Books:
Apter, Terri  Altered Loves: Mothers and Daughters During Adolescence
An insightful examination of this crucial time in a woman's life. The result of trying to renegotiate a valued relationship.

Barkin, Carol and James, Elizabeth Jobs For Kids
For ages 10 to 14. Tips on getting hired and getting paid.

Berezin, Judith The Complete Guide to Choosing Child Care
Checklists for making a choice; questions to ask caregivers; safety factors; in-home care; family daycare; day care centers; after school care; summer care.

Blau, Melinda: Families Apart – Co-Parenting
A guide raising kids in the wake of a divorce shows readers how to communicate effectively and offers insights into the attitudes necessary to sidestep the inevitable pitfalls during the period of transition.

Bray, James; Kelly, John: Step Families
Stories that explain major transitions in step family life and a discussion of risky issues.

Brazelton, MD, T Berry: On Becoming a Family
The growth of attachment before and after birth. How to survive and enjoy important early months when a family is born.

Brazelton, MD, T Berry: Touchpoints: Your Child's Emotional and Behavioral Development
Offers a complete understanding of child development from a physical, cognitive, emotional and behavioral point of view.

Brazelton, MD, T Berry: Working and Caring
Case studies of working families on going back to work; evaluating day care; the problem of time; sharing the joys.

Carter, William Lee: Angry Teenagers
Understanding and helping teenagers with anger.

Celente, Gerald: Trends 2000: How to Prepare for and Profit from the Changes of the 21st Century
Preparing for changes in the 21st Century.

Christ, Grace Hyslop: Healing Children’s Grief
Help for children who have lost family members.

Cline, MD, Foster and Fay, Jim: Parenting With Love and Logic -Teaching Children Responsibility
Discusses teaching children how to think and how to make responsible decisions.

Cohen-Sandler, Roni: I’m not mad, I just hate you!
Understanding mother-daughter conflict during the teenage years.

Cohen-Sandler, Roni: Trust me, Mom, everyone else is going!
A guide to understanding and surviving the social life of the teenage girl.

Coiner, Constance; George, Diana Hume: The Family Track
Provides strategies for family life including childcare and eldercare.

Coloroso, Barbara: Kids Are Worth It!
A guide to giving your child the gift of inner discipline.
Einstein, Elizabeth; Albert, Linda: **Strengthening Your Stepfamily**  
Suggestions for working through the problems that may arise.

Eisenberg, Arlene; Murkoff, Heidi; Hathaway, Sandee: **What to Expect When You’re Expecting**  
A reassuring and comprehensive month-by-month guide to pregnancy.

Eisenberg, Arlene; Murkoff, Heidi; Hathaway, Sandee: **What to Expect – The First Year**  
A reassuring and comprehensive month-by-month guide to child care and parenting in the first year.

Eisenberg, Arlene; Murkoff, Heidi; Hathaway, Sandee: **What to Expect – The Toddler Years**  
A reassuring and comprehensive month-by-month guide parenting toddlers.

Elkind, David: **Grandparenting: Understanding Today's Children**  
Provides an insightful look into coping with family and stress in today's society.

Elkind, David: **Parenting Your Teenager in the 90's**  
Material on emotional and psychological development; friendship; dating; family matters; education; adapting to society.

Elkind, David: **Ties That Stress**  
Offers insights into postmodern family to explain the new family imbalance.

Faber, Adele and Mazlish, Elaine: **How To Talk so Kids will Listen and Listen so Kids will Talk**  
Offers innovative ways to solve common problems of understanding, cooperation, personal feelings and self-image.

Felber, Marta: **Grief Expressed: When a Mate Dies**  
Provides a plan of action to mitigate the grief.

Fenwick, Elizabeth and Smith, Tony: **Adolescence: The Survival Guide for Parents and Teenagers**  
Includes a discussion of physical development; families and feelings; friends and friendships; family in crisis.

First Books: **Newcomer’s Handbook**  
Moving and living in Chicago, Evanston, Oak Park, Schaumburg, Wheaton and Naperville.

Friedman, Stewart: **Total Leadership**  
Provides a step-by-step instruction for being a better leader and leading a richer life.

Fridstein, Margery: **Grandparenting**  
Understanding the role of the grandparent.

Fuller, Cheri: **Unlocking Your Child's Learning Potential**  
Addresses the task of equipping kids to succeed in school and life.

Glennon, Will: **Fathering**  
Shares experiences of how to strengthen connections with your children no matter where you are.

Godfrey, Neale S and Edwards, Carolina: **Money Doesn't Grow on Trees**  
A program to teach kids how to earn, save and spend money wisely with respect for family values.

Godfrey, Neale S with Tad Richards: **A Penny Saved**  
Teach your child how the world works through goal-setting, saving, spending and sharing with the family and community.

