

The goal of this tool is to help travelers assess their situation and determine next steps.

### **Health measures**

What health measures are you currently taking to mitigate the risk of catching COVID-19?

What health measures is your local network (host institution, meeting organizer) advising you to take?

What health measures are local authorities advising you to take?

If you were to fall ill, what is the support you can expect at your location? That is:

What are the quarantine procedures locally?

How will you be able to obtain food?

How will you be able to transport to obtain medical services?

How will you be able to access your bank?

Where is the nearest hospital, clinic that you can go to?

Will you be able to extend your stay at your current lodging were you to be quarantined there?

Will you be able to continue renting? Staying at the dorms? Are you financially able to extend your stay?

Will you be able to continue with your official activity? How?

If you were to be hospitalized, what is the support you can expect at your location? That is:

How are the health systems at your location holding up? What is the general sense of the locals about this (news)?

Will you receive support from the host institution? Will they be available to check-in on you and assist with needs?

Will you be able to extend your stay at your current lodging were you to be quarantined there after your stay at the hospital? Will you be able to continue renting? Staying at the dorms? Are you financially able to extend your stay?

How will this impact your official activity?

### **Leaving the country**

What are the instances that would have you leave the country?

Inability to continue with your official activity on-site? What would make this occur?

Increase of COVID-19 cases at your location? How many cases would you need to see? How will you monitor the number of cases at your location?

Local health systems not coping? How will you determine this is happening?

Active community transmission is occurring at your location / in-country? How will you determine this is happening?

Support from your local network? Do you have clarity on the type of support you can expect, and for how long will this support be provided?

Increased mobility issues within the country? How will you determine this is happening?

Reduced flights out of the country?

Other?

What level do any of the above need to reach for you to consider leaving the country?

**Communications**

Have you talked with your personal emergency contacts about the possible outcomes of your stay in an area with a rapid increase in COVID-19 cases?

How will you communicate with your personal emergency contacts? Parents, spouse, family. Can they communicate with each other?

How will you communicate with your local support network? Do your personal emergency contacts have this information?

How will you communicate with UTD? Do your personal emergency contacts have this information?

Have you talked about your decision to remain in-country with your personal emergency contacts? Are they aware of what are your plans are should you be quarantined, fall ill, be hospitalized?