**Intimacy and Cooperation**

A consequence of doctor-patient intimacy is that medical decisions often become personal. Alberto detailed how he typically discussed the topic of CS with his patients:

> “If the patient really give me the idea that she prefer a CS, I preform a CS. Because you need the cooperation of the patient and the whole family.”

Alberto’s words indicate that delivery decisions are at once personal, familial, and medical. As a result of the social complexities of CS and the desire to maintain doctor patient relationships, doctors such as Alberto are pressured to sacrifice medical recommendations for patient cooperation.

**Conclusion**

As a result of the controversy of CS, many women identify themselves as either pro-CS or pro-natural. Accordingly, they find doctors that meet their delivery expectations. Finding a doctor who meets delivery expectations may enhance intimacy, and increases trust between doctor and patient. However seeking doctors who specifically perform certain delivery practices may force doctors to comply with patient’s wishes—either for a natural birth or a CS. As trust is a necessary prerequisite for patient cooperation, many doctors may feel that negotiating patients with strong opinions is a tricky situation. Doctors must balance respecting patient wishes with giving measured recommendations in order to provide the best possible health outcomes.

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