Goldbloom, Shelley: **Just say "No Car Keys" and Other Survival Tactics for Parents of Teenagers**  
A humorous guide to help parents through the trials of adolescence.
Grollman, Earl: **Talking About Death: A Dialogue Between Parent and Child**  
A guide for adults and children to share: includes answers to children's questions about death and a list of resources.

Hochschild, Arlie: **The Second Shift**  
A case study of working mothers after the work day ends.

Hochschild, Arlie: **The Time Bind: When Work Becomes Home and Home Becomes Work**  
An illustration of the time-crunh and its effects on work and home.

Ingersoll, Barbara; Goldsteo, Sam: **Lonely, Sad and Angry**  
Understanding the causes of difficult feelings.

Jerving, Jim and Radtke, Dick: **A Head Start to Success**  
A guide for pre-schoolers and their parents about saving and investing money regularly.

Help in discovering and preparing for the emotional and psychological differences in step-relationships.

Kelly, Lynn: **Don’t Ask for the Dead Man’s Gold Clubs**  
Finding ways to express sympathy for personal loss.

Levy, Barrie and Giggans, Patricia Occhiuzzo: **What Parents Need to Know About Dating Violence**  
Provides advice for parents of teenagers who may be in abusive dating relationships.

Loomans, Diane; Loomans, Julie: **Full Steam Ahead for Full Esteem**  
How to develop self-esteem in children and adults.

Marston, Stephanie: **The Divorced Parent: Success Strategies for Raising Children after Separation**  
Practical advice and specific tools for raising healthy, well-adjusted children and maintaining a sense of self-worth.

Marzzolo, Jean (Illustrated by Trivas, Irene): **Fathers and Babies**  
How babies grow and what they need from you, from birth to 18 months.

Michaels, Bonnie and McCarty, Elizabeth: **Solving the Work/Family Puzzle**  
Combines practical "how-to" information and case studies on successfully juggling work and family responsibilities.

Moller, David Wendell: **Confronting Death**  
An examination of various aspects of death and the family.

Mulford, Philippa Greene: **Keys to Successful Step-Mothering**  
A Discussion of common stepfamily issues.

Neuman, M. Gary: **Helping your Kids Cope With Divorce**  
Helpful guidelines for a co-parenting relationship and how it affects children.

Nigro, Debbie: **The Working Mom on the Run Manual**  
Provides tips on how to the juggle the various demands on a working mother.

Orenstein, Peggy: **Flux: Women on Sex, Work, Love, Kids, and Life in a Half-Changed World**  
Provides insight into the life choices women make and how they’ve balanced their commitments.

Osborne, Judy: **My Teacher Said Goodbye Today. Planning for the End of the School Year**  
Helping children learn that saying goodbye is important to their development.

Patterson, Kerry; Grennyt, Joseph; McMillan, Ron; Switzler, Al: **Crucial Conversations**  
Offers guidelines for participating in crucial conversations.
Pausch, Randy: The Last Lecture
A personal account of a respected academic facing the end of life.

Pertman, Adam: Adoption Nation
Provides a frank discussion of the effects of adoption on family life.

Rando, Theresa: How To Go On Living When Someone You Love Dies
Provides a process for finding the best way for individual grieving.

Robinson, Bryan E, Rowland, Bobbie H and Coleman, Mick: Home Alone Kids
The working parent's complete guide to providing the best care for your child.

Explains how to recognize symptoms of stress in children and teach them how to deal with it.

Silverman, Phyllis Rolfe: Never Too Young to Know
Provides a discussion of death during children’s lives.

Sonna, Linda: Everything Potty Training Book
Advice and reassurance to help guide your children through potty training.

Sutton, Robert: The No Asshole Rule
Suggestions for meeting the challenges of working with difficult people.

Thiers, Genevieve: Love at First Sit
A guide for parents through the search for babysitters.

Thomas, Shirley: Parents are Forever
Guide to becoming successful co-parents after divorce.

Weisberg, Anne C and Buckler, Carol A 4-Everything a Working Mother Needs to Know
Discusses pregnancy and working, maternity leave, home with baby, child care and mothers in the workplace.

Weissbluth, Marc: Healthy Sleep Habits, Happy Child
Offers a program to ensure the best sleep for your child.

Wolf, Anthony: Get Out of My Life
Provides sound, compassionate advice for parents and adolescents.

Dinkmeyer, Don and McKay, Gary D.: Step: Systematic Training For Effective Parenting: Parenting Young Children
Helpful strategies for beginning parents of children under six.

Dinkmeyer, Don and McKay, Gary D.: The Parent's Handbook
A realistic and practical approach to the subjects of mutual respect between parent and child, cooperation, responsibility and self-reliance.

Dinkmeyer, Don and McKay, Gary D.: Parenting Teenagers
Helps parents find ways to relate to the emerging young adults in their family.

Videos:
Winning at Parenting...without Beating your Kids Coloroso, Barbara
Teaching children how to think, solve problems, respect the family.

Is My Baby Okay? Pathways Awareness Foundation
How to recognize warning signs of movement disorders in infants.