Welcome!

If you have been diagnosed with Attention Deficit Hyperactivity Disorder, or think you may have ADHD, this information can help you best prepare for your health and academic performance at Northwestern. To prevent stress when you arrive to campus, try to take action on these steps now.

Counseling Resources

- For general information about counseling and psychological support, contact Counseling and Psychological Services at 847-491-2151.
- ADHD evaluations are provided on campus exclusively in the following locations: the Communications Sciences and Disorders Program (Frank Van Santen 847-491-3165) and the Northwestern Medicine Stone Institute of Psychiatry Galter Pavilion (312-695-5060).
- Counseling and Psychological Services does not conduct ADHD evaluations, but can consult regarding community referrals.

Medication

- Refills of stimulant medication are provided in Evanston by community psychiatrists. Counseling and Psychological Services is available for consultation regarding community referrals for stimulant medication or therapy.
- Bridge prescriptions are not provided on campus when students run out of or lose medication. Federal law prohibits refills from being phoned in by out of state physicians. Please plan accordingly if you need an uninterrupted supply of medication for optimal academic performance.

Academics

- Northwestern’s Searle Center has an online compilation of Northwestern resources for tutoring, mentoring, coaching, and group study sessions. Proactively exploring these resources can help prevent an academic crisis.
- Students who have been receiving accommodations before starting at Northwestern are encouraged to contact Accessible NU (847-467-5530) for more information on registering and receiving accommodations.
- Northwestern does not have a specialty program to provide support services for students with ADHD. It is important to meet with your home treatment team before arriving on campus and discuss which support systems may be necessary based on previous difficulty you may have experienced. For example, you may want to consider a history of tardiness when selecting your first quarter course times.

More information can be found by

Visiting the Online Policy Statement
bit.ly/CAPS-Statement

Calling Counseling and Psychological Services
847-491-2151

Northwestern
COUNSELING AND
PSYCHOLOGICAL SERVICES

633 Emerson St.
Evanston, IL 60208

www.northwestern.edu/counseling