Spring 2015 Newsletter

Inside this issue:

- Message from the Chair
- Upcoming Events:
  - Conversations with President Schapiro
  - Meeting Your Personal Wellness Goals - Brownbags
  - Earth Month at Northwestern
  - Take Our Daughters and Sons to Work Day
  - The Waa-Mu Show Presents First Ever Wildcat Night!
  - Norris Summer Programming
- Staff Engagement:
  - Blessings-in-A-Backpack
  - NU Cares Awareness
  - Career Advancement Update
- Reminders:
  - Service Excellence Awards
  - Excellence In Sustainability Awards

Message from the Chair

Happy spring, Northwestern staff!

Spring is a season of both tradition and change. One tradition at the national level is that of March Madness, which this year included our own women’s basketball team. We congratulate them on this significant accomplishment!

For NUSAC, spring traditions center on community engagement and service recognition. In April, we host Conversations with the President, where staff members have a chance to hear from President Schapiro about issues that impact the staff experience. This year, Provost Linzer and Executive Vice President Chinniah will also participate. In May during our Staff Service Recognition Luncheon, an Employee of the Year will be recognized, and we will celebrate members of the staff community who have been with the University for 20, 30, 40 and even 50 years.

Northwestern University is a vibrant community, and everyone plays a part in maintaining and improving it. As a staff member, there are numerous opportunities to get involved. Many of us attend brown bags, participate in campus-wide events such as One Book, One Northwestern, and are members of staff organizations. I hope that we all continue to do so, because our involvement matters.

If you are looking to try something new or engage more deeply, spring is also a great time to make a change. Not as engaged you as you want to be or connected as you could be? Do you want to expand your impact? In this newsletter, you will find some places to start, such as the upcoming Wellness Brown Bags planned for April. The NUSAC HR committee is also planning a networking event in June. Keep an eye out for that.

I encourage you to take advantage of opportunities to network, engage in dialogue and impact change. In addition, please spread the word to your colleagues about the groups you are involved in and the events you come across. And, as always, if you have a question, idea or concern, send it to us at NUSAC. We’re here to help.

I have one more important note about change, specifically with regard to NUSAC. I want to take this opportunity to thank Apryl Schlueter for her service as the NUSAC chair for the past year and a half. Though Apryl has left Northwestern University to pursue other opportunities, her passion for NU remains. Under Apryl’s leadership NUSAC accomplished a number of significant
goals. I am grateful for this opportunity to take on the Chair role and continue the important work NUSAC is doing.

Have a wonderful spring!

Susan Corwith
NUSAC Chair

---

Don't miss this year's Conversations with President Schapiro

Northwestern University's Staff Advisory Council (NUSAC) and the Office of the President invite you to this year’s Conversations with the President:

**Thursday, April 16**
10 to 11:30 a.m.
McCormick Foundation Center
1870 Campus Drive, Evanston

**Thursday, April 23**
10 to 11:30 a.m.
Hughes Auditorium
303 East Superior Street, Chicago

President Morton Schapiro will report on the state of the University, highlighting progress on *We Will, The Campaign for Northwestern*. In addition, University provost Daniel Linzer and executive vice president Nim Chinniah will join the president in a moderated Q & A on noteworthy issues, including diversity and inclusion initiatives and campus development projects.

Both events will be webcast live at [http://www.northwestern.edu/president/speeches/conversations-with-the-president.html](http://www.northwestern.edu/president/speeches/conversations-with-the-president.html). Questions or comments may be emailed to nusac@northwestern.edu in advance or during the live events. For more information and other NUSAC news, visit www.northwestern.edu/nusac.

Northwestern University is committed to providing reasonable accommodations for all events and programs. Accommodations such as Sign Language interpreters, accessible seating, and presentation materials in alternate format are provided upon request. Please contact NUSAC at nusac@northwestern.edu or call Susan Corwith, NUSAC Chair, at 847-491-7879 by April 6. Every reasonable effort will be made to implement accommodations in an effective and timely manner.

---

Meeting Your Personal Wellness Goals - Brownbags

On **Tuesday, April 14** (Chicago campus) and **Wednesday, April 22** (Evanston campus), the Northwestern University Staff Advisory Council (NUSAC), the Office of Work/Life Resources and NU Life Matters will be hosting a lunchtime brownbag for staff on strategies for meeting personal wellness goals. The event will feature a presentation from Vicki Shanta Retelny from **NU Life Matters**, the University's faculty and staff assistance program provider, and then a question and answer section. After attending the presentation, staff will be better able to:

- Understand the nature of change
- Identify primary barriers to making healthy lifestyle changes
- Utilize tools that have proved useful to others

Please plan to bring a sack lunch. Beverages will be provided.

