of an European Network of excellence

RECWOWE (Reconciling Work and Welfare, involving 30 European research institutions or Universities, 190 researchers from 19 European countries). He has published various books, as well as numerous articles on welfare reforms in France and in Europe in a variety of publications.³

As Program Director, Professor Palier is responsible for orienting students to the Public Health in Europe program, including the schedule, academic expectations, cultural adjustment, and safety and security. He serves as an **academic adviser** and **local expert**, responsible for managing the program courses and curriculum and serving as an academic resource to connect ideas, generate questions, provide additional information, and facilitate discussion around program themes. Lastly, Professor Palier is a **secondary in-country emergency contact** for Public Health in Europe students.



Sylvie Canape

Student Affairs & Cultural Coordinator, French Language Instructor
Born in Normandy and raised in the Reunion Island (a French administered
territory in the Indian Ocean), Sylvie studied Humanities and applied
Linguistics at Stendhal University of Grenoble. After graduating in 1999, she
taught French as a Foreign Language at the Alliance Française for 13
years. Since returning to France, she has been an instructor at Sciences Po

² http://www.luiss.edu/university/ligep-luiss-international-group-economic-policy/profiles/francesco-saraceno-cv

³ https://www.sciencespo.fr/centre-etudes-europeennes/en/researcher/bruno-palier

in the international programs of George Washington University and Northwestern University as well as the PSIA, the Paris School of International Affairs.



Baligh Sohbani

Student Affairs Coordinator, French Language Instructor
Born and bred in Paris, Baligh (pronounced "Bali," like the island in
Indonesia) studied Humanities and Applied Linguistics in Paris X Nanterre
University. Since he received his diploma in 2003, he has worked as
French Foreign Language teacher in Germany, Italy, Morocco and within
many French institutions. Most recently, he has been working as a French
language instructor in Osaka, Japan.

Sylvie and Baligh are an important on-site resources, since they are responsible for supporting student health, wellbeing, language learning, and cross-cultural engagement. They are great **local experts** and **cultural resources**, who can help you navigate everyday life in Paris. They also serve as your **primary emergency contacts**, so if you're not feeling well, have any belongings lost or stolen, or experience any other incident while in Paris, you can contact one of them. They will provide you with the assistance you require.



Karey Fuhs

Senior Associate Director, Global Learning Office (GLO)

Originally from Michigan, Karey graduated with a BA in Environmental Science from Northwestern University and an MA in International Educational Development from Teachers College, Columbia University. Inspired by her study abroad experiences in Chile and Ecuador while an undergraduate, Karey returned to Ecuador after graduation, where she worked for SIT Study Abroad for several years. She also worked at the

Chazen Institute for International Business at Columbia Business School, Social Justice Initiatives at Columbia Law School, and the Cloud Institute of Sustainability Education before returning to Northwestern in 2010. She has been overseeing GLO's various study abroad programs since then.

Karey is your **GLO Adviser** and primary point of contact for questions that you may have about your program, academics, preparing for study abroad, health and safety, or any other program-related matters, particularly **before your departure or after your return**. Although she will not be in France with you, she will be present during your on-site orientation. The on-site team will provide support for you while abroad and should be your primary resource, but if you need additional assistance or would feel more comfortable speaking to GLO staff, please do not hesitate to contact Karey.

Center for the Americas, Sciences Po / International Affairs Office, Paris 3

The staff at the Center for the Americas at Sciences Po and the staff in the International Affairs Office at Paris 3 can provide you with information, support, and connections to student life at each institution.

Tentative Program Schedule & Activities

Your program will run from Saturday, August 31, 2019, to Saturday, December 14, 2019. Below is a basic schedule of program dates. Excursion dates for the ALCET program are provided, since some fall during weekends. Excursion dates for the EU Studies and Public Health in Europe programs will not be confirmed before the start of the program. A more detailed schedule will be provided when it is finalized. Please note that activities and dates are subject to change.

Students who wish to arrange personal travel in advance may do so *during the Toussaint and Thanksgiving holiday periods* listed below.

Saturday, August 31	Arrivals in Paris; Check in to student hostel in Le Marais (See Orientation Housing)
Sunday, September 1	On-site orientation begins
Tuesday, September 3	Students move to dorm or homestay
Friday, September 6 – Sunday, September 8	Field trip to Normandy
Thursday, September 26 – Sunday, September 29	Art, Literature, and Contemporary European Thought only: Antibes Excursion
Tuesday, October 8 – Thursday, October 10	Art, Literature, and Contemporary European Thought only: Arles Excursion
Monday, October 28 – Sunday, November 3	Toussaint holiday / Fall break (no classes)
Friday, November 15	Art, Literature, and Contemporary European Thought only: Day Trip to Angers
Thursday, November 28 – Sunday, December 1	Thanksgiving holiday (no classes)
Saturday, December 14	Check out of program housing; Departures

Special Note Regarding Planning Personal Travel & Visitors

Because this program incorporates a number of field trips and excursions that cannot always be planned far in advance, and the course schedule depends upon faculty and classroom availability, among many other factors, the full program schedule will not be finalized and distributed until students' arrivals in Paris. Therefore, please do not plan any personal travel, except during the Toussaint and/or Thanksgiving holidays, until after you receive your final schedule.

Also keep the following in mind as you make travel plans:

- With the exception of the Toussaint and Thanksgiving holidays, visitors (e.g., parents, significant others, friends from home) are not permitted during the program. Your time is quite structured, so receiving visitors for any extended period of time is not possible, nor is it conducive to your being able to fully integrate into the host country and culture.
- You may plan personal travel on the weekends, but this means Saturday and Sunday. Since you may have class or activities on Fridays, you should avoid planning a weekend trip with a Friday departure. It is possible to plan affordable weekend trips after your arrival.
- Notify your Program Director about any personal travel plans, including a local contact number. Refer to the Travel Safety section of the GLO website for additional resources and guidelines: https://www.northwestern.edu/abroad/study-abroad/prepare-and-go/health-safety/safety.html

Course Descriptions

Refer to the **Academic Planning** section of the GLO website for more information about academic information, expectations, and policies:

https://www.northwestern.edu/abroad/study-abroad/academic-planning/index.html

POLI SCI 364-SA: French Politics, Culture, and Society (*All students*)

Course Coordinator: Michael Loriaux

This course will include various seminars on topics related to French history and culture, as well as French political culture and institutions. It addresses France's participation in European integration and the development of French social policy.

FRENCH 199-SA or 299-SA: French Language (All NU in Paris students)

Various Instructors

While there is no language prerequisite to participate in this program, students are required to take intensive language training in French while in Paris. Four levels of language instruction are offered, corresponding to the various levels of student proficiency. In addition to basic language skills, the course covers cultural and social aspects of Parisian life.

Art, Literature, and Contemporary European Thought Courses

POLI SCI 308-SA: Critical Theory and the Study of Politics

Instructor: Michael Loriaux

In this course we examine the interactions and mutual resonances between political and moral thought, literature, art, and the "world" in which, or against which, they evolved. The objective of this course is three-fold: first, to contribute to students' knowledge and appreciation of modern and contemporary cultural production and trends; second, to become familiar with new styles of analysis that enable us to undertake cross-disciplinary investigations of political and cultural possibilities; and third, to learn to apply those styles of analysis to the world we live in today.

COMP LIT 383-SA: Art and Philosophy in Contemporary Europe

Instructor: Marc Crepon

This course provides essential keys to three major theories that profoundly rejuvenated our understanding of the work of art. The first is that of Friedrich Nietzsche, who introduced the distinction between the apollonian and the dionysian; the second emerges in the work of Martin Heidegger, who specifies and explores the ontological dimension of the work of art; the third stems from the psychoanalytic theory of Sigmund Freud and its analysis of the bonds that tie creation to the unconscious in a way that profoundly influenced surrealism, one of the major artistic movements of the interwar period.

COMP LIT 390-SA: Philosophy and Literature

Instructor: Isabelle Alfandary

In this class, we will be reading literary texts from the modernist canon as well as critical essays addressing the question of dreams, fantasies, madness and disquieting experiences of the self and the world. The invention of new forms of expression in literature as well as new forms of representation in the visual arts (painting) has drastically changed our modes of reading, seeing, understanding reality, deciphering signs and triggered new ways of life. Modernity can be called critical to the extent that it questions form and renews meaning at the same time. Literature is the place where these experiences and knowledge can be registered and questioned.

European Union Studies Courses

POLI SCI 363-SA: The Political Economy of the European Union

Instructor: Francesco Saraceno

Students learn about the political production, structure, and regulation of economic activity in the European Union.

POLI SCI 365-SA: Decision Making in the European Union

Instructor: Bruno Vindel

This course offers an analysis, by lecture and simulation, of the European Union's complicated institutional structure for political decision-making.

POLI SCI 366-SA: The Dynamics of Lawmaking in the European Union

Instructor: Imola Streho

Students examine the dynamics of law making in the European Union and conflict or balance between domestic and regional law.

