June Recap: Now We’re Cookin’

For the second consecutive year, ANUW offered members a unique opportunity to network with each other while enjoying a professional cooking class. On June 8, the staff at Now We’re Cookin’, a culinary service center in Evanston, provided hands-on instruction to attendees, guiding them through the preparation of an Italian feast of spinach gnocchi with peppers, polenta and mushrooms, and tiramisu parfaits. Attendees not only learned new recipes and cooking techniques, they also met one another; the Now We’re Cookin’ approach is to divide classes into small groups, with each team taking responsibility for a dish. Members who attended this event commented that the class provided an easy networking opportunity – there was plenty to talk about as each group prepared their share of the meal. And best of all, everyone who attended was able to sample all three dishes, finishing the evening with a sit-down meal. Proving that the Now We’re Cookin’ staff know their work, the meal was delicious!

Upcoming Events:

**November 10**, 4:30pm, Reception at Guild Lounge with Program at 5:45pm, Harris Hall 107. Guest Speaker Dee Dee Myers, Author of “Why Women Should Rule the World”. Co-sponsored with the Women’s Center.

**December 6**, Women’s Center, Abbott Hall, Chicago

**December 8**, Parkes Hall, Evanston. Annual Holiday Luncheon Co-sponsored with the Women’s Center.

**November 16**, 12pm to 1:00pm, Lurie Hall, Gray Seminar Room, Chicago. “Keep Calm and Carry On” featuring Dr. Mark Reinecke, Professor, Feinberg School of Medicine.
Letter from the President

Welcome to a new academic year! I’m excited to introduce myself to you as ANUW’s President for 2011-12. I’m fortunate to succeed Emily Higgins, who made many valuable contributions to ANUW during her time on the Board. As you may know, Emily left Northwestern this summer to pursue her MBA at the University of Colorado at Boulder. One of Emily’s most significant accomplishments was to build a terrific team of women to serve on the Board and the ANUW committees, and I feel especially fortunate to work with all of them. You can learn more about our 2011-12 Board on page 5.

While the new year has just begun, ANUW has already been hard at work to make sure we have terrific programming every month in 2011-12. We have already hosted a successful Party of 6 event, bringing together members to meet one another over a casual lunch. October brings our traditional Annual Fall Breakfast at the Allen Center in Evanston, and we’re very pleased to have Elizabeth Tisdahl, Mayor of Evanston, as our speaker for this event on October 13.

This year marks the 25th anniversary of the University’s Women’s Center, an important resource center for all women in the Northwestern community. ANUW is pleased to help celebrate this anniversary by cosponsoring a fantastic event for November: Dee Dee Myers, the first woman to serve as the White House Press Secretary and author of Why Women Should Rule the World, will speak on the Evanston campus November 10. Learn more about this event and the Women’s Center anniversary on page 3.

In addition to hosting programs of the highest quality, ANUW also strives to make our operations function as efficiently as possible. To this end, we’ve made a significant improvement to our membership process: members now have the option to submit dues via payroll deduction. You can even elect to be a “continuing” member and annual dues will be deducted from your paycheck each September. No need to remember to renew each year! Not only is this option more efficient for members, it results in cost savings for ANUW, as we no longer have to dedicate funds to credit and debit card fees. This means more of our funds are available to put toward engaging programming for you. ANUW wishes to thank the Payroll Office for their work in this effort. Visit our website at www.northwestern.edu/anuw/membership/index.html for all of the details on how to join or renew for 2011-2012.

I would love your feedback as to how ANUW can help you meet your professional goals at Northwestern, and I invite you to contact me or any Board member. We also want to hear about your successes and accomplishments and celebrate these in future newsletters. Write us at anuw@u.northwestern.edu and tell us your news.

I hope to hear from you soon.

Beth Clifford Smith
President
Women’s Center turns 25

This year marks the 25th anniversary of the Women’s Center at Northwestern University. The Women’s Center came about through the former Program on Women and opened its doors in the fall of 1986. Through educational programming, outreach, advocacy, counseling, and coalition-building, the Center works to ensure gender equality within the Northwestern community. Throughout the school year, the Women’s Center will be highlighting the accomplishments of the women of Northwestern University with programming organized around the theme “Moving Women Forward.”

The Women’s Center enjoys a close relationship with ANUW. Both the office and the organization recognize the significant contributions of women staff to the university and share a common goal of supporting and facilitating staff women’s advancement. Women’s Center staff have long participated in ANUW. Director Renée Redd, a long-time member of ANUW, joined the Women’s Center in 1994. Renée believes that “the collaboration between ANUW and the Women’s Center has been essential in helping create pivotal programming that has helped to change the climate at Northwestern University.” Associate Director of the Women’s center and ANUW member Njoki Kamau has been working at the Center since 1991. Njoki currently serves on ANUW’s Membership Committee. In reflecting on her time at the university, Njoki commented, “Over the last quarter century, the NU landscape has markedly changed for women, and the future no doubt holds a lot of promise.” Cara Tuttle Bell, Director of Programs at the Women’s Center, joined ANUW soon after joining the staff of the Women’s Center in January 2010. Cara was recruited to ANUW by member Emilie Kahle, who previously served as the Program Assistant for the Women’s Center. Cara currently serves as the Programming Co-Chair with Emilie on the ANUW board. Women’s Center Counselor Sara Walz is also a proud member of ANUW and has been a member since joining the university in 2007. Sara finds the connection and community that ANUW fosters to be an integral part of her Northwestern experience.

