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Join us on LinkedIn
Hello Membership!

It has been a whirlwind Fall for the ANUW crew and we are muscling through this bitter cold and plentiful snow with Spring in sight! We hope you all are not only surviving but thriving in this record breaking Chicago Winter! With the dedicated and driven ANUW board and committee members buckling down in this cold weather, we have many exciting events and endeavors to come.

Since we last touched base with you all we have launched our Lunch and Learn Series by learning about gaining, practicing, and growing our confidence, we discussed the One Book One Northwestern book at the first meeting of the Book Club, and our Mentoring committee has kicked off year two of our robust mentoring program.

Now I am excited to share a preview of things to come. The current mentoring application process is in full swing, if you are on the fence, check it out! If you missed the info sessions, visit the mentoring site to learn more. Our Programing committee will soon be sending out info on their next event, sure to get your heart pumping in honor of Women’s Heart Health Awareness day in February.

We are also aimed at growing our presence on LinkedIn. If you aren’t connected with us yet, please log on (http://tinyurl.com/ANUWlinkedIn) and request to join us! Forgot the name of that woman you met at the last event? Looking for other ANUW members across campus? Trying to locate an inroad for cross departmental collaboration? Looking for the right person to connect with for an informational interview to learn more about the various University roles? LinkedIn is an easy place to find ANUW members you may not normally connect with and it is a great platform to make those connections! We aim to further use this as space to share articles and useful knowledge for professional development and parlay it to learn from one another. We hope to see you there!

Every board meeting, committee meeting, and ANUW event I attend I am reminded of what a wonderful experience it is being involved in ANUW. I am always honored to spend time with, work side by side with, and grow my professional skills with so many wonderful talented NU women. Thank you all for the privilege to serve ANUW this year, it is a complete joy!

All the best,

Emilie
Applications for the 2014 ANUW Mentoring Program are rolling in as ANUW Women from across the University are applying for a spot in this year’s eight month program. From now until February 28, potential mentees and mentors can apply to the program at the ANUW Mentoring Program Website.

The application process opened during the Evanston and Chicago Mentoring Information Sessions held on February 4 and 5 where over ninety ANUW members gathered to learn more about what ANUW Mentoring has to offer. If you missed learning more about this year’s mentoring program, visit the ANUW Mentoring website and watch the recorded webinar on the resources tab.

Thanks to everyone who attended!
Lunch and Learn: Act Confident + Look Confident = Be Confident

On January 30, ANUW hosted its first session of the Lunch and Learn series. In partnership with Lori Anne Henderson and the Work Life Resource team we invited a NU Life Matters’ representative to present on how one could be confident by acting and looking confident. The presenter started by introducing us to the factors that contribute to a person appearing assured and confident. We then completed a self-evaluation exercise to identify our personal perception of and challenges with self-confidence. Working in small groups we discussed our challenges and formulated personal practice plan. It was a fascinating session where we discussed that confidence is learnt and should be developed much like any other personal and professional skill. The ANUW board would like to thank the Work Life Resources team for their partnership in this event and we invite you to attend future Lunch and Learn events.

Dear Friends at ANUW,

On behalf of our patients, their families and our staff at Ann & Robert H. Lurie Children’s Hospital of Chicago, I would like to thank you all for your activity kits donation and the part that you played in making yet another holiday season brighter for our kids. Your group’s ongoing support and help in creating a better healing environment for our patients is greatly appreciated.

The kid friendly fun, comfort and cheer that we are able to extend to our patients and families at the holidays and throughout the year would not be possible without the support of generous people like you.

With warm wishes for a happy, healthy, safe and prosperous new year,

Justyna
Activity and Donations Coordinator
Children’s Services, Box 31
Ann & Robert H. Lurie Children’s Hospital of Chicago
Do you love to read?

Want to discuss books with other book lovers? Join ANUW’s new Book Club! For our upcoming meeting, we will be discussing Life After Life, by Kate Atkinson.

Bring your thoughts and notes on the book, as well as ideas for the Book Club, to our next meeting on Thursday, March 27th (date subject to change), from 12-1pm in the Norris Dittmar Gallery. If you are interested or just have questions, please contact Lauren Jones at lauren.jones@northwestern.edu.

