



# Secure expert guidance while making difficult care decisions for your aging loved ones



## Adult & Elder Care Support

Chart a path for your adult or aging loved one's care with confidence as you have difficult conversations and navigate complex transitions through the healthcare system.

- **Find Vetted Care Facilities:** Understand which type of facility is right for your loved one's situation (assisted living, skilled nursing, memory care, hospice) and receive personalized vetted options
- **Explore In-Home Care Options:** Help your loved one remain independent at home with vetted home care and respite care options
- **Navigate Family Dynamics:** Gain insights from our experienced Care Coaches on how to have difficult conversations about your loved one's changing care needs
- **Organize Your Legal and Financial Situation:** Obtain the essential legal and financial documents everyone needs (wills, POAs, DNRs) and receive vetted attorney options
- **Understand Your Benefits and Costs:** Maximize your private insurance, Medicare, Medicaid and/or VA benefits and know the typical costs required for care

You have a Cariloop membership paid for by your employer. All you have to do is activate it.

1

Register to access our Care Portal

2

Tell us your caregiving needs

3

Match with a qualified Care Coach

4

Get personalized ongoing support

Save your time and energy—let our experts support your caregiving needs. Activate your membership now! Visit [www.cariloop.com/nwu](http://www.cariloop.com/nwu) or call 972.325.5836