Public Health in Europe Courses

GBL HLTH 312-SA: Public Health in Europe: Issues and Policies

Instructor: Bruno Palier

Students examine issues and debates on health policy in France and the European Union, including primary health issues, health insurance, health inequalities, and topics such as HIV/AIDS, SARS and elderly care. Lectures are supplemented by visits to relevant sites and guest speakers.

GBL HLTH 311-SA: Health Care Systems in Europe and the US

Instructor: Bruno Palier

This course provides students with an understanding of the various ways in which health care systems are organized in European countries, the problems they face, and the reforms implemented or proposed at the national and EU levels.

GBL HLTH 313-SA: International Organizations and Health: A Research Seminar

Instructor: Bruno Palier

The aim of this seminar is to provide students with the opportunity to conduct social science research on a topic of interest and to introduce them to the role of international organizations in rule-setting as well as framing, supporting, and implementing health policies. Students design team research projects, learn about research methodology, discuss their research progress, and present findings.

Pre-Departure Readings

The following are recommended summer reading:

- Polly Platt, French or Foe? Getting the most out of Visiting, Living, and Working in France
- Jean-Benoît Nadeau and Julie Barlow, Sixty Million Frenchmen Can't Be Wrong
- **Public Health in Europe:** Robert H. Blank and Viola Burau, *Comparative Health Policy*

You will be notified via email if there are any materials that must be acquired prior to departure, but you can expect readings and course materials to be provided on-site.

Excursions and Study Trips



Northern France (All students)

On the first weekend of the program, students of all programs will travel for three days to see the beaches of Normandy, American and German cemeteries from World War II, and other historical sites. The trip provides a great opportunity for students on the program to get an introduction to France and to each other.

Art, Literature, and Contemporary European Thought Excursions

Antibes

Students will visit art museums and sites of inspiration for important visual artists, such as the Atelier de Cezanne, Musee Leger, and Musee Picasso.

Arles

Students and faculty travel to the southern city of Arles to visit the Fondation LUMA and meet with local artists, including students at the National School of Photography in Arles.

European Union Studies Excursions



Brussels, Belgium

Students will visit the European Commission in Brussels. During their visit, they will meet with several speakers throughout the day to learn more about economics in the EU and relations with the US. Visits to the European Council and to NATO headquarters will also be scheduled if possible. Students will also have the opportunity to explore the city and sample famous Belgian waffles and chocolate, arguably a

cultural experience in itself!

Strasbourg, France or Luxembourg

Students will also visit the European Parliament in Strasbourg and/or the European Court of Justice in Luxembourg. On this trip, students will visit important European institutions and speak with representatives about the role of the EU in international politics, economics, law, and human rights.

Public Health in Europe Excursions

Bordeaux

Students will visit the Bordeaux School of Public Health at the University of Bordeaux and speak with experts about topics currently under research. Possible research areas include: HIV/AIDS infection, maternal and infant health, health issues in Southern countries, nutrition, and cancer.

Geneva. Switzerland

Geneva is home to the headquarters of the World Health Organization (WHO), Red Cross and Red Crescent (IRC), United Nations (UN), International Labor Office (ILO), and Médecins Sans Frontières (MSF). Activities scheduled during this fieldtrip vary annually but may include a visit to the WHO library, WHO Disease Prevention Headquarters, MSF offices, or the Health and Welfare Reform Offices of the ILO. Several languages are spoken there, including French, German, and English.

Academic Program: Reflections from Past Students

- "The class trips were excellent. The first full weekend we were in France, we took a group program trip to Normandie, Mount Saint-Michel, and Saint-Malo. All three are must visits for study abroad students in France, and I would have never known to go to these places if it weren't for our programs. The weekend was one of the most fun I had while abroad. Program participants bonded all weekend while taking in breathtaking sights and experiences while we were still in the honeymoon phase of study abroad. We also grew close with some of our professors, and those relationships throughout the entire semester were so valuable!"
- "I really enjoyed all of my study abroad classes and professors. The classes built on each other, so it was nice talking about something in one class and having it come up again in a different class. We mastered the material we covered and we were able to discuss things extensively and the classroom environment was productive."
- "I have always particularly enjoyed meeting new people and having genuine interactions/connections, and while in Paris, I had several encounters like this with other students in my program but also other Parisians I have met. Although we came from different places, there were many similarities that especially made meeting certain people a truly positive experience"
- "The program is the best for completing your studies and maintaining a Northwestern standard while still pursing the opportunity to explore a new place and culture. I strongly believe that the program is the best that Northwestern offers."
- On the Art, Literature, and Contemporary European Thought program: "All four professors that taught me in Paris were extremely knowledgeable and passionate about their respective subjects, and I don't have any complaints or changes regarding assessments/engagement. I felt like I was prepared for the courses I took, but learned so much as well."
- On the European Union Studies program: "[The most positive aspects of my program were] studying political topics and international relations from a European perspective, making French friends, meeting and bonding with an incredible group of Northwestern students, traveling Europe, learning about French language and culture, and so much more."
- On the Public Health in Europe program: "Going abroad was not only a great experience for personal growth but the program also taught me a lot about the healthcare systems around the world which I hope will help me in the future. I also loved being in a totally new country with its own culture and language. It was very interesting to learn about the French society and what shaped it, while being totally immersed in it."

Accommodations

Accommodations and a meal plan are provided as part of the program package. In your Housing Guide, you received information about the two options for program-provided housing: living with a French family in a homestay or staying in the dormitory at St. John's University Paris campus.

More specific information about each housing option can be found in the Appendix to this guide. Refer to **Appendix III** for the Housing Guide for the Parisian Homestay, and refer to **Appendix IV** for the Housing Guide for St. John's University Paris Campus Dormitory.

Orientation Housing

For the first four days (three nights) of the program, all students will stay together in a youth hostel in Le Marais. By having all students living in the same residence for a few days, we hope that participants in all programs will be able to more easily orient themselves to Paris (and the vibrant neighborhood of Le Marais) and to begin to form friendships. In many cases, students will also be able to make arrangements to share transportation from the airport to the hostel.

Although you will be staying in a very nice, clean, and safe hostel, be aware that conditions in youth hostels are basic, and room size may be small. You will be asked to keep your big luggage in a storage locker for the duration of your stay, and although you will be able to request access to this facility, you should consider packing a small bag with the essentials that you will want during your first few days. This includes:

- All important documentation (See Weather and Packing in the FAQs)
- A few outfits
- Shower shoes (Some rooms may have shared bathrooms.)
- A towel (Consider purchasing a travel towel that packs up small. These are available at Uncle Dan's, which offers a discount to study abroad students. Download your coupon from Canvas.)

France

French history and culture are both rich and complex. We provide some basic information below, but we encourage you to do some research about the history of your host country as well as general country information, including the political system, geography, the economy, population, culture, and current events. Your ability to take full advantage of your time abroad will be influenced by the amount of preparation and research you do before you go, so read as much as you can! Refer to the list of resources in the **Links & Recommended Reading** section.

Fast Facts⁴

- Surface Area: 643,801 sq km (slightly less than the size of Texas)
- Population: 67,364,357 (July 2018 est.)
- Government type: semi-presidential republic
- GDP per capita: \$44,100 (2017 est.)
- Major industries: machinery, chemicals, automobiles, metallurgy, aircraft, electronics; textiles, food processing; tourism

Population⁵

France has an estimated population of over 67 million. Paris is the largest city in France in terms of metropolitan area population. The 1789 revolution set the precedent that it was illegal for the French state to collect data on ethnicity and race, and this was reaffirmed in the constitution of 1958. Therefore, official statistics on demographic data based on race and ethnicity is not available.

Language

French is France's official language. Interestingly, France has an official authority on the usages, vocabulary and grammar of the French language, called the Académie Française, though its recommendations carry no legal power. You will find that many people, particularly in stores and restaurants, are able to communicate in English as well. (For some useful tips and phrases, see **Appendix I.**)

Sciences Po



Sciences Po is one of Europe's most distinguished and well-known schools of social science and public affairs. Established in 1872, it is very competitive and counts most of France's political leaders among its alumni, including presidents Emmanuel Macron, François Hollande, Jacques Chirac, François Mitterrand, and Georges Pompidou.

Sciences Po has seven undergraduate campuses located throughout France. The Paris "campus" is located near the Seine, within walking distance to most major sights, such

⁴ https://www.cia.gov/library/publications/the-world-factbook/geos/fr.html

⁵ https://www.insee.fr/en/accueil

as Notre Dame de Paris and the Louvre. Sciences Po offers a multidisciplinary, multilingual, and outward looking education. Students are expected to study at least two foreign languages in addition to French, and many courses are offered in English. Full-time and exchange students come from around the world study at Sciences Po.



Sciences Po has a number of student groups that you can join. Participating in such groups is one of the most fun and effective ways to meet and befriend Sciences Po students. For more information, visit:

http://www.sciencespo.fr/vie-etudiante/en/content/permanent-associations

Note: If you plan to get involved, keep in mind that your schedule is quite different from the Sciences Po students' and quite busy. Since schedules are not terribly compatible, you will need to make an effort to find activities that are flexible enough to work around your program commitments. Take time during the first week of the program, which often aligns with Sciences Po's orientation week. to talk to Sciences Po students about possibilities. If you have any questions, contact a student officer directly.

