

Books:

Apter, Terri - **Altered Loves: Mothers and Daughters During Adolescence**

An insightful examination of this crucial time in a woman's life. The result of trying to renegotiate a valued relationship.

Barkin, Carol and James, Elizabeth - **Jobs For Kids**

For ages 10 to 14. Tips on getting hired and getting paid.

Berezin, Judith - **The Complete Guide to Choosing Child Care**

Checklists for making a choice; questions to ask caregivers; safety factors; in-home care; family daycare; day care centers; after school care; summer care.

Brazelton, MD, T Berry - **On Becoming a Family**

The growth of attachment before and after birth. How to survive and enjoy important early months when a new family is born.

Brazelton, MD, T Berry - **Touchpoints: Your Child's Emotional and Behavioral Development**

Offers a complete understanding of child development from a physical, cognitive, emotional and behavioral point of view.

Brazelton, MD, T Berry - **Working and Caring**

Case studies of working families discussing going back to work; evaluating day care; the problem of time; sharing the joys.

Cline, MD, Foster and Fay, Jim - **Parenting With Love and Logic - Teaching Children Responsibility**

Discusses teaching children how to think and how to make responsible decisions.

Cohen-Sandler, Roni – **“I’m not mad, I jus hate you!”**

Understanding mother-daughter conflict during the teenage years.

Cohen-Sandler, Roni – **“Trust me, Mom, everyone else is going!”**

A guide to understanding and surviving the social life of the teenage girl.

Coloroso, Barbara – **Kids Are Worth It!**

A guide to giving your child the gift of inner discipline.

Eisenberg, Arlene; Murkoff, Heidi; Hathaway, Sandee – **What to Expect When You’re Expecting**

A reassuring and comprehensive month-by-month guide to pregnancy.

Eisenberg, Arlene; Murkoff, Heidi; Hathaway, Sandee – **What to Expect – The First Year**

A reassuring and comprehensive month-by-month guide to child care and parenting in the first year.

Eisenberg, Arlene; Murkoff, Heidi; Hathaway, Sandee – **What to Expect – The Toddler Years**

A reassuring and comprehensive month-by-month guide parenting toddlers..

Elkind, David - **Grandparenting: Understanding Today's Children**

Provides an insightful look into coping with family and stress in today's society.

Elkind, David - **Parenting Your Teenager in the 90's**

Practical information about emotional and psychological development; friendship and dating; family matters; education; adapting to society.

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Elkind, David - **Ties That Stress**

Offers insights into postmodern family to explain the new family imbalance.

Faber, Adele and Mazlish, Elaine - **How To Talk so Kids will Listen and Listen so Kids will Talk**

Offers innovative ways to solve common problems of understanding, cooperation, personal feelings and self-image.

Fenwick, Elizabeth and Smith, Tony - **Adolescence: The Survival Guide for Parents and Teenagers**

Includes a discussion of physical development; families and feelings; friends and friendships; family in crisis.

Fuller, Cheri - **Unlocking Your Child's Learning Potential**

Addresses the task of equipping kids to succeed in school and life.

Glennon, Will - **Fathering**

Shares experiences of how to strengthen connections with your children no matter where you are.

Godfrey, Neale S and Edwards, Carolina - **Money Doesn't Grow on Trees.**

A program to teach kids how to earn, save and spend money wisely with respect for family values.

Godfrey, Neale S with Tad Richards - **A Penny Saved**

Outlines and details how to teach your child the way the world works through goal-setting, saving, spending and sharing with the family and community.

Goldbloom, Shelley - **Just say "No Car Keys" and Other Survival Tactics for Parents of Teenagers**

A humorous guide to help parents through the trials of adolescence.

Grollman, Earl A - **Talking About Death: A Dialogue Between Parent and Child**

A comprehensive guide for adults and children to share which includes answers to children's questions about death plus a list of resources and helping organizations.

Hochschild, Arlie - **The Second Shift**

A case study of working mothers after the work day ends.

Hochschild, Arlie - **The Time Bind: When Work Becomes Home and Home Becomes Work**

An illustration of the time-crunch and its effects on work and home

Jerving, Jim and Radtke, Dick - **A Head Start to \$uccess**

A guide for pre-schoolers and their parents about saving and investing money regularly.

Kaufman, Taube S - **The Combined Family: A Guide to Creating Successful Step-Relationships**

Help in discovering and preparing for the emotional and psychological differences in step-relationships.

Levy, Barrie and Giggans, Patricia Occhiuzzo - **What Parents Need to Know About Dating Violence**

Provides advice for parents of teenagers who may be in abusive dating relationships.

Marston, Stephanie - **The Divorced Parent: Success Strategies for Raising Children after Separation**

Practical advice and specific tools for raising healthy, well-adjusted children and maintaining a sense of self-worth.

Marzollo, Jean (Illustrated by Trivas, Irene) - **Fathers and Babies**

How babies grow and what they need from you, from birth to 18 months.

Michaels, Bonnie and McCarty, Elizabeth - **Solving the Work/Family Puzzle**

Combines practical "how-to" information and case studies on successfully juggling work and family responsibilities.

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Nigro, Debbie - **"The Working Mom on the Run" Manual**
Provides tips on how to juggle the various demands on a working mother.

Orenstein, Peggy – **Flux: Women on Sex, Work, Love, Kids, and Life in a Half-Changed World**
Provides insight into the life choices women make and how they've balanced their commitments.

Osborne, Judy - **My Teacher Said Goodbye Today. Planning for the End of the School Year**
Helping children learn that saying goodbye is important to their development.

Rando, Theresa – **How To Go On Living When Someone You Love Dies**
Provides a process for finding the best way for individual grieving.

Robinson, Bryan E, Rowland, Bobbie H and Coleman, Mick - **Home Alone Kids**
The working parent's complete guide to providing the best care for your child.

Saunders, Antoinette and Remsberg, Bonnie - **The Stress-Proof Child: A Loving Parent's Guide**
Explains how to recognize symptoms of stress in children and teach them how to deal with it.

Thomas, Shirley - **Parents are Forever**
Guide to becoming successful co-parents after divorce.

Weisberg, Anne C and Buckler, Carol A - **Everything a Working Mother Needs to Know**
Discusses pregnancy and working, maternity leave, home with baby, child care and mothers in the workplace.

STEP Manuals - Systematic Training For Effective Parenting:
Dinkmeyer, Don and McKay, Gary D. - **Parenting Young Children**
An excellent book for a beginning parent. Helpful strategies for parents of children under six.

Dinkmeyer, Don and McKay, Gary D. - **The Parent's Handbook**
A realistic and practical approach to the subjects of mutual respect between parent and child, cooperation, responsibility and self-reliance.

Dinkmeyer, Don and McKay, Gary D. - **Parenting Teenagers**
Helps parents find ways to relate to the emerging young adults in their family.

Videos:

Winning at Parenting...without Beating your Kids - Coloroso, Barbara
Teaching children how to think, solve problems, respect the family.

Is My Baby Okay? - Pathways Awareness Foundation
How to recognize warning signs of movement disorders in infants.