ANUW joins the Women’s Center is celebrating its anniversary and is excited to cosponsor the 25th Anniversary keynote event featuring former White House Press Secretary Dee Dee Myers. Myers was the first woman to serve as Press Secretary. A political analyst and commentator, Myers currently serves as Contributing Editor to Vanity Fair magazine and is a frequent guest on NBC, MSNBC, and frequent contributor to the Huffington Post. She is the author of Why Women Should Rule the World, a book that proposes that everything would change in a world with more women in positions of power. Please join us for a reception and discussion with Ms. Myers on Thursday, November 10, as the Women’s Center celebrates this milestone.

ANUW Happy Hour at Hotel Affinia

One of ANUW’s goals in 2010-2011 was to supplement our traditional monthly programming with quarterly social events. With visions of warmth and sun, a June 23rd happy hour on a rooftop bar seemed the perfect summer outing. While the weather didn’t cooperate – warmth and sun were replaced with clouds and cool temperatures – 25 members had a great time meeting one another at the Hotel Affinia’s C-View lounge. Located at 166 E. Superior in Chicago, the Affinia is an NU preferred vendor and a convenient gathering place for the downtown campus. Their C-View rooftop bar offers terrific views of the Chicago skyline and a relaxed atmosphere for conversation. Attendees agreed that the event was one ANUW should repeat, as it provided an opportunity for members to get to know new people and provided plenty of time for networking.
ANUW Learns How NU Is Going Green!
How Northwestern is Trying to be Environmentally Conscious.

On May 26th, Julie Cahillane, Manager of Refuse and Recycling at NU’s Facilities Management, spoke to ANUW about the University’s efforts in this arena. Julie is an active member of the Sustainability Working Group and an expert on campus green initiatives. She consults with everyone from the architects designing new buildings on campus to fraternities and sororities to student groups who want to make a difference on campus. Julie has tried to reduce energy consumption across campus, starting with the larger most used buildings, such as the Norris Center. They’ve worked with Sodexho the catering company to reduce waste in the dining halls by using all recyclable materials and encouraging patrons to use dine in materials. NU also designed the new Silverman Hall to be up to gold standard on the Leadership in Energy and Environmental Design (LEED) green building rating system. Other buildings have also been retrofitted to meet LEED standards. To engage the student body, NU holds an annual Green Cup competition to encourage students to reduce electricity and water consumption in the wintertime. Students have created green roofs and worked to make their dorms less wasteful. All of these efforts and many more, have caused Northwestern to be ranked as the 5th greenest school in the nation.
Meet our 2011-12 Board

President: Beth Clifford Smith
Manager of Administrative Services, WCAS Administration

Why did you join ANUW?
What I value most about ANUW is the opportunity to get to know so many interesting people who are doing fascinating work. I love hearing about all of the different jobs that exist at Northwestern. There are so many professional avenues to pursue and always new challenges to keep you engaged.

What has been one of your favorite events?
I love the annual fall breakfast. It’s such a terrific way to start the year and the speaker is always energizing. I really appreciated last year’s talk by lacrosse coach Kelly Amonte Hiller – she had a lot of valuable insights about teamwork that were applicable to work, not just sports.

Vice President: Kate Dargis
Assistant Director, Program of African Studies

Why did you join ANUW?
I joined ANUW after being introduced to the group by a past president. I was glad to have been brought into the circle, because working in a small research center, it can be hard to meet people in other parts of the University. ANUW was a great resource for that! I’ve met so many interesting women who really make up the backbone of this University.

Secretary: Jen Lombardo
Department Assistant, WCAS Art History

Why did you join ANUW?
I joined ANUW soon after I was hired at NU to meet more people around campus.

What has been one of your favorite events?
I really loved the Sally Blount event last year. Very often, women leaders put forward a rough, concrete exterior to gain respect. It was great to meet a female leader who was not afraid of – and even thrived – off her humility, compassion, and humor.
Why did you join ANUW?
I joined ANUW because I had prior experience with a similar organization when I worked in a large healthcare company. The reasons for joining were the same in both cases. I wanted to meet women with whom I could network both for personal and professional reasons.

What has been one of your favorite events?
My favorite ANUW event(s) have been the Pathways to Success programs – Dean Blount was the most dynamic speaker in this series, but I’ve always been impressed by how personal the presentations have been. These successful women shared so much with the group.

Why did you join ANUW?
I joined ANUW as a way to meet people from other parts of the University and learn about their units. It was a great way to make this large workplace feel like home. The events that ANUW puts together not only allow me to meet other people, but also open my mind to new ideas that are applicable to not only the workplace, but also my personal life.

