“I thank you and entire Association of Northwestern University for sponsoring 13 youth from Family Matters to attend Take Our Daughters & Sons to Work Day. One young man expressed, “We had a blast,! When can we go back?””

Kim DeLong, Executive Director of Family Matters
HELLO ANUW MEMBERS! THANK GOODNESS SPRING HAS OFFICIALLY SPRUNG! THE FLOWERS ON CAMPUS HAVE BURST AND THE STUDENT’S ENERGY AROUND COMMENCEMENT AND SUMMER BREAK IS PALPABLE! PART OF WHY I LOVE WORKING IN HIGHER EDUCATION IS HOW CLEARLY WE ARE ABLE TO MARK THE SEASONS OF THE YEAR BY THE ACTIVITIES ON AND AROUND CAMPUS. THE ANUW BOARD IS NO DIFFERENT; SPRING IS A TIME OF RENEWAL, FRESH STARTS, AND NEW BEGINNINGS. WITH THIS FRESH SEASON AT HAND THE ANUW BOARD HAS ALREADY BEGUN PLANNING FOR FY15! IT HAS TRULY BEEN A PLEASURE WORKING WITH ALL OF THE WOMEN ON THIS CURRENT BOARD AND A DEEP EXPERIENCE OF GROWTH AND DEVELOPMENT. IF YOU OR ANYONE YOU KNOW IS INTERESTED IN GETTING MORE INVOLVED WITH ANUW I HIGHLY RECOMMEND YOU GET IN TOUCH WITH ANY ONE OF OUR CURRENT BOARD MEMBERS. THEY CAN GIVE YOU MORE INFORMATION ABOUT THEIR OWN ROLE, PUT YOU IN TOUCH WITH OTHER BOARD MEMBERS, OR ANSWER ANY QUESTION YOU MAY HAVE ABOUT PARTICIPATING ON THE ANUW BOARD AND COMMITTEES. IT IS SUCH A WONDERFUL OPPORTUNITY WORKING WITH THIS GROUP AND THERE IS AN ADDED LEVEL OF RICHNESS TO BE GAINED FROM ANUW BY WORKING IN A COMMITTEE OR PARTICIPATING ON THE BOARD.

IN THE NEWSLETTER YOU WILL HEAR ABOUT SOME OF THE EXCITING EVENTS THAT HAVE HAPPENED OVER THAT LAST COUPLE OF MONTHS AND A FEW THINGS TO LOOK FORWARD TO. SPRING AND SUMMER TEND TO BE A MORE CASUAL TIME OF YEAR WHEN THINGS (HOPEFULLY) SLOW DOWN A BIT AND WE CAN USE THESE OPPORTUNITIES TO RE-CONNECT WITH ONE ANOTHER, PURSUE OUR PASSIONS, AND LEARN NEW SKILLS. I ENCOURAGE YOU TO UTILIZE THE FORUMS THAT ANUW PROVIDES TO DO THIS AND TO REJUVENATE YOUR STAFF FRIENDSHIPS AND CONNECTIONS.

ALL THE BEST,

EMILIE KAHLE
ANUW Mentoring Program Launches Its Second Year

ANUW is thrilled to welcome the Mentoring Program back for its second year. On March 19, the 2014 mentoring cohort kicked off the program with a breakfast event, the Breakfast Match Mixer, where the 38 participants had an opportunity to meet their mentor/mentee match. Despite the early morning hour, the room was alive with chatter as the pairs formed new relationships and set the framework for their partnership.

The Spring Chicago mentoring event, ANUW Mentoring MeetUp, provided participants an opportunity to network with other members of the program. Stories of life and work were shared at the Hyatt’s Level Two cocktail lounge over appetizers and drinks. Mentoring pairs are encouraged to meet once a month to talk about the goals they have set and the progress they are making.

