Study Abroad Goals Assessment

Instructions
Use this worksheet to guide you through the process of identifying your study abroad goals and choosing a study abroad program. After completing this worksheet, bring it to your advising appointment, where your advisor can use your responses to focus the appointment on your individual needs and assist you in moving forward with your study abroad planning.

Step 1: Identify Goals
The first step to study abroad is to identify your goals. What is important to you in a study abroad experience? Considering your goals carefully is important, because it will help guide you in finding the right program for you, based on your interests and priorities.

Below are factors you may consider when choosing a program. The questions are only a few examples of things to think about for each factor.

Using these factors, and any additional considerations you may have, jot down some notes about your priorities.
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Plot your priorities on the continuum below. Remember: this is to help you settle on your priorities for study abroad, so be honest with yourself!

Step 2: Write your Goal Statement
Try to summarize your goals for study abroad in a 1-2 sentence goal statement. Examples include:

- "I want to study abroad for one term, take classes in French with local students that I can apply toward my economics major, and live with a host family."
- "I want to take classes and do a research, service-learning, or internship project in Spanish. I am interested in Latin America."
- "I want to learn/improve a language, take classes with Northwestern professors and/or with Northwestern classmates, and earn credit toward my minor in Global Health Studies."

Write your goal statement below. Tip: Your goal statement is a good jumping off point for writing your Personal Statement for the study abroad application.