Paris 3

Founded in 1970, the Université Sorbonne Nouvelle – Paris 3 evolved from the former Faculty of Arts of the University of Paris and is now a leading French institution in the arts and humanities. With approximately 400 international agreements, the Université Sorbonne Nouvelle has a strong commitment to international cooperation, with almost 1,500 incoming and outgoing exchange students per year.

Transportation

There are many modes of transportation in Paris, some of which are safer and more reliable than others. Below is some basic information about how to get around, but also refer to the **Health**, **Safety**, **and Security** sections of this Program Handbook for tips about safe travel.

- Foot: First and foremost, Paris is a walking city. It is often the fastest, most convenient, and most beautiful method of transportation. Sciences Po is in a neighborhood that is within walking distance from the Louvre, Musée d'Orsay, and other points of interest. Paris 3 is in the famous Latin Quarter. It is safe to walk in Paris during the day, but be more cautious at night, especially in certain neighborhoods. It is always advisable to avoid walking alone at night.
- Metro: The Metro in Paris is fast, safe, and reliable. The time between stations is about 1 minute, and trains come about every 3-5 minutes during peak hours.
 Note: The Metro only runs until 12:40am on weekdays and until 1:40am on the weekends.

Budgeting Tip: It is common for students to purchase a monthly Metro (Navigo) pass. This pass costs between 60 and 80 euros, depending on which part of Paris you live in, and can be purchased in most Metro stations. This is about the same as the cost of a monthly CTA pass, but the Metro is much more efficient and convenient than the 'EI.'

- Bike: Paris's very successful bike-share program, known as the Vélib, changed operators in 2018. The rollout was riddled with problems, and ridership plummeted. There are now a few different bike-sharing programs, but since the bike-sharing industry has been in flux in many major cities, including Paris, you are encouraged to tread carefully. Also be sure to review the fine print of any agreements, as fees can be hefty.
- Taxi/Uber: Taxis are abundant in Paris. While they may be difficult to hail, there
 are convenient taxi stands located every few blocks on major streets. Taxis are
 not too expensive, but prices can change depending on the hour or even the
 driver. Try to use as much French as possible to get a fair rate, or share rides
 with friends. Uber also operates in Paris.

Transportation To/From the Airport

Students are responsible for getting themselves from the airport to the student hostel in Le Marais, where all students will stay during orientation. GLO will provide information about students' arrival times in Paris, arranged into suggested arrival groups, closer to the date of departure. Students will be encouraged to contact other students in their arrival groups to make arrangements to share transportation to the hostel.

GLO **strongly recommends** that you take a taxi or airport shuttle from the airport directly to the hostel, rather than trying to navigate the RER train/metro with your luggage. A taxi is the quickest and easiest - but most expensive - option, as taxis from Charles de Gaulle (CDG) to the city center cost about 50-70 euros. You can also arrange for a shuttle transfer; this option may take a bit longer, but it will also take you directly to the hostel and will be less expensive than a taxi. Possible shuttle services include:

- Super Shuttle: https://www.supershuttle.com/locations/paris-bva-ory-cdg/
- Airport-Shuttle.com: http://www.airport-shuttle.com/

Be very careful with your belongings at the airport and when boarding a taxi or shuttle. Make sure your bags are in your possession at all times.

Visas

As a reminder, you will need a long stay student visa in order to study in France. This visa has a two-part application process, which is outlined in detail in the Visa Guide(s) already distributed. The process can take up to two months, so we encourage you to complete the visa application process before leaving campus.

Identity Abroad

The sections below provide some basic information, summarized from the Diversity Network Country Diversity Climate Notes for France⁶, and reflections from past students about the cultural climate of France. Also reference the Identity Abroad pages on the Global Learning website: https://www.northwestern.edu/abroad/student-experiences/identity-diversity/index.html.

⁶ Adapted from the Diversity Abroad Network. (2019).

Cultural Adjustment: Reflections from Past Students

Pre-Departure:

- "I would recommend reading the...assigned books on French culture, as they were very helpful in preparing me for how it would be different."
- "Reading about news, whether it's politics or pop culture, will really help get you to know what people are dealing with before you go."
- "I would recommend putting in time to learn some usable French before you leave."
- "I recommend that students really take advantage of their time by preparing from the beginning. Brush up on your language skills, understand the public transportation process before you arrive, and have your "bucket list" ready to go. That way you're ready to go as soon as you get to your destination."

While abroad:

- "Pace yourself: you will not be able to see all of Paris, even in 14 weeks. And that is okay. I would really not worry if you don't get to everything. Just see the things that you are the most itching to see, and not just all the touristy areas. Take some time to explore outside of France but DO NOT go traveling every weekend. Really take time to get to know Paris."
- "This has been said before and will be said again, but don't get overwhelmed by Paris! Know that you don't HAVE to go to every famous place, even if people pressure you. I know that I didn't see everything, but I feel like the famous monuments and museums I saw were only half of what made my experience so enjoyable. It is the places that you find on your own or with friends that are the most culturally stimulating and exciting anyway."
- "This was my first time living in a major city, commuting by the metro, and speaking a different language constantly. All these things require adjustment."
- "You won't regret going out or going to some new Parisian neighborhood instead of just going home after class. It's important to stay healthy and rested, but take advantage of the downtime!"
- "Culture-wise, be open-minded about your experiences. I realized how U.S/America-centered my
 education has been and it was good to expand my horizons and learn about a different culture and
 society."
- "I dressed differently, acted more reserved walking and traveling through the city, [and] ate a different diet."
- "I think I began to smile less and be so expressive. I began to notice more things too though. I learned to be more observant and curious."
- "When the program began, I knew nobody and was cut off from a lot of my support system at a time when I was trying to get my footing in a foreign culture. However, the other students in the program were very friendly and ones I have become close with. My host family was incredibly welcoming and helped me both learn the language and feel comfortable in their home."
- "When I initially arrived in France, for the first month or so, I felt quite lonely. It was more difficult than I expected to not have my close friends with me, and I felt as though the NU group was quite "cliquey." With time, though, I found people I got along with, and I made an effort to get to know different people. I also grew to be comfortable doing things alone."
- "We created a weekly get-together called Seine Tuesdays; we'd go to a park, bring speakers and cards, and get to know each other with Paris as the backdrop. We bonded with each other and soaked up the city all at once."
- "I would go to popular locations in the area and sit and observe how the French behave and interact with one another."

Gender Roles & Identity

Female students traveling to France can expect a level of protection and respect equivalent to what they experience in the United States. However, it is still important that all students – regardless of gender – follow the guidelines and precautions outlined in the **Gender** and **Health & Safety** sections of the Global Learning website, as well as the pre-departure modules in Canvas related to gender, sexuality, sexual health, and sexual violence response.

Gender Identity: Reflections from Past Students

- "I was not prepared for the aggressive way men approach women in France, so that was a big adjustment that we had to deal with on a consistent basis while being there."
- "I wasn't prepared for the amount of sexual harassment that I experienced in Paris."
- "I experienced very little harassment (as I am a woman.) I felt very safe."
- "Just as a woman studying abroad, I recommend seeking out information about how to protect yourself in Paris."

Race and Ethnicity

Although Paris is an ethnically diverse city, French national identity is based on its Gallic heritage. According to the same 2015 Eurobarometer, 82 percent of respondents believed discrimination based on ethnic origin to be widespread in France⁷. Students of color may find France to be less prejudiced, in general, than many parts of the U.S., but others may experience individuals with significant ignorance of racial and ethnic diversity. Resource:

Mouvement Contre le Racisme et pour l'Amitié entre les Peuples: <u>www.mrap.fr</u>

Race & Ethnicity: Reflections from Past Students

- "One of my biggest challenges was the racism I experienced both walking on the streets of Paris and in my homestay... Race and ethnicity are regarded very differently in France. The French promote social solidarity and no differentiation and don't even have censuses. However, this thinly disguises the racial tensions that occur and it's important to be aware of that, especially as a POC...If you're a POC, be aware that perspectives on race and ethnicity are much different in France. Although some people may not realize the significance of their words, they may still be saying things that do not run well with you."
- "The French talk about race in a manner very different than in the United States, and it might be perceived as insensitive by some. I had some difficulties with that."
- "Be mindful that if you are not Caucasian, people might ask you where you are from and probe you about your ethnic origin. Most don't mean to be racist or ignorant, they're simply curious."
- "In one of the classes, we learned a lot about the race issues that exist in France. For one, race is not even identified in France. Everyone is simply considered French."