The ANUW Mentoring Program is the culmination of months of dedicated work by the mentoring committee, led by Mentoring Co-Chairs Holly Erickson and Sherry Minton. The committee coordinates each component of the program, from the technical aspects like the website (www.anuw.mentoring.u.northwestern.edu) and the online application, to the communications plan, event plans, and the timeline for the entire lifecycle of the nine-month program. The ANUW Board wishes to thank Holly and Sherry, as well as committee members Lupe Castaneda, Jen Klink, Beth McDonald, Toni Montgomery, and Amanda Stasinski for their outstanding work in supporting this program. If you have any questions about the effort, or would like to be involved in the committee, please contact them at anuw-mentoring@u.northwestern.edu.
“Pathways to Success” is a Success!

On March 12, ANUW held its annual Pathways to Success event, featuring keynote speaker Dr. Julie Payne-Kirchmeier (also known as JPK), Assistant Vice President for Student Auxiliary Services. She spoke of her experiences working in student affairs, moving from studying genetics to higher education administration, and holding leadership roles at several universities. Dr. Payne-Kirchmeier’s talk featured some excellent advice for ANUW members hoping to advance their careers. Below is some of the great advice given:

LESSON 1: FOLLOW YOUR INSTINCTS – THEY WILL RARELY LEAD YOU ASTRAY.

LESSON 2: KNOW YOURSELF WELL ENOUGH TO KNOW WHEN YOU ARE READY.

LESSON 3: NEVER GIVE UP ON ANYONE.

LESSON 4: STAND UP FOR YOURSELF.

LESSON 5: TRY NEW THINGS.

LESSON 6: CONNECT TO YOUR PROFESSIONAL ASSOCIATIONS AND CULTIVATE YOUR NETWORK – IT’S IMPORTANT.

LESSON 7: YOU ARE PART OF A BIGGER WHOLE HERE. IT’S NOT ALL ABOUT YOU.

LESSON 8: TAKE ON NEW AND INTERESTING THINGS.

LESSON 9: ASK FOR WHAT YOU WANT.

LESSON 10: NEVER STOP LEARNING.

LESSON 11: NEVER ABANDON YOUR PROFESSIONAL HOME OR FORGET WHERE YOU CAME FROM.

LESSON 12: THE ENVIRONMENT WHERE YOU WORK MATTERS. PERIOD.

Thanks so much to Dr. Payne-Kirchmeier for speaking, and thanks to everyone who attended!
Conversations with Eugene Sunshine: Farewell Gene

On Wednesday, May 14th 2014 nearly 70 ANUW members signed up to wish Gene Sunshine farewell during his 16th and final Conversations. This event was a time to reflect on his service and contributions over the past 17 years at Northwestern as the Senior Vice President of Business and Finance. Gene fondly referred to this annual event and ANUW as special group that allows him to speak about things he normally isn’t able to with the staff who are the eyes and ears of Northwestern.

Sunshine, focused most of his speech on what we need to continue to look ahead to at Northwestern. He spoke about the We Will Campaign, undergraduate financial aid, graduate fellowships, research as well as facilities projects and construction. With questions from ANUW members, Sunshine spoke of his retirement plans to consult, guest lecture, and finally find the time to sleep.
“Bring Your Kid to Work Day”
by Patrick James Conlon, age 9, Rogers Park

Did you ever see a yellow glowing pickle? Neither had I before I went to the Science Day themed “Bring your child to work” day at Northwestern University (NU). Although the day was mostly for the kids of NU employees the Association of Northwestern University Women (ANUW) sponsored kids from my after school program, Family Matters, in Chicago.

This was a fun day of touring parts of the NU campus and learning about science. We started out with a light breakfast of bagels and apple juice. There were only about 11 of us from my after school program, Family Matters in Rogers Park, but there were hundreds of kids from all over. When we got there they split us up into different groups of about 12-15 by our age so I was the only one in my group from Family Matters. At first this made me nervous but it was actually pretty cool because I got to meet new kids and make some new friends.

This all day event had us in three locations around the campus.

In the first location we learned about spacial reasoning and Mobius Strips. A Mobius Strip is a skinny strip of paper that you twist 1 time and then tape together into a loop. The cool part about it is you can draw on both side without lifting up the pen! Then there are cool tricks like if you cut it a certain way down the middle then you end up with a bigger loop. If you cut down the middle again you end up with a kind of chain. This Mobius thing is supposed to be important in math and science and engineering. It makes a cool trick too.