What has been one of your favorite events?
My favorite event is a tie between “Party of 6” and “Pathways to Success” (both the Dean Mangelsdorf and Dean Blount events!)
Membership Co-Chair: Lindsay Greco
Research Training Manager, Office for Research Integrity

Why did you join ANUW?
I joined ANUW in order to network and meet more women who work on the Evanston campus and at Northwestern in general. My position is located on the Chicago campus but what I do covers both campuses so it's important for me to network on both. I also joined ANUW in order to get involved in with the University outside of my day-job.

What has been one of your favorite events?
My favorite event was the “Now We’re Cooking” event. It was a great way to do something fun and meet new people doing it. I really enjoy cooking and I learned how to cook some new items there. That type of event also forces you to get outside of your comfort zone and meet some new people because you're all working together on a project.

Programming Co-Chair: Cara Tuttle Bell
Director of Programs, Women’s Center

Why did you join ANUW?
Being a member of ANUW makes working at Northwestern more enjoyable. Its goals overlap with the goals of my office, and ANUW creates opportunities to meet so many interesting women from across the university, so it is invaluable for internal networking but also great for making new friends.

What has been one of your favorite events?
My favorite event is always Pathways to Success. It’s incredibly useful and inspiring to hear from a woman who has achieved career success, is passionate about her work, and is willing to share the accomplishments and challenges of her personal story with us.
Why did you join ANUW?

I joined ANUW the first week I began working at Northwestern. I previously worked in a small office of 10 outside of the university and was transitioning into working in an even smaller office of 5 within the university, so I figured ANUW would be a great way to meet people outside of my department. With the Fall Breakfast happening the Thursday of the week I started at NU, it was perfect timing!

What has been one of your favorite events?

In my time with ANUW I’ve truly loved all of the events. The programs are so diverse that there is something for everyone every year! Some of my favorites have included Transform Your Space, Transform Your Life with speaker Linda Smith, the 2010 Annual Fall Breakfast featuring Women’s Lacrosse Head Coach Kelly Amonte Hiller and the 2011 Pathways to Success hosted by Sally Blount. I am really looking forward to working with the Programming Committee to create new favorite events for this year!

Past President: Elizabeth Adams
Director Research Administration, McCormick School of Engineering

Why did you join ANUW?

I joined ANUW to meet new people and enhance my professional skills. These things happened, but something else happened: I’ve gotten to know Northwestern through ANUW. Northwestern is a stunningly diverse and multifaceted place. It is extremely valuable—and even provides a competitive edge—to have contacts in virtually any area of University business, virtually overnight.

What has been one of your favorite events?

One of my favorite events was last year’s annual fall breakfast featuring NU women’s lacrosse coach, Kelly Amonte Hiller. A couple of her ideas that stuck with me are: Commitment to team can transform and distinguish any group of people. Also, if you get knocked down, get back up!
Why did you join ANUW?
When I joined ANUW, I was looking to connect with others across the University. ANUW helps to broaden my professional circles.

What do you like about working at Northwestern?
Northwestern University has lovely campuses filled with some of the most intelligent and friendly students, faculty and staff. It is a joy to be a part of the community.

Why did you join ANUW?
To meet other professional women at Northwestern; for networking purposes.

What has been one of your favorite events?
Now We’re Cooking – it was enjoyable to learn a new recipe and to work with a group of women creating it; it was a relaxing atmosphere which allowed for casual & fun networking.
Welcome New ANUW Members

Carla Barger  Jasett Ktsanes  Laura Norton
Sheri Carsello  Paula Laurent  Traci Pickerell
Leigh Anne Drevs  Mara Martini  Elena Romero-Jensen
Irena Garlic  Francine Maxwell  Michelle Stalilonis
Marcia Hilliard  Christina Mete  Michelle Suran
Laura Koepele-Tenges  Sherry Minton  Virginia Vignolles

Membership Form

Thank you for your membership! For questions regarding ANUW or completing this form, please contact anuw@u.northwestern.edu.

Employee Name: ________________________________
Employee ID#: __________________________________
Department: ________________________________
Email: ________________________________@northwestern.edu

Annual dues are $15 and cover one membership year, September 1 through August 31. Please choose your election for dues below:

☐ Continuing Membership by Payroll Deduction: Deduct $15 from my next paycheck and every September.
☐ Optional One-Time Gift: Deduct an additional amount of $____ from my next paycheck as a gift to ANUW.
☐ Annual Membership by Payroll Deduction: Deduct $15 from my next paycheck (one-time payment only).
☐ Optional Continuing Gift: Deduct an additional amount of $____ from my paycheck each Sept. as a gift to ANUW.
☐ Annual Membership by Check: My personal check made payable to Northwestern University is attached.
☐ Cancel Payroll Deduction: Discontinue ANUW dues through payroll deduction.

By signing below, I authorize Northwestern University to deduct the amount(s) listed above from my paycheck.

______________________________
Employee Signature

Date

If paying by payroll deduction, please email this completed form to Helen Hutten, ANUW Treasurer, at h-hutten@northwestern.edu. If paying by check (please do not send cash), please send this completed form via campus mail to:

Helen Hutten, ANUW Treasurer
c/o Chemistry of Life Processes Institute
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Evanston Campus, 60208-3113