**Workshop Dates & Locations:**

**Tuesday, April 14**
12 p.m. - 1 p.m.
Chicago Campus - Searle Seminar Room 1-161, Lurie Medical Research Center (303 E Superior)

**Wednesday, April 22**
12 p.m. - 1 p.m.
Evanston Campus - Northwestern Room, Norris University Center (1999 Campus Drive)

An event RSVP would be appreciated, as space is limited, and your response will help us to prepare the correct number of handouts and refreshments. To RSVP, use the online form at: [https://docs.google.com/forms/d/1uEEZ9NcRfB5THw9r_aSdnQbbBEUbZ5l0UOCJr299-F0/viewform/](https://docs.google.com/forms/d/1uEEZ9NcRfB5THw9r_aSdnQbbBEUbZ5l0UOCJr299-F0/viewform/).

Questions? Please contact NUSAC at nusac@northwestern.edu.

We look forward to seeing you.
Earth Month at Northwestern

April is Earth Month!

Purple Heart Shoe Collection April 1-30, 2015

In honor of Earth Day, Northwestern’s Office of Sustainability, Northwestern Library, ASG Sustainability Committee, Eco Reps, and Athletic Sustainability Committee are working with the Purple Heart Service Foundation to collect used shoes to benefit disabled veterans and their families. Donate your old shoes in the collection bins on the Evanston and Chicago campuses. The Chicago campus Shoe Collection will benefit the Purple Heart Service Foundation and the Salvation Army.

Evanston collection locations:
- Norris University Center (ground floor by the plastic bag recycling)
- Henry Crown Sports Pavillon (SPAC)
- Ryan Field weight room

Chicago collection locations:
- Abbott Hall 1st floor Room 120
- Rubloff Building Room 230
- Schaffner Library in Wiedlbdlt Hall on the 2nd floor

Attend the FB event.

Here are some ideas to help staff celebrate.

Did you participate in Earth Hour? Get into the habit of turning off unneeded electrical items every Friday. To go a step further, become Green Office Certified. Apply for certification in your office, then challenge another department to do the same!

Next time you cater an event, consider ice water carafes instead of bottled water (it’s cheaper, too!). Or make a one-time investment in a beverage dispenser that you can use for ice water (or fancy fruit-infused water) at all of your events.

Traveling between distant buildings or campuses on University business? Carpool with other attendees, or grab your WildCARD and hop on a free University shuttle.

For more ideas, visit sustainNU’s “Take Action” page or join the staff listserv at the Institute for Sustainability and Energy at Northwestern (ISEN).

Celebrate the 21st Annual "Take Our Daughters & Sons to Work Day" at Northwestern

Join the Northwestern community on Thursday, April 23 in celebrating the 21st annual “Take Our Daughters & Sons to Work Day”. The daylong event is open to youth ages 8-16, who are relatives and friends of Northwestern faculty and staff members. Participating youth will have the opportunity to take part in a variety of informative and engaging sessions on the Chicago and Evanston campuses.

Questions can be directed to Renee Redd, 1-2733 (EV campus chair) and Alecia Wartowski, 3-3401 or Njoki Kamau, 1-2734 (CH campus chairs).

“Take Our Daughters & Sons to Work Day” is sponsored by the Office of the President, the Office of the Provost, the Association of Northwestern University Women (ANUW), the Office of Human Resources (Work/Life) and the Women’s Center.

The Waa-Mu Show Presents First Ever Wildcat Night!

This year The Waa-Mu Show is thrilled to welcome NUSAC to our first ever Wildcat Night! Over 100 students from across the University come together to create a brand new musical and present it in Cahn Auditorium in May. In its 84th year, The Waa-Mu Show is one of the oldest and most unique Northwestern traditions. All Wildcats, whether students, faculty, staff, or alumni, shouldn’t miss the opportunity to be part of such an exciting and important tradition.

Join The Waa-Mu Show for Wildcat Night on Friday, May 1 at 7:30 p.m. Northwestern University’s oldest theatrical tradition invites students, faculty, staff, student athletes, and all other members of the Northwestern community to show your purple pride by attending this year’s production, GOLD. The student written and produced world premier musical GOLD is inspired by the trials and tribulations of the US athletes who participated in the 1936 Berlin Olympic Games. Students, faculty, and staff may purchase half-price tickets for Wildcat Night with the code WILDCAT.

