Sex Positivity

On order to dismantle a rape supportive culture, we need to speak openly and honestly about consensual sexuality. We need to embrace a sex positive perspective.

So what does sex positive mean? *(definition Cory Silverberg, edited by staff at RVA)*

1. Consensual sex is the opposite of rape. As rape is a negative force both personally and in society, sex can be a positive force both in personal development and in society at large.
2. Communication, consent and pleasure are necessary components of sexual health.
3. Sexual health includes engaging in sexual acts that are safe, sane and consensual.
4. Consensual sexual expression is a basic human right, regardless of the form that expression takes.
5. Sexual assault, pregnancy & STI transmission prevention are necessary components of healthy sexuality education.
6. People have the right to accurate and straightforward sexual health information.
7. It is inappropriate to judge others’ consensual choices regarding how they have sex, who to have sex with or how they define their sexual orientation and identity.