⁷http://ec.europa.eu/COMMFrontOffice/publicopinion/index.cfm/Survey/getSurveyDetail/instruments/SPE CIAL/surveyKy/2077

Race & Ethnicity: Reflections from Past Students (cont')

- "They don't really understand divorces or mixed race or ethnically ambiguous people and will often outright ask about your parentage, so be prepared to repeat it many times."
- "Most Parisians are very open-minded and welcoming. During my travels though, I did experience some harassment for being Asian/woman. Just be smart and safe."
- "French people have a different way of speaking about race than Americans, and discrimination/racism exists outside the U.S. But you should keep in mind that not all the questions French people ask about race are meant to be offensive; they just have a different understanding of race and ethnicity."
- "I never felt less aware of my racial (Indian) identity than I did in France. I felt acutely AMERICAN, but rarely felt aware of my ethnic background...I experienced no racial microaggressions/discrimination. That being said, the discourse and language around race is very different, and might come across as offensive."

Sexual Orientation and Identity

According to a 2015 Eurobarometer, 72 percent of respondents believed discrimination based on sexual orientation to be widespread in France⁸. In general, however, French society is highly tolerant and upholds LGBTIA rights. It has recognized same-sex civil unions since 1999. Laws protect individuals and groups from all hate crimes and discrimination based on sexuality. There are gay clubs, bars, and businesses, so LGBT students will likely be able to find a community of friends, groups, organizations, and establishments in Paris. Resources:

- Centre Lesbien, Gai, Bi et Trans de Paris: http://www.centrelgbtparis.org/
- Paris (GlobalGayz.com): http://www.globalgayz.com/europe-paris-1/475/

High Financial Need

France has a large social welfare system and less economic inequality than the United States, but there has been a growing gap separating the wealthiest French citizens from the rest of the population. According to a December 2017 Eurobarometer, 85 percent of French citizens believe that differences in people's incomes are too great. These growing inequalities – and limitations in government policy – have sparked debate and protest. You will learn more about the complexities of these issues through your coursework.

The cost of living in Paris is higher than in Evanston. In general, you may find that the price of items is similar to what you would experience in the United States, but in Euros instead of dollars. This means that every item you purchase will be about 15-20% more expensive, given the currency conversion. The student budget sheets in **Appendix II** reflect average out-of-pocket costs experienced by past students, but these totals can be challenging to manage over the course of the 14-week program. All students, but especially students with high financial need, are encouraged to keep a weekly and monthly budget to track their spending. Refer to the **Budgeting & Planning** section of

⁸http://ec.europa.eu/COMMFrontOffice/publicopinion/index.cfm/Survey/getSurveyDetail/instruments/SPECIAL/surveyKy/2077

the GLO website for more information: https://www.northwestern.edu/abroad/money-matters/budgeting-planning/index.html.

Students with high financial need may find that the French people that they meet assume that they are wealthy, because they are from the United States. They may also experience pressure from their friends to travel often. Some students may be able to afford to travel outside of Paris multiple times, but many will not. Like you do with your daily living expenses, you are encouraged to set a travel budget, if you plan to travel, and stick to this. Also seek out free and low-cost options in and around Paris. There are many discounted activities for students!

Budgeting Advice From Past Students:

- Don't spend too much money on lunch during weekdays. It can add up! Plan to eat at a CROUS cafeteria, make your own lunch, or find places with inexpensive lunch menus.
- Always keep your student ID handy for movies and museums. If you plan to visit the same museum more than twice, get a Carte Jeune. This card is an annual pass and lets you bring a friend for free several nights per week.
- Shop at stock-shops instead of the original boutiques. There are outlets for major designers scattered in the Latin Quarter, Montmartre, and along Boulevard Raspail. There are also some great vintage stores in Le Marais.
- Look for discounted theatre tickets at www.billetreduc.com where tickets can be anywhere from 25% off to FREE!

Budgeting & Finances: Reflections from Past Students

- "I think that budgeting was the most challenging part of the abroad experience. I was able to lower my costs by keeping a very detailed ledger and adjusting my spending accordingly each month. I also ended up buying groceries occasionally to keep breakfast and lunch costs down."
- "You will spend more than you think! Everyone that I talked to spent much more than they expected, especially the first month. Make sure you have everything sorted with your bank before you arrive so you can avoid unwanted charges."
- "[I wish I had known h]ow easy it is to spend money! I greatly exceeded what I had thought was a reasonable budget beforehand. Of course, much of that is my own poor planning, but it is much easier to spend money than I thought!"

Religion and Spirituality

The majority of French citizens identify as Roman Catholic, but many are agnostic, and many practice other religions, including Protestantism, Judaism, and Islam. A number of places to worship exist in Paris, so students wishing to attend church, mosque, or synagogue services will have easy access to do so. Religion is an important – and in some cases, contentious – issue in France, so students may experience intellectual discussion and debates around religion and religious freedoms, among other political and cultural issues. Resource:

Places of Worship in Paris: http://en.parisinfo.com/what-to-see-in-paris/place-of-worship

Health, Safety, and Security

The sections below provide information about health and safety risks and resources in France, including reflections from past students. Refer back to the **Health & Safety** section of the GLO website and the modules in Canvas for more information about preparing for and responding to health, safety, and security concerns.

Staying Healthy

In its 2000 assessment of world health care systems, the World Health Organization found that France provided "the best overall health care" in the world. Private hospitals and medical staff are of an international standard, and all large centers have full specialist care with providers who speak English.

Food and water are safe in most locations, but you should always wash your hands with soap or use an alcohol-based hand sanitizer before eating. If you are traveling out of Western Europe, be sure to do some research on food and water safety before you go.

Safety and Security

In addition to the **Travel Safety** information outlined on the Global Learning and Global Safety and Security websites, you are advised to follow the precautions below during your time in France.

- Refer to the U.S. Department of State Country Information Sheet for safety and security guidelines: https://travel.state.gov/content/travel/en/international-travel-Country-Information-Pages/France.html
- Petty crime is common at airports, on public transportation, and in tourist locations. Be vigilant, and care for your belongings.
- Crimes of opportunity are more likely to become violent: 1) on the street late at night, and/or 2) when the victim resists. If you are confronted, COOPERATE! Give the criminal what they ask for. Concentrate on remembering a description, which you can provide to the police.
- France has been the target of several high-profile terror attacks, so French and European governments have been taking action to guard against terrorist threats. Students should keep their phones on, charged, and loaded with airtime, so that they are reachable in case of emergency. Students are also advised to avoid large crowds or crowded places when possible and to exercise particular caution. In the event of heightened threat, students should return to (or remain at) a safe location, such as Sciences Po, Paris 3, or their accommodations, until further notice.
- Civil protest in France over various social issues (salaries, retirement, human rights, etc.) is quite common, and this typically takes the form of peaceful demonstrations. As a reminder, students are not permitted to participate in—or attend—any kind of public demonstration. In the event of severe civil unrest, students should return to (or remain at) Sciences Po, Paris 3, or in their homes, avoid the demonstration route, and stay there until the situation stabilizes. On-site administrators will contact students with information about demonstration routes, dates, and times.

- Women should exercise extra caution. While the incidence of sexual assault is statistically low, attacks, harassment, and other forms of sexual violence do occur.
- Refer to the Paris Police Prefecture pamphlet in English, which offers practical advice and useful telephone numbers for visitors.
 - "Guide to Staying Safe in Paris":
 https://www.prefecturedepolice.interieur.gouv.fr/content/download/3275/1538
 7/file/guide paris 2013 gb bd.pdf

Frequently Asked Questions (FAQs)

Weather and Packing

What is the weather going to be like?

Paris has a typical Western European oceanic climate. Generally, Paris's climate can be described as mild and moderately wet. The fall is comparable to Evanston (perhaps a bit warmer, and a little rainier) but by December it gets fairly cold and may even begin to snow.

Is there anything special that I need to pack for my program?

You will be taking day trips and more extended excursions, so you will want things that travel easily. We recommend that you bring a backpack, duffel bag, or moderate-sized suitcase and a daypack.

As a reminder, you will be staying in a youth hostel for three nights during orientation, so you are encouraged to pack a small bag with the items you will need for these first few days, including a towel. Alternatively, pack the items you will need, so that they are easily accessible in your suitcase.

Past students have recommended bringing good walking shoes and boots, as walking will be the primary method of transportation in Paris. You will also need a towel, so you may wish to acquire a travel towel.

Food & Water

Can I drink the water?

Yes. Tap water is very safe in Paris. Do not be shy in asking for water at restaurants if you are not immediately offered this. Bottled water in restaurants can be expensive, and it is typical to ask for tap water ("une carafe d'eau").

What is typical food?

French cuisine is considered one of the best in the world. Each region prides itself on a specialty, so take some time to explore all of the different kinds of food that are considered "French." In general, the food that is eaten in restaurants can be very different from the food that is eaten in French homes. Paris, furthermore, is an international city. It might be a little difficult to track down your favorite ethnic cuisine, but there are several neighborhoods that specialize in certain kinds of world foods.

Is the local cuisine vegetarian friendly?

French cuisine is not inherently vegetarian-friendly, but Paris is a metropolitan city and becoming more and more aware of the needs of vegetarians! Homestay families are matched based on needs and can accommodate vegetarians, but you should still understand that food and diet are cultural and you should expect to communicate with your family about any restrictions or preferences that you may have.