Visit https://web.ovationtix.com/trs/pr/938492 to purchase tickets.

Don’t miss out on this exciting opportunity to enjoy The Waa-Mu Show with your fellow Wildcats!
The Waa-Mu Show is also pleased to present our audience with several special offers to use during a night out to see GOLD. Buy one entree and get one appetizer free AND a special GOLD drink of the month at the Celtic Knot; Waa-Mu presents the sandwich of the month at Cheesies; and the popular Waa-Mu Concrete at Andy’s Frozen Custard in downtown Evanston!

Norris Summer Programming

Get ready for the warm weather!

Talented young vocalists and musical groups from along Lake Michigan’s shoreline, as well as Tennessee, Kentucky and Ohio, will provide live entertainment for casual diners during Norris University Center’s annual “Lunch on the Lake” outdoor concert series.

Free and open to the public, the 12 p.m to 1 p.m. Wednesday concerts will begin the last week of June and end the last week of July (exact dates coming soon). “Lunch on the Lake” will feature pop, rock, jazz and country music, the hour long programs will be held on the lawn directly east of Norris University Center on the Evanston campus, weather permitting. In addition to entertainment by artists from across the country, music fans have the option of purchasing a barbecued lunch, prepared outdoors by executive-level chefs from the University’s food service. Or, you can bring your own lunch. Please stay tuned for more details!

The complete schedule will be released soon via the Center for Student Involvement website.

Blessings In A Backpack Recap

Our collaboration with Blessings in a Backpack was new this year and we enjoyed partnering with them on this very worthy endeavor. Blessings in a Backpack provides elementary schoolchildren who are on the federal Free and Reduced Price Meal Program with a backpack of food to take home for 38 weekends during the school year. With our goal was to feed the children of St. Malachy for spring break, and we are happy that we were able to help. Special thanks go to Points for a Purpose, an NU student group that was willing to donate remaining meal points to purchase food for the students of St. Malachy. We were also pleased to receive donations from faculty as well, so this was truly a community effort.

We hope to continue this collaboration in future years and thank everyone that was able to contribute groceries, bags and money in support of this wonderful organization!

NU Cares Awareness Drive

NUSAC would like to thank everyone who participated in the NU Cares Awareness Drive this past winter!

We are thrilled that NU staff members have graciously supported this cause, as it directly impacts colleagues in need. In fact, during the drive, five new awards were distributed to colleagues. The need is ongoing, so we hope that you’ll continue to spread awareness of this fund for those in crisis. As a reminder, visit http://www.northwestern.edu/nusac/nucares/ to view information on the fund or to contribute.

Career Advancement Update

Did you know that Northwestern University supports career advancement and offers many opportunities for professional and personal development? In fact, last year nearly 40% of all open positions at Northwestern were filled with internal candidates. These positions were filled across a broad range of departments and functions, and speak to the University’s commitment to providing meaningful opportunities for growth from within.

Learn more about resources and opportunities to develop your skills and advance your career at Northwestern. Visit the Office of Human Resources - Workplace Learning website: http://www.northwestern.edu/hr/workplace-learning/index.html.

Service Excellence Awards

For times when “thank you” just isn’t enough - when a staff member went above and beyond the call of duty to complete a task
or meet a goal - there’s the Service Excellence Award. Any member of the University community may nominate an employee for the award. The supervisor reviews the nomination form to confirm that the award is deserved. A staff member may be recognized numerous times, even in a single year, and many have been.

**Quarterly Service Excellence Luncheons 2015**

Service Excellence Luncheons are held quarterly throughout the year to recognize award recipients. The next Service Excellence Luncheon will be held Wednesday, April 8, 2015.

To nominate a staff member, download a Service Excellence Nomination Form and email it to Maudell Gaines at maudell-gaines@northwestern.edu.

---

**Excellence in Sustainability Awards**

As Northwestern University pursues its commitment to leadership in sustainability, the Office of Sustainability is partnering with the Office of Human Resources - Employee Recognition to acknowledge those who go above and beyond in greening our campuses and our curriculum. Students, faculty, and staff members are eligible for the Excellence in Sustainability Awards and will be recognized at the quarterly Service Excellence Luncheons. Visit the Office of Sustainability website to learn more about the award and nomination process.

Northwestern University Staff Advisory Council

**Contact NUSAC:**
Web site: [www.northwestern.edu/nusac](http://www.northwestern.edu/nusac)
E-mail: nusac@northwestern.edu

If you’d like to unsubscribe from future NUSAC communications, please click on the Unsubscribe link below.

[Unsubscribe](mailto:Unsubscribe)