Join Care.com® for this informative senior care seminar!

Passing the Turkey and the Torch: Senior Caregiving and the Holidays

Online webinar: Click Here to Register

The holiday season is traditionally filled with expectations of happy celebrations, yet it is also a time when millions of Americans find themselves in a caregiving role for an aging or disabled family member. The realization that the torch is being passed from one generation to the next may feel daunting to those who visit their parents and become increasingly concerned at the changes they observe.

The added demands of caregiving responsibilities and the emotional pain of confronting losses can lead to heightened stress and family discord. Despite these challenges, caregivers can develop strategies to address the needs of their aging parents and loved ones, and still enjoy the holiday season.

In this seminar, Jennifer Gibbons, Care.com Senior Care Advisor, will address the following questions:

- How do I plan ahead for the holiday season?
- What are warning signs when spending time with aging loved ones?
- What are some strategies to address any concerns?
- Are there any supports in place for the caregiver (in many cases, you) - and the aging family member?

Jennifer Gibbons, MSW, LICSW. Extremely passionate about working with families and individuals, Jennifer determines and locates the right care for adults and seniors nationwide. She has experience leading groups for adults, teens, and children in a variety of settings. Jennifer is a licensed independent clinical social worker. She graduated with a Bachelor of Science in Psychology, Sociology, and Anthropology from Drexel University, and a Master of Social Work from Yeshiva University’s Wurzweiler School of Social Work.

Thursday, November 19
12pm - 1pm EST