Money

How much does the program cost?

See **Appendix II** or refer to the website for a breakdown of program costs.

Are meals included in my Program Fee?

Some meals are included, but this depends on which housing option you select. Homestays include breakfast and 5 dinners per week (if following the recommended option) or just breakfast (if following the B&B option). St. John's includes breakfasts and dinners from Monday to Thursday.

How much money should I plan to spend?

Refer to the student budget in **Appendix II** for an estimate of costs for additional meals and discretionary expenses. The figures included in the budget represent averages reported by past students.

Be aware that your student budget does not include personal travel, and traveling throughout Europe on weekends or during Toussaint can quickly add up. Travel costs will depend upon the nature of your trips, but weekend trips will likely cost no less than 150 euros.

Living in Paris is expensive, so it is important that you prepare a budget in advance and keep to it! Save up in the summer before you go. Most students are surprised by how much they spend.

Communications

How do I get a cell phone that works in Paris?

The vast majority of students opt to get a plan through Free Mobile: http://mobile.free.fr/. Free Mobile tends to offer the best rates for students and other short-term visitors to France. There are three primary cell phone providers in France, each of which has its own offers: Orange, SFR, and Bouygues. You should still review your options and make decisions based on how you intend to use your phone for calling, texting, and data.

As a reminder, if you intend to use your U.S. smartphone with a French SIM card, you have to make sure that your phone is unlocked. Contact your U.S. cell phone provider for more details. Contact previous students for tips on cell phone purchase and use. Also refer to information on the GLO website:

https://www.northwestern.edu/abroad/study-abroad/prepare-and-go/communication.html.

Transportation & Travel

Will I be picked up from the airport?

No. You will need to arrange your own transportation from the airport to the hostel where you will reside during orientation.

How will I get back to the airport for departure?

You will be responsible for getting to the airport for your return flight.

How much free time do I have? What can I expect to do outside of class?

There is free time before and after classes, as well as on weekends when you do not have pre-scheduled trips and excursions. Remember: weekend means Saturday and Sunday. Since you may have class or activities on Fridays, you should avoid planning a weekend trip with a Friday departure.

There are a wide variety of places for you to explore in and around Paris, and many students take trips outside of Paris during the Toussaint and Thanksgiving vacation periods. Contact the Ambassadors for your program to get suggestions for things to do in your spare time: https://www.northwestern.edu/abroad/student-experiences/ambassador-program/student-ambassadors.html

Links & Recommended Reading

Program & Country Information

- Art, Literature, and Contemporary European Thought Program Page: https://www.northwestern.edu/abroad/study-abroad/explore-programs/europe/art-literature-contemporary-european-thought.html
- European Union Studies Program Page: https://www.northwestern.edu/abroad/study-abroad/explore-programs/europe/european-union-studies.html
- Public Health in Europe Program Page: https://www.northwestern.edu/abroad/study-abroad/explore-programs/europe/public-health-in-europe.html
- Student Blogs: https://sites.northwestern.edu/studyabroadblogs/
- Connect with past students: https://www.northwestern.edu/abroad/student-experiences/connect-with-students/index.html
- CIA World Factbook France: https://www.cia.gov/library/publications/the-world-factbook/geos/fr.html
- U.S. Department of State Country Guide for France: https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/France.html
- Paris tourism site: http://en.parisinfo.com/

Books

It's worth getting a good pocket guidebook and map to get you around Paris, such as Lonely Planet, Rick Steves's Guide, etc. Below are a few other recommendations. Remember: the resources marked with an (*) are suggested reading for the program.

Non-Fiction

- *French or Foe? Getting the most out of Visiting, Living, and Working in France, Polly Platt: The book explores the cultural hurdles to understanding French and outlines the context that forms Frenchness.
- *Sixty Million Frenchmen Can't Be Wrong: Why We Love France but Not the French, Jean-Benoit Nadeau, Jean-Benoit: One of the best guides to French culture and expectations.
- The Only Street in Paris: Life on the Rue des Martyrs, Elaine Sciolino: A reflection by the former Paris Bureau Chief of the New York Times on her favorite street in Paris.
- France Today, John Aradagh: A rich description of the politics, people and peculiarities that make up modern France.
- Cross Channel, Julian Barnes: 10 stories that depict the manners, prejudices and historical purview of Brits traveling or living in France
- The Second Sex, Simone De Beauvoir: The paradigm of French Feminism
- Walking Paris, Gilles Desmons: A step-by-step guide to the city of lights
- France in Crisis: Welfare Inequality and Globalization since 1980, Timothy Smith: A
 detailed account of the economic condition in France.

- The Judgment of Paris, Gore Vidal: Set in post-war Europe, this classic coming-ofage story is about self-discovery and lessons on taking pleasure in both love and life
- Collected Essays, James Baldwin: Description: Certain essays are about this famous American in Paris

Fiction

- Cousin Bette, Honore de Balzac: Cousin Bette, a poor and lonely seamstress, who, after the death of her prominent and wealthy sister, tries to ingratiate herself into the lives of her sister's family.
- The Tale of Two Cities, Charles Dickens: A classic interpretation of the French Revolution.
- Paris to the Moon, Adams Gopnick: An account of the life of an expatriate compiled from the writings done from the New Yorker.
- Les Miserables, Victor Hugo: Set during the French Revolution, the account of a man, Jean Valjean and his journey to find love, success and peace of spirit
- The Ambassador, James Henry: A man's journey through love, deception and self-discovery
- Topaz, Leon Uris: A French intelligence agent becomes embroiled in the Cold War politics first with uncovering the events leading up to the 1962 Cuban Missile Crisis, and then back to France to break up an international Russian spy ring.

Travel & Transportation

- Public Transportation: http://www.ratp.fr/en/ratp/c 21879/visiting-paris/
- Easyjet (low-cost airline): www.easyjet.com
- Ryanair (low-cost airline): www.ryanair.com
- Rail Europe (train travel in Europe): www.raileurope.com/

Health & Safety

- World Health Organization: France: http://www.who.int/countries/fra/en/
- CDC: Health Information for France: http://wwwnc.cdc.gov/travel/destinations/traveler/extended student/france
- French Ministry of Health (in French): http://www.sante.gouv.fr/
- GeoBlue Health Insurance: https://www.geo-blue.com/
- Smart Traveler Enrollment Program: https://step.state.gov/step/

Appendix I: Language Tips & Useful Phrases

When you walk into a store or restaurant, always greet the employees or owner. When you leave, say thank you and goodbye. You will quickly observe that all the French customers do this as a sign of courtesy and respect. Simply saying "bonjour" goes a long way in France, even when getting on a bus or asking for directions. Not saying hello can ensure poor service!

Below are some useful phrases for communicating and getting around while in Paris.

English	French
Hello	Bonjour or salut (more informal)
Goodbye	Au revoir
Good evening	Bonsoir
Yes	Oui
No	Non
Please	S'il vous plaît or S'il te plaît (more
	informal)
Thank you	Merci
Excuse me	Excusez-moi, or pardon
I'm sorry	Désolé
How are you?	Comment allez-vous? Comment ça
	va?
Where is?	Où est?
What?	Comment?
My name is	Je m'appelle
I would like	Je voudrais
Could you please take a picture of us?	S'il vous plaît, pouvez-vous nous
	prendre une photo?
Could you please take a picture of	S'il vous plaît, pouvez-vous me
me?	prendre une photo?
Where is the bathroom?	S'il vous plaît, où sont les toilettes?
Can I please get the check?	L'addition s'il vous plaît?
How much is it?	Ça coûte combien, s'il vous plaît?
Can you help me?	Pouvez-vous m'aider?
Do you speak English?	Parlez-vous anglais?
I do not speak French	Je ne parle pas français
I do not understand	Je ne comprends pas

Appendix II: Cost Breakdown

NORTHWESTERN UNIVERSITY IN PARIS PROGRAMS, FALL 2019 Program Cost Information

STUDENT BUDGET: HOMESTAY OPTION WITH MEAL PLAN

FEES CHARGED BY NORTHWESTERN	
PROGRAM FEE	
Tuition: \$13,564	
The tuition fee covers all program expenses, including:	
lectures and instruction for five program courses	
 field visits and excursions to locations such as Normandy, Brussels, Strasbourg, Bordeaux, Geneva, Arles, and Antibes, depending on program (including all related travel costs) 	\$18,744
Room & Board: Homestay & Meal Plan: \$5,000	
This fee covers homestay accommodations arranged by Atome with breakfast offered daily and	
five dinners per week. Students are responsible for additional meals (see below).	
GeoBlue Health Insurance: \$180	
STUDY ABROAD ADMINISTRATIVE FEE	\$0
Students participating in this program are exempt from the Study Abroad Administrative Fee.	φU
TOTAL FEES CHARGED BY NORTHWESTERN	\$18,744

ESTIMATED ADDITIONAL COSTS	
International Airfare	
Students are responsible for making arrangements to fly roundtrip to Paris, France, on the dates provided. International airfares vary greatly based on the point of departure, carrier, and type of ticket purchased as well as volatility of airline industry pricing. Students may choose to take advantage of frequent flyer or other airline awards available to them, which could significantly lower their travel costs.	\$1,500
Additional Meals	\$1,800
Local Transportation Students should expect to incur daily travel expenses from their accommodations.	\$400
Books & Supplies	\$200
Visa Fees	\$290
Personal Expenses	-
Personal expenses vary based on individual spending habits and budgets. Figures represent student-reported averages and include incidentals and living expenses, such as clothing, toiletries, entertainment, and communication expenses. Students who plan to travel outside of their program location should estimate an additional \$500-\$2,000.	\$1,200
TOTAL ESTIMATED ADDITIONAL COSTS	\$5,390

TOTAL STUDENT BUDGET	¢24.424
(Fees + Estimated Additional Costs)	\$24,134

For more information about billing, finances, and financial aid for study abroad, please refer to the Money Matters resource page of the Global Learning website or contact Krista Buda Bethel (krista@northwestern.edu) in the Financial Aid Office. Also refer to the Financial, Withdrawal & Cancellation Policies section of the Global Learning website for information about refunds in the case of withdrawal or dismissal.