In the second location we played with crystals, learned about microscopic cells and did that yellow glowing pickle thing that I mentioned earlier. They took a pickle and put wires into it on each end. Then they attached the wires to electricity. (Don’t try this at home!!) Guess what happened. The pickle glowed yellow and sparked in the dark. This works with pickles because pickles are packed in salt (sodium) and sodium is good for moving electricity. Don’t eat pickles in a lightning storm.

The third location was the NU Power Plant where we learned about how they keep the campus of NU running. Basically the campus is like a city. It’s even bigger than some cities. We learned about how they take water from the pond then clean/filter to supply campus with water, and how they have sensors to tell if any pipes or electric places are broken. The power plant is a very loud place. We had to wear special headphones and hard hats.

We finished up with lunch in the cafeteria. This was definitely one of my favorite parts of the day. I have never seen so much food altogether in one place! There were hamburgers, pizzas, hot dogs, macaroni, rice- you name it. There were tons of desserts, too, like ice cream, pies, cake, cookies, rice crispy treats and brownies and more.

There was a raffle that was a lot of fun with lots of prizes. Although I didn’t win I really enjoyed the emotions and excitement about maybe possibly winning. One person from my after school program won so that was pretty cool.

All in all this trip was really fun. The campus is really cool and everyone was so nice. Maybe in 10 years I will be a student at Northwestern University and help give tours to kids.
**Summer Institute in Negotiation**  
**June 25-27**

Discover new ways to manage key issues, defuse crises, and mediate disputes. Northwestern University’s Summer Institute in Negotiation teaches the skills professionals need to improve communication and successfully manage negotiations. Taught by leading experts in the theory and practice of negotiation, Professors Leonard Riskin of the University of Florida and Daniel L. Shapiro of the Harvard Negotiation Project, this institute incorporates the most advanced thinking on the topic of negotiation.

Professors Riskin and Shapiro will cover topics such as basic negotiation principles, utilizing the “core-concerns framework” to understand and stimulate helpful emotions, and the role of mindful awareness. This program may be used to satisfy the State of Illinois’ 20-hour CLE requirement and also fulfills two hours of the four-hour Professional Responsibility requirement.

Take advantage of your tuition benefits this summer. Full-time employees with one year of service can use the Employee NU Certificate tuition benefit toward tuition and eligible fees up to $3,000 per calendar year. Please submit the Employee NU Certificate tuition application form to HR Benefits – 720 University Place, Evanston. Employees can then register for the institute online.

For additional information on the Summer Institute in Negotiation, contact the Office of the Summer Session & Special Programs at 847-491-5250 or summernu@northwestern.edu.

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**BOOK CLUB**

Do you love to read? Want to discuss books with other book lovers? Come to ANUW’s Book Club! For our upcoming meeting, we will be discussing *Americanah* by Chimamanda Ngozi Adichie. Bring your thoughts and notes on the book to our next meeting on Thursday, May 29th, from 12-1pm in Norris room 202A. If you are interested or just have questions, please contact Lauren Jones at lauren.jones@northwestern.edu.
KUDOS TO OUR ANUW MEMBERS

Beth Irwin accepted the position of Research Training Manager in the Office for Research Integrity October of 2013.

Shayna Duesenberg Thomason started a new job on January 6th with the Bienen School of Music. She previously worked in Residential Services for a little over three years as a Program Assistant. Shayna is the Business Coordinator of the Administration and Finance Department at Bienen and is excited to be there! Shayna also participated in the mentorship program last year. Both her mentor and herself were hoping to find new jobs and both were successful by the end of 2013 – quite an accomplishment!

Sandra Djordjevic of the Office for Research was promoted from Administrative Assistant 2 to Administrative Assistant 3. Sandra consistently keeps the Office for Research Planning, Admin and Finance organized, on track, and running smoothly. Sandra is willing to tackle any task, help wherever needed, and always has a positive attitude! Sandra also sits on the ANUW program committee and helps ANUW events run seamlessly! Thank you for all that you do Sandra and congratulations on the well-deserved recognition!