

LACTATION ROOM GUIDELINES



DEFINITIONS

CAMPUS-BASED

For mother's rooms adjacent to more public-facing areas to be used by students and visitors of NU

BASE ESSENTIALS
ADDITIONAL AMENITIES

DEPARTMENT-BASED

For mother's rooms located within NU office suites

AMENITIES

AMENITY	CAMPUS-BASED	DEPARTMENT-BASED	NOTES
Physical Space			
Size - 100SF	X	X	no less than 90SF in our project examples
Door - Key pad outside with automatic lock upon closing	X	X	
Door - with "Occupied" indicator	X	X	
Ventilation - adequate heating and cooling	X	X	
Ceiling - Drywall or ACT - smooth, continuous, easy to clean, helps reduce sound transfer	X	X	
Lighting - Dimming capability	X	X	If dimming is not available, consider bi-level switching (being able to switch a portion of the overhead lights on/off) or having overhead lighting supplemented with softer, warmer task oriented lighting
Windows - Should have blinds or shades	X	X	
Electrical Outlets - two at minimum			
One next to chair and small table, installed a little higher 20" AFF	X	X	
One above counter, installed centered over the counter	X	X	
Sink	X	X	
Countertop with space underneath for seating	X		
Countertop with storage		X	
Locking storage - individual locking drawers or cabinets for mother's using the room to store equipment		X	
Walls - Color: neutral, calm	X	X	
Walls - Wipeable, cleanable	X	X	
Carpet tile	X	X	Good for reducing noise (some mother's like to place pumps on the floor). Commercial grade carpet tile, perhaps solution dyed, for easy spot cleaning, or complete replacement of single tile if need be.
Hard Surface - OK, wood, Luxury Vinyl Tile, some porcelains	X		Could be used as well for easy cleaning but some measures may want to be taken to dampen sound at the walls or ceiling

LACTATION ROOM GUIDELINES



AMENITIES	CAMPUS-BASED	DEPARTMENT-BASED	NOTES
Furnishings & Equipment			
Disinfecting hand soap	X	X	
Surface Cleaner		X	
Paper towels and/or Sanitizing wipes	X	X	
Mirror - full length or large over counter	X	X	
Small table, between 18"H-24"H, 24"diameter, no smaller than 18"diameter	X	X	
Lounge chair or glider - no casters, with arms, upright sit, upholstered with cleanable, wipeable fabric	X	X	http://www.nemschoff.com/products/brava-862-863-compactcomfort-recliner
Small undercounter refrigerator - ADA accessible		X	https://www.perlick.com/residential-products/indoor-products/freezer/ada-compliant-freezer/
Ice maker - option for keeping milk cool if refrigerator is not available	X		https://www.perlick.com/residential-products/indoor-products/clear-ice-maker/ada-compliant-clear-ice-maker/
Trash	X	X	
Diaper disposal	X		
Changing table	X		
Breast pump bolted to wall	X		
Coat hook - back of door	X	X	
Adjacent to restroom	X	X	

Other			
Clock			
Footstool			
Bookshelf			
Magazine/ literature rack			
Bulletin board for room guidelines, notices, baby pics			
Table lamps			
Microwave for sanitizing equipment			
Art			