NORTHWESTERN UNIVERSITY IN PARIS PROGRAMS, FALL 2019 Program Cost Information

STUDENT BUDGET: HOMESTAY OPTION WITH BREAKFAST ONLY

FEES CHARGED BY NORTHWESTERN	
PROGRAM FEE	
Tuition: \$13,564	
The tuition fee covers all program expenses, including:	
 lectures and instruction for five program courses 	
 field visits and excursions to locations such as Normandy, Brussels, Strasbourg, Bordeaux, Geneva, Arles, and Antibes, depending on program (including all related travel costs) 	\$17,644
Room & Board: Homestay & Breakfast: \$3,900	
This fee covers homestay accommodations arranged by Atome with breakfast only. Students	
are responsible for additional meals (see below).	
GeoBlue Health Insurance: \$180	
STUDY ABROAD ADMINISTRATIVE FEE	\$0
Students participating in this program are exempt from the Study Abroad Administrative Fee.	φU
TOTAL FEES CHARGED BY NORTHWESTERN	\$17,644

ESTIMATED ADDITIONAL COSTS	
International Airfare Students are responsible for making arrangements to fly roundtrip to Paris, France, on the dates provided. International airfares vary greatly based on the point of departure, carrier, and type of ticket purchased as well as volatility of airline industry pricing. Students may choose to take advantage of frequent flyer or other airline awards available to them, which could significantly lower their travel costs.	\$1,500
Additional Meals	\$2,900
Local Transportation Students should expect to incur daily travel expenses from their accommodations.	\$400
Books & Supplies	\$200
Visa Fees	\$290
Personal Expenses Personal expenses vary based on individual spending habits and budgets. Figures represent student-reported averages and include incidentals and living expenses, such as clothing, toiletries, entertainment, and communication expenses. Students who plan to travel outside of their program location should estimate an additional \$500-\$2,000.	\$1,200
TOTAL ESTIMATED ADDITIONAL COSTS	\$6,490

TOTAL STUDENT BUDGET	\$24.124
(Fees + Estimated Additional Costs)	\$24,134

For more information about billing, finances, and financial aid for study abroad, please refer to the Money Matters resource page of the Global Learning website or contact Krista Buda Bethel (krista@northwestern.edu) in the Financial Aid Office. Also refer to the Financial, Withdrawal & Cancellation Policies section of the Global Learning website for information about refunds in the case of withdrawal or dismissal.

NORTHWESTERN UNIVERSITY IN PARIS PROGRAMS, FALL 2019 Program Cost Information

STUDENT BUDGET: DORMITORY OPTION

FEES CHARGED BY NORTHWESTERN	
PROGRAM FEE Tuition: \$13,564 The tuition fee covers all program expenses, including: • lectures and instruction for five program courses • field visits and excursions to locations such as Normandy, Brussels, Strasbourg, Bordeaux, Geneva, Arles, and Antibes, depending on program (including all related travel costs) Room & Board: St. John's University Paris Campus Dormitory: \$6,000 This fee covers dormitory housing at St. John's University Paris Campus with breakfast and dinner provided on Monday through Thursday. Students are responsible for additional meals (see below). GeoBlue Health Insurance: \$180	\$19,744
STUDY ABROAD ADMINISTRATIVE FEE Students participating in this program are exempt from the Study Abroad Administrative Fee.	\$0
TOTAL FEES CHARGED BY NORTHWESTERN	\$19,744

ESTIMATED ADDITIONAL COSTS	
International Airfare Students are responsible for making arrangements to fly roundtrip to Paris, France, on the dates provided. International airfares vary greatly based on the point of departure, carrier, and type of ticket purchased as well as volatility of airline industry pricing. Students may choose to take advantage of frequent flyer or other airline awards available to them, which could significantly lower their travel costs.	\$1,500
Additional Meals	\$1,800
Local Transportation Students should expect to incur daily travel expenses from their accommodations.	\$400
Books & Supplies	\$200
Visa Fees	\$290
Personal Expenses Personal expenses vary based on individual spending habits and budgets. Figures represent student-reported averages and include incidentals and living expenses, such as clothing, toiletries, entertainment, and communication expenses. Students who plan to travel outside of their program location should estimate an additional \$500-\$2,000.	\$1,200
TOTAL ESTIMATED ADDITIONAL COSTS	\$5,390

TOTAL STUDENT BUDGET		\$25,134
(Fees + Estimated Additional Costs)		

For more information about billing, finances, and financial aid for study abroad, please refer to the Money Matters resource page of the Global Learning website or contact Krista Buda Bethel (krista@northwestern.edu) in the Financial Aid Office. Also refer to the Financial, Withdrawal & Cancellation Policies section of the Global Learning website for information about refunds in the case of withdrawal or dismissal.

Appendix III: Housing Guide: Parisian Homestay

GLO works with a company called Atome to place you with a compatible host family in Paris. You will be matched with a host family according to the preferences indicated on your Registration Form, such as dietary preferences, allergies, and French language skills, among others. You must also select between two meal plan options. Finally, you also have the option of requesting an English-speaking host family or a double homestay (two Northwestern students in the same homestay).

Address:

ATOME
7, rue Guénégaud
75006 Paris
contact@atomeparis.com

Tel: +33 (0)9 52 15 72 94

Link:

www.atomeparis.com

<u>Note</u>: although GLO and Atome take great care to consider all possible factors to ensure that students are placed with the best possible match, it is often not possible to accommodate students' preferences. It is important to have an open mind, to recognize that all families are different, and to be adaptable and flexible.

Room and Board

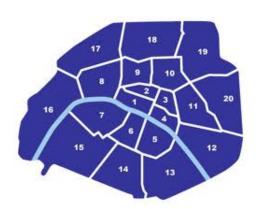
Homestays will provide you with a private bedroom, linens, access to a washer/dryer, Internet access, and either a shared or private bathroom.

You can choose between two meal plan options:

- B&B + 5 (Recommended for all students). Includes breakfast and five dinners per week, but you may ask permission from your host family to use the kitchen to store food and to prepare packed lunches. The cost of this option is included in the published program fee. Although you do not have to eat every provided meal with your family, you should always make sure that they know ahead of time if you do not plan on joining them for dinner. It is appropriate to ask if you can substitute a different meal with your host family for a meal out if you wish.
- Bed and Breakfast (Recommended for students with dietary restrictions or preferences). Includes a basic breakfast only, but you may request access to the kitchen in their homestay to prepare their own meals. Students selecting this meal plan will be charged a reduced program fee; refer to the student budget sheets for cost information.

Location

You may be placed in a host family living in any of Paris's 20 arrondissements, or districts, which spiral out clockwise from the 1st in the very center to the 20th at the outer, eastern edge. Atome makes every effort to place students as close to Sciences Po and Paris 3 as possible, but students can expect to live within a 40-minute commuting radius of campus. Therefore, students living with a host family should be prepared to commute to class using public transportation.



Important Considerations

GLO encourages all students to consider the homestay option, if they are open to navigating the opportunities and challenges that come with living in a Parisian family's home throughout the program.

Former students have remarked that the **advantages** to a homestay include:

- Authentic French cultural experience
- Opportunity to practice and improve French language skills
- Personal connections made with host families
- Home-cooked meals of French cuisine
- Ability to get to know different neighborhoods in Paris
- Ability to have a more independent lifestyle

Student Testimonials:

• French language and culture:

- "I loved my homestay family! They were so welcoming and made me feel extremely comfortable, even though it took a couple days for me to adjust to living with a foreign family. I spoke almost entirely in French with my homestay family, and I feel that this was the best way to improve my French."
- "Living with a host family definitely helped me pick up a little French, and it allowed me to experience the French culture in ways I definitely could not have if I had lived in a dorm or on my own."
- "Living in a home-stay was one of the most enriching and challenging experience of being abroad. I was lucky enough to be placed with a host mom who exposed me to French culture, and who I credit with the majority of my language development."