Healthy Heart Event

Did you know that February 7th was National Wear Red Day?

The American Heart Association promotes women’s heart health with their Go Red for Women campaign because heart disease is the No. 1 killer of women. The Go Red for Women campaign serves to educate women about heart disease and how to prevent it. Exercise is one way to improve your cholesterol levels, lower your blood pressure and simply make you feel good! ANUW would love to help you take care of you heart by inviting you to get your heart pumping with a fun night of Salsa dancing!

Day/Time: Wednesday, February 26th 5:30pm-7pm
Location: Parkes Hall
1870 Sheridan Road, Evanston, IL 60208
RSVP: ANUW@u.northwestern.edu
Emilie holds a BS from Western Illinois University and is currently working on obtaining her MBA in Finance and Operations Management at DePaul University. She worked for Total Benefit Services in Evanston as an Account Manager and Insurance Broker for 3 years before joining Northwestern University as a Staff member in 2008. She began at NU as the Program Assistant for the NU Women’s Center and transferred to the Office for Research as their Financial Administrator in 2011. She currently works as the Senior Financial Administrator for the Office for Research. She lives in Evanston with her husband Greg and their two kitties. You will find her on weekends in class, studying, or working on DIY home projects with Greg.

Ellie graduated from Marquette University in 2012 with a degree in biomedical engineering. Following graduation, she joined Feinberg School of Medicine’s simulation lab where she works as the Innovations Design Engineer. Ellie is originally from Minnesota and loves traveling home to spend summers up at her cabin with her family and is currently very busy planning her wedding!

Andrea is the Student Community Service Coordinator in the Center for Student Involvement. With a degree in Business Administration from Rhodes College in Memphis, TN, Andrea started her time at Northwestern University as an AmeriCorps VISTA member with Illinois Campus Compact in 2010. Originally from St. Louis, MO, Andrea is one of 12 children. She spends much of her free time exploring different neighborhoods, restaurants, and all the sites that Chicago has to offer.

Eskedar is currently a Grants and Contract Financial Administrator in ASRSP (Accounting Services for Research and Sponsored Programs) and has been working at Northwestern for over three years. She hold a BS in Accounting and was in Public Accounting prior to joining Northwestern. Eskedar is originally from Ethiopia and spent most of her childhood in Kenya. She enjoys being a part of this excellent institution and contributing to the research goals of the awards she manages. In addition to being involved with ANUW, Eskedar likes participating in various groups or events around campus.

Deborah holds a BA in Telecommunications from Roosevelt University. She has been with Northwestern for 7 years as Senior User Support Specialist in Technology Support Services. Prior to coming to Northwestern, she worked as an Network Administrator for 25 years. She enjoys travel, golf, camping and when not working, you can find her trotting the globe at every opportunity.
Sarah holds a BA from Western Illinois University. She worked for Per Mar Security Services in Human Resources before making the choice to stay home with first child. She returned to work after 10 years as stay at home mom to Northwestern where she currently works as Assistant to the Associate Vice President for Human Resources. Originally from Iowa, she now lives in Skokie with her husband Quintin and two daughters. You will find her on weekends as a volunteer swim official.

You can find me at my desk working on the next process, agenda, email, time line, or proposal for a number of projects. All of which have to do with Northwestern, financials, mentoring, workplace design, and employee engagement. It helps that I have a large bag of gummy bears nearby. When I am not at work, I renovate my house and drink lots and lots of water, with fermented grape juice. ~Holly

Sherry holds a MS degree in Integrated Marketing Communications from Roosevelt University and BA in Communications/Telecommunications from Michigan State University. As the manager of IT Communications, she leads a team responsible for the communications and marketing activities for Northwestern University Information Technology. Prior to joining Northwestern nine years ago, she spent several years working in broadcast television (sports and news) and also worked in the healthcare industry. Sherry loves to travel the world, take lots of pictures, and spend warm weekends gardening.

Kate Klein is the Assistant Director of the Program of African Studies. She holds an MA in Anthropology from American University and will be completing her Master’s in Public Health from Northwestern University in June. She studies infectious disease prevention and education, particularly HIV/AIDS, in developing countries. In her job she works with faculty from all over campus who have interest or research in Africa. Kate is originally from Washington, DC area, but loves her newly adopted home Chicago. She and her husband Ed live in Andersonville.

