MESSAGE FROM THE PRESIDENT

Somehow, late August is here. The summer sun still warms, but the evenings slowly grow cooler. And another new year--another new beginning--is upon us. Did you have a good year? What are you proud of? What do you wish you'd done better? What will you focus on in the next year? A new beginning reminds us that it's never too late. You can start anew, change your situation, better your life, do something you've dreamed.

ANUW can play a role in this. If you're looking for a promotion, a career change, a new professional skill, or a helpful connection, don't forget your direct access to over two hundred and fifty dynamic women via ANUW. Professional development may not be all about making connections, but a surprising amount of it is! With this in mind, over the next year ANUW will focus on networking. We'll set the tone in November with "Networking 101" to ensure you're getting the most out of your professional relationships. In addition, ANUW is organizing a series of informal programming events this year to facilitate connections among members in relaxed settings, such as happy hours at local restaurants after work.

I can't leave you without a quick report on 2009-2010. Simply put, ANUW enjoyed a stellar year. To provide a few highlights, our membership numbers have never been higher, our presence on the Chicago campus is growing, our programming is more frequent and more diverse (and more well attended), and our newly revamped website (www.northwestern.edu/anuw) aims to communicate with members in a more professional, efficient and exciting manner. The FY11 ANUW Board (led by Emily Higgins, the next ANUW President) is an extraordinary group, and they've got a blockbuster year planned.

It has been my pleasure to serve you as president of ANUW. If we don't know each other--or if it's been awhile--find me at an ANUW event this year so we can connect. See you soon!

Elizabeth Adams
Committed to encouraging and supporting all women at Northwestern University who are interested in professional development

ANUW Welcomes Its Newest Members

An important part of ANUW’s mission is to facilitate the networking of women across departments and campuses. We invite you to reach out to a new member (you can find contact information in the on-line directory). Introduce yourself, perhaps schedule lunch together. Get to know someone new!

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<td>Samantha</td>
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Celebrate Our Success!

Betty McPhilimy, Associate Vice President of Audit and Advisory Services at Northwestern University, and long time ANUW member, recently received the Victor Z. Brink Award for Distinguished Service from the Institute of Internal Auditors (IIA).

Recently, she helped administer IIA-Chicago Chapter’s gift of $125,000 -- one of the largest contributions ever made by a chapter -- to the IIA Research Foundation to fund internal audit research.

She was honored at the IIA’s 2010 International Conference in Atlanta on June 9.

Congratulations Betty!

If you have news (success stories, promotions, recognitions, etc.), we’d like to celebrate with you. Please email your story to Deborah Coleman at d-coleman2@northwestern.edu. If you have photos, include those as well.

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Now ANUW Is Cookin’!

By Beth Clifford Smith

Our June event took twenty-six members to Now We’re Cookin’, a culinary service center in northwest Evanston where professional chefs hosted a hands-on cooking demonstration. In this unique cooking space, members worked in small groups, with each team preparing a particular dish. In this relaxed environment, attendees accomplished a common goal, while at the same time being able to casually mingle with one another. Several members commented that they did more networking at this event than any other event during the course of the year.

In between conversations, attendees prepared grilled chicken skewers with mole sauce, phyllo spinach triangles, zucchini rolls, sangria and caramelized bananas with sugared nuts and mascarpone cream. And the reward for all of that cooking? Sampling all of the delicious items!

Following the event, Now We’re Cookin’ provided ANUW with all of the recipes for the delicious creations. Missed this event but want the recipes? Email Beth Clifford Smith at b-clifford@northwestern.edu.

Annual Member Appreciation Event

by Kate Dargis

ANUW ended it’s fabulous year of programming with an event which served to thank our members for a wonderful year. The program included a walking tour of the Evanston campus, curated by University Archivist Kevin Leonard.

Attendees learned about the modest roots from which this University came, the various architectural styles and histories of the buildings, and how women had played a very important role in the expansion of the campus.
Following the tour, ANUW members cooled off with refreshments at the Seabury Theological Seminary and learned about the NU One Book "Mountains Beyond Mountains" which was available for purchase.

Overall, it was a lovely way to wrap up the year!

We will begin collecting your membership dues starting in September. You may pay your dues online with a VISA, Master Card or American Express credit card. Please access this URL to register online:

Instructions are provided on the web site.

If you prefer to not pay with a credit card, you still can pay via check made payable to Northwestern University. Sending cash through campus mail is not advisable.

Remit your check via Campus Mail to:
Helen Hutten, ANUW Treasurer
c/o Chemistry of Life Processes Institute
2145 Sheridan Road
Evanston Campus
Upcoming Events

Please mark your calendars for these exciting events we have planned in the coming year. We encourage you to please periodically check our web site for any updates.

http://www.northwestern.edu/anuw/index.html
We hope to see you there!

September, 2010
Annual Membership Renewal Drive

October, 2010
Annual Fall Breakfast (Date & Topic TBD)
7:30-9:30 am
Allen Center
Evanston Campus

November, 2010
Networking Event (Date, Time & Site, TBD)
Networking 101 with David Fisher, Founder of Rock Star Consulting

December, 2010
Annual Holiday Luncheon with The Women’s Center
December 7, 2010 Chicago Campus
December 10, 2010 Evanston Campus

January, 2011
Career Resolutions Event (Date, Time & Site, TBD)
Speaker: Alexandra Levit, bestselling author and renowned speaker

ANUW Board of Directors for 2009-2010

Elizabeth Adams –President
Emily Higgins – Vice President
Debra Gibson Tice – Secretary
Helen Hutten – Treasurer
Carol Michelini – Past President

Committee Chairs:
Claire Maurello – Membership Committee
Beth Clifford Smith – Programming Committee
Kate Dargis – Publicity Committee

Suzanne Auburn - Web Site Administrator
Deborah Yordy Coleman – Newsletter Editor

Members-At-Large:
Shericka Pringle-Jackson
Susen Taras
Mary Tobin

Kathy Mustea - Women’s Center Liaison, Chicago Campus
Beth McDonald - Women’s Center Liaison, Evanston Campus

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