

Managing Your Career:

Planning your next steps after your PhD for mid-stage graduate students



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The CLIMB Program
Research Communication Workshop
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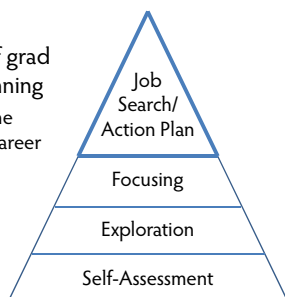
We will address these questions:

- What is the current professional climate?
 - "Did you know" video; career stories
- Where are you now?
 - professional assessment
- Where do you want to go?
 - building relationships and networking

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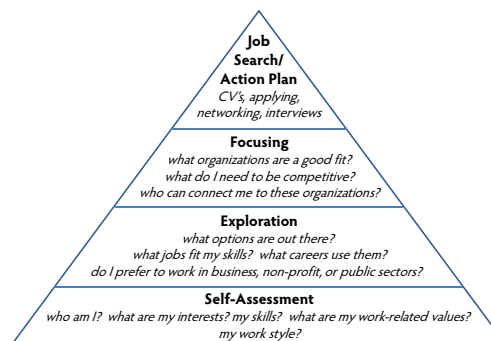
I observe students often making 1 of 2 common mistakes:

- They wait until the end of grad school to start career planning
 - They only see the tip of the iceberg of managing the career
- Or they analyze and plan, but are afraid to take concrete steps
 - analysis paralysis



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Peter Fiske's Career Planning Process



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What's the current professional climate?

- Did You Know / Shift Happens video (version 2012)
 - Created by Karl Fisch, a high school math teacher, for his fellow teachers



- So, what does this mean for your future career?

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Let's consider Shotwell's career story

Gwynne Rowley Shotwell (NU alumnus)



1. What elements do you see in Gwynne's career story and path, which describe the current professional climate?
2. What skills helped her to succeed professionally and in finding new positions?

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Professional Self-Assessment: Where you are now?



- Your professional "road map"
 - Where are you now?
 - What are your strengths and skills?
 - What have been your past experiences?



- Use professional assessment tools:
 - Myers-Briggs personality types
 - Strengths Finder
 - What Color is Your Parachute?
 - University Career Services (UCS)

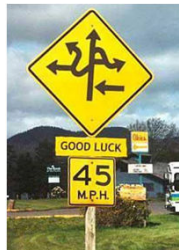
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Write your career story

- To start your professional assessment, ask yourself:
 - what are your past academic and professional experiences?
 - where did you succeed, thrive, love?
 - how did these events start?
 - what was your decision-making process?
 - what were obstacles and challenges? how did you respond?
 - how did the experience end?
- The purpose is to understand yourself and to learn how to communicate it to others.

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Next steps for Part 2: Where do you want to go?



- What's your destination?
- How do you define "success"?
- Professional networking
- Homework Assignment:
 - Create or update your Linked In account

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Resources

- Myers-Briggs personality types
 - free online version
 - *Please Understand Me II* by David Keirsey
- Strengths Finder
 - *Strengths Based Leadership* by Rath and Conchie
- *What Color is Your Parachute?* by Richard Bolles
- NU University Career Services
 - Kamilah McCoy – Grad Student Services

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