Megan joined the Farley Center for Entrepreneurship as Assistant Director in November 2012. She started at Northwestern in 2010 at the Center for Civic Engagement and the Center for Leadership. Prior to her career at Northwestern, Megan coordinated the Service Learning Program for Chapel Hill High School in North Carolina. She also worked at a nonprofit in Athens, Ohio helping adults with disabilities find employment in the community. Megan’s first job out of college was as a Surface Warfare Officer in the United States Navy. She served six years and deployed twice to the Middle East. Megan has an MBA from Penn State University and a BA from Cornell University and is pursing a MPPA from Northwestern part-time.

Yasmeen works in the Office for Research Integrity as an Administrative Assistant on the Chicago campus. She spends most of her time working on research administration issues and also spending her lunch hour on Michigan Avenue. Yasmeen is originally from Oklahoma and earned a Bachelor’s degree from The University of Oklahoma. She enjoys watching the Chicago Bulls play the Oklahoma Thunder, spending time with her family, and shopping.

A St. Louis native, Pam Euring came to Chicago to acquire her law degree at DePaul University. Pam joined Northwestern University in 2008 and serves as a Senior Contract and Grant Officer in the Office of Sponsored Research on the Chicago campus. Pam is also a NUSAC Council member. Pam and husband James welcomed baby girl Harper on February 10th!
New Moms’ Support Group

Motherhood demands a lot of us in this day and age. New mothers have millions of questions, and sometimes access to too many answers. Join a group of mothers as you navigate your initial journey in parenthood. This group is open to all Northwestern staff, students and faculty.

Third Tuesday of every month, Noon-1:00 PM
Women’s Center, EV
Contact s-waltz@northwestern.edu to participate.

I don’t know if I’m a feminist, but . . . .

I believe in equal work for equal pay
I want my voice to be heard
I want a seat at the able
. . . and much much more
A lot of people don’t want to talk about feminism. What is it? Am I a feminist? What does that mean? Is sexism dead? Join us for a monthly discussion of hot topics that pertain to women. We will share short articles or view video clips at the start of each discussion. Where it goes from there, is up to you.

Bring your lunch and your viewpoints!

First Friday of every month from 12:00-1:00, Women’s Center - EV

The Next 50 Years: Creating a Climate of Equity and Respect

Gary Howard, MEd

This is the world your students will be creating over the next half century. What will be their contribution? What is the unfinished work? Gary Howard, an equity consultant, trainer and activist, will wrap up our year of power and privilege by focusing on the skills that will serve us in the coming year and far into the future.

Gary Howard will discuss how we address cultural competence at work and how we create a climate of equity and respect at Northwestern University. He will speak to students about how to take an active role in shifting the dynamics of power and privilege. He will also work with faculty to share their own best practices for building culturally responsive learning communities.

Gary R. Howard has over 35 years of experience working with issues of civil rights, social justice, equity, education, and diversity, including 28 years as the Founder of the REACH Center for Multicultural Education. His book, We Can’t Teach What We Don’t Know, (Second Edition, 2006), was published by Columbia University and is considered a groundbreaking work examining issues of privilege, power, and the role of White leaders and educators in a multicultural society.

Wednesday, May 7, 2014
11:30 AM -1:30 PM students
11:30 AM -1:30 PM Lunchtime keynote for Chicago staff, faculty and students
7:00 PM - 9:00 PM faculty
Evening keynote for Evanston students, staff and faculty

Thursday, May 8, 2014
8:30 AM - 10:30 AM Breakfast workshop for faculty (max of 40 participants)

Trouble in Mind, A Night at the Theater

Written by Alice Childress and directed by Ron Oj Parson, Trouble in Mind is set in 1957 as the story of struggling actress Wiletta Majer, who has just been given her breakthrough role in an anti-lynching play. Join the Women’s Center and ANUW for a pre-show reception at the Barber Theater. Discount tickets for the show are available for $10 for Northwestern faculty and staff with the code TICANUW through the phone or online for the May 23rd performance.

Friday, May 23, 7 pm Pre-show Reception, Barber Theater
8 pm Performance, Louis Theater