Personal Connections:

- o "I loved living life with my homestay family this past fall quarter. They were some of the sweetest people I have ever met and helped me a lot in terms of figuring out how to get to school, sites to see, places to avoid, and more. I miss them with all of my heart and hope to keep in touch with them for the rest of my life."
- o "I absolutely loved my homestay. The family I lived with was kind, personable, and we got to know each other well. I already miss them."
- "I LOVED my host family, and really appreciated being with another NU student."

Meals:

 "Loved my host parents! They were so helpful and the food was delicious, very kind people."

- "My homestay was AMAZING. Our mom cooked us awesome French dinners every night, and they were usually different each time...my roommates and I quickly learned not to skip dinner EVER (even though we ate pretty late). They were also nice, helpful people who only spoke French with us (and so greatly improved our French skills)"
- "The meal arrangement was wonderful. I provided myself breakfast and lunch, and my host mother went out of her way to provide me with dinners the matched my dietary needs."

Possible challenges include:

- Commute to Sciences Po
- Distance to other students on the program
- Communicating with host families in French
- Difficulty adapting to living with a French family
- Incompatibility with host(s) and the resulting possibility of having to move

Student Testimonials:

Communicating:

"[M]y housing arrangement was overall a positive experience. However, I came in with the expectations my homestay mother was going to be that, a motherly figure but she treated my roommate and I more like completely independent adults-- which is fine. But I wish I would have formed more of a deeper connection. She also spent a lot of the time talking about herself and did not really give me much of a chance to practice the language or have her get to know more about me. With that said, that was not a dealbreaker. I enjoyed hearing her experiences and connecting those things to what I had learned in class. I definitely enjoyed the location and having my own room and area. I wish there were more of a common space however."

Adapting:

- "Host family is fine. Just have to remember, you will always feel a sense of being a guest and not comfortable."
- "My housing situation was good overall, but they could have been more inviting (as in inviting me to places and taking me to some events) and clearer about their expectations about the food rules. Just more clearly stated expectations at the beginning would have helped."
- o "The homestay was okay...It was very formal, which was tiring after a while. I didn't feel like I could talk with them about very much."

Tips for a Successful Homestay Experience

Suggestions from ATOME:

Contact your host family to introduce yourself and let them know the time of your arrival.
 They will be very pleased with this initiative on your part.

<u>Tip</u>: If you do not feel comfortable enough with your level of French to compose your own message, you may wish to write something first in English and then translate to French using Google Translate or another translation tool. Also feel free to refer to the "Sample Introductory Email" template provided below.

- Consider yourself a guest welcomed into their family and don't forget that they are there to make your stay comfortable and memorable!
- You don't yet know your host family, nor they you! Often, the first days are for getting to know each other's respective habits and lifestyle... don't hesitate to communicate with each other!
- From a practical standpoint, don't forget: turn off the lights when you leave a room, be very
 careful with your water usage when showering, always ask permission before using: the
 laundry, the kitchen, the television, etc. Also make sure to leave the bathrooms (and the
 toilets) and the kitchen clean after using them.
- Your bedroom is your private space, so you are therefore responsible for its upkeep: clean
 up, let in some air, don't leave your things on the ground, make your bed, vacuum... Your
 family will greatly appreciate it!
- Don't forget that you are not allowed to keep extra food and drink in your bedroom.
- Finally, if you are going to go out for the evening, for the whole night, or for several days, let your family know about your plans (just so that they don't worry about you).

Additional Tips:

- Always be polite and greet each member of your family with "bonjour" in the morning and "bonne soir" in the evening. It is also nice to try to ask polite questions and get to know the members of your host family, even if you are a little uncomfortable speaking French—they will appreciate the effort, and it will help break the ice.
- Until you are told otherwise, address your host parents (and anyone else in the family from a generation older than yours) using the more formal "vous" form, rather than the more informal "tu" form. Your host family will likely tell you that you can be more informal with them, but err on the side of formality until your relationships are made clear. Anyone from roughly the same generation as you or younger will expect to be addressed with "tu."
- Living in a host family is a great way to get to know French cuisine firsthand, so be open to trying new foods that your host family prepares for you. Of course, if you have specific dietary restrictions due to lifestyle, health, or religious reasons, it is important to be up front about these restrictions and communicate this to your family. However, the more open you are to trying new foods (even ones you don't think you'll like), the easier it will be to get along with your host family at meal times. Finally, thank your host family for each meal, even if it wasn't your favorite.
- Dress appropriately when you are at home—get fully dressed and ready for the day before
 coming to breakfast, and don't change out of your regular clothes until you are getting
 ready to go to sleep. The French are usually a little more formal (and place less
 importance on being "comfy") than Americans, so they may feel uncomfortable if you wear
 pajamas or gym shorts around the house or look like you just rolled out of bed when you're
 in common living areas.
- In addition to making sure that your own bedroom is clean and tidy (and making your bed!), it is respectful to offer to help out around the house. Your family will not expect you to do regular chores, but it will make a good impression if you offer to help out sometimes.
- Be conscientious about how much noise you make if you come in late at night/early in the morning to make sure that you don't disturb your host family.
- Although it is not required, it is nice to bring a small gift upon arrival to thank them for
 hosting you for the semester. You may want to bring some kind of specialty craft or food or
 drink from your hometown, a coffee table book, or even a Northwestern blanket or

sweatshirt so that they have something that will make them think of you even after you leave.

- Bring some of your culture to France to share with your host family and other French
 friends you may make. You might want to show them pictures of your friends and family, of
 Northwestern's campus, or of Chicago/Evanston/your hometown. Consider bringing a
 special family recipe that you can prepare for your host family to share some of your home
 life with them.
- If you take pictures with your host family while you are in Paris, share copies with them.
- While you will be very busy with class, exploring Paris, and travelling, you will develop a
 better relationship with your host family if you spend a little time with them outside of meal
 times and participating in their daily activities. You do not have to accept every invitation
 extended to you, but try not to disappear all day every day, only emerging for meals.
- Keep an open mind about your homestay for the first two weeks until you have had a
 chance to settle in and become more comfortable living in Paris in general. If you do not
 feel comfortable with your living situation after allowing for an appropriate amount of time
 for adjustment, contact on-site staff and GLO to work out a solution.

Sample Introductory Email

If you have limited French and/or are nervous about composing an introductory email to your host family, feel free to use this sample text provided below:

Cher Monsieur / Chère Madame
Chaleureusement, Your name
**If you are female, use the (e) at the end of words or the alternate feminine form of the word where it is indicated in parentheses. If male, delete the (e) or alternate form of the word.
Translation:
Dear Mr. / Dear Mrs, Hello! My name is, and I am a student at Northwestern University in Evanston, Illinois. I'm coming to Paris to study at Sciences Po during the fall semester, and I'm very pleased to meet you! Thank you very much for welcoming me into your home during this time—I really appreciate it. I am a little nervous, because I don't speak French very well, and I have used a pre-written template to write this email to you. If you have a little patience and you can help me learn French, I would be very grateful to you!

I'm arriving in Paris on September 1, but you can expect my arrival at your house on Tuesday. September 3, in the afternoon, because we are spending the first few days at a hotel with the other students for orientation. I'm excited to arrive in Paris and your home when I can meet you and introduce myself in person.

I'll see you soon!

Warm regards, Your name

Appendix IV: Housing Guide: St. John's **University Paris Campus**

GLO partners with St. John's University, a Catholic university located in Queens, New York, to access dormitory-style accommodation at their Paris campus. For more information, visit: https://www.stjohns.edu/about/campuseslocations/paris-location

Accommodations

All students will be in shared accommodations with one other student of the same gender. Students will either be paired with another student on the Northwestern in Paris program or, in the case of odd numbers, with a student from another U.S. university. Rooms include two single bunk beds, wardrobes and study desks (one per student), with an in-room sink. All rooms are provided with heating and air-conditioning, and free Wi-Fi is available throughout the building.

Linens – 1 top sheet, 1 bottom sheet, 1 comforter, 1 large towel, 1 small towel, and 1 pillowcase – will be provided upon arrival. St. John's will not launder your linens after they are provided to you, but you may wash them in the tokenoperated washers and dryers. Students may wish to bring their own pillowcase and a small travel towel for excursions.

Campus Address:

St. John's University 93. rue de Sèvres 75006 Paris. France Tel: +33 (0)1 77 45 89 01

Fax: +33 (0)1 77 45 89 00





Showers and bathrooms are communal, and the building includes a computer lab with printers, a lounge, and a meeting room. The facilities also include coin-operated washers and dryers, bilingual staff, and 24-hour security.







Board

All students staying in St. John's University Paris Campus dormitory are provided with continental breakfasts and dinners from Monday through Thursday. Refer to the student budget sheets for additional information about the cost of this room and board option.

Please note that St. John's breakfast offerings reflect a typical French breakfast, and thus may be lighter and have fewer options available than what you are used to for a typical American breakfast. Offerings are limited to: cereal, baguette, jam/butter, fresh fruit, yogurt, coffee/tea, milk, and juice. Students may wish to supplement these breakfast offerings with groceries purchased separately or small, midmorning snacks.



