It’s beginning to look a lot like spring! Along with warmer temperatures and budding trees, spring is all about new beginnings. In this column, I’d like to share with you the results of the recent ANUW Membership Survey that will lay the groundwork for next year’s programming. I also want to invite you to consider a new beginning for yourself by volunteering to serve on ANUW’s Board for fiscal year 09.

A big thank you goes to the members who took the time to share their thoughts about ANUW and its programs. You may be interested in a few statistics. Of those who responded, 34% have been a member of ANUW for 6+ years. 51% of the respondents work on the Evanston campus and 78% are in exempt level jobs. According to the survey, most members who have attended our events have found them to be worthwhile. One member commented that “one of the best things about ANUW is linking women across campus”.

Of course we can always do a better job of increasing our services. Many of you felt that we could do more to raise awareness of ANUW, what it is and what it does. Suggestions ranged from increasing publicity (including the goal of having one ANUW member per department/division for word-of-mouth excitement) to creating special interest communities (for example build programming that targets middle-management women).

Members asked for “innovative events which benefit us personally but still tie to NU’s mission and core activities; access to women leaders; leadership development programming; and the opportunity to showcase and share work best practices from which I can learn and do my job better.” Several members suggested a member directory or contact list that could include areas of interests/specialties so people would know who to call for information or advice.

As you can see, there are lots of opportunities to strengthen ANUW. In a few months, the Board and I will be sitting down to plan next year’s programs around the theme of Your Best Year Yet. Would you like to help? Do you love to plan events? Write articles? Design websites? If so, ANUW can use your skills on the publicity and programming committees. ANUW provides wonderful leadership experience. Please consider sharing your time and talent. Contact me at c-michelini@northwestern.edu to learn more.

Sincerely,

Carol Michelini, President, ANUW

Report: Women’s Health Presentation

On February 7, 2008, Dr. Teresa K. Woodruff, PhD, spoke to ANUW members about her work with the Institute for Women’s Health. Dr. Woodruff is a Professor of Obstetrics & Gynecology as well as the Chief of the Division of Fertility Preservation at the Northwestern Feinberg School of Medicine, and the Executive Director of the Institute for Women’s Health Research also at Feinberg.

Dr. Woodruff’s presentation focused on four areas of women’s health: cardiovascular, neuroscience, anesthesia, and infertility. She emphasized the importance of using women as subjects in clinical trials and other research studies. Women’s bodies differ from men’s and as a result drugs and other treatments affect men and women differently. But there is something that we can do to help. For starters, go to www.womenshealth.northwestern.edu and check out the home page for the Institute for Women’s Health where you can enroll in the Illinois Women’s Health Registry.

The data you provide will help to track the health trends and status of Illinois women, which in turn will help identify community health priorities. Your info might also match eligibility requirements of university-sponsored studies which means you may be invited to participate in specifically approved studies that advance women’s health.

You may also want to explore the annual Women’s Health Symposium scheduled for October 24, 2008 and look for an online master’s degree and certificate programs in women’s health offered by Northwestern in the fall of 2009.
ANUW Welcomes Its New Members

Part of ANUW’s mission is to facilitate connecting women across departments and campuses. Take the time to reach out to a new member (you can find contact information in the on-line directory), introduce yourself, and perhaps schedule lunch to get to know someone in a different department.

Karen Allen, Chicago Field Study    Vickie Martorelli, Med-Finance
Pat Brown, Med-Neurology        Claire Maurello, SCS
Donna Cole, HRIS                Lisa Metzger-Mugg, Graduate School
Bridget Considine, Alumni Relations & Development    Lucy Millman, WCAS-Business Institutions
Betsy Costello, Purchasing Resource Services         Sherry Minton, IT
Caroline Devane, Graduate School                       Lisa Pagniucci, Alumni Relations & Development
Sarah Ferrer, WCAS-Math Methods in the Social Sciences    Megan Redfearn, Alumni Relations & Development
Elizabeth Frisch, Alumni Relations & Development      Carol Rose, Kellogg
Christine Ganjani, NUIT Communications            Jeannine Russo, SCS
Rachel Garson, DASA                                    Kelly Rust, Kellogg
Nancy Gelman, WCAS-Jewish Studies                     Sara Schapmann, University Services
Cathy Grimsted, WCAS Administration                  Bonnie Schorn, ASRSP
Florence Heady, Library                                          Kate Venmar, NUANCE
Virginia Koch, University Residential Life                 Ann Watson, HR
Laura Koepele-Tenges, Provost’s Office                Kim Zelonis, ASRSP
Donna Kostel, Med-Finance                                  Claudia Youakim, Office of the AVP of Research
Sheneen Landry, Kellogg-Executive Program

Take Our Daughters to Work Day

ANUW partners with the Women’s Center to sponsor the Take Our Daughters to Work event. ANUW wishes to thank those members who volunteered to work behind the scenes and/or who served as chaperones for the event on April 24. You were great!

Special thanks to ANUW Board Members at Large, Stacy Biermann and Kim Zelonis, who served as liaisons with the Women’s Center on this project; Kristina Richards, Board Member at Large, who served as a registration and lunch volunteer and ANUW Past President, Joan Trimuel and ANUW member, Remi Akinyemi both of whom staffed the registration table.

The following ANUW members served as chaperones:

Stacy Biermann, HR
Donna Cole, HR
Carol Michelini, HR
Kathy Mustea, ASRSP
Seletta Nichols, Med School-Finance
Darlene Peterson, Audit and Advisory Services
Sara Walz, Women’s Center

Thanks for helping make TOD2W a success!

Committed to encouraging and supporting all women at Northwestern University who are interested in professional development