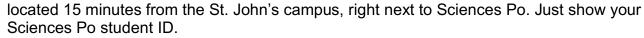
The Cafeteria & Student Lounge common areas include:

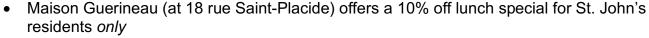
- two refrigerators
- one microwave
- one toaster oven

Past students highly recommend purchasing microwavable meals, since cooking appliances are limited and shared amongst multiple students. Picard Surgelés is a chain of supermarkets that specializes in frozen foods, and there is one located at 80Bis rue de Sèvres, very close to St. John's, and one at 24 rue du Dragon, next to the Sciences Po campus.

Other meal options:

- St. John's will provide a few food flyers on campus about where to get cheap eats in Paris.
- GLO highly recommends that our students take advantage of the CROUS cafeterias (http://www.crous-paris.fr/), which sell government-subsidized meals to university students at a reduced price. There is a cafeteria





Location

St. John's University Paris Campus is located at 93, rue de Sèvres, 75006, across the street from the Vaneau metro stop in the popular St. Germain-des-Prés neighborhood. The campus is just across the street from the Vaneau metro stop and within walking distance of many sites of interest, including the Bon Marché, Jardin du Luxembourg, Musée Rodin, and Musée d'Orsay. It is also a 15-20 minute walk to Sciences Po.

Neighborhood Info

- Post Offices: Two blocks from campus in either direction
- Metro stops in walking distance of campus:
 - Vaneau metro stop, directly across the street, on the line 10
 - Sèvres-Babylone stop, at the corner of rue Placide and rue de Sèvres, line 12
 - o St. Placide stop, on rue St. Placide and rue de Rennes, line 4
 - o Duroc stop, at rue de Sèvres and boulevard Montparnasse, line 13

Supermarkets:

- Carrefour, turn left out of campus, a few doors down.
 Good all-purpose supermarket.
- o La Grande Epicerie, turn right out of campus, two blocks down. Gourmet supermarket.
- Bank/ATM: Two blocks from campus in either direction.





- **Pharmacy:** Several pharmacies are located along the rue de Sèvres. Turn left out of campus, a few blocks down. Look for the green neon cross.
- **Informational Flyers:** Free informational flyers available in the office for information on cheap eats, haircuts, where to go to the movies, play sports, how to get to train stations and airports.

Amenities

- Wireless Internet Access: Personal laptops and other wireless devices may log into the St. John's wireless network by using the username and password at the security guard station. Wireless Internet can be accessed from anywhere on campus. If it seems like the wireless is slow, use the Ethernet cables available in all rooms.
- Computer Lab (1st floor): Open 24/7. Computer Lab Printing Policies: Printing is for academic purposes only. Please be considerate when you print: conserve paper and ink.
- Cafeteria & Student Lounge (Ground floor): See "Meals and Dining Hall" for more information and "Residence Rules and Regulations" for common area rules.
- Laundry Room (2nd floor): Laundry is 2 euros to wash and 2 euros to dry. You may buy laundry tokens from the automatic token distributor located near the bulletin board. Exact change required. Laundry detergent is provided with laundry tokens, so please ask for detergent at the front desk. If you have a preferred brand or desire less harsh detergents, you may also purchase your own laundry detergent at nearby supermarkets. Avoid overloading the washers and dryers, as they may not function properly or be damaged.
- Entertainment (Front desk): St. John's has a supply of books, movies, and board games, which you can check out. They also have sporting equipment, including weights, yoga mats, tennis racquets, footballs, basketballs, etc.

Residence Hall Rules and Regulations

It is important that NU in Paris students review the following Residence Hall Rules and Regulations provided by St. John's University carefully, particularly the sections highlighted in red. Failure to comply with St. John's University Paris Campus policies may result in disciplinary action by St. John's University and possible follow-up action by Northwestern.

- Alcohol and Drugs: <u>Under no circumstances are drugs or alcohol allowed anywhere on St. John's University Paris campus property. This policy also prohibits returning to campus intoxicated</u>. Sanctions for violating this policy may include fines (\$100-\$300+), expulsion from the residence, and/or legal sanctions.
- Check-In/Out: The Room Condition Report notes any damage that existed prior to resident arrival. Damage found at the end of the term will be charged to residents. Checkin no earlier than 12pm. Check-out no later than 8am.
- Cleaning: Rooms are cleaned prior to arrival and upon departure but will not be cleaned during your stay. There are cleaning supplies available, should you need to clean your room. You are expected to leave your room in a reasonably neat and clean condition; otherwise, a supplemental cleaning charge of \$150 may apply.
- **Decorations:** Residents must refrain from hanging any decorations on the walls or the doors. The use of tacks, nails, tape, glue, or tabs to hang items is strictly prohibited. Candles, incense, and other similar items are not allowed anywhere in the building.
- **Furniture:** Furniture provided by the University may not be removed, dismantled, or otherwise altered. Residents will be billed for any missing and/or damaged furniture. Lounge furniture may not be removed from the lounge areas.

- General Conduct: Residents and guests are expected to treat the facilities and each other with utmost respect. Residents are expected to act maturely and responsibly at all times.
- In-Room Heating/Air-Conditioning and lights: Heat and air-conditioning for each room
 can be controlled by a panel on the radiator/AC unit in each room. When using heating or
 AC, students are asked to keep the window closed. When opening a window, please turn
 off heat or AC to save energy. Students are asked to please turn off lights when out of the
 room to save energy.
- Common Areas with Microwaves and Refrigerators (Cafeteria and Student Lounge):
 Permanent markers and labels can be found next to the refrigerator. Please put your name and date on any items you put in the refrigerator. Every two weeks, all food will be discarded by the RD/RAs that:
 - o Is unnamed
 - Is without a date
 - Has a date and has been in the refrigerator for more than 2 weeks
 - Has expired (if it has an expiration date on it)

Dishes, forks, knives and glasses can be borrowed from the front desk in exchange for your ID Card. Please return them cleaned.

- Noise: Quiet hours are from 11:00pm to 7:00am. Excessive noise will not be tolerated.
 Please avoid shouting, screaming, running, loud music, and other disruptive behavior. Pay attention to open windows as noise reverberates in the courtyard.
- Prohibited Items: Residents are prohibited from utilizing/possessing the following items in their rooms: hot plates, grills, refrigerators, microwaves, and other similar items. The use of sporting equipment within the building is also prohibited. These items are prohibited for both health and safety reasons
- Smart Key and Identification Card
 - Paris Campus Smart Key: Allows residents to access the front gate and enter their individual rooms.
 - o Identification Card: All students must present their SJU Identification Card to the guard at the front desk before entering campus space.
 - A resident should report a lost or stolen Smart Key or I.D. card immediately to the front desk guard, the Residence Director, or the Resident Assistants.
 - o All students are responsible for maintaining their own individual I.D. and Smart Key.
 - All students must return their specific Smart Key that they were given upon their arrival in-person to the RD or Security Guard before their departure. Failure to do so will result in a 100-euro fine.
- **Smoking:** Smoking is prohibited indoors. You may smoke in the courtyard. Sanctions for violating this policy may include a fine or 100 euros.
- **Unauthorized Areas:** Emergency exits and the priests' garden areas are off limits to students.
- Visitation Policy: Residents are allowed up to two visitors at any given time. Visitors must sign in at the front desk by presenting a valid form of state-issued photo ID (i.e. passport, driver's license, etc.). Guests may be signed in anytime between 7:00am and 11:00pm. All guests must leave by midnight. Overnight guests are prohibited. Those who choose not to comply will be fined or otherwise sanctioned.

Former students have commented that the advantages to St. John's dormitory include:

- Central location in Paris
- **Proximity** to Sciences Po
- Familiar student dormitory environment with easy access to other U.S. students

Challenges include:

- Lack of food selection available at the campus cafeteria
- More **expensive** than the homestay option
- Tendency to stay within the "Northwestern bubble" limited interaction with French culture through residential experience
- Difference in **U.S. student/campus cultures** between Northwestern and St. John's
- Appearance of some **religious artifacts** and iconography
- Adherence to dormitory policies, particularly regarding alcohol and drugs and visitation policy.

Student Testimonials:

Location:

- "I liked that [St. John's] was close to the school and in the center of the city. I was less stressed out and more relaxed...and I was very thankful to have such a wonderful on-site staff."
- o "Our neighborhood was fantastic. All the necessities were in close proximity."

• Community:

- o "The dorm provided me with a strong sense of community, a great location, and helped me to bond with my peers very closely."
- o "It was fine, except the other students can be loud sometimes."

Food:

- "Rooms were clean and nice and facilities were decent. Hard to figure out food with only a microwave though. Most staff was pleasant and accommodating..."
- o "The food was pretty bad and we missed meals a lot. My roommate and I ended up ordering food a lot. Also, they put us on the 5